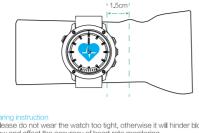
# Use Instruction -

# Characteristics of this watch

Transparent display is one of the innovations of this watch, which is to make digital display information of intelligent module project on the transparent glass of watch. The watch glass is restored to transparent state after the screen is off, which let you can not only raise your hand to check the Internet pushing information, and operate the intelligence function through the screen operation, but also can be used as ordinary steel watches to check the time.

Digitized mechanical hand Digitized mechanical hand is the innovation integration technology in the intelligent watch industry, the technology is not only change the traditional movement manually timing to electronic timing, but also adjusting time automatically by app. And more, hand and intelligent module adopt integrated power, then hand movement doesn't need to be equipped with button battery, so that you can avoid the trouble of changing battery. How to wear the watch

Wear the watch Please refer to the picture to wear the watch and keep it comfortable and fit. Wearing too tight or too loose will affect your heart rate measurement data.



- Weaning instruction

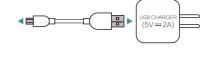
  I. Please do not wear the watch too tight, otherwise it will hinder blood
  flow and affect the accuracy of heart rate monitoring.

  2. Please do not destroy the heart rate sensor on the back of watch.

  3. The watch adopts professional health material, and it has passed strict
  skin allergy test, you can wear it at ease. Stop wearing and consult your
  doctor if your skin feel uncomfortable when wearing.

# Charging the watch

How to charge
The attached charging clamp (or USB magnetic charging cable), which should be used with standard charger (within 5V/2A) or standard USB power supply. Then take the charging pin of the clamp ( (or USB magnetic charging cable) close to the charge point on back of watch.



- Charge instructions

  1. Because of 360 non-port charging design, the watch can be charged whatever forward or reverse on the charging base.

  2. It takes about 1 thour for the watch charged with full electricity, and it is full of electricity when the charging indicator shows 100 %. Please disconnect the charger when it is fully charged. Please charge the watch when the watch power is lower.



- 3. Please charge your watch in a dry,well-ventilated environment.
  4. In order to protect the battery life, the charging current will be reduced in a cold environment. The charging time may be longer, but it will not affect the battery life.
  5. Watch battery charge less than 500 times, the performance is stable; after 500 times, charging performance and endurance time may have a certain attenuation, which is normal.
  6. if you do not wear a watch for a long time, please charg it as soon as possible when the watch power out, otherwise it may lead to natural failure of the battery, affecting the normal work of the watch.

- Electricity distribution
  The intelligent module and hand movement of this watch adopt integrated power, and the intelligent module will shut down automatically when the electricity is less than 20%. (That is stopping intelligent related functions).

# Dately startupy intelligent module: 7–10 days, depending on the use frequency of the intelligent function, the standby time is slightly different (during this time the hand machine core works normally).

Hand movement: 37–40 days (including 7–10 working days of intelligent module), when the electricity is less than 20%, the intelligent module is closed, the hand movement can last about 30 days; The superpower-saving mode (that is closing the intelligent module) lasts about 150 days when the watch is fully charged.

Digital display dial electricity display instructions Electricity: 20-29%



# nne watch nand movement works automatically when there is electricity, and there is no switch. Intelligent module can turn on and off the watch. If the watch has enough electricity(20% or more), the watch's intelligent module can be turned on or off by long press the left top button. (The following "watch switch" refers to intelligent module switchgear.)

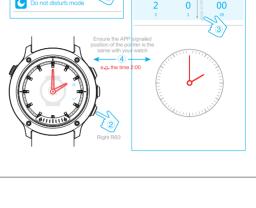


# Whether the watch is off or on, you can adjust the watch hand. In power-off state, long press the right middle button of watch, when watch vibrates(shows it has entered the timing mode), at this time click the right top button, the hour hand and minute hand are chronological clockwise rotation. In the power-on state, operation path "Display dial –Function menu – Setting – Proof pointer" and the same as above.

Adjust time of watch hand



Do not disturb mode 0 00



8.05

Down

Return

Comfirm

Cancel

Shutte

Home (L-press) Confirm s

Other function icon

Alarm release (L-press)

Proofreading (steps)

Ð

Display dial

Bt 🗱 14:59 42 Bluetooth on / off ( Broken / connecte

In the turn-on state, the digital display dial can be wakened by pressing any button (we call the digital display dial compared to the watch's display dial). The default digital display of the watch is illustrated below. (Note: after matching the watch with the mobile APP, the digital time will automatically check the time of phone, see the following section.)







Times count

Select

Next page

Next

ages function icon

Unread Message

(C)	r roomeading (continuity)	
Fund	ction menu	

# Enter function menu of the watch by clicking any of the right three buttons. The following is the function menu, press the right top button or the right down button then the function menu turns.





# right middle button to return the display dial.

Start

Reserve

Function icon of buttons

After awakening the display dial, you can perform related functions of watch through the watch buttons. Press the right three buttons of watch to enter the watch function menu.

Under the menu state: Press the right top button to upturn the menu, press the right down button to downturn the menu, press the right middle button to enter the function or enter the next sub-menu, and long press

Enter (long press then return dial)



Other interfaces of stopwatch have the above function icons

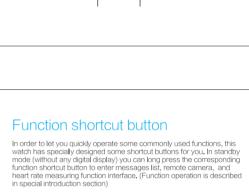
Enter (long press then return)

Right top

Right middle

button

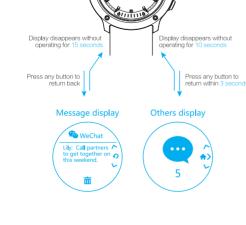
button







Display dial



Long Press





# M-watch Others

the same time.)
Step 2: Open the APP on mobile phone, click "More" in the right down corner of the APP's homepage 1, then click "Add device" 2, search for "M—watch" and click it 3, then the watch start connecting with the phone. Step 3: After connecting phone successfully, click "More" (same with 1), click "Find Device" 4. If the watch vibrates, which is verified that the watch is successfully connected with the phone.

P

FCC Warning Statement-



different strap, the watch weight is 57.0g with TPU super thin strap, the watch weight is 62.0g with sport two–colored silica strap,the watch	н		vvalui case	FG liber reinforced corriposite plastic
Button 4 Buttons, Brushed stainless steel Polyester fibro sheet Watch pointer Scale Compound plastic + Stainless steel Decorative pattern Watch disease 48,0 mm Watch thickness 14,0 mm Dial diameter 39,0 mm Dial diameter 39,0 mm Fit strap 24,0 mm  This watch can be matched with 3 straps, watch weight is different with different strap, the watch weight is 57.0g with TPU super thin strap, the watch weight is 62.0g with sport two-colored silica strap, the watch	Watch case		Glass	Tempered Glass + Edge silver plating
Base board   Polyester fibre sheet			Back cover	Charging copper nail + Injection Isolation
Watch pointer   Stainless steel	ı		Button	4 Buttons, Brushed stainless steel
Dial Scale Compound plastic + Stainless steel Decorative pattern Ago mm Watch diameter Ago mm Watch thickness 14,0 mm Dial diameter 39,0 mm Dial diameter 39,0 mm This watch can be matched with 3 straps, watch weight is different with different strap, the watch weight is 57,0g with TPU super thin strap, the watch weight is 62,0g with sport two-colored silica strap, the watch	Ī		Base board	Polyester fibre sheet
Compound plastic + Stainless steel  Decorative pattern Compound plastic + Stainless steel  Watch diameter 49,0 mm  Watch thickness 14,0 mm  Dial diameter 39,0 mm  Fit strap 24,0 mm  This watch can be matched with 3 straps, watch weight is different with different strap, the watch weight is 57,0g with TPU super thin strap, the watch weight is 62.0g with sport two-colored silica strap, the watch	Dial	Watch pointer	Stainless steel	
Watch diameter   49,0 mm		Scale	Compound plastic + Stainless steel	
Watch thickness 14,0 mm Dial diameter 39,0 mm  Dial diameter 24,0 mm  This watch can be matched with 3 straps, watch weight is different with different strap, the watch weight is 57.0g with TPU super thin strap, the watch weight is 62.0g with sport two-colored silica strap, the watch			Decorative pattern	Compound plastic + Stainless steel
Diel diameter 39,0 mm  Fit strap 24,0 mm  This watch can be matched with 3 straps, watch weight is different with different strap, the watch weight is 57.0g with TPU super thin strap, the watch weight is 62.0g with sport two-colored silica strap, the watch	ľ		Watch diameter	49.0 mm
Dial diameter 39,0 mm  Pit strap 24,0 mm  This watch can be matched with 3 straps, watch weight is different with different strap, the watch weight is 57.0g with TPU super thin strap, the watch weight is 62.0g with sport two-colored silica strap, the watch	Dimension	Watch thickness	14.0 mm	
This watch can be matched with 3 straps, watch weight is different with different strap, the watch weight is 57.0g with TPU super thin strap, the watch weight is 62.0g with sport two-colored silica strap, the watch		Dial diameter	39.0 mm	
different strap, the watch weight is 57.0g with TPU super thin strap, the watch weight is 62.0g with sport two–colored silica strap,the watch	ı		Fit strap	24.0 mm
weight is 60.0g with Nylon & Genuine leather strap.	di M	fferent strap atch weight	o, the watch weigh is 62.0g with spor	t is 57.0g with TPU super thin strap, the two-colored silica strap, the watch

Hardwa	are Specification	Parameter Description
	Hardware Platform	NRF51822
	Memory	256K (FLASH) + 16K (RAM)
	Language	English, Chinese (Simplified, Traditional)
Hardware	Bluetooth	Bluetooth 4.0
system	Antenna	FPC Antenna
0,010111	Movement Sensor	3D G-senser
	Heart rate Sensor	Static & Dynamic sensor 2 in 1
	Movement	Stepper motor movement
	Vibration Motor	Ultra low power gentle vibration motor
	Mechanical Pointers	Physical hour hand, minute hand
District	Transparent display	Round transparent LCD 128*128 DPi
Display system	Display timing	Adjust by buttons (+APP auto timing)
-,	Pointer timing	Adjust by buttons
	Luminous type	Dial LED + Luminous dial
	Battery	60mAh Li-ion polymer battery
Standby	Charging	Waterproof contact pin charging
system	Smart module	Smart module 8-10days + Pointer 38-45da
	Pointers only	160 days (See related chapters)
Waterproof Ability		5ATM (See related chapters)

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5018-03-03

# Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.