

中文版面

智能蓝牙手环 使用说明书

MODEL:UP2

手环功能介绍

- 运动功能 (计步, 距离, 卡路里)
- 睡眠监测 (睡眠质量, 睡眠时间)
- 来电提醒 短信提醒、QQ、微信提醒 (Android和支持, iOS部分支持)
- 久坐提醒 (OS固定一小时)
- 低电量提醒
- 防丢提醒 (手机超出范围提醒)
- 智能闹钟 (振动提醒)
- 信息分享 (运动数据分享)
- 固件升级 (支持安卓系统)
- 运动轨迹 (仅支持安卓系统)

基本参数

- 主机重量: 19g
- 待机时间: 10天
- 工作温度: -20℃~50℃
- 手环全长: 245mm
- 腕带材料: 锌合金
- 电池类型: 聚合物
- 电池容量: 600mAh
- 工作时长: 5-7天
- 显示屏尺寸: OLED 0.91白色/蓝色
- 腕带材料: 硅胶

在手机上安装手环APP

扫描以下二维码或进入各大应用市场下载并安装“关爱手环”

系统要求: 安卓4.4及以上系统且蓝牙4.0机型, iOS8.0以上机型。

开始使用手环

1.充电

初次使用确保手环电量正常,若低电不能正常开机,请连接充电器对设备进行充电,手环会自动开机。

充电方式: 将充电器三个触点对准手环背部充电位置,另一端连接标准USB接口,即可进行充电。

2.开/关机

长按手环主体上的物理按键3秒以上,开机震动,屏幕点亮;开机状态长按物理按键3秒以上,关机震动。

3.手环显示说明

时钟页面

蓝牙图标常亮,表示与手机连接成功,蓝牙未连接,图标不出现;与手机同步后,手环会自动校准时间。

计步页面

133

佩戴手环,记录每天运动步数,可查看当前实时步数。

距离页面

1.3m

根据行走步数,计算运动的距离。

卡路里页面

3 KCAL

4.设备连接

首次使用需连接APP进行校准,连接成功后手环会自动同步时间,否则计步和睡眠数据不准。

打开手机APP 点击设置图标

我的设备(iOS)/搜索设备(Andriod)

下拉扫描设备

配对成功后,APP会自动保存手环蓝牙地址,APP打开或在后台运行,都会自动搜索并连接手环。

在APP运动、睡眠、界面下手动下拉同步数据。

手环可存储7天的离线数据,数据量越多,同步时间越长,最长大约2分钟,同步完成后,会有“同步完成”的提示。

5.手环APP界面说明

计步数据 睡眠数据

6.APP功能及设定

个人信息和运动目标,进入APP后请先设定个人信息,设置→个人设置。可设置头像-性别-年龄-身高-体重,个人信息可提高数据的精准度。

可扫描二维码记录联系人的短信显示姓名,陌生人短信显示号码。

来电提醒 连接状态下,如果开启了来电提醒功能,当来电时,手环上会震动,并显示来电姓名。

QQ提醒 连接状态下,如果开启了QQ提醒功能,当有QQ信息到手环时,手环上会震动,并显示QQ图标提醒。

微信提醒 连接状态下,如果开启了微信提醒功能,当有微信信息到手环时,手环上会震动,并显示微信图标提醒。

智能闹钟 连接状态下,可进行三个闹钟的设置,设置后,会同步给手环。智能闹钟是一种无声闹钟,闹钟时,手环会发起适度的震动,不会惊吓到用户,支持离地闹钟提醒。

久坐提醒 设置是否开启久坐提醒功能及提醒时间间隔,默认时间间隔是一个小时,连接状态下,开启后,如果用户一小时内都没进行运动,而是一直坐着,手环会发出震动,提醒用户进行运动。(Android用户可设置提醒时间间隔;IOS用户固定一小时。)

睡眠数据

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睡眠数据

其他功能

更多APP提醒 可添加更多APP提醒,目前只支持部分机型。

智能防丢 手环与手机超出一定范围,手机会发出震动提醒。

查找手环 连接状态下,点击“查找手环”选项,手环会发出震动。

摇一摇拍照 摆一摇拍照界面,连接状态下,用户摇一摇手环即可进行倒计时3秒后拍照。

固件升级 用于检测手环固件是否有新版本;升级过程中,保证蓝牙连接状态下,大约需2-3分钟升级完成,期间避免蓝牙设备断开。

恢复出厂设置 手环和APP的数据会全部被清零,并重启APP。

注意事项

1.首次使用手环,请先将手环与APP进行连接,自动同步时间,否则计步和睡眠数据不准。

2.不要随意拆卸手环电池。

3.使用自带的触点充电线为手环充电。

4.同步数据请先连接手环。

5.不要把手环暴露在温度极高或极低的环境。

6.手环出现死机或重启现象,蓝牙连接或数据同步出现异常,请退出APP后重新打开连接。

7.充电时请确保充电弹针和主机触点位置对准。

8.不正确的充电方式可能会导致手环主机过热或短路。

9.拿到产品后请认真阅读本手册,参照手环APP/APK下载方式安装手环软件。

智能手环软件在出厂后,工厂会继续对产品功能及手环软件更新维护,如有遇到手环说明书和手环功能不一致的情况,请以手环具体功能为准,或者在手机app上帮助一栏查看软件相关介绍及功能详解。

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英文版面

Smart Bluetooth Wristband User Manual

MODEL:UP2

Introduction of Function:

- exercise function (step, distance, calories)
- Sleep monitoring (sleep quality, sleep time)
- Call reminder Message reminder:QQ, WeChat reminder
- Suddenness reminder (partial iOS)
- Lost reminder (phone beyond the range of reminder)
- Smart alarm clock
- Shake to a photo
- Exercise goal setting, sports information sharing
- Firmware Upgrade Sync data Factory reset
- sport path

Basic Parameters:

- Host weight: 19g
- Standby time: 10 days
- Working temperature: -20℃~50℃
- Wrist strap material: Aluminum alloy
- Battery type: Lithium polymer
- Battery capacity: 600mAh
- Sync way: Bluetooth 4.0
- Working hours: 3-5days
- Show mode: 0.91inches OLED
- Strap material: silicone

Install the band APP on the phone

Scan the following QR code or enter the application market to download and install "Day Day Band" Android System "DayDay Band" APP/APK from Google Play for Android System Download "DayDay Band" APP/APK from Google Play for iOS System

Android

iOS

System requirements: Andriod 4.4 and above, iOS 8.0 and above, phone supports for Bluetooth 4.0.

3.Symbol Description

Clock Interface

Bluetooth icon lights always, indicating connected with phone successfully. Icon disappears otherwise. Time calibrated automatically after syncing to phone.

Steps Interface

When band connects the phone successfully, APP will automatically save Bluetooth address.

Once opened, APP will automatically search and connect band. Manually syncs data bypassed during Exercise, Sleep and Heart Rate interfaces.

Seven days offline-data is saved. The more the data is, the longer it takes to sync maximum nearly 2 minutes. "Sync finished" reminder shown after syncing done.

5.APP/APK Description

Step Sleep

6.Main APP Features and Settings

Personal Information and Exercise Goal
Please set personal information first after entering APP. Settings→Personal Settings.
Editing your portrait, gender, age, height and weight included to increase data accuracy. Plan a daily exercise goal. A feasible plan links to a sound body.

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5. APP/APK Description

Step Sleep

Other Features

More APP Notifications
Add more APP notifications in Settings, which support partial model only.

Against Lost

The phone will vibrate when the band out of the phone

Find Band

Click "Find band", band will vibrate when connected with phone

Shake to Snap

On Shake to Snap, shake and snap after 3 seconds

Firmware Upgrade

Detecting new version, upgrade must be Bluetooth-connected; upgrade takes 2-3 minutes and avoid disconnecting with Bluetooth.

Factory Date Reset

Zero out all data from band and APP, then APP rebooted.</

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that may cause undesired operation.