



PICOOC Technology Co., Ltd.

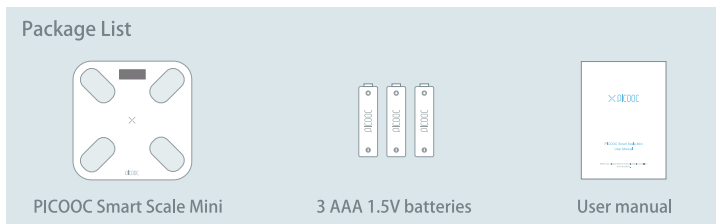
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## User Manual

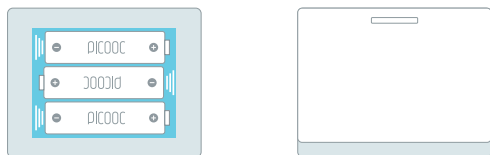
Please read this User Manual carefully, before using the device.

## Connect

- 01 Open the package and install the batteries



Remove the transparent protective film, open the battery cover under the scale, install the batteries and close the cover.



- 02 Scan the QR code to download PICOOC APP, register an account and then operate according to the instructions.

For existing accounts, please select "Setting – Equipment Management" in PICOOC APP, chose the "+" symbol and then operate according to the instructions.



You may also search for PICOOC in IOS Apple APP Stores or Google Play.

\* Specific connecting details may change due to APP upgrades, please refer to the latest version.

## Weight Measurement

- 01 Before attempting to take a scale measurement, please place the device on hard and flat ground to ensure accuracy.

Measurement error may be larger for the following users:

- Growing children
- Elderly people
- People suffering from colds and other ailments.
- Osteoporotic patients with very low bone density
- Edema patients
- Artificial dialysis patients
- People who are involved with fitness or sports (or similar activities)

Please generally avoid using the scale in the following situations:

- After strenuous exercise
- After sauna or a bath
- After heavy drinking
- After ingesting significant food and/or water

- 02 Click "Measure" in the APP and step on the scale barefoot

\* It is necessary to be barefoot for normal measurement of body fat and other data.

\* Please stand properly on the device: use the middle of the scale as a centrepont, and place your feet naturally on both sides.

\* Standing too close to the edge of the scale may result in the device overturning causing possilbe injury, or affecting measurement accuracy.



- 03 LED numbers being displayed may initially vary for several seconds when measuring. After the measurement is complete, the numbers being displayed will settle to show the correct measurement.



- 04 When measurement is successfully complete, data will be sent to PICOOC APP, and you may check the measurements and make further analysis in your APP.



\* Any information provided in the APP are for general reference only, and they do not replace professional diagnosis of medical specialists. Please consult your medical professional for accurate medical assistance.

#### Contact Information

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Bluetooth is a registered trademark of Bluetooth SIG Inc. Further product- or company names which are mentioned in this manual might also be registered and protected.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

## Safety and Maintenance

- ⚠ Patients with pacemakers or other medical equipment should not use this device!
- ⚠ If you are pregnant, please consult a doctor for advice before using!
- ⚠ Do not place the device on slippery surfaces when using!
- ⚠ The device is covered by glass. In order to prevent injury, please make sure that the glass is not damaged before using.

- Please place the device on hard and flat ground before use, and do not place other objects underneath.
- For accurate body fat percentage and other measurements, please use the scale barefoot.
- Do not scratch the surface with hard objects, as this might damage the device.
- If the scale has been moved, please reset before use.
- Place the device on hard and flat ground, carefully step on the surface with one leg until the screen turns on, then remove your foot and wait for 3 seconds to complete the reset.
- Do not use the device in the following places: unstable surfaces, damp surfaces (like bathroom), dusty surfaces, and places with dramatic temperature change or direct sunshine.
- Do not wash and clean the device with hot water, corrosive detergents or other liquids. When dirty and cleaning is required please use a soft cloth with cold fresh water, and then wipe with a dry cloth.
- Do not disassemble the scale and please remember to clean the device arbitrarily as required.
- If this device is not going to be used for some time, please remove the batteries for storage.
- Swallowing the batteries can be dangerous. Batteries should be stored away from babies, children and pets.
- The batteries contained in the package are non-rechargeable.
- Please do not use different batteries in the scale and replace all the batteries at the same time.
- Do not put the batteries out with the garbage nor put them in fire.
- Please send the used batteries to a recycling center.
- When the device is no longer unusable or when you do not wish to use it any more and wish to dispose of the scale please recycle it according to the local regulations in your country. If you have any questions, please contact the local government for details.
- Please retain the manual and store in a safe place, and provide it to others before they use the device

## Warranty and Support

Please consult your dealer for more information on warranty and service support policies for the scale.

Please check your local dealer supporting websites for more product information of the device or visit <http://www.picococ.com/en>