KW235M
Smart Watch User Manual

Please refer to this manual before using the product.
V1.0

Notes:

1.1 The company reserves the right to modify the contents of this manual without any further notification. It is normal that some functions may vary in certain versions of software.

1.2 Please charge this product with the configured cable for no less than 2 hours before using it.

1.3 Before using the product, you need to connect the APP synchronization time and set your personal information.

1.4 This product supports IP68 rank waterproof, not suitable for deep sea diving. Hot water, tea and other corrosive liquids are destructive to the watch, and will not be able to enjoy the product warranty and free maintenance services.

01 How to wear

Please wear the device on your wrist correctly, about one finger from the carpal and adjust it to comfortable position.
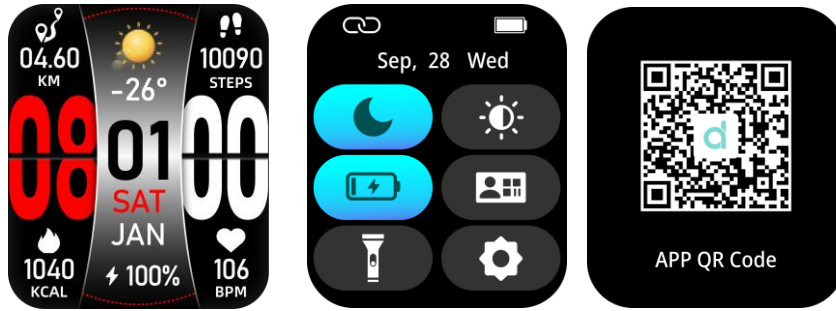Tip: Please wear the device a bit little tighter when heart rate monitors.
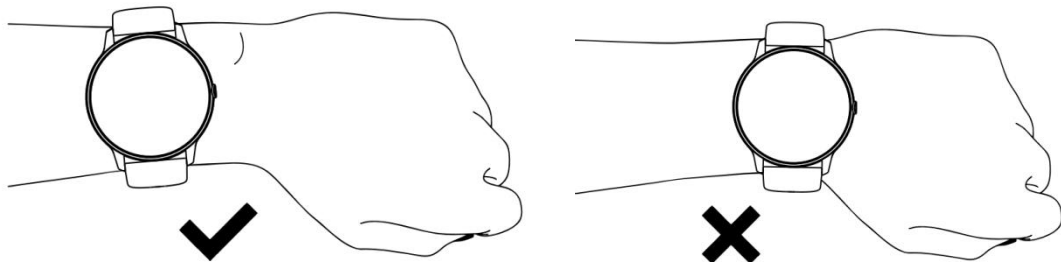
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02 How to download & connect to APP

02.1 Press and hold the button on the watch to turn it on, slide down the watch face from top to bottom, open "Settings--About—Download QR code" , scan QR code to download and install " DaFit" APP, you can also scan below "DaFit" QR code to download and install " DaFit" APP.

02.2. Open "DaFit" and select "Add Device" on the device page, then follow the instructions on the screen.
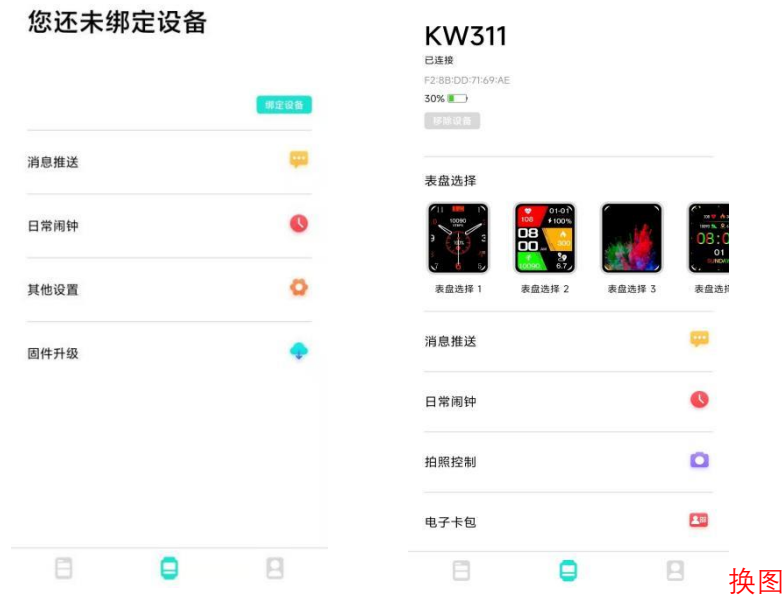
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02.3 How to connect to BT call feature

1) For Android phones, after watch connected to APP correctly, there will be a "PAIR" pop-up reminder, chose to pair to KW235M_PHONE on the phone, then connection finished.

2) For IOS mobile phones and some Android mobile phones, after watch connected to APP correctly, you should go to setting page of mobile phones, search and select KW235J_PHONE in Bluetooth list, then click to pair, BT call feature can be used after paired.

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蓝牙

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设备名称　　　　6789 MI CC9 Pro ›

| ⌢ | KW311 SBC
已连接 | 使用中 | › |

换图

Tips：

1).Please upgrade the APP to latest version to get a better experience.

2). It is recommended mobile phone system of Android 5.0 or IOS 9.0 or above.

3). For the first time connection with iphone, "Pair" reminder will pop-up, click to pair, then incoming calls and instant messages will be pushed.

4). For the first time connection with android, "Permissions" reminder will pop-up, please follow up the guidance and allow permissions to ensure all functions working properly.

5). To connect successfully, please turn on mobile phone's bluetooth, GPS and network.

6). If the device cannot be searched or connected during use, please reset or turn off the watch to try again.
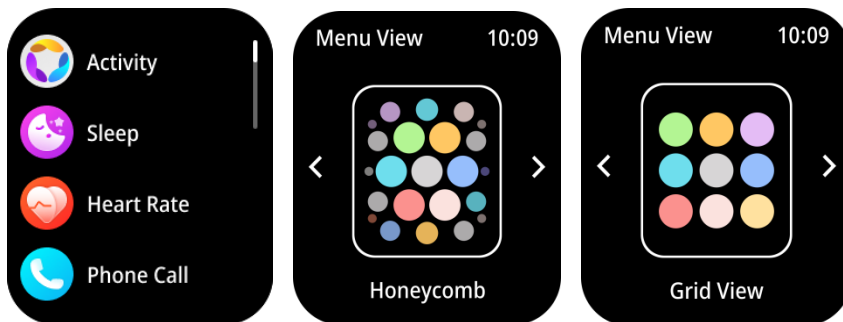
03 Operating Instructions

a.a.Shortcut settings: Slide down from main page, go to Shortcut page.

b.Messages: Swipe up from the bottom of the main page.

c. Menu: On the watch face page, single press the side button to enter the list view menu. Press and hold the menu page for 3 seconds to freely switch between multiple menu styles.

d.0.1 Shortcut page: Swipe from right to left on the main page.

   0.2 Smart components: Swipe left on the main page to enter the shortcut page. Press and hold the page to enter the "Delete Component" and the "Add Component" page. You can delete or add them freely.
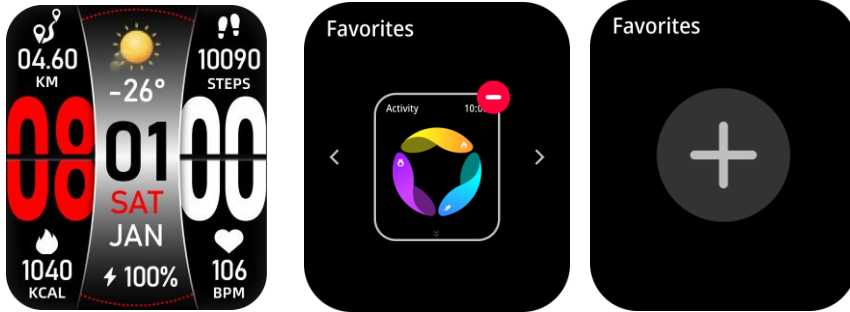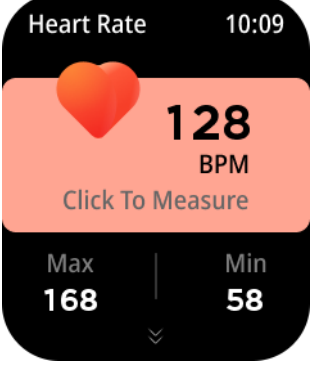
e. Split screen: Slide right on the main page, press the side button or slide left to return.
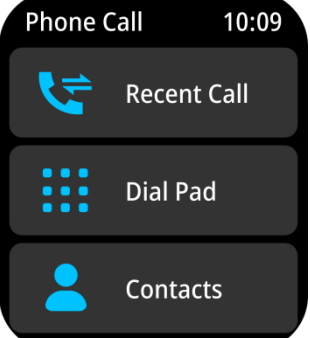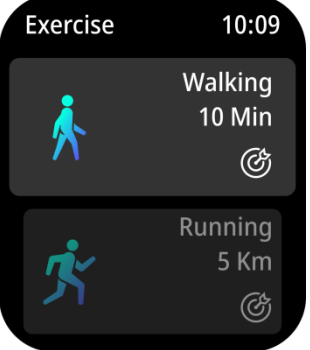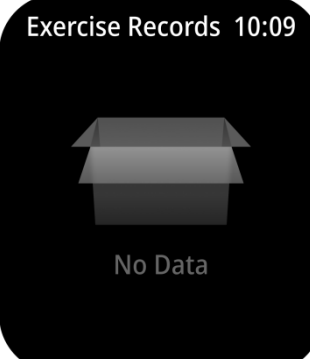
f. Quick access to watch face replacement: press and hold the watch face for 3 seconds to enter selection interface, slide to the left to switch it, and click the selected watch face to successfully set.
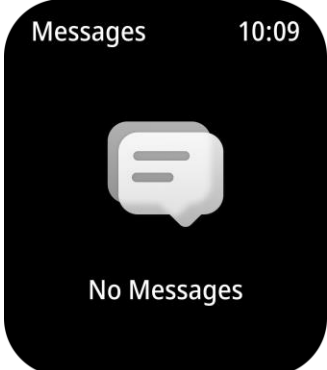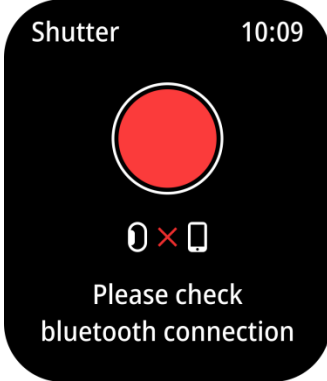
g. Power on/off: Long press the side button on the watch face interface for 5 seconds.
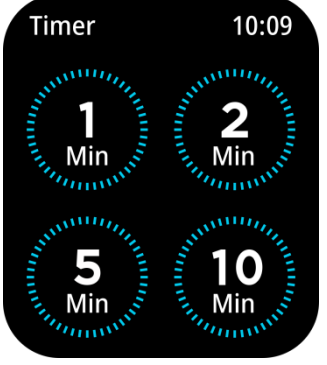
h. Normal operation: press the side button to enter the menu page; press the side button again to return to the previous page.

04 Function

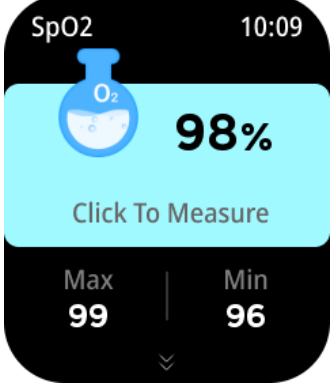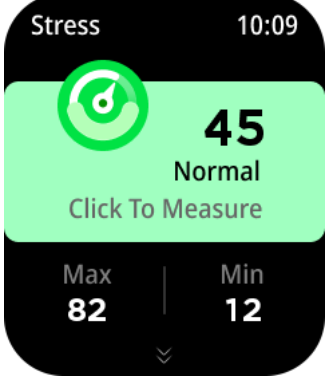|	
Activity 10:09	Activity: Record daily steps, distance, and calories. More details can be viewed in APP.
Sleep 10:09 07H26M Total Sleep 22:56-06:22	Sleep: Record and display the total sleep duration last night, as well as the duration of deep sleep and light sleep. More details can be viewed in APP.
Heart Rate 10:09 128 BPM Click To Measure Max 168 Min 58	HR: Measure the current heart rate value. After the all-day heart rate is turned on on the APP, the watch can record and display the 24-hour heart rate value throughout the day, and automatically monitor the heart rate every 10 minutes. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis)

Phone Call 10:09 — Recent Call / Dial Pad / Contacts	Phone: Recent calls: View call records. Dial pad: Enter the number you want to dial. Contacts: Synchronize your contact information.
Exercise 10:09 — Walking 10 Min / Running 5 Km	100+ sports modes: walking, running, outdoor cycling, skipping, badminton, basketball, football, mountain climbing, tennis, rugby, golf, yoga, fitness, dancing, baseball, elliptical machine, indoor cycling, free training, etc. More detailed information analysis and data records can be viewed in the APP.
Exercise Records 10:09 — No Data	Exercise records: record the latest 5 sports record information.
Blood Pressure 10:09 — 125/86 mmHg — Click To Measure — SBP 90-130 / DBP 60-86	BP: Test the current blood pressure value and record the latest 7 blood pressure test records. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be

	used as a medical basis)
SpO2 10:09 O₂ **98%** Click To Measure Max Min **99** **96**	Spo2: Test the current blood oxygen value and record the latest 7 blood oxygen test records. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis)
Stress 10:09 **45** Normal Click To Measure Max Min **82** **12**	Pressure: Measure current pressure, and the watch can record and display pressure values 24 hours a day. More detailed information analysis and data records can be viewed in the APP. (Values are for reference only and cannot be used as medical basis)
Weather 10:09 -- -- -- -- --:-- --:-- -- -- / --	Weather: Displays the weather conditions for the current day and the weather for the next 6 days. Weather information needs to be connected to the APP before the data can be obtained. If the connection is disconnected for a long time, the weather information will

	not be updated.
Messages 10:09 No Messages	Massages: Instant notifications reminder, 8 latest messages will be shown. (requires permission to turn on the App side)
Shutter 10:09 Please check bluetooth connection	Shutter: After connecting to the phone, the watch can be used as a remote control for the phone's camera, and click on the watch camera control page to control the phone camera shutter.
Player 10:09	Player: Connected to APP, operate on play/pause/previous/next and volume on the phone.

Relaxation 10:09 👤 Stressed 🌙 Falling Asleep	Relaxation: You can follow breathing/inhalation dynamic prompts to complete breathing training.
AI Voice 10:09 🔵 □··✕··□	AI voice: When APP is successfully connected and the Bluetooth call function is successfully connected. By using the corresponding phone model's wake up "word" to wake-up AI voice assistant
Timer 10:09 1 Min 2 Min 5 Min 10 Min	Timer: You can set the timing time by yourself such as 1 minute/5 minutes, 10 minutes, etc.
Alarm 10:09 🕐 ＋	Alarm: 8 alarm clocks can be set.

Stopwatch 10:09 **00:28.35** Lap 2 **00:06.05** Lap 1 **00:03.35** Reset Start		Stopwatch: supports 99 groups of time records.
Cycle Tracking 10:09 Period Day 1 28-09 ● Period ● Prediction		Cycle tracking: Set the menstrual period function on the APP, and the watch will display the corresponding menstrual period, predicted menstrual period, and ovulation reminder.
World Clock 10:09 Please add the world clock in the app		World clock: Supports adding 6 groups of different country and region times. You can add and delete them by yourself. Please go to the APP settings.
Find Phone 10:09 Find Phone		Find phone: Click to find the mobile phone, and the mobile phone will vibrate and ring as a reminder.

	Calculator: Supports simple calculation functions and can perform basic calculations such as addition, subtraction, multiplication, and division.
	Games: 2048, Birds, Whack-a-Mole, Thunder Battleship, you can play them anytime and anywhere in your spare time.
	Settings: Display & Brightness, Vibrate & Ring, Do Not Disturb, Low Battery Mode, Calls, Media Audio, Phone Reset, System, About.
	Media Audio: Turn off entertainment sounds: play music/watch Douyin/watch WeChat Moments videos, watch TV/movies, the watch will not play the sound, but the phone will play the sound. Turn on entertainment sounds: play music/watch Douyin/watch WeChat Moments videos, watch

	TV/movies, the watch will play the sound, but the phone will not play the sound. (The main control is the sound played by third parties)

06 **Other functions**: Low battery mode, DND mode, screen off time, raise to wake, brightness, electronic card holder, find watch, 12/24h time system, low battery reminder, incoming call reminder, online watch face push/custom watch face push, unit Settings, turning your wrist to brighten the screen, sedentary reminder, drinking water reminder, high heart rate reminder, goal achievement reminder.

07 Charging

1、Attach the charging cable to the watch charging pok, ensuring the metal pins fully connected.

2、Please use the correct charging adapters which are 5V 0.5A above.

Note: If watch cannot be powered on after being left unused for long time, please clean up the charging metal pins to make sure connecting well.

1. During normal use of this product, if there are product quality problems caused by manufacturing, materials, design, etc., the motherboard will be guaranteed for free within one year from the date of purchase, and the battery and charger will be guaranteed for half a year.

2. Below reasons cause to defectives are not included in free warranty service:

1) Personal assemble or disassemble.

2) Falling damage during use.

3) All man-made damage or due to the third party's fault, improper use(such as: water in the smart watch, external force shattering, scratch during use etc.

3. Please provide a warranty card with the details filled when request for after selling service.

4. Please contact with direct dealers for warranty service.

5. Please note all functions of the product are based on physical objects.

Notes:

1. To ensure waterproof, please DO NOT:

1) Wear the watch during hot shower or in hot tea and other corrosive liquids

2) Remove any screws or buttons.

2. Products with batteries cannot be disposed with household waste. Please send this product to WEEE collecting points near you.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC warning:

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.