

Power off: This is a feature to turn off the watch.



App QR Code: This is a feature helps to download the app as it gives a QR Code on the watch screen that is scannable.



Vibration: This feature allows the user to turn on and off the vibration of the watch



Watch Status Reminder

Incoming Call

When the watch receives incoming calls in no bluetooth calling mode, it will vibrate to remind you, also you can disconnect or reject the call.

Idle alerts

When you are sitting for a long time, the watch will vibrate to remind you to get up for a while. Before using this function, you

need to enable Idle alerts by tapping "Profile" -> "Others"-> "Reminder To Move" and setting time for Sedentary alerts on the Da Fit App



Goal Notifications

When the number of steps reaches the set goal, the watch will vibrate to remind you. Before using this function, you need to enable Goal notifications by tapping "Profile" -> "Goal Setting" and set your goal on the Da Fit App



Watch Alarm Alert

When the alarm on the mobile phone rings, the watch will vibrate and brighten to remind you that the alarm is ringing. Before using this function, you need to enable Watch alarm alert by tapping "Profile" -> "Alarm" and setting the alarm fix time on the Da Fit App



Introduction to the Workout Function

Start Workouts

There are two approaches to starting a workout:

- Select a workout type in the Activity entry and enable it;
- Press and hold the touch button to quickly start the preset workout

The watch currently supports the following workout modes: Walking, Running, Cycling, Skipping, Football, Basketball, Badminton.



FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.