

ONE SMART DIET

ONE SMART DIET measures body composition by the Bioelectrical Impedance Analysis and check your activity. Both are shown on application.

Package element

ONE SMART DIET package is composed of device / manual / USB cable / pouch.

Features

1. ONE SMART DIET measures the Body Fat Percentage, Body Fat Mass, Muscle Mass, Basal Metabolic Rate and BMI by the Bioelectrical impedance analysis.
2. User know the physique group through the measurement information. There are 18 different physiques for man, and 36 different physiques for woman. It also recommends you the details about the food and exercise.
3. You can enjoy the activities based on the activity value through the application.

How to use

1. You should download the application by QR code in the box.
2. Open the application and input the details. In the case of female, select the specific body type.
3. After input, select the Measure.
4. When application find the device, you should turn the device on. If it's done, LED will be on.
5. Select the Start button on the bottom of the screen.
6. Press the four contact electrodes by thumb and index finger
7. Reach your arms. At this time, should not touch your arms each other during measurement.
8. You can see the results through the application.

Management method

1. Minimize contact with moisture and always dry electrodes.

2. The device may make static shocks in your pocket. In this case, you use the pouch that we provide with the device.

3. Do not expose to direct sunlight and avoid high humidity.

Cautions

- Syncs with Android OS 4.3 / iPhone® 4S or above.
- Since the device is not medical equipment. If you want get the specific information, contact doctor.
- You may see occasional errors by water in body. Check the body composition 2 hours after wake up or empty stomach.
- Should not talk and move during measurement.
- Food or exercise for diet, consult your doctor.
- Don't close the materials which have electrical or electromagnetic. It makes the error.
- The device has heavy battery. Don't eat or dismantle. Do not allow the children to contact it. Throw away in accordance with the regulations.
- When throw away the device, accessory(pouch) or battery, you must keep the local regulations.
- Do not apply any physical impact.

Prohibited activities

- If you use the biometric devices like cardiac regulators, medical ECG, mechanical heart or heart-lung machine, the device could impact your body. In this case, do not use the device.
- Do not check the body composition while you are pregnant or have a period.
- The device is more threatening to physically weak person and elders.
- The electric current(under 150uA of 50kHz) is used in such a small amount that normal person cannot feel it. If you feel it, do not use.
- Use the device by the user for their specific application. Do not use the other way.
- Do not disassemble or modify the device.

Customer Support

If the procedure fails, please let us know for assistance.

e-mail: info@onesoftdigm.com

Phone: +82-54-279-4467

compensation criteria for consumers' damages

In this case the warranty period shall be a year starting from the date of obtaining, unless otherwise stipulated by the applicable law. If any part of the product proves to be defective within a years of the date of purchase or receipt, it will be repaired free of charge, or replaced if necessary.

We shall not be responsible for any damages arising out of the use of, or otherwise related to Cautions and Prohibited activities in this.

Damages from natural disasters are not a free service target.

In this case of fall or drop in water, you need to pay for the repair.

Information, operation, specifications, and product appearance may change without notice.

The manufacturer's information

Name: ONE SMART DIET

Type name: B1778

manufacturer's name: DONUT SYSTEMS LSI Co.,Ltd.

Adress: 182, Pangyoyeok-ro, Bundang-gu, Seongnam-si, Gyeonggi-do, Korea

Country of manufacture: Korea

Product contents

Medel name: ONE SMARTDIET

Way of measuring: The four electrode method

Frequency range: 50 kHz

Measuring part: Upper body

List of measurement: Body fat percentage, Body fat mass, Muscle mass, BMI, Masal metabolic rate

Galvanometry: About $150\mu A$ or less

Power: DC 3.7 V

Transmission equipment: Bluetooth Low Energy

Weight: 20g (Device)

Measurable range: $100\sim 950\Omega$

Measurement Time: Under a minute.

Range of height: 110~200cm

Range of weight: 30~149kg

Range of age: 7~89

Range of use: $10\sim 50^{\circ}C$, humidity_{30~95%}

Condition for storage: $0\sim 40^{\circ}C$, humidity_Under 95%

Accessory: USB cabke, Pauch

FCC Information to User

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution

Modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC Compliance Information : This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation

IMPORTANT NOTE:

FCC RF Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

IMPORTANT Safety Instruction:

CAUTION

To reduce the risk of electric shock, do not remove the top cover (or the rear section).
No user serviceable parts inside, refer servicing to qualified personnel.



This symbol, wherever it appears, alerts you to the presence of uninsulated dangerous voltage inside the enclosure-voltage that may be sufficient to constitute a risk of shock.



This symbol, wherever it appears, alerts you to the important operating and maintenance instructions in the accompanying literature. Please read the manual.

- 1) Read these instructions.
- 2) Keep these instructions.
- 3) Heed all warnings.
- 4) Follow all instructions.
- 5) Do not use this equipment near water.
- 6) Do not use near any heat sources such as radiators, heat resistors, stove, or other equipment that produce heat.

CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED
BY AN INCORRECT TYPE.
DISPOSE OF USED BATTERIES ACCORDING
TO THE INSTRUCTIONS