

智能手表说明书

规格: 每页52 * 150 mm

正反双面彩色印刷

iSmarport

智能健康运动手表

SMART HEALTH SPORTS WATCH



用户手册

产品参数

一、手表按键

- 表冠: 主菜单/接听电话/暂停/返回/返回主菜单
- 可触摸屏: 在表盘界面: 按压屏幕进入表盘选择; 向上或向下滑动进入功能; 左右滑动, 滑动选择; 向下滑动, 可调整设备蓝牙连接和手表状态。
- 可拆卸表带: 一只手握住手表另一只手将表带向侧面滑动。

二、表带安装

安装时, 按住表带中间触点, 向一侧插入表带; 拆卸时, 向一侧推出表带即可。

三、手表参数

产品型号	HJ02
CPU	MT2502
显示屏	1.54" 240*240 TFT
加速器	3轴重力加速度传感器
心率	PPG心率传感器
电池	200mAh
充电电流	200mA/DC 5V
待机时间	5天
蓝牙	BLE4.0/BT3.0
产品尺寸	44X38X12.8mm

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APP下载与设置

一、APP下载

1. 您可以通过以下两种方式下载并安装智能手表手机APP。

方式一: 请使用手机扫描手表功能菜单"APP下载"二维码或者下方二维码下载并安装APP。

方式二: 在安卓或苹果等大手机品牌应用市场搜索"iSmarport", 下载并安装。



App available for Android and iOS

二、APP注册

APP安装完成后, 按照提示进行注册登录。



三、连接配对

1. 在手机端, 开启蓝牙。

2. 在手表端, 进入【设置】菜单, 开启手表蓝牙开关并打开本机可被搜索开关后进入【蓝牙】菜单搜索并配对手机, 配对完成后, 即可同步通讯录和控制手机拨打电话, 播放音乐等功能。

3. 打开"iSmarport"APP, 进入主页面, 在【设备】-【即加设备】即可绑定对应的设备, 连接成功, 即可控制手机拍照功能。



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功能支持

基础功能

计步
自动记录日常锻炼的步数, 计算消耗的热量及运动距离。

闹钟
进入闹钟菜单, 进行闹钟设置。

接打电话
分别在手表或手机端界面输入号码进行拨打; 在手机APP端也可以进行拨手表接听。

蓝牙启动拍照
当手表与手机配对后, 打开手机蓝牙, 在手机未锁屏的情况下, 可以通过手表控制手机拍照。



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功能支持

健康类功能

实时心率监测
进入心率菜单, 将手表背面贴在手腕上, 点击开始, 手表会自动测量出心率数值。

体温监测
进入体温菜单, 将手表背面贴在手腕上, 点击开始, 手表会自动测量出体温。

血氧测量
进入血氧菜单, 将手表背面贴在手腕上, 点击开始, 手表会自动测量出心率数值。

心电图测量
进入心电图菜单, 将手表背面贴在手腕上, 点击开始, 手表会自动测量出心电图。

睡眠监测
实时监测睡眠过程中的体动, 记录睡眠效率, 深睡时间和浅睡眠时间。

血压测量
进入血压菜单, 将手表背面贴在手腕上, 点击开始, 手表会自动测量出血压数据。



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注意事项

安全警告

在使用产品前, 请阅读下面的注意事项, 确保本产品性能使用最佳。

- 请勿在产品充电的过程中使用。
- 请勿将本产品靠近火源, 请勿放置在加热设备周围或微波炉、烤箱等, 电池过热可能产生爆炸。
- 本产品防水, 请勿故意泡水, 请勿用微波炉等外部加热设备对其进行干燥。
- 请勿使本产品及其配件受到强烈的冲击或震动, 以免损坏本产品及其配件, 或者导致电池短路或爆炸。
- 请勿在温度过高或过低区域放置本产品及配件, 否则可能导致设备、电池故障。
- 当温度低于0°C时, 电池性能可能会受到限制。
- 请勿使用腐蚀性化学品, 清洗时或清洁本产品或其配件, 请清洗和保护前请先关机, 断开充电器与设备的连接。
- 请勿擅自拆卸本产品及其配件, 产品内含有电路和电池, 以免损坏或发生安全事故。
- 碰撞造成本产品屏幕破裂, 切勿触摸、接触或试图移除破碎的部分, 并请立即停止使用并及时联系制造商售后维修点, 定期检查外壳、显示屏, 以及其他部件是否损坏, 发现损坏应停止使用。
- 请勿让主机接触尖锐、粗糙、坚硬物体或表面, 否则可能导致损坏主机外壳或屏幕。
- 主机内置喇叭, 请勿将磁性物体、磁金属物体、磁性物体靠近主机, 以免损坏主机或其他物体。
- 紧急呼叫: 在紧急情况下, 若本产品处于开机状态且处于服务区内, 可使用设备进行紧急呼叫, 但不能保证所有情况下网络都能连接, 放在紧急情况下, 请勿将本产品作为唯一的联系方式。

FC CE RoHS RECYCLE

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iSmarport

SMART HEALTH SPORTS WATCH



USER GUIDE

PRODUCT PARAMETERS

一、Watch Button

- Crown: home button
Long press: power on/off
Short press: bright screen/brightness screen/return to dial
- Touch screen: On the dial interface, press the screen to enter the dial selection; slide up or right to enter the function; slide left and right, cycle selection; slide down to set the Bluetooth status and sound status of the device.
- Detachable strap: One hand hold the device and one hand slide the strap towards the side.

二、Strap Installation

When installing, hold down the middle contact point of the strap and push the strap to one side; when disassembling, slide the strap to the side.

三、Parameters

Product Item	HJ02
CPU	MT2502
Display	1.54inch 240*240 TFT
Accelerator Rate	3-axis weight acceleration
Product Sensor	PPG heart rate sensor
Battery	200mAh
Charging Current	200mA/DC 5V
Standby Time	5 days
Bluetooth	BLE4.0/ BT3.0
Product Size	44X38X12.8mm

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APP DOWNLOAD AND SETTINGS

一、APP Download

1. You can download and install the smart watch terminal app through the following two methods.

Method 1: Please use the phone to scan the watch function menu "APP Download" QR code or scan the QR code as below shown.

Method 2: Download the "iSmarport" app from App store or Google Play.



App available for Android and iOS

二、APP Register

After the APP installation is complete, follow the prompts to register and log in.



三、Connection Pairing

1. On the mobile phone, turn on Bluetooth.

2. At the watch end, enter the [settings] menu, turn on the watch Bluetooth switch and turn on the local search switch; then enter the [Bluetooth] menu to search and pair the mobile phone. After pairing, you can synchronize the contacts and control the phone to receive and make calls, play music and other functions.

3. Open the "iSmarport" app, enter the main page, and click [device] [add device] to bind the corresponding device. After the connection is successful, you can control the camera function of the mobile phone.



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FUNCTIONAL SUPPORT

Basic Functions

Steps
Automatically records the number of steps in your daily exercise routine, and calculates calories burned and distance traveled.

Alarm
Go to the alarm menu and set the alarm.

Bluetooth call
Dial the number in the dial interface of the watch or phone terminal, the watch and the phone will be synchronized in time.

Anti-lost
Press the anti-lost menu, click start, the paired mobile phone will vibrate and ring; Press watch finding through the APP, you can find your watch (distance 10M).

Calculator
Press the calculator menu to start the calculation.

Bluetooth Enabled Photograph
After pairing with the phone, turn on the Bluetooth camera on the app. When the phone is not locked, you can use the watch to control the phone to take pictures.



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FUNCTIONAL SUPPORT

Health Function

Real-time Heart Rate Monitoring
Press the heart rate menu, stick the back of the watch on the arm, click start, the watch will automatically measure the heart rate.

Body Temperature
Press the temperature menu, put the back of the watch on the arm, click start, the watch will automatically measure the temperature.

Blood Oxygen Measurement
Press the blood oxygen menu, stick the back of the watch on the arm, click start, the watch will automatically measure the blood oxygen value.

ECG Measurement
Press the ecg menu, stick the back of the watch on the arm, click start, the watch will automatically measure the ECG value.

Sleep Monitoring
Real-time monitoring of body movement during sleep, recording sleep efficiency, deep sleep time and light sleep time.

Blood Pressure Measurement
Press the blood pressure menu, stick the back of the watch on the arm, click start, the watch will automatically measure blood pressure data.



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PRECAUTIONS

Safety Warning

Before using the product, please read the note below to ensure the best performance of this product.

- Do not use this product during charging.
- Do not put this product close to a fire source, and do not place it in or around heating equipment, such as microwave ovens, ovens, etc., the battery may overheat and explode.
- This product is waterproof, do not intentionally soak the watch, and do not dry it with microwave heating or other external heating equipment.
- Do not subject this product and its accessories to strong shocks or vibrations, as this may damage the product and its accessories, or cause the battery to ignite or explode.
- Do not place this product and accessories in areas where the temperature is too high or too low, otherwise the device or battery may malfunction.
- When the temperature is lower than 0°C, battery performance may be limited.
- Please do not use harsh chemicals, cleaning criteria or substitute accessories for cleaning this product. Please turn off before cleaning and maintenance, and make sure the device is disconnected with the charger.
- Do not disassemble this product and its accessories without permission. The product contains circuits and batteries to avoid damage or safety hazards.
- Collisions cause the screen of this product to rupture. Do not touch, touch the skin, or attempt to remove the broken parts. Please stop using it immediately and contact the designated after-sales service center in time. Regularly check the casing, display, and other components, and stop using it if the screen is broken.
- Do not allow the device to touch sharp, rough, hard objects or surfaces, otherwise the device case and screen may be worn or damaged.
- The device has a built-in speaker. Do not put magnetic objects, magnetically attracting metal objects, or magnetic objects away from the device to avoid damage to the device or other objects.
- Emergency call, in an emergency, if the product is turned on and in the service area, you can use the device to make an emergency call. Because the network cannot be guaranteed in all area, in an emergency, please do not use this product as the only way of contact.

FC CE RoHS RECYCLE

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FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.