FG5
Fitness Equipment

Quick Start Guide

This product adopts EMS technology (the working voltage is up to 30V-60V). Users with heart disease, high blood pressure or other diseases please do not use this product. Please keep this product far away from the human brain. Please do not provide this product to children below 18 years old.
This product is mainly suitable for families.

How to use the Koogeek app 🎨
1. Download the Koogeek app by one of following ways:
(i) scan the QR code on the package box; or
(ii) visit the URL: http://app.koogeek.com/download; or
(iii) search "Koogeek" in the App Store or Google Play.

2. Open the Koogeek app and log in. Sign up for an account if you don't have one. (Note: One registered account supports multiple users).
3. Turn on the Bluetooth function when using the Koogeek app. (You need to open the Koogeek app before connecting to Koogeek devices).
4. To add new users, go to ☰ > Settings > Add another user.
5. To switch the unit, go to ☰ > Settings > Units.
6. The measurement data that fails to find its user will be recognized as an unknown measurement and uploaded to the Koogeek app via Bluetooth. To see these unknown measurements, go to ☰ > Unknown measurement. You can choose to assign the data to a given user.

How to use the product
1. Automatically connect to Bluetooth: When you turn on Bluetooth and launch the Koogeek app main interface, this product will build Bluetooth connection with your phone automatically (no need to enter a password).
2. Turn on: long press "+" button to turn on (about three seconds)
3. Shut down: long press "-" button to shut down (about three seconds)
4. Launch Koogeek app and turn on the massager to set the intensity and working mode.
5. Adjust the intensity: When the massager is powered on, you can short press the "+" or

"-" button to adjust the intensity. You can also adjust the intensity through Koogeek app.

6. Switch the working mode: You can switch the working mode by long press the "+" button for about 3 seconds. You can also switch the working mode through Koogeek app.

7. Charging: Connect a 5V USB charger and the massager with a Micro-USB charging cable. (The charger is not included in the package)

8. Change the gel patch: The gel patch is consumable. After Long-term usage, the gel patch may be damaged. This will affect massage performance. (For safety and best massage performance, please use the company's professional gel paste replacement use)

9. Reset button: When the massager crashes or is failed to turn on, you can reset massager through the reset button.

Check the record

View your usage records at the Koogeek app main interface of the massager.

Trouble Shootings

Q: The product can't connect to the Koogeek app.
A: Possible Causes
   1. Bluetooth is not enabled.
   2. The system version of your Android phone is earlier than Android 4.3.
   3. The product is too far away from the mobile devices.
   4. There are obstacles like walls between the product and mobile devices.
   5. The product cannot be controlled normally.
A: Solution
     1. Turn off Bluetooth, then turn on again. Make sure that Bluetooth connection works normally.
     2. Use Android phones running Android 4.3 or above. (Enabling GPS function is required on Android 6.0 or above phones)
     3. Move the product closer to mobile devices.
     4. Avoid using the product when there are obstacles between it and mobile devices.
     5. Recharge it, and then restart the product.

Q: The device can't be turned on.
A: Possible Causes
   1. The battery is too low.
   2. The system crashes.
A: Solution
   1. Recharge the product.
   2. Restore the product to factory settings (by using a pin to press the reset hole).

Cleaning, Maintenance, and Storage
 · Keep the product clean with a dry, soft cloth. If needed, first use a cloth to dip a little bit of water or neutral detergents, wring it out and wipe the surface of the product, and then

clean it with a dry cloth. Prevent water from entering the product, so as not to damage the internal electronic components.

・ Gel patches are consumables, please keep them clean and protect them properly after use.

・ Do not expose this product to direct sunlight, dust, and contaminated environments.

・ Do not use gasoline, volatile oil, diluents, alcohol, and other chemical solvents to wipe and clean the product.

Cautions

1. The product is a precision instrument, please handle with care. Avoid causing product malfunction due to the impact or drop.

2. Do not immerse the product in the water.

3. If the product can't be used normally, please stop using and consult distributor.

4. Do not disassemble this product.

5. All illustrations provided in this manual are for reference only. Goods in kind prevail.

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

・ Reorient or relocate the receiving antenna.

・ Increase the separation between the equipment and receiver.

・ Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

・ Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.