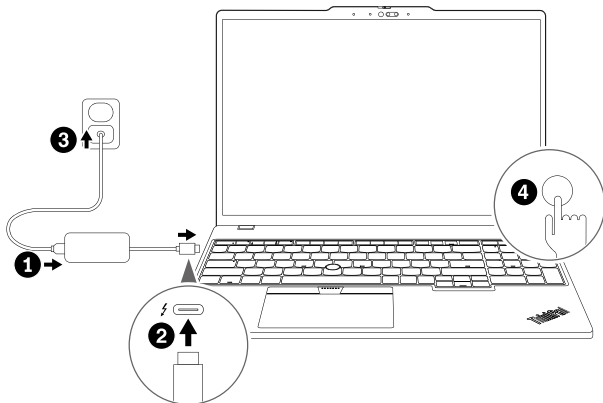
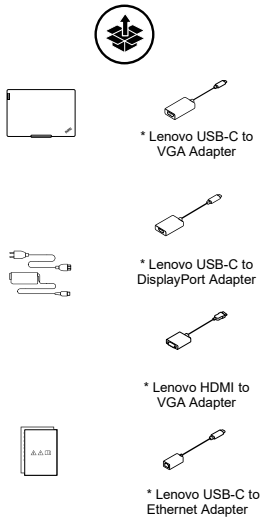


ThinkPad T14 Gen 5 / ThinkPad T16 Gen 3

Get started

Get started | Get started | Get started | Get started | Get started

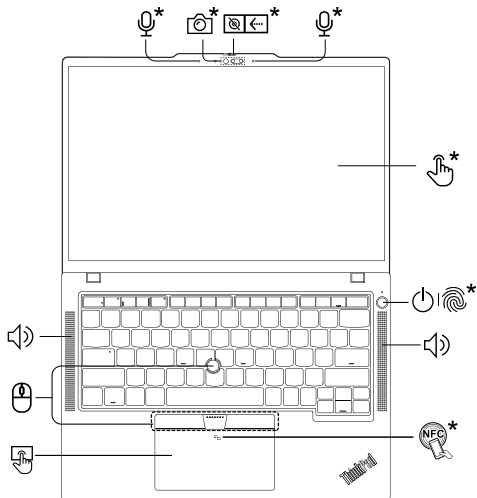


* For selected models | For selected models | For selected models | For selected models | For selected models

Overview

Overview | Overview | Overview | Overview | Overview

ThinkPad T14 Gen 5



Press to log in to the computer*
Press to log in to the computer*
Press to log in to the computer*
Press to log in to the computer*
Press to log in to the computer*



Navigate as a traditional mouse
Navigate as a traditional mouse
Navigate as a traditional mouse
Navigate as a traditional mouse
Navigate as a traditional mouse

Overview

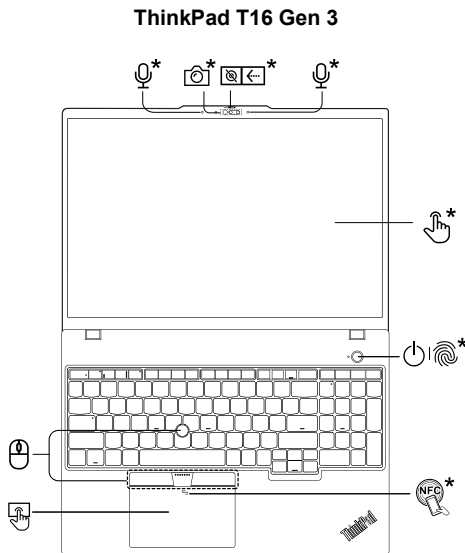
Overview | Overview | Overview | Overview | Overview



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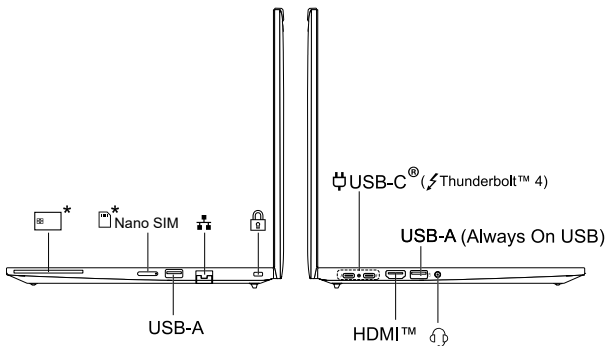


Navigate as a traditional mouse
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Navigate as a traditional mouse
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Overview

Overview | Overview | Overview | Overview | Overview



Read the statement on USB transfer rate in the *User Guide*. To access the *User Guide*, refer to methods mentioned on the back cover.
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TrackPoint Quick Menu

Double tap to launch¹ TrackPoint Quick Menu for quick configuration of some device settings.

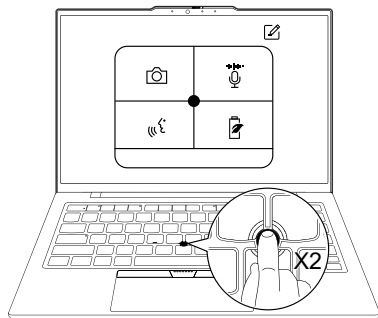
Double tap to launch¹ TrackPoint Quick Menu for quick configuration of some device settings.

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¹ It can be set to single-tapping launch. | It can be set to single-tapping launch. | It can be set to single-tapping launch. | It can be set to single-tapping launch. | It can be set to single-tapping launch.

Lenovo Commercial Vantage*

Access Commercial Vantage to adjust device settings and check for system updates.

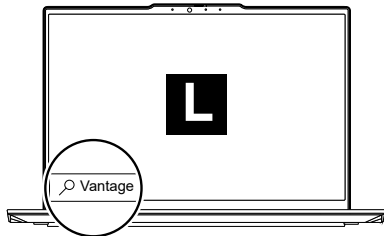
Access Commercial Vantage to adjust device settings and check for system updates.

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Access Commercial Vantage to adjust device settings and check for system updates.



Lock on leave²

Lock on leave | Lock on leave | Lock on leave | Lock on leave | Lock on leave



Protect your privacy and improve battery life.

Protect your privacy and improve battery life.

Protect your privacy and improve battery life.

Protect your privacy and improve battery life.

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Note: The initial BIOS disabled this function. It will be enabled by software update soon. Refer to README file for BIOS on system support site.

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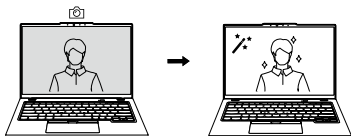
Note: The initial BIOS disabled this function. It will be enabled by software update soon. Refer to README file for BIOS on system support site.

² For infrared camera models only | For infrared camera models only | For infrared camera models only | For infrared camera models only | For infrared camera models only

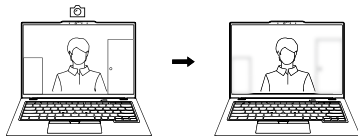
Lenovo View*



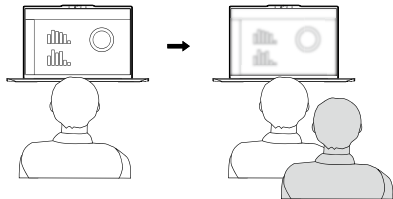
Video Enhancer | Video Enhancer
Video Enhancer | Video Enhancer
Video Enhancer | Video Enhancer



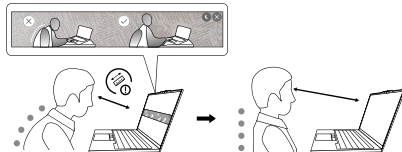
Background Removal* | Background Removal*
Background Removal* | Background Removal*
Background Removal* | Background Removal*



Privacy Guard | Privacy Guard | Privacy Guard
Privacy Guard | Privacy Guard | Privacy Guard



Posture Warning | Posture Warning | Posture Warning
Posture Warning | Posture Warning | Posture Warning



[English]

Specific absorption rate (SAR)

YOUR DEVICE MEETS INTERNATIONAL GUIDELINES FOR EXPOSURE TO RADIO WAVES.

Refer to the following for 10g SAR limit and maximum reported SAR values:

10g SAR limit: 2 W/kg (body-worn SAR); 4 W/kg (limb SAR)

Maximum SAR with 0 mm separation distance: XX W/kg (body-worn SAR); XX W/kg (limb SAR)

For more information about SAR, refer to the *Safety and Warranty Guide* that came with your device.

European Union (EU) / United Kingdom (UK) — radio frequency and power

This radio equipment operates with the following frequency bands and maximum radio-frequency power:

Technology	Frequency [MHz] / band	Maximum transmit power
WLAN 802.11b/g/n/ax/be	2400 - 2483.5	< 20 dBm
WLAN 802.11a/n/ac/ax/be	5150 - 5350, 5470 - 5725	< 23 dBm
WLAN 802.11a/n/ac/ax/be	5725 - 5875	< 13.98 dBm
WLAN 802.11ax/be	5945 - 6425	< 23 dBm
Bluetooth BR/EDR/LE	2400 - 2483.5	< 20 dBm
WWAN UMTS	1/3/8	< 25.2 dBm
WWAN LTE	1/3/7/8/20/28/34/38/40/41/42/43	< 25 dBm
WWAN LTE HPUE	41	< 27 dBm
WWAN 5G NR	1/3/7/8/20/28/38/40/41/77/78	< 25 dBm
WWAN 5G NR HPUE	41/77/78	< 27.5 dBm
NFC	13.56	< -5.31 dBμA/m@10m

Note: Not all wireless bands may be enabled depending on your product configuration. Usage of this device is limited to indoor locations in the bands 5150 - 5350 MHz and 5945 - 6425 MHz.

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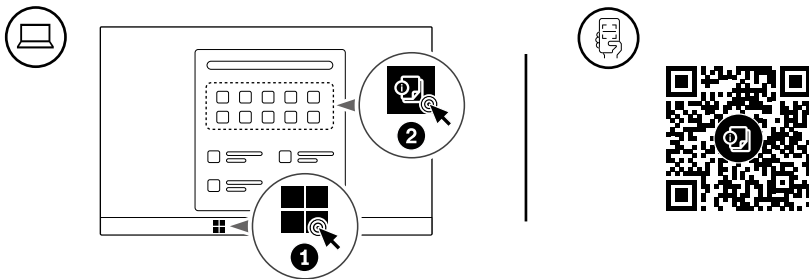
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Access User Guide

Access User Guide | Access User Guide | Access User Guide | Access User Guide | Access User Guide



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Reduce
Reuse
Recycle

For FSC Mix logo only