

CURA Quick Start Guide:

Included in box (Fig. 1):

- myCadian™ Watch
- Charging Dock
- USB Charging Cord



The following steps will get you up and running:

1. Please navigate your smartphone to www.mycadian.com where you can download the latest and greatest version of the myCadian App.
2. Using the supplied charging dock and USB cable (Fig. 2), connect your watch to any available USB connection (Fig. 3). This should fully charge within 30 minutes.



3. Pair myCadian to your smartphone once it is charged.

- Open the myCadian app (Fig. 4)
- Login with your credentials or create an account (Fig. 5 & 6).

4. Once you Login tap on the “!” icon to being Bluetooth pairing of your device (Fig. 7).



Fig. 4

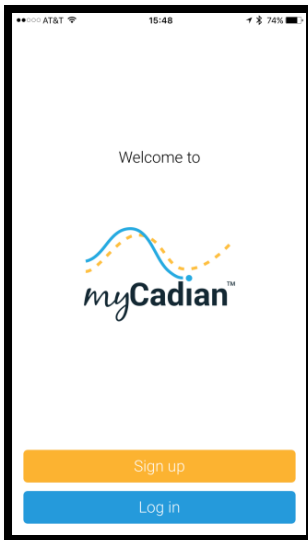


Fig. 5

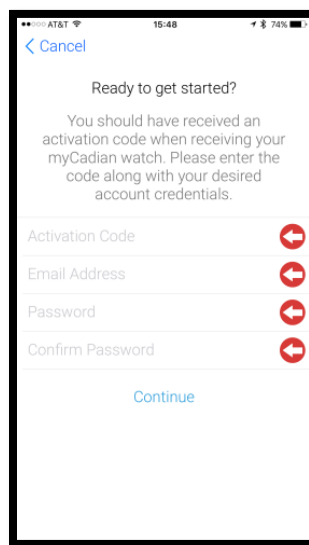


Fig. 6



Fig. 7

5. On the watch, Swipe left to find watch identification number (Fig. 8). Select the matching number on the App (Fig. 9).



Fig. 8

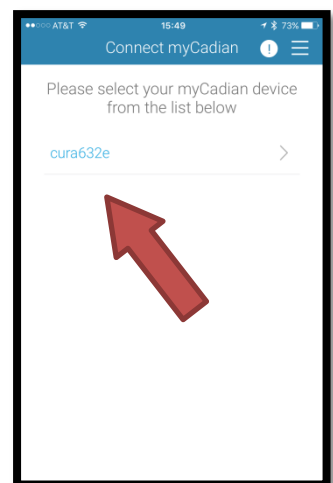


Fig. 9

6. On the App you will be prompted with a “Bluetooth Pairing Request”. The “Pairing Key” on the watch screen and the App should match (Fig. 10) Select “Pair”.

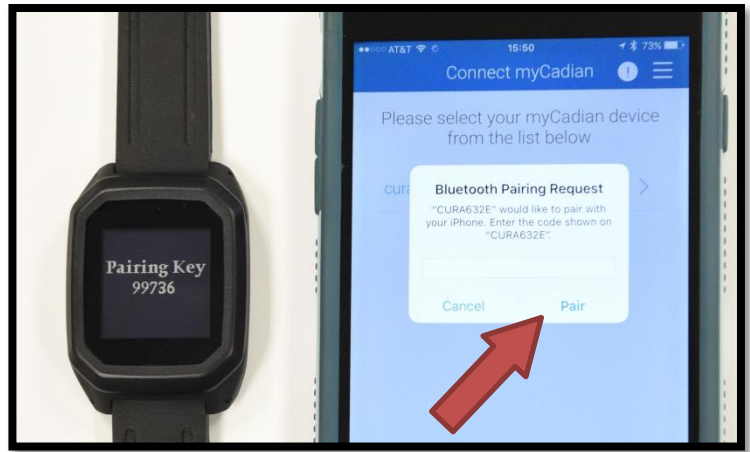


Fig. 10

7. Once successfully paired the watch will display “Device Ready” and the App will display the “myCadian Settings” Screen (Fig. 11)

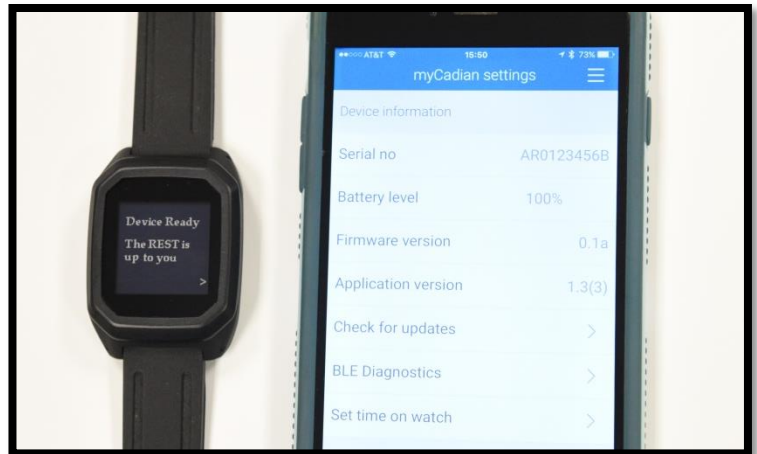


Fig. 11

8. To return to the App “HOME” screen tap the “Hamburger” menu button and selecting XXXXX (Fig. 12)

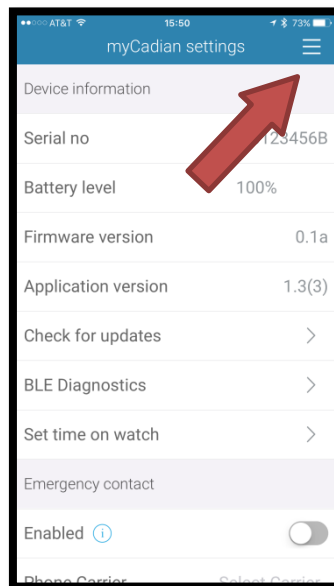


Fig. 12

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.

Warning

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC Interference Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

FCC Specific Absorption Rate Statement

This device complies with FCC and ISED portable RF Exposure SAR limits when used in the manner described in this Manual.

IC Compliance Statement

This device complies with FCC and ISED portable RF Exposure SAR limits when used in the manner described in this Manual.

Cet appareil est conforme aux limites SAR de la FCC et de l'exposition aux radiofréquences RF de l'ISED lorsqu'il est utilisé de la manière décrite dans ce manuel.

Under Industry Canada regulations, this radio transmitter may only operate using an antenna of a type and maximum (or lesser) gain approved for the transmitter by Industry Canada. To reduce potential radio interference to other users, the antenna type and its gain should be so chosen that the equivalent isotropically radiated power (e.i.r.p.) is not more than that necessary for successful communication.

En vertu des règlements d'Industrie Canada, cet émetteur radio ne peut fonctionner à l'aide d'une antenne d'un type et maximum (ou moins) Gain approuvé pour l'émetteur par Industrie Canada. Pour réduire les interférences radio potentielles pour les autres utilisateurs, le type d'antenne et son gain doivent être choisis afin que la puissance isotrope rayonnée équivalente (e.i.r.p.) ne dépasse pas ce qui est nécessaire pour une communication réussie.