



STYR Labs SHYFT™ ACTIVITY TRACKER

The SHYFT Activity Tracker is a wrist or belt-mounted wearable which measures your steps, distance covered, calories burnt and activity time.

INTENDED USE

The SHYFT device is not a medical device, and is not intended to diagnose, treat, cure, or prevent any disease.

SPECIFICATION

Sizing:	8.7 inches long, 0.8 inches wide
Sensor:	3D accelerometer
Display:	OLED
Materials:	ABS, rubber, and silicone
Battery and Power:	Lithium Polymer Battery
Operating Temperatures:	32F to 110F degrees
Memory:	30 days
Battery Capacity:	3.7V

WHAT'S IN THE BOX

Activity Tracker, USB Charging Cradle, Belt Clip and silicon wristband

CAUTION

While the SHYFT Activity Tracker has had extensive testing and shown no irritation issues, in some rare cases prolonged contact may contribute to skin irritation or allergies. To reduce irritation ensure that your SHYFT is clean and dry and don't wear it too tight; give your wrist a rest by removing the band for an hour after extended wear.

WATER RESISTANCE

Water resistant to a depth of up to 3ft

WARNING

If you notice any skin irritation, soreness, tingling, numbness, burning or stiffness please remove your SHYFT device. If symptoms persist longer than 2-3 days after removing the device, consult your doctor. The device is not a toy - **it contains small components that can be a choking hazard. Do not allow children or pets to play with it.**

OPERATION

Before use consult your doctor prior to starting or changing an exercise program – especially if you have an existing condition which might be affected by your use of this product.

LIMITATIONS

The accuracy of the SHYFT devices is not intended to match medical devices or scientific measurement devices.

RETURNS AND WARRANTY

Warranty information and the STYR Labs returns policy can be found online at www.STYR.com

STYR Labs 7135 E Camelback Rd, Ste 202 Scottsdale AZ 85251 USA



CARE AND MAINTENANCE

- Do not attempt to replace the battery or open or disassemble your SHYFT product. This is a safety hazard and will void the warranty.
- Substances in this product and its battery may harm the environment or cause injury if handled and disposed of improperly. Do not dispose of your STYR Labs product in a fire. The battery could explode.
- Do not expose your STYR Labs product to very high or low temperatures.
- Do not use your STYR Labs product in a sauna or steam room.
- Remove your STYR Labs product if it feels hot.
- Charge the battery using the instructions provided during setup. Only use a computer, powered hub or power supply that is certified by a testing laboratory and the supplied SHYFT charging cradle.
- Do not charge your STYR Labs product while it is wet.
- Do not use abrasive cleaners to clean your STYR Labs product.

FURTHER HELP

Troubleshooting and assistance for your STYR Labs SHYFT Activity Tracker can be found at www.STYR.com or call us at 1-855-220-7945



Get it on
Google play



Download on the
App Store

INSTRUCTIONS

1. Download the STYR Labs App to your smartphone and complete the in-app registration to create your STYR account.
2. If this is your first time registering, follow the prompts to add some basic body measurements.
3. Ensure your smartphone Bluetooth is switched on
4. Synchronize your STYR Labs device to your account by clicking Devices in the app and adding the Activity Tracker.
5. Tap the screen of the activity tracker to activate and sync.
6. Go back to the STYR Labs app and review the readings.

SIMPLIFIED EU DECLARATION OF CONFORMITY

Hereby, STYR Labs Inc and STYR Labs International, declares that the radio equipment type SHYFT Activity Tracker, model NM1, is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: www.styr.com

DISPOSAL AND RECYCLING INFORMATION

The symbol on the product or its packaging signifies that this product must be disposed separately from ordinary household waste at its end of life because it contains a battery and is electronic equipment. Ensure that you dispose of your SHYFT Activity Tracker at a recycling center. For information about where to recycle your STYR Labs product, please contact your local waste management authority or the retailer where you bought the product.

FCC WARNING

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.
- MODIFICATION: Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the device

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) This device may not cause harmful interference, and
- 2) This device must accept any interference received, including interference that may cause undesired operation.