X3 User Manual



Thank you for choosing our product!

To have a comprehensive understanding and using this device, to know all the features and simple operation method, please read this manual first.

The functions on the user manual may be little different with physical, please make the final products as the standard.

The typing errors in this manual and discrepancies will be timely updated with the latest products. If we have updates, this manual will be subject to change without notice. Our company reserves the right of final interpretation.

Package: One gift box, one user manual, one smart band unit.

Remark: The product supports waterproof with IP68 level, so it's available to wear it while wash hands, swim, take a shower, etc.

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Buttons instruction:

"Power" button: Long press the button 2 seconds for power on, and power on when charging. On function interface, long press - select power off, long press 2 seconds for power off;

Touch button: Touch for menu options, long touch to enter this function. Lighten up the screen in 1 second.



Charging instruction: This product adopts magnetic force charging. Put the charging point close to backside charging part of the unit, then it can charge automatically. It usually takes 60 minutes to full charging. And its standby time is up to 40 days, 2-3 days working for normal use.

How to connect the product to phone:

Use Android/IOS system phone to scan "QR" code as below or download "GloryFit" APP on your phone and install it in the watch-Tooling.

Support iOS8.0 system and above, Android4.4 and above, support Bluetooth 4.0.







IOS

Since there would be some difference of Bluetooth protocol for different smart phones, it may cause Bluetooth connection unstable sometimes. Turn off Bluetooth on the phone, then re-connect the watch and phone.

- •: Connection: Put the bracelet close to the mobile phone, turn on APP "GloryFit" on the phone, click the button "me" at bottom add equipment choose the bracelet name and connnect it, it will automatically connect, if the connection is successful will display has been binding.
- •: Disconnect: If you want to disconnect the connection also enter here, click to unbind.
- •: Firmware upgrade: In same interface, click firmware upgrade, if there is new software available, click to update to the latest bracelet software.
- •: Standby interface: A total of 4 standby interface options, select features change the interface select the one you want, long press 2 seconds to complete.
- •: Pedometer: Display the number of steps in a day, save data at 12 o'clock every night and reset to 0.
- •: Distance: Show the day's step distance, save data at 12 o'clock every night, and reset to 0
- •: Calories: show the calorie burned of the day, save data at 12 o'clock every night and reset to 0.

- •: Heart rate: Stop at the Heart Rate interface for 3 seconds and get the heart rate data by scanning the surface capillary of the skin by green light, switch to other menus to stop measuring, normal heart rate is generally 60-90 times / minute, professional athletes will be less than 60 times, when doing strenuous exercise will reach more than 200 times. Long term exercises can increase heart and lung.
- •: Blood pressure: Keep the arm flat, freeze at the interface for 3 seconds to test, the data will come out about 1 minute later. Generally, the elderly people's blood pressure will be higher, and female's blood pressure is a little lower than male's.
- •: Sleep monitor: The smart watch will turn on this function automatically from 6p.m to 8 a.m. every night. You can check the detailed data of sleep quality by connecting APP in the phone.
- •: Sports: Press the Touch key 2 seconds to enter the multi-sport mode, select a mode, press the Touch key 2 seconds to enter and stop. There are rope skipping and swimming two modes in the multi-sport mode.
- •: Notifications: Synchronous mobile phone end notification function, such as Facebook, WhatsApp and so on, if you want to display the notifies with content, need to setup to display the details of Facebook and WhatsApp notice function

in the APP in the cellphone, it can show the latest 8 notifications, press the Touch key 2 seconds to read, and to switch to next message, it will vibrate for incoming calls and messages. Note that when the heart rate/blood pressure measurements and multi-movement patterns are performed, the message alerts are blocked

- •: Find phone: Function find the phone, press the touch button for 2 seconds to enter/stop.
- •: Decline calls: Incoming call long press touch button for 2 seconds to decline the call.
- •: Alarm: Multiple alarm clocks can be set up via APP on mobile phone.
- •: Restore Settings: Enter function restore settings long press touch button for 2 seconds and reset successfully.

Warranty

- 1. If it appears quality problems caused by manufacturing, materials, design within one year (since the day of purchase), we will offer free warranty for main part. We will offer free warranty for battery and adapter within 6 months. Premise is using normally and correctly.
- 2. About the fault caused by the users' personal reasons, we don't offer free

warranty, as follows:

1). Disassemble or refit the product.

2). Caused by immodesty drop

3). All artificial damage or misuse (such as: make water into the host, the

external force shatter, scratch damage of peripheral components, etc.), all

these are beyond the scope of the warranty.

3. When ask for free warranty, you must provide a warranty card with the seal

of purchase place and purchase date.

4. If you met problems during use, please contact the shop customer service

which you bought from.

5. Please make the final products as the standard.

Date of purchase:

IMEI code:

Buy store:

Customer signature:

Clerk Signature:

Shop stamp:

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- -Reorient or relocate the receiving antenna.
- -Increase the separation between the equipment and receiver.
- -Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices).

This equipment complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

RF warning statement:

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.