

# Wired Connect to Life

## Fitness Tracker User Manual

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### Functions

- Activity Monitoring: The Tracker records steps, estimates distance travelled, and estimates calories consumed.
- Sleep Monitoring: The Tracker records sleep time and estimates time of deep sleep and light sleep.
- Alerts/Reminders: The Tracker can be set to vibrate for alerts, including alarms, incoming calls, , and extended sedentary time.
- Loss Protection: The Tracker can be set to vibrate when it is out of range of the mobile device to which it is paired.
- Find Phone: The Tracker can tell your phone to ring.
- Shake to View: Shake your wrist to view the time.
- Remote Camera Control: The Tracker can be set to trigger the mobile device's camera remotely.
- Sharing: Statistics can be shared to most social networks.

### Mobile Device Requirements of Companion VeryFit 2.0 App

- iPhone™ 4s & above, iOS 7.1 & above
- Android™ 4.4 & above
- Bluetooth® 4.0

## Fitness Tracker Specifications

- Accelerometer: Kionix kx022-1020
- Heart Rate sensor (in select models only): Silicon Labs Si1142
- CPU chip: Nordic Semiconductor ASA nRF51822 (Bluetooth QD-ID 62791)
- Water Resistance: Splash resistant only. Do not wear while swimming.
- Connection: Bluetooth 4.0
- Battery: Li-polymer (55mAh)
- Standby time: 7-15 days for models without heart rate monitor; 2-5 days for models with heart rate monitor
- Charging time: about 1 hour
- FCC ID: 2AILC03126

**Made in China**

## Quick Start Guide

1. Download and install the VeryFit 2.0 app on your mobile device.



For iPhone 4s & above  
iOS 7.1 & above



For Android 4.4 & above

2. Charge the Fitness Tracker by connecting the included charger to a USB port on a computer, and clamping the hinged end to your Tracker. Be sure that all three prongs on the charger are in contact with the receivers on the back of the Tracker.
3. Make sure your mobile device has the Bluetooth setting turned on, and then open the VeryFit 2.0 app on the mobile device.
  - a. The app will search for the Tracker and display detected devices. (If your Tracker is not displayed, search again, and tap the button on the side of the Tracker to turn the display on.)
  - b. Tap the name of the Tracker, and "Confirm Bind Device" to make the connection.
4. The app will ask for information to customize the settings:
  - a. If you wish to enter height in inches and weight in pounds, select "Imperial". For centimeters and kilograms, select "Metric."
  - b. Gender, height and weight information will help the device calculate calorie burning.
5. Once the Tracker is connected to your mobile device, it will automatically begin recording steps and sleep time. **IMPORTANT NOTE: The Tracker calculates steps and sleep time based on movement, and so the recorded steps and sleep time may not accurately reflect actual steps and sleep time.**
6. Use the VeryFit 2.0 app on your device to configure the Tracker (see "How to Use" for details).

## How to Use

1. **Normal Mode:** After the Fitness Tracker is connected to the app, it will record steps and sleep automatically. You can view data in the following order, by tapping the button on the side of the Tracker:  
  
Time / Day and Date / Battery Status / Bluetooth Status -> Today's Step Count -> Today's Calories Burned -> Today's Distance Walked -> Alarm Time\* -> Find Phone\*  
  
\*Note: "Alarm Time" and "Find Phone" will be displayed only if you have turned them on in the app.
2. **View Time:** To view the current time and date, tap the button on the side of the Tracker, or simply turn your wrist quickly.
3. **Find Phone:** To use "Find Phone", you must first turn the setting on in the VeryFit 2.0 app. Then, to locate your phone, press the button on your tracker until you see the "Find Phone" icon, and then long-press the button. Your phone will ring.
4. **Loss Protection for Phone:** When "Anti-lost Alert" is turned on in the VeryFit 2.0 app, the Tracker will vibrate if it moves out of range of the phone to which it is paired. (This setting must be turned on in the app and synced to the Tracker before it will work.)
5. **Remote Camera:** In the "Device" screen, tap "Camera." The "Camera" app on your phone will open. To take a photo, press the button on the side of the Tracker.
6. **Manual Sleep Mode:** Long-press the button on the side of the Tracker to enter Manual Sleep Mode. Long-press the button again at the end of your sleep, to return to the main display. Sleep data will be displayed in the VeryFit 2.0 app the next time the Tracker syncs.
7. **Metric vs Imperial Units:** In the VeryFit 2.0 app, go to the "User" screen and tap "System Setting," then "Unit Set" to change between metric (centimeters, kilograms, kilometers) and imperial (inches, pounds, miles) units of measure for the Tracker and app display.

## Troubleshooting

1. Cannot bind to Tracker:
  - Check to be sure your phone meets the Mobile Device Requirements and supports Bluetooth 4.0, and that Bluetooth is turned on.
  - Make sure the Tracker is charged.
  - If other Trackers are nearby, move to a location that is out of range of the other Trackers.
  - When searching, tap the button on the side of the Tracker to turn on the display.
  - If none of the above work, try rebooting your phone.

2. App doesn't show same data as Tracker:
  - Make sure the app and Tracker are synced. (On app main screen, pull down and release to synchronize.)
3. Restore factory defaults:
  - Be sure the Tracker is bound to the mobile device.
  - Enter the "User" screen, then "System Setting", and tap "Reboot the device."

### **Important Safety Information**

*CAUTION:* This device is not a medical device, and is not intended to diagnose, treat, cure, or prevent any disease or medical condition.

*CAUTION:* The device may cause skin irritation. Prolonged contact with the skin may contribute to skin irritation or allergies in some users. If you experience any sign of skin redness or other skin irritation, please discontinue use. If symptoms persist, consult your doctor.

*CAUTION:* Consult your doctor before beginning or modifying any exercise program.

*CAUTION:* Consult your doctor before use if you have any preexisting conditions that might be affected by use of the device.

*CAUTION:* Distracted driving is an increasingly common cause of vehicular accidents, including deaths. Do not check call notifications or other data while driving.

*CAUTION:* This device is not a toy. It includes small parts that can be a choking hazard. Keep this device away from small children and pets.

*CAUTION:* Charge the battery only using the included charging cable connected to a computer or to a cell phone charger. Do not wear the device while charging it. Do not charge the device while it is wet.

*CAUTION:* Do not use your device if the module case is cracked or damaged.

*CAUTION:* Do not dispose in a fire. The battery could explode.

*CAUTION:* Remove the device if it feels warm or hot.

### **Care and Cleaning**

To keep your Tracker in good condition, please follow these tips:

- Remove the module from the strap before cleaning. Clean the strap with a soft damp cloth and dry it thoroughly before reinserting the module. Clean the module with a soft DRY cloth.
- Do not attempt to open the module. The module contains a battery which can cause injury if damaged. The battery is not replaceable.
- Do not expose to extreme temperatures.
- Do not use while participating in water sports, or while in a sauna or steam room.
- Wear the device loosely enough to allow air to circulate beneath the strap.
- Use skin care products sparingly on skin where the device is worn.

## Regulatory Notices

FEDERAL COMMUNICATIONS COMMISSION (FCC) STATEMENT

FCC ID: 2AILC03126

This device complies with FCC part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) This device may not cause harmful interference, and
- 2) This device must accept any interference, including interference that may cause undesired operation.

FCC WARNING

Changes or modifications not expressly approved by Titanium Marketing, Inc. could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## Warranty

Your device is warranted to the owner for a period of one year from the date of purchase against defects in manufacture. This warranty does not cover: Batteries, Displays, Straps. This warranty does not cover damages due to misuse. Please note that colors may turn due to daily usage and time.

**How to request service:** E-mail to [Collezio\\_web@hotmail.com](mailto:Collezio_web@hotmail.com). Include "FITNESS TRACKER SERVICE REQUEST" in the subject line, and a description of the problem in the body of the e-mail. Include photos if applicable. If the device is under warranty, a US\$10 shipping and handling fee will apply, payable by credit card (payment instructions will be e-mailed to you). Fees for parts / services exceeding this warranty will be communicated to you. You will be asked to mail the

device in a single package with your return name and address to Moulin Repair, P.O. Box 1756, Murray Hill Station, New York, NY 10156-1756. Upon completion of repairs / services and receipt of payment, the device will be returned to you by USPS.

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