## SIZE:60X95MM 105克铜板纸四色双面印刷



### 2. Device Activate & Charge

Make sure power is working normally before initial use. In case device is und low battery, connect the device to the charger. Device will automatically boot up (please connect the USB in normal DC port (5V-500mA) for charging as below. The host should be separated from the strap when charging).



Open pair device in the app, please make sure the Bluetooth is ON when pair the device. When searching and pairing device, please long press on the screeof the device and activate the device (light on). App will search the device automatically, choose the device name and connect the device to the app.



# Tap: choose Long Press: mode switch Once the device connected to the app successfully, it will record and analyze

How to Use

Sliding around: function switch

Key Definitions:

your activities and sleep automatically, also monitor heart rate status, please touch and sliding on the screen of the device to switch into different display modes as following: 1. Normal Mode

-> Calories Mode 600 -> Alarm mode 01:56 THE

Note: alarm mode will only display on the screen after switch ON in the APP.

-> Music Display Mod J Wating for

2. Remote Camera Shoot Mode



Put the camera shoot ON in the APP, then device enter in remote shoot screen. control remote photograph shooting with following actions:

(Right slide screen / lift wrist sense / tap screen) to shoot a picture.



mode, choose the following functions: [Tap \* ] to enter into Sports Start Confirm mode

[Tap to enter into Do Not Disturb mode

[Tap [ ] to enter into Wrist Sense ON/OFF Setting mode [Tap 1] to enter into horizontal and vertical screen switch setting mode

[Tap ] to enter into heart rate ON/OFF switch mode

[Tap (')] to enter into Power OFF confirm mode

[Tap Q ] to enter into Find Phone mode

3.1 Sport Mode



Notification Mode instruction:

last time text and sliding, when there is a new notification coming in.

2. If there is a call or message come, the device will force into call/message aler mode no matter under whatever other mode, after quit, it returns to previous mode

5 ( 0N@O

5 16 OFF

3.6 Find Phone Mode

Lift the wrist screen OFF

Do Not Disturb Mode ON

Record daily activities, you could check daily activities including steps. distance and calorie consumption in the app:

### Device could automatically recognize your state and monitoring the whole

Alarm alert, call alert, sedentary alert, etc. by silent vibration:

Heart Rate Monitoring:

### 4. Notification Mode

3.2 Do Not Disturb Mode

3.5 Power OFF Mode

5 ( #0

Do Not Disturb Mode OF

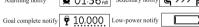
5 16 0N 000

Lift the wrist screen ON

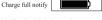
.4 Horizontal and Vertical screen switch setting Mode

Horizontal screen Mode 5

3.3 Wrist Sense ON/OFF Mode







.Under incoming call, message notify mode, the screen will still display the

### Sleep Monitoring:

sleep progress with analyzing the deep sleep and light sleep hours: Notification Alerts:

Remote Camera Control: Operation on the screen could control remote photograph shooting.

Device monitors your heart rate status and help user make suitable exercise

### Device Data Storage:

The activity data will be cleared every 0:00am as a cycle, but the device itsel could restore 7 days' data, after 7 days, the data will be cleared. We suggest user to sync data with app at least one time within 7 days during use.

### Can't find device when pairing device?

Please make sure the smart phone Bluetooth is ON and smart phone OS Android 4.4 & above and iOS 7.1 & above.

Please make sure the device is near the smart phone when pairing (normal 0.5m) and among the normal Bluetooth communication distance range (within 10m).

Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.

### Can't connect the device with app?

Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.

### ♠ How to Restore Factory Defaults

Make sure the device is connected with app, go in the app, enter "Mine-SystemSetting" and choose "Reboot Device".

### How to update the device

Make sure the device is connected with app, go in the app "Device"-Device update", please wait some minutes before update done.

### Basic Specifications

Model:ID 101 HR CPU: Nordic nRF51822

Sensor: kionix kx022-1020 Heart Rate Sensor: Silicon labs Sil142

Host Weight: 25g

Battery Type: Rechargeable Li Battery

Battery Capacity: 60mAh Data Sync: Bluetooth 4.0

Working Temperature: -10°C - 45°C

Waterproof: IPx7

safe recycling.

Standby: 5-10 days

Frequency bands: 2402-2480MHz Maximum output power: -5.5 dBm

This product is applied with professional Bluetooth RF signal and self developed algorithm, the accuracy of step pedometer could be up to 95%.

Correct Disposal of this product. This marking indicates that this product should not be dispose other household wastes throughout the EU. To prevent possible harm to the environment or human he from uncontrolled waste disposal, recycle it responsibly to promote the

sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental

### FCC Statement

Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Name of the separation between the equipment and receiver. 

■ The separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.