SIZE:60X95MM 105克铜板纸四色双面印刷

Smart HRM Bracelet
User Guide

**Smart Searching
Endless Exploring**

Working condition for mobile

iOS 7.1 & above   Android 4.4 & above   Support Bluetooth 4.0

Quick Start Guide

1. Download VeryFit for heart rate app
The smart band need to pair with the smart phone through app. Before downloading, please refer to working condition for mobile.
Way to download 1: Searching the QR code, scan and download app.

Please use the QR code Scan tool to scan the following QR code and open the link and download app. In case there is any problem to open the link, please try to copy the link and open it by browser.

Way to download 2: Search in the phone market and download.
Please search and download the "VeryFit for heart rate" from App Store or Google play store.

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2. Device Activate & Charge
Make sure power is working normally before initial use. In case device is under low battery, connect the device to the charger. Device will automatically boot up (please connect the USB in normal DC port (5V-500mA) for charging as below. The host should be separated from the strap when charging).

USB charging port

3. Pair the device
Open pair device in the app, please make sure the Bluetooth is ON when pair the device. When searching and pairing device, please long press on the screen of the device and activate the device (light on). App will search the device automatically, choose the device name and connect the device to the app.

Select the device in the smart phone searching list

How to Use

Key Definitions:
Sliding around: function switch
Tap: choose
Long Press: mode switch

Once the device connected to the app successfully, it will record and analyze your activities and sleep automatically, also monitor heart rate status, please touch and sliding on the screen of the device to switch into different display modes as following:

1. Normal Mode

Time Mode `01:56` → Heart rate mode `67`
→ Step mode `6,000` → Distance mode `6.00` km
→ Calories Mode `600` → Alarm mode `01:56`
→ Messenger Mode `SMS WhatsApp`
→ Music Display Mod `♪ Wating for`

Note: alarm mode will only display on the screen after switch ON in the APP.

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2. Remote Camera Shoot Mode

Put the camera shoot ON in the APP, then device enter in remote shoot screen, control remote photograph shooting with following actions:
(Right slide screen / lift wrist sense / tap screen) to shoot a picture.

3. Function Menu Mode

Under normal mode, long press the screen 2S to enter into function menu mode, choose the following functions:

|Tap to enter into Sports Start Confirm mode
|Tap to enter into Do Not Disturb mode
|Tap to enter into Wrist Sense ON/OFF Setting mode
|Tap to enter into horizontal and vertical screen switch setting mode
|Tap to enter into heart rate ON/OFF switch mode
|Tap to enter into Power OFF confirm mode
|Tap to enter into Find Phone mode

3.1 Sport Mode

Sport start hint → Stop watch Mode `04:56.2` → Stop heart rate Mode `67`
Sport Calories Mode `600` → Sport Distance mode `6.00` km → Sport Step Mode `600`
Sport Time Mode `01:56` → Music Display Mode `♪ Wating for` → Sport end hint

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3.2 Do Not Disturb Mode
Do Not Disturb Mode OFF   Do Not Disturb Mode ON

3.3 Wrist Sense ON/OFF Mode
Lift the wrist screen ON   Lift the wrist screen OFF

3.4 Horizontal and Vertical screen switch setting Mode
Vertical screen Mode   Horizontal screen Mode

3.5 Power OFF Mode   3.6 Find Phone Mode
Power Off Mode   Find Phone

4. Notification Mode

Incoming call notify `Jabcdef.Nop` → Message notify `WhatsApp Hello,nice t`
Alarming notify `01:56` → Sedentary notify
Goal complete notify `10,000` → Low-power notify
Charging notify
Charge full notify

Notification Mode instruction：
1.Under incoming call, message notify mode, the screen will still display the last time text and sliding, when there is a new notification coming in.
2. If there is a call or message come, the device will force into call/message alert mode no matter under whatever other mode, after quit, it returns to previous mode.

Functions Instruction

Activities Record:
Record daily activities, you could check daily activities including steps, distance and calorie consumption in the app;
Sleep Monitoring:
Device could automatically recognize your state and monitoring the whole sleep progress with analyzing the deep sleep and light sleep hours;
Notification Alerts:
Alarm alert, call alert, sedentary alert, etc. by silent vibration;
Remote Camera Control:
Operation on the screen could control remote photograph shooting.
Heart Rate Monitoring:
Device monitors your heart rate status and help user make suitable exercise plan.
Device Data Storage:
The activity data will be cleared every 0:00am as a cycle, but the device itself could restore 7 days' data, after 7 days, the data will be cleared. We suggest user to sync data with app at least one time within 7 days during use.

FAQ

❂ **Can't find device when pairing device?**
Please make sure the smart phone Bluetooth is ON and smart phone OS Android 4.4 & above and iOS 7.1 & above.
Please make sure the device is near the smart phone when pairing (normal 0.5m) and among the normal Bluetooth communication distance range (within 10m).
Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.

❂ **Can't connect the device with app?**
Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.

❂ **How to Restore Factory Defaults**
Make sure the device is connected with app, go in the app, enter "Mine-SystemSetting" and choose "Reboot Device".

❂ **How to update the device**
Make sure the device is connected with app, go in the app "Device"->"Device update", please wait some minutes before update done.

Basic Specifications

Model:ID 101 HR
CPU: Nordic nRF51822
Sensor: kionix kx022-1020
Heart Rate Sensor: Silicon labs Si1142
Host Weight: 25g
Battery Type: Rechargeable Li Battery
Battery Capacity: 60mAh
Data Sync: Bluetooth 4.0
Working Temperature: -10℃ - 45℃
Waterproof: IPx7
Standby: 5-10 days
Frequency bands: 2402-2480MHz
Maximum output power:-5.5 dBm
This product is applied with professional Bluetooth RF signal and self developed algorithm, the accuracy of step pedometer could be up to 95%.

Correct Disposal of this product. This marking indicates that this product should not be dispose other household wastes throughout the EU. To prevent possible harm to the environment or human be from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

FCC Statement

Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

☒Reorient or relocate the receiving antenna.
☒Increase the separation between the equipment and receiver.
☒Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
☒Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.