


英文




HEART RATE SMART WRISTBAND User Guide



Thanks for choosing our device, please read the user guide carefully before using.

Setting


Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:
Please note: hardware and system of devices should meet the requirements:

 iOS 7.0 & Above
  Android 4.4 & Above
  Support Bluetooth 4.0

1. Download VeryFitPro


Search and download "VeryFitPro" from the Apple Store or Android App store.

Scan the QR code and download

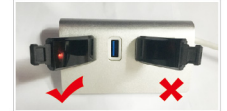


2. Device Activate & Install


Please activate the device by charging before initial use, and make sure power is working normally. Then the device will automatically boot up.
Take out: Stretching the strap, and take out the host.



Charge: Plug it into USB port to charge and active device. (Don't plug the wrong side, Voltage/Current: 5V/500mA)

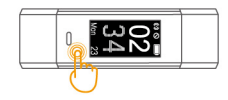


Install: To put the host into the slot of strap.



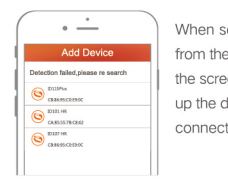
3. Touch key

Single click the touch key, back to the main interface/Back



4. Make sure the Bluetooth of smart phone is ON, open app "VeryFitPro"

When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.



Know your Device

1. Wearing Method

Wear the device on your wrist horizontally, about 2cm to carpal,the same method as wearing watches.

2. Heart Rate Monitoring

To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise.

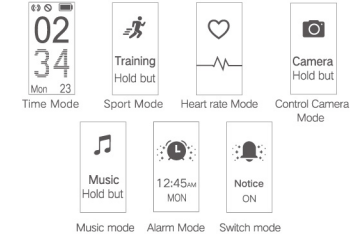
3. Heart Rate Monitoring

Automatic heart rate Monitoring is ON as default, monitor Heart Rate all the day automatically.

4. Stand by time

Normal use of about 8 days


5. Interface



Function Introduction

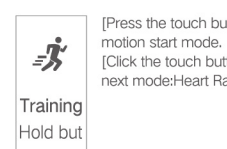
1.1 Time Mode

Description: The time dial is switched in the app device module> more
Click the touch button] enter the next mode:Sport Mode
[Long press the touch button for 2s] quickly into other functions
(You can customize the shortcut through the app)



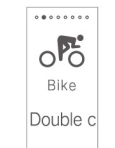
1.2 Sport Mode

[Press the touch button for 2s] enter the motion start mode.
[Click the touch button] to enter the next mode:Heart Rate Mode

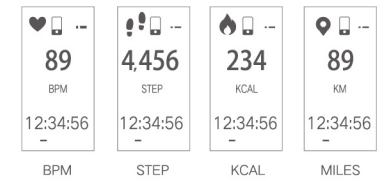


1.2.1 Sport Start Mode

[Click the touch button] to switch the next movement type:Sport Mode
[Press the touch button for 2s] Return to Sport Mode
[Double-click the touch button] enter the motion start mode



1.2.2 Sport Going Mode




BPM: 89 STEP: 4,456 KCAL: 234 MILES: 89
 12:34:56 12:34:56 12:34:56 12:34:56

1.2.3 Sport Paused Mode



[Click the touch button] enter the next motion pause sub mode.
[Double-click the touch button] enter the motion start mode
[Press the touch button for 2s] exit the motion mode and enter the motion end mode.

1.2.4 Sport Stop Mode

At the end of the exercise, the following different data interfaces are displayed depending on the type of motion



PACE: 2'34" AVGE PACE: 2'34" TIME: 12:34
 12:34:56 12:34:56 12:34:56


Icon Description:
 : is connected to app
  : is moving

1.2.5 Abnormal Process of Motion Reminder

1) Inactive exit Motion Mode Prompt
 a. brace detection wait 10 minutes without movement, will automatically exit the movement
 b. pop-up prompt box waiting for 30S countdown did not click the screen, will force to exit

[Click the touch button] to cancel the automatic exit of the motion mode prompt, exit this mode, the movement is normal.


2) Memory Full Forced out of the Movement Mode Prompt



Description:
 1. The movement mode can be up to 6 hours.
 2. When the memory is full, it will prompt the movement mode will force to exit


3) Low power forced out of the movement mode prompt

Click the touch button] to determine the full memory forced out of the movement mode prompt, exit the movement mode, enter the end of the movement data display mode.



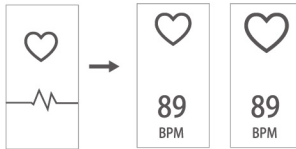
1.2.6 Movement of the Operation of the Abnormal Situation

In the app and bracelet in the disconnected state, the interface will appear waiting for the interface.
Waiting for a prompt



[Click the touch button] exit the wait prompt

1.3 Heart Rate Mode




Before the data appears After the data appears (0.5s interval beating)

Note: After the heart rate interface 1s, start monitoring the heart rate, before monitor the correct data, After monitor the correct data, display data

[Click the touch button] enter the next mode: Data Show Mode


1.4 Data Show Mode

[Click the touch button] enter the next mode: Alarm Mode
[Press the touch button for 2s] enter the data view sub mode.



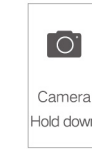
1.4.1 Data Show Sub Mode

[Click the touch button] enter the next sub-mode: Data Show Sub Mode
[Long press the touch button for 2s] exit the data view sub mode.




1.5 Control Camera Mode

[Click the touch button] enter the next mode: Control Music Player Mode
[Press the touch button for 2s] enter the control shoot sub mode.




1.5.1 Control the camera sub mode

[Click the touch button] control the camera.
[Press the touch button for 2s] exit the control shoot sub mode, return to the camera mode.



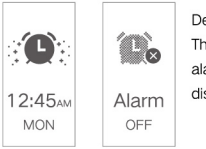
1.6 Control Music Player Mode

[Click the touch button] enter the next mode: Alarm Mode
[Long press touch button for 2s] control the next one



1.7 Alarm Mode

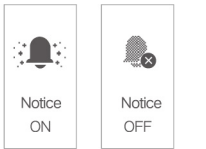
[Click the touch button] enter the next mode: Control Notification Mode
[Press and hold button for 2s] disable / enable the alarm function.



Description:
The app needs to set the alarm function before it is displayed

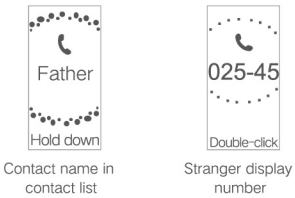
1.8 Control Notification Mode

Click the touch button] enter the next mode: Time Mode
[Long press touch button for 2s] on / off notification reminder.



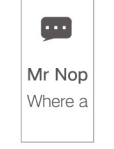
1.81 Notifications Mode

a) Incoming Call Notification
When there is a call, it is displayed



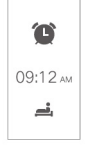
Contact name in contact list Stranger display number


b) SMS Notification
When the information (including: SMS, Wechat, QQ, facebook, whatsapp, Twitter, Instagram, Facebook Messenger, linked in, Email, mail, calendar) to show the current interface



c) Alarm Notification Mode

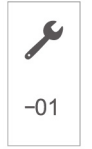
Alarm reminder: need to set in the APP



Alarm type:

 get up take medicine sleep party appointment exercise meeting

d) Device Error Notification


Description:
In the discovery of equipment abnormal time, each time the boot, it will display the interface;
Status code:
-01 indicates acceleration sensor abnormality;
-02 indicates that the heart rate sensor is abnormal;
-03 means touch ic exception;
-04 indicates flash exception



Basic Specifications

Model No: ID115Plus HR
 Battery Capacity: 65mAh
 Working Voltage: 3.7V
 Host weight: about 30g
 Sync: Bluetooth 4.0
 Working Time: Normal use of about 8 days
 Frequency bands: 2402-2480MHz
 Maximum output power: 0dBm

Electronic Information Products Poisonous and Harmful Statement



Declaration of toxic and hazardous substances in electronic information products
 The device meets the EU ROHS criterion. Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.

FAQ

◆ Failed to find the device when pairing


- Make sure the Bluetooth of smart phone is ON, and smart phone OS Android 4.4 & Above, iOS 7.0 & Above.
- Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range(within 10meter) after pairing finished.
- Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us.

◆ Failed to connect with Bluetooth occasionally

- Caused by the abnormality of Bluetooth service when it restarted on the phone.
- Reboot mobile phone or re-start the Bluetooth service, then it works normal.

◆ How to restore factory defaults

Make sure the device is connected with smart phone, go in the App, enter "mine-system setting", and choose "reboot device".




This product conforms with the EU ROHS standard, refers to the IEC 62321 and the European Union ROHS code 2011/65/EU and its revised codes.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
 (1) this device may not cause harmful interference, and
 (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
 -- Reorient or relocate the receiving antenna.
 -- Increase the separation between the equipment and receiver.
 -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 -- Consult the dealer or an experienced radio/TV technician for help.

 <p>爱都科技</p>	名称	ID115PLUSHR说明书	材质	105G铜板纸
	尺寸	60x95mm	备注	
	颜色	四色双面		
	版本号	20170629V.1.0		