左侧页边注释：

哑粉纸 102g
宽60X高95(mm)
黑色边框不要印刷

智能手环

使用说明书
User Guide

水滴石穿
求索不止

手机系统硬件平台需满足条件

iOS 7.1以上及以上	Android4.4及以上及以上	手机软件支持蓝牙4.0

快速使用指南

1. 下载VeryFit for heart rate
手环需要应用支持才可以与手机相连，下载应用，请查阅手机系统硬件平台需满足的条件

使用微信及其他云工具无法打开页面内的下载连接，请复制到浏览器打开！
搜索方法1：扫码下载
在Apple Store 或安卓应用商店搜索"VeryFit for heart rate"
然后直接你在手机下载；
安卓应用市场推荐：Google Play Store以及360手机助手/腾讯应用宝/应用百度助手等

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2. 产品激活与充电
初次使用需需通过充电来激活产品，然后进行充电，确保电量正常，手环会自动启动（充电方式正常），用USB直插插入普通DC接口充电，要求：5V-500mA）

USB充电口 →

3. 将手环与手机配对
请确保手机蓝牙打开，打开APP VeryFit for heart rate，进入"绑定设备"，搜索会备的同时对长按手环主机以唤醒设备，灯光会备智能唤醒醒，出现搜索列表，选择要绑定的设备

在手机中选择你的设备

开始使用

按键定义
单击：功能切换
长按：激活，模式切换

手环成功绑定后，立刻开始同步记录和分析你的运动，睡眠，触摸滑动结果显示方式解析如下：

1. 正常模式

时间模式 12:45 --> 计步模式 6,000
--> 距离模式 6.00 --> 卡路里模式 6789
--> 活动时长模式 1209 --> 闹钟模式 12:45
--> 寻找手机 ...

说明：闹钟模式及寻找手机功能需要在APP打开后才会显示介在介面！

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2. 拍摄模式

在APP中打开拍照功能，手环进入拍摄界面，通过以下方式进行远程触控拍照！(右滑/左手势/点击屏幕真抓拍照)

3. 运动模式

运动开始提示 --> 距离 --> 当前运动步数模式
当前时间 --> 当前运动卡路里模式 --> 当前运动距离模式
运动结果显示

4. 提醒模式

来电提醒 Adefdef	信息提醒 Hello-Hel
闹钟闹提醒 12:45	久坐提醒 ...
防丢提醒	完成目标提醒 16789
低电量提醒	电池充电提醒

电池充电满提醒

说明：提醒模式说明
1.来电，信息提醒时的时候，手机在一次亮屏的时候会继续从上一次亮屏的内容开始亮起来。
2.当有电话，信息来时，无论手环在什么模式下，都会强制进入这个提醒模式，退出后返回运动的模式。

功能说明

活动记录：记录追踪你每天的活动，在应用中你可以查看当日活动量及运动进度，能量消耗。
睡眠记录：手环会帮可自动记录睡眠的长及监测深度睡眠及浅度睡眠。
通知提醒：智能闹钟-来电,久坐,等会动方式提醒
手机防丢：手机超出一定范围内（5mPh），手环会发出震动提示
通知防烧：通过手环远程或远程进行远程查看！
手环摇摇睡眠：每天一个小循环，7天一个大循环，每天凌晨零点手环显示的数据会自动清零，但是手环内部会自动保存7天的数据，7天后最早保存的数据会自动清零，建议至少7天与手机端APP同步一次。

常规问题

● 在配对时无法找到手环？
请确认你的手机已经打开蓝牙，同时手机属于"支持范围内"
配对时，请确保手环与手机间距离0.5米范围内，完成配对后蓝牙通信范围在10米以内！
请检查手环是否有充电，进行充电后如仍未解决，请联系我们！
● 什么情况会出现蓝牙连不上的情况？
部分手机的蓝牙服务务再会出现偶尔会出现异常，导致出现这样的情况；
通常重新开开手机蓝牙连接的手机，即可正常建立连接；
● 如何恢复出厂设置
手环已经与手机连接，在应用中进入"我的-系统设置"选择"重启设备"！
● 如何更新手环固件
手环与手机连接，在应用中进入"设备"固件升级"进行升级！

基本参数

主控芯片：Nordic
传感器：kionix
显示屏：0.86寸
主体重量：大约18g
电池类型：聚合物锂电池
电池容量：50mAh
同步方式：蓝牙4.0
工作温度：-10℃-45℃
防尘防水等级：IP67
低功耗超长待机：超过7天
本产品通过专业蓝牙射频协议处理，以及专业手环精准算法，计步精确度可达到95%以上；

（英文版）

Smart Band

User Guide

Smart Searching
Endless Exploring

Working condition for mobile

iOS 7.1 & above	Android 4.4 & above	Support Bluetooth 4.0

Quick Start Guide

PS: This product has an HR function but also apply to this version of App
1. Download VeryFit for heart rate app
The smart band need to pair with the smart phone through app. Before downloading, please refer to working condition for mobile.
Way to download 1: Searching the QR code, scan and download app.

Please use the QR code Scan tool to scan the following QR code and open the link and download app. In case there is any problem to open the link, please try to copy the link and open it by browser.

Way to download 2: Search in the phone market and download.
Please search and download the "VeryFit for heart rate" from Apple Store or Google play store.

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2. Device Activate & Charge
Make sure power is working normally before initial use. In case device is under low battery, connect the device to the charger. Device will automatically boot up (please connect the USB in normal DC port (5V-500mA) for charging as below. The host should be separated from the strap when charging).

USB charging port →

3. Pair the device
Open pair device in the app, please make sure the Bluetooth is ON when pair the device. When searching and pairing device, please long press on the screen of the device and activate the device (light on). App will search the device automatically, choose the device name and connect the device to the app.

Select the device in the smart phone searching list

How to Use

Key Definitions:
Tap: function switch
Long Press: activate, mode switch

Once the device connected to the app successfully, it will record and analyze your activities and sleep automatically, pleasetouch and sliding on the screen of the device to switch into different display modes as following:

1. Normal Mode

Time Mode 12:45 --> Step mode 6,000
--> Distance mode 6.00 --> Calorius Mode 6789
--> Activity Time Mode 1209 --> Find Phone ...
--> Alarm mode 12:45

Note: alarm mode and find phone will only be displayed on the screen after switch ON in the APP.

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2. Remote Camera Shoot Mode

Put the camera shoot ON in the APP, then device enter in remote shoot screen, control remote photograph shooting with following actions:
(Right slide screen / lift wrist sense / tap screen) to shoot a picture.

3. Sport Mode

Sport start Notify mode	Distance	Sport Step Mode
Sport Clock mode	Sport Calories Mode	Sport Distance Mode
Sport stop Notify mode

4. Notification Mode

Incoming call notify Adefdef	Message notify Hello-Hel
Alarming notify 12:45	Sedentary notify ...
Anti-lost notify	Goal complete notify 16789
Low-power notify	Charging notify
Charge full notify

Notification Mode instruction:
1.Under incoming call, message notify mode, the screen will still display the last time text and sliding, when there is a new notification coming in.
2. If there is a call or message come, the device will force into call/message alert mode no matter under whatever other mode, after quit, it returns to previous mode.

Functions Instruction

Activities Record:
Record daily activities, you could check daily activities including steps, distance and calorie consumption in the app;
Sleep Monitoring:
Device could automatically recognize your state and monitoring the whole sleep progress with analyzing the deep sleep and light sleep hours;
Notification Alerts:
Alarm alert, call alert, sedentary alert, etc. by silent vibration;
Anti-Lost:
When the smart phone is beyond the Bluetooth range (5m), the device vibrates to remind.
Remote Camera Control:
Operation on the screen could control remote photograph shooting.
Device Data Storage:
The activity data will be cleared every 0:00am as a cycle, but the device itself could restore 7 days' data, after 7 days, the data will be cleared. We suggest user to sync data with app at least one time within 7 days during use.

FAQ

● Can't find device when pairing device?
Please make sure the smart phone Bluetooth is ON and smart phone OS Android 4.4 & above and iOS 7.1 & above.
Please make sure the device is near the smart phone when pairing (normal 0.5m) and among the normal Bluetooth communication distance range (within 10m).
Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.

● Can't connect the device with app?
Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.

● How to Restore Factory Defaults
Make sure the device is connected with app, go in the app, enter "Mine-SystemSetting" and choose "Reboot Device".

● How to update the device
Make sure the device is connected with app, go in the app "Device"->
Device update", please wait some minutes before update done.

Basic Specifications

CPU: Nordic
Sensor: kionix
Screen Size: 0.86"OLED screen
Host Weight: 18g
Battery Type: Polymer Rechargeable Li Battery
Battery Capacity: 50mAh
Data Sync: Bluetooth 4.0
Working Temperature: -10C--45C
Dustproof and Waterproof level: IP67
Standby: more than 7 Days

This product is applied with professional Bluetooth RF signal and self developed algorithm, the accuracy of step pedometer could be up to 95%.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.