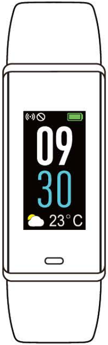
IDO
Smart Bracelet
User Guide



ID130Plus Color HR

Thanks for choosing our device, please read the user guide carefully before using.

Setting

Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:

Note: hardware and system of devices should meet the requirements:

iOS 8.0 & Above	Android4.4 & Above	Support Bluetooth4.2

1、Download VeryFitPro

Search and download

Search and download “VeryFitPro” from the Apple Store or Android App store .

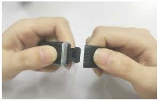
Scan the QR code and download

It probably has a problem to open the link with WeChat or other scan tools, please copy the link and open it through browser.

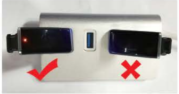
2、Product activation and installation

The product must be activated by charging before initial use, and then charge the product to ensure normal power supply. The hand ring will automatically power on.

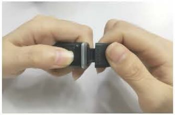
Take out: Pull open the strap and take out the bracelet body



Charge the battery: Insert the chip-mounted end of the bracelet body into the USB interface to activate the product by charging (be cautious not to reverse the polarity, and comply with the required voltage and current: 5V / 500mA)

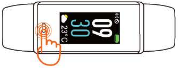


Installation: Mount the bracelet body into the slot of the wrist strap.



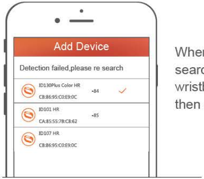
Wear on: Adjust the length of the wrist strap until it is appropriate to wear on the wirst.

3、Touch key



Single click the touch key:
Interface switch
Press and hold the touch key:
Enter

4、Make sure the Bluetooth of smart phone is ON, open app“VeryFitPro”



Add Device

Detection failed,please re search

ID130Plus Color HR CB:86:95:C0:E9:0C -84 ✓

ID101 HR CA:85:55:7B:C8:62 -85

ID107 HR CB:86:95:C0:E9:0C

When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.

Know your Device

1、Wearing Method

Wear the device on your wrist horizontally, about 2cm to carpal,the same method as wearing watches.

2、Heart Rate Monitoring

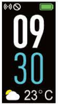
To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise.

3、Heart Rate Monitoring

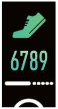
Automatic heart rate Monitoring is ON as default, monitor Heart Rate all the day automatically.

4、Interface

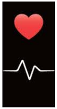
Click the touch key to display successively



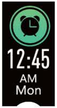
Time



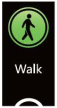
Data Mode



Heart Rate Mode



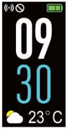
Alarm Clock Mode



Sports Mode

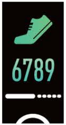
Function Introduction

1.1 Time Mode



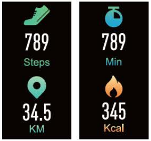
Instructions
Time dial can be switched as follows:
APP Devices Mode>More
[Click the touch key] to enter the next mode:
Data Mode
(you can customize the shortcut through the app)

1.2 Data Mode



[Click the touch key] to enter the next mode:
Heart Rate Mode
[Press and hold the touch key for 2s]
to enter the sub-mode of “Data Reading”

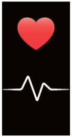
1.2.1 Data Reading Sub-Mode



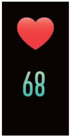
[Click the touch key] to enter the next sub-mode

Note: To go back to the Data Reading Mode by clicking the touch key on the final interface of Data Reading Sub-Mode

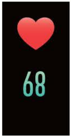
1.3 Heart Rate Mode



Before Data Is Displayed



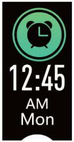
After Data Is Displayed



Change in 0.5s

Note: Upon staying at the Heart Rate interface for 1s, start to monitor the heart rate, and a fig. like —∧∨— is displayed before the correct data is monitored, and upon the correct data being monitored, data is displayed. [Click the touch key] to enter the next mode: Alarm Clock Mode

1.4 Alarm Clock Mode



Note: Alarm clock function should be turned on in App for the alarm clock to be displayed.

[Click the touch key] to enter the next mode: Sports Mode
[Press and hold the touch key for 2s] to start/close alarm clock

1.5 Sports Mode

[Press and hold the touch key for 2s] to enter the Sports Mode

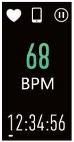
[Click the touch key] to enter the next sports mode; and in case there are no other sports modes, it will go back to the time mode.

Note: Types of Sports mode can be selected in App (App can handle 3 types of track recording sports and 11 types of other activities)

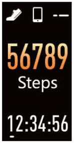
1.5.1 Sports Start Mode

After the countdown interface of 3-2-1-GO is the sports underway mode.

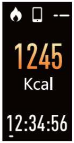
1.5.2 Sports Underway Mode



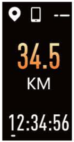
Heart Rate



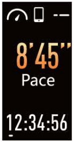
Steps



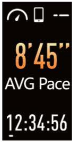
Calories



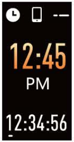
Distance



Pace/Speed



Average pace



Time

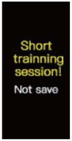
[Click the touch key] to enter the next sub-mode of "Sports Underway"[Press and hold the touch key for 2s] to enter any interface of Data Reading, press and hold 2s to exit the sports mode.

Note: The speed and distance of riding can be displayed, but App need to be connected and the riding and App needs to start at the same time.

1.5.3 Sports Stop Mode

1) If the sports last less than 1 minute, the user will be reminded of not saving the data.

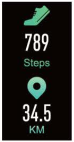
[Click the touch key] to enter the main interface of sports mode (the data reading interface of sports data display mode is not displayed)



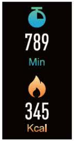
2) If the sports last more than 1 minute, the Sports End Reminder will be displayed

[Click the touch key] to enter the sports data display mode

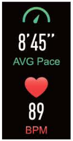
3) Sports data display mode



Step, Distance



Duration, Calories



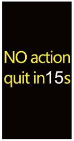
Pace, Heart Rate

[Click the touch key] to enter the next sports data display mode, and the single click of the final interface will go back to the first interface of sports mode.

1.5.4 Event Reminder in Sports Mode

1) Reminder of exiting from sports mode upon a period of no activity

[Click the touch key] to remove the reminder of automatic quitting from sports mode.

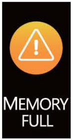

NO action
quit in15s

Note

1.If there is no any activity in a period (15 minutes), reminder will be displayed 15s before it stop.

2.New activities will remove the reminder of automatic quitting from the sports mode.

3.If there are no any new operations before the end of the countdown of automatic quitting from the sports mode, it will exit from the sports mode.


MEMORY
FULL

2) Reminder of full-ram force quit

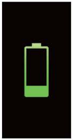
[Click the touch key] to confirm the full-ram Force Quit

Note: When the memory of wrist strap is full of sports data, the user will be reminded of exiting from the Sports Mode

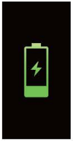
3) Reminder of force quit for low-battery

[Click the touch key] to accept the force quit from the sports mode

Note: During the sports activities, when the power is too low, the sport mode will pause, and remind the user of force quit from the sports mode.



4) Reminder of inaccessible sport mode for low-battery

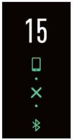


[Click the touch key] to accept the inaccessible sports mode for low-battery

Note: The reminder will occur when a user tried to start the sports mode with the battery of device is in low.

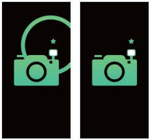
1.5.5 Abnormal operations during activity

The reminder will be available soon



[Click the touch key] to quit from the reminder waiting mode

1. Camera mode control



Entry mode: Start the camera entry by App, and the device will get in the camera mode successfully.

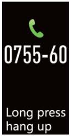
Photo taking
methods: shake/wrist lifting/click
the touch key

Modes of exit:

1. Press and hold the touch key to exit from the camera mode
2. Exit through App will make the wrist strap quit from the camera mode.

2. More modes of reminders

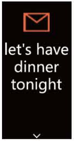
1) Call Reminder



Click the touch key to remove the call reminder
Press and hold the touch key to hang up the call

Note: The call reminder in the App needs to be set open.

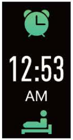
2) Message Reminder



In case of pages of messages, Click the touch key to read the remained ones.

Note: The relevant settings need to done in the App.

3) Alarm Clock



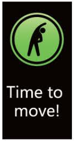
Alarm Clock: The relevant settings need to done in the App.

Alarm Clock Types:

Wake up Medicine taking Sleeping Party

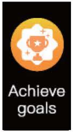
Appointment Exercise Meeting

4)Long Sitting Reminder


Time to move!

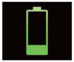
Alarm Clock Reminder: The relevant settings need to done in the App..
Click the touch key: It will remove the reminder.

5) Target completion reminder

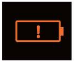


When some goals are achieved, shake the wrist strap to get the interface of target completion reminder displayed Click the
touch key to quit from the reminder

6) Low battery reminder

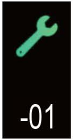


or



Low-Battery! Please recharge timely!

7) Device Error Notification



Note: When the device is detected with an abnormality, the interface herein will be displayed each time the device is opened.

Status Code:
-01 means the abnormality of acceleration sensor
-02 means the abnormality of heart rate sensor
-03 means the abnormality of touch key IC
-04 means the abnormality of flash

Basic Specifications

Model No.: ID130Plus Color HR

Battery Capacity: 90mAh

Working Voltage: 3.8V

Host weight: about 23.5g

Sync: Bluetooth 4.2

Working temperature: 10℃- 45℃

Working Time: 7days

Product frequency band: 2402- 2480MHz

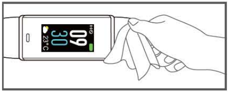
Maximum transmit power: -4.63dBm(Declaration for EU)

Declaration of toxic and hazardous substances in electronic information products

RoHS

The device meets the EU ROHS criterion. Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.

Wearing and Maintenance



Our products are designed for you to wear throughout the day. So please follow a few brief instructions when you are wearing and maintaining your smart devices. To keep your wristband clean and your skin comfortable, we put forward the following tips:

- Regularly clean your wrist and the smart wristband, especially after sweating in the exercise or being exposed to substances such as soap or detergent which may attach on the internal side of the wristband.

- Do not wash the wristband with household cleanser.Please use soapless detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.

- For spots or stains that are not easy to remove, scrub with alcohol and then follow the above steps.

FAQ

◆ Failed to find the device when pairing

① Make sure the Bluetooth of smart phone is ON, and smart phone OS Android 4.4 & Above, iOS 8.0 & Above.

② Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range(within 10meter) after pairing finished.

③ Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us.

◆ Failed to connect with Bluetooth occasionally

① Caused by the abnormality of Bluetooth service when it restarted on the phone.

② Reboot mobile phone or re-start the Bluetooth service, then it works normal.

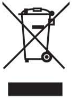
◆ How to restore factory defaults

Make sure the device is connected with smart phone, go in the App, enter “device-- System setting”, and choose “reboot device”.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user’s authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED
BY AN INCORRECT TYPE
DISPOSE OF USED BATTERIES ACCORDING
TO THE INSTRUCTIONS



Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.