

Product Instruction Sheet – Dreem

Product Operation

To get started with your headband, please refer to the Quick Start Guide enclosed in the packaging.

Product Surface Cleaning

If it appears that some small residues are deposited on the surface of the electrodes or of the headband, please clean gently with a piece of cloth or a cotton swab. Do not use detergents or cleaning gels, which might degrade the surface of the electrodes.

Safety Information

When using the Dreem headband, make sure to read and follow these instructions, see all warnings, and keep this document for future reference.

Health and Safety Instructions and Warnings

- Do not use this device if you are under 13 years of age.
- Do not use this device if you have ever experienced any neurological disorder.
- Do not use this device if you have ever experienced any sleep disorder (including without limitation insomnia, apnea, and somnambulism). Dreem is not a medical device.
- Do not use this device if you are pregnant.
- The product should not be placed on an individual's body in locations other than as directed.
- Do not place your product on open wounds, sores or rashes, or over swollen, red, infected or inflamed areas and skin irritations. If any skin irritation occurs in using your product, you should stop using your product immediately.
- Do not use your product if the Dreem headband has been damaged or altered.
- Do not use any attachments and accessories for your product which are not approved by Rythm.
- Do not use while plugged into a USB port for charging.

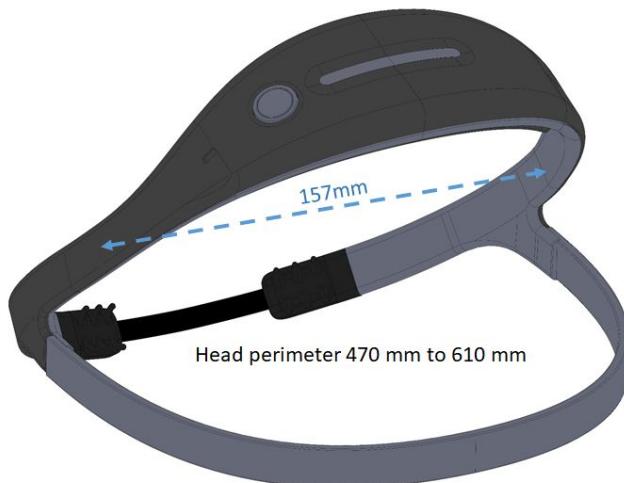
PHYSICAL SYMPTOMS: In rare cases, some people experience seizure or blackouts due to exposure to flashing lights and patterns created by the display of certain applications on mobile or other such similar devices. If you have experienced any of these symptoms, or have experienced any nausea, involuntary movements, tingling, numbness or vision issues while using these types of applications or devices in the past, you should consult with your doctor before using the product or any similar applications, and should immediately cease all such use of your product or any similar applications should the symptoms recur. In any event, you should avoid prolonged use of your product or any similar applications to minimize any possible discomfort or fatigue, including any muscle, joint or eye strain.

IF YOU EXPERIENCE ADVERSE SYMPTOMS OR REACTIONS AS A RESULT OF YOUR USE OF YOUR PRODUCT, YOU SHOULD IMMEDIATELY STOP USING YOUR PRODUCT AND CONSULT WITH YOUR PHYSICIAN. IN AN EMERGENCY, YOU SHOULD CONTACT YOUR LOCAL POLICE, FIRE OR EMERGENCY MEDICAL PERSONNEL.

Environmental Instructions and Warnings

- Your product is suitable for a home environment. Set up your product in accordance with Rythm's Quick Start Guide and place your product in a stable location to avoid falling, which may cause product damage or bodily injury.
- Do not use your product near water, including in or near the bath, shower, sauna, or swimming pool.
- Do not use your product near heat sources (including without limitation radiators, heater, stoves, open flames such as lighted candles, or heat producing devices, such as audio amplifiers or televisions).
- Do not, under any circumstances, modify or attempt to modify your product's power supply. If the plug does not fit into your AC outlet, you must have a certified electrician replace your AC outlet before you may use your product.
- Unplug your product during lightning storms or when it is not being used for long periods of time.
- Do not use any attachments and accessories for your product which are not approved by Rythm.
- Clean your product using only a damp cloth. Do not immerse your product in liquid of any kind.
- Do not place your product in a dishwasher, microwave, washing machine or dryer.
- Do not use any other power supply with your product.

Weight: 120g



Environmental Conditions

- **Operating temperature:** 32F to 113F, 10°C to 45°C
- **Storage temperature:** 14F to 113F, -10°C to 45°C
- **Maximum operating Altitude:** 5660 ft, 2000m

Function	Frequency	Equivalent Isotropic Radiated Power (EIRP)
Wifi	2402- 2480 MHz	15 dBm
	5180-5825 MHz	14.5 dBm
Bluetooth	2402-2480 Mhz	9 dBm

Battery Instructions and Disposal Guidelines

This product uses a non-serviceable, rechargeable battery, which should last the duration of a product's warranty period under normal use. **Please do NOT attempt to change the battery yourself.**

Disposal Guidelines

- Do not dispose of your product with other household waste. You must consult and comply with all local laws and regulations for the proper disposal of batteries and electronic devices in your local area.
- If there are no local laws concerning electronic waste disposal, place your product (and its battery) in a waste bin for electronic devices.
- Batteries may not be disposed of in municipal waste streams and require separate collection.

Regulatory Notices

USA: Federal Communications Commission (FCC) Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and if not installed and used in accordance with

the instructions, may cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna
- Increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected
- Consult the dealer or an experienced radio/TV technician for help.

Radiation Exposure Statement

This device meets the government's requirements for exposure to radio waves. This device is designed and manufactured not to exceed the emission limits for exposure to radiofrequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

The exposure standard for wireless device employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by the FCC is 1.6W/kg.

*Tests for SAR are conducted using standard operating positions accepted by the FCC with the device transmitting at its highest certified power level in all tested frequency bands.

Warning: Where shielded interface cables or accessories have been provided with the product or specified additional components or accessories elsewhere defined to be used with the installation of the product, they must be used in order to ensure compliance with FCC. Changes or modifications to product not expressly approved by Rythm could void your right to use or operate your product.

Canada : Industry Canada (IC) statement

This device meets the IC requirements for RF exposure in public or uncontrolled environments.

IC Notice to Users in accordance with the current RSS GEN:

This device complies with Industry Canada license exempt RSS standard(s). Operation is subject to the following two conditions:

1. this device may not cause interference, and
2. this device must accept any interference, including interference that may cause undesired operation of the device.

Radiation Exposure Statement:

The product comply with the Canada portable RF exposure limit set forth for an uncontrolled environment and are safe for intended operation as described in this manual.

The further RF exposure reduction can be achieved if the product can be kept as far as possible from the user body or set the device to lower output power if such function is available.

Caution:

- 1) the device for operation in the band 5150-5250 MHz is only for indoor use to reduce the potential for harmful interference to co-channel mobile satellite systems;
- 2) the maximum antenna gain permitted for devices in the bands 5250-5350 MHz and 5470-5725 MHz shall comply with the e.i.r.p. limit; and
- 3) the maximum antenna gain permitted for devices in the band 5725-5825 MHz shall comply with the e.i.r.p. limits specified for point-to-point and nonpoint-to-point operation as appropriate.
- 4) Users should also be advised that high-power radars are allocated as primary users (i.e. priority users) of the bands 5250-5350 MHz and 5650-5850 MHz and that these radars could cause interference and/or damage to LE-LAN devices.

European Union

Simplified EU Declaration of Conformity

Hereby, Rythm declares that Dreem is in compliance with directive 2014/53/EU and other relevant provisions. The full EU declaration is available on www.dreem.com.

The WiFi operating in the band 5150-5350 MHz shall be restricted to indoor use for countries listed in the table below:



AT	BE	BG	CH	CY	CZ	DE	DK	EE	EL	ES
FI	FR	HR	HU	IE	IS	IT	LI	LT	LU	LV
MT	NL	NO	PL	PT	RO	SE	SI	SK	TR	UK

Energy star compliance statement



Dreem meets the ENERGY STAR guidelines for energy efficiency. Reducing energy consumption saves money and helps conserve valuable resources. For more information about ENERGY STAR, go to www.energystar.gov

Legal

"Your use of the Dreem headband and accompanying mobile application is governed by our Terms of Use. By using the Dreem headband, you consent to our Terms of Use. For more information, please visit <https://rythm.co/terms.html>. We also collect and use certain information about you in accordance with the terms of our Privacy Policy, which you consent to by using the Dreem headband. For more information, please visit <https://rythm.co/privacy.html>. For our Sales and Refund Policy, please visit: <http://documents.rythm.co/legal/salesrefund.html>"

Limited Warranty and Product Liability

Rythm warrants to the original purchaser that your Dreem product shall be free from defects in material and workmanship for one (1) year. Except where prohibited by applicable law, this warranty is nontransferable and is limited to the original purchaser and the country in which the product was purchased. This warranty gives you specific legal rights, and you may also have other rights, including a longer warranty duration that may vary under local laws.

How to start: The first thing to do if you think you have a warranty claim is to visit www.dreem.com where you will find a wide range of Support and FAQ pages with valuable technical assistance.

If you do not find a solution on our website, please contact support@dreem.com where we will be happy to address your questions directly.

Remedies: Rythm's entire liability and your exclusive remedy for any breach of this limited warranty shall be, at Rythm's option: (1) to repair or replace the product, or (2) to refund the price paid, provided that the product is returned with a copy of the sales receipt or dated itemized receipt. Shipping and handling charges may apply except where prohibited by applicable law. Rythm may therefore, at its option, replace your product, offer to provide a functionally equivalent product, or repair any product with new, refurbished or used parts as long as such parts are in compliance with the product's technical specifications. Any replacement product will be warranted for the remainder of the original limited warranty period or thirty (30) days whichever is longer, or for any additional period of time that may be applicable in your jurisdiction.

This limited warranty does not cover problems or damage resulting from (1) accident, abuse, misapplication, or any unauthorized repair, modification or disassembly; (2) improper operation or maintenance, usage not in accordance with product instructions or connection to improper voltage supply; (3) use of consumables not supplied by Rythm except where such restriction is prohibited by applicable law; (4) lost parts that were originally supplied with the Dreem product; (5) normal wear and tear.

This limited warranty does not, under any circumstances, cover the replacement of or reimbursement for any electronic device or personal property that is not a Rythm product.

Limitation of Liability RYTHM SHALL NOT BE LIABLE FOR ANY SPECIAL, INDIRECT OR INCIDENTAL OR CONSEQUENTIAL DAMAGES WHATSOEVER, INCLUDING BUT NOT LIMITED TO LOSS OF PROFITS, REVENUE OR DATA (WHETHER DIRECT OR INDIRECT) OR COMMERCIAL LOSS FOR BREACH OF ANY EXPRESS OR IMPLIED WARRANTY OR YOUR PRODUCT EVEN IF RYTHM HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. Some jurisdictions do not allow the exclusion or limitation of special indirect, incidental or consequential damages, so the above limitation or exclusion may not apply to you.

Duration of Implied Warranties EXCEPT TO THE EXTENT PROHIBITED BY APPLICABLE LAW, ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE ON THIS HARDWARE PRODUCT IS LIMITED TO THE DURATION OF ONE (1) YEAR. Some jurisdictions do not allow limitations on the duration of an implied warranty, so the above limitation may not apply to you.

National Statutory Rights Consumers have legal rights under applicable national legislation governing the sale of consumer goods. Such rights are not affected by the Warranties in this Limited Warranty.

No Other Warranties No Rythm dealer, agent, or employee is authorized to make any modification, extension, or addition to this warranty.

Warranty Periods Please note that, in the European Union, any warranty period less than two (2) years shall be increased to two (2) years.

To the fullest extent Rythm assumes no responsibility for any errors that may appear in this manual. Information covered herein is subject to change without notice.

Contact Information

Please contact Rythm with any questions or comments about this Product Instruction Sheet, at:
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