



TABLE OF CONTENTS

- 2 Welcome
- 3 What's Included
- 4 Setting Up Your System
- 5-6 Using Your Device
- 7 Optional Fall Detection
- 8 Troubleshooting
- 9 Tips and Reminders
- 10 Important Information

**Welcome!**

Enclosed you will find your Monitoring Service Agreement filled out with the information provided at the time of your order.

Sign the agreement carefully to ensure its accuracy and note any updates if necessary.

Please sign and date the Monitoring Service Agreement where indicated and return it in the postage paid envelope. Keep the second copy for your records.

Please fill out the enclosed Medical Information Card and place it on your refrigerator for a quick reference in case of an emergency.

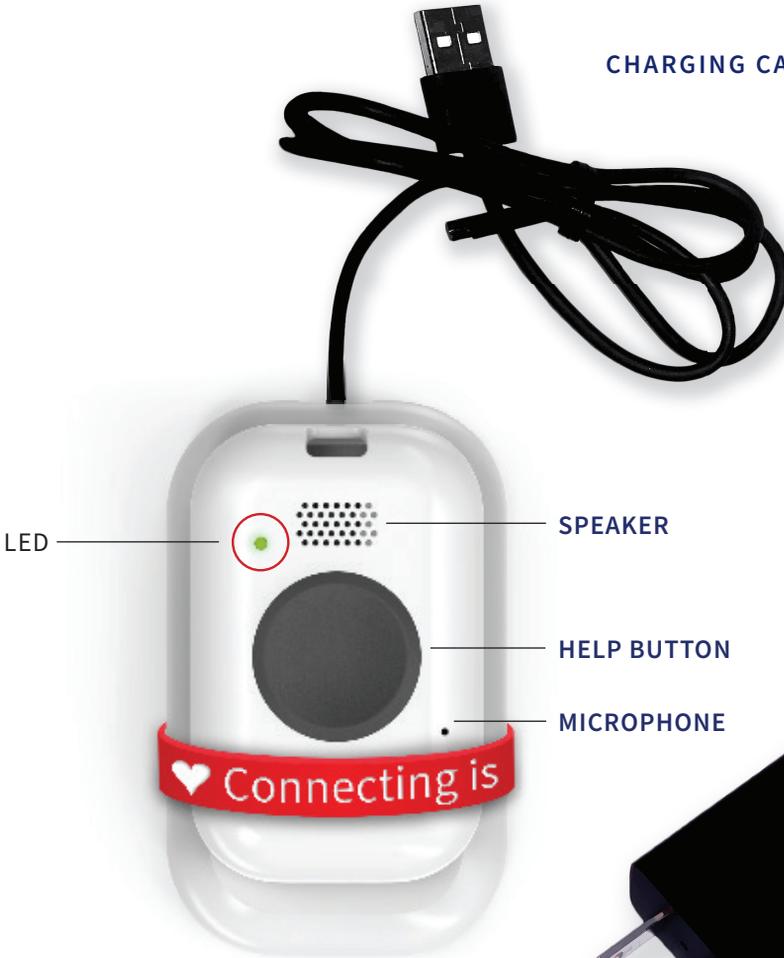
*Thank you!*



# On the Go: What's Included

## ALL IN ONE DEVICE

CHARGING CABLE



LED

SPEAKER

HELP BUTTON

MICROPHONE

CHARGING CRADLE



PLUG

## On the Go: Setting Up Your System

### Plug in your *On the Go*

- 1 Remove and discard the red band.
- 2 Insert the charging cable in the plug and insert into an electrical outlet not controlled by a light switch..
- 3 The LED light will turn solid red and the device will announce, *"Your device is now charging."*
- 4 When your device has adequate battery charge and is connected to the cellular network, it will announce, *"Your device is now ready, If you need to place an emergency call please press and hold the HELP button now."*
- 5 The first time you turn on your system it may announce, *"Hello, it is time to test your system to make sure it is working properly. Please press and hold the HELP button for one second now."*  
***Please make this test call when requested.***
- 6 Leave your device on the charging cradle until the LED light is green, indicating that your device has completed charging.



**A complete  
charge will take  
approximately  
2-3 hours.**



**Charge your device daily!  
Test your system monthly!**

## On the Go: Using Your Device

### Placing an Emergency Call

- 1 Firmly press and hold the HELP button. The device will BEEP and announce, *“Placing an emergency call now. To cancel the call please press and hold the HELP button for two seconds now.”*
- 2 Allow the call to go through and speak to the emergency operator.

### Canceling an Emergency Call

- 1 During the *“Placing an emergency call now...”* announcement, press and hold the HELP button for two seconds when prompted.
- 2 The device will announce, *“Your call has been canceled.”*



If the call cannot be placed due to poor cellular connection or other issues, the device will announce, *“Call failed.”* Attempt to place the call again or move to an area with better cellular service.

## On the Go: Using Your Device

### Powering Off Your Device

Press and quickly release the HELP button three times.

- 1 Your device will announce, *“Device is powering off. Please confirm by pressing and holding the HELP button now.”*
- 2 Confirm by pressing and holding the HELP button. The device will announce, *“Powering off now, goodbye.”*



### Turning Your Device ON

Firmly press and hold the HELP button for one second.



Your device is designed to always be **ON** except when taking it on an airplane.

## On the Go: Optional Fall Detection (if enabled)

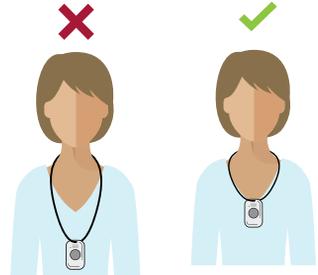
### Fall Detection – How It Works

The Fall Detection only takes a few seconds to interpret the movement and determine if an actual fall has occurred. If a fall is determined, the device will send a signal which will initiate a call to the emergency response center.

**Remember, always press your button if able, as some falls may not be detectable.**

To cancel a call made due to a Fall Detection event, after you hear the announcement, press the HELP button on your main device for two seconds when prompted. The device will announce, *“Your call has been canceled.”*

We recommend that you wear your device around your neck so that it rests at chest level to avoid unnecessary swinging. Make sure the emergency button is facing forward, making it easier for you to press in the event of an emergency. Wear outside your clothing as wearing it inside can reduce the percentage of falls being detected.



**INCORRECT**  
*Below the  
mid-section or  
over the stomach*

**CORRECT**  
*High on the  
chest on top  
of the sternum*

To adjust the lanyard, hold one side of the loop and slide the barrel until the lanyard is at the proper length.

***You must be wearing your  
On the Go device for  
fall detection.***

***The Fall Detection Pendant  
does not detect 100% of falls.***

***Always press your button if you are able,  
as some falls may not be detectable.***

# On the Go: Troubleshooting



LED	Announcement	What this means	What you should do
<b>Red Solid</b>	<i>"Your device is now charging."</i>	Device is connected to the charger	Leave on charger until battery is charged and the LED is green
<b>Red Blinking</b>	<i>"Your device battery is low. For your protection, please place your device on the charger now."</i>	Your battery is critically low	Place device on charger as soon as possible
<b>Solid Green</b>	<i>"Your device is now ready."</i>	Your device is ready to make a call	Press the button if you wish to make a call
<b>Blinking Green</b>		Your device has adequate charge and is looking for cellular connection	Wait. If this continues, move to another location with better cell coverage

## On the Go: Tips and Reminders

- **Your device requires adequate battery charge and cellular signal to make an emergency call.**
- Your device is water resistant and can be worn in the bath or shower.
- Your device uses GPS technology to identify your location. In good conditions the product should provide a location that is accurate within 30 feet or less. However, performance of GPS can be affected by a wide range of factors including obstructions, metal objects in the vicinity, structures that block the signal from satellites, weather, and other factors.
- Your device uses the cellular network to communicate. The device's location, network provider service availability, and other issues may disrupt communications.
- Pendant lanyards are designed to breakaway under certain conditions; however, any cord worn around the neck can pose a risk of strangulation, including the possibility of serious injury or death.



**Charge your device daily!  
Test your system monthly!**

**Please notify us if there are any changes to your address,  
phone number or emergency contacts.**

## On the Go: Important Information

- The back of this device and the charging cable both contain magnets. Magnets with a strong magnetic field may cause permanent damage to health devices susceptible to magnetic fields, credit cards, computer hard drives, watches, TVs, data storage media and other electronic devices.

*If you have a health device susceptible to magnetic fields, such as a pacemaker or defibrillator, this device and its charging cable must be kept 3" or more from your health device. Please check with your physician prior to using this device if concerned.*

- Our products are tested, as are other cellular and wireless communications products licensed in the United States.

*Individuals with pacemakers should review their pacemaker materials regarding interaction with cell phones and take the same precautions the materials recommend for this device.*



