

## **Inspire Medical Systems**

Inspire Remote Model 2580 FCC 2.1093:2021

> Bluetooth LE Radio Inductive Radio

Report: INSP0027.8, Issue Date: June 2, 2021





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### Last Date of Evaluation: Friday, May 21, 2021 Inspire Medical Systems EUT: Inspire Remote Model 2580

## **RF** Exposure Evaluation

Standards

Specification	Method
FCC 2.1093:2021	FCC 1.1307:2021 FCC 680106 D01 RF Exposure Wireless Charging Apps v03r01

Results

Method Clause	Description	Applied	Results	Comments
(b)(3)(ii)(B)	RF Exposure Exemption for Multiple RF Sources	Yes	Pass	None

#### **Deviations From Evaluation Standards**

None

**Approved By:** 

**Donald Facteau, Process Architect** 

Product compliance is the responsibility of the client; therefore, the tests and equipment modes of operation represented in this report were agreed upon by the client, prior to testing. The results of this test pertain only to the sample(s) tested. The specific description is noted in each of the individual sections of the test report supporting this certificate of test. This report reflects only those tests from the referenced standards shown in the certificate of test. It does not include inspection or verification of labels, identification, marking or user information. As indicated in the Statement of Work sent with the quotation, Element's standard process is to always use the latest published version of the test methods even when earlier versions are cited in the test specification. Issuance of a purchase order was de facto acceptance of this approach. Otherwise, the client would have advised Element in writing of the specific version of the test methods they wanted applied to the subject testing

# **REVISION HISTORY**



Revision Number		Description	Date (yyyy-mm-dd)	Page Number
00	None			

# ACCREDITATIONS AND AUTHORIZATIONS



#### **United States**

FCC - Designated by the FCC as a Telecommunications Certification Body (TCB). Certification chambers, Open Area Test Sites, and conducted measurement facilities are listed with the FCC.

A2LA - Accredited by A2LA to ISO / IEC 17065 as a product certifier. This allows Element to certify transmitters to FCC and IC specifications.

NVLAP - Each laboratory is accredited by NVLAP to ISO 17025

#### Canada

**ISED** - Recognized by Innovation, Science and Economic Development Canada as a Certification Body (CB) and as a CAB for the acceptance of test data.

#### **European Union**

European Commission - Recognized as an EU Notified Body validated for the EMCD and RED Directives.

#### United Kingdom

BEIS - Recognized by the UK as an Approved Body under the UK Radio Equipment and UK EMC Regulations.

#### Australia/New Zealand

ACMA - Recognized by ACMA as a CAB for the acceptance of test data.

#### Korea

MSIT / RRA - Recognized by KCC's RRA as a CAB for the acceptance of test data.

#### Japan

VCCI - Associate Member of the VCCI. Conducted and radiated measurement facilities are registered.

#### Taiwan

BSMI – Recognized by BSMI as a CAB for the acceptance of test data.

NCC - Recognized by NCC as a CAB for the acceptance of test data.

#### Singapore

**IDA** – Recognized by IDA as a CAB for the acceptance of test data.

#### Israel

**MOC** – Recognized by MOC as a CAB for the acceptance of test data.

#### Hong Kong

OFCA – Recognized by OFCA as a CAB for the acceptance of test data.

#### Vietnam

MIC – Recognized by MIC as a CAB for the acceptance of test data.

### SCOPE

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Brooklyn Park, MN 55445	Hillsboro, OR 97124	Plano, TX 75074	Bothell, WA 98011
(612)-638-5136	(503) 844-4066	(469) 304-5255	(425)984-6600
	NVLAP		
NVLAP Lab Code: 200881-0	NVLAP Lab Code: 200630-0	NVLAP Lab Code:201049-0	NVLAP Lab Code: 200629-0
Innovation, Scie	ence and Economic Develop	ment Canada	
2834E-1, 2834E-3	2834D-1	2834G-1	2834F-1
	BSMI		
SL2-IN-E-1152R	SL2-IN-E-1017	SL2-IN-E-1158R	SL2-IN-E-1153R
	VCCI		
A-0109	A-0108	A-0201	A-0110
cognized Phase I CAB for IS	ED, ACMA, BSMI, IDA, KCC/	RRA, MIC, MOC, NCC, OF	CA
US0175	US0017	US0191	US0157
	Immesoid           Labs MN01-11           9349 W Broadway Ave.           Brooklyn Park, MN 55445           (612)-638-5136           NVLAP Lab Code: 200881-0           Innovation, Sci           2834E-1, 2834E-3           SL2-IN-E-1152R           A-0109           cognized Phase I CAB for IS           US0175	Minifesola         Oregon           Labs MN01-11         Labs EV01-12           9349 W Broadway Ave.         Brooklyn Park, MN 55445           Brooklyn Park, MN 55445         612)-638-5136           NVLAP         NVLAP           NVLAP Lab Code: 200881-0         NVLAP Lab Code: 200630-0           Innovation, Science and Economic Develop           2834E-1, 2834E-3         2834D-1           SL2-IN-E-1152R         SL2-IN-E-1017           VCCI         A-0109           A-0109         A-0108           cognized Phase I CAB for ISED, ACMA, BSMI, IDA, KCC/           US0175         US0017	WithinesolaOregonTexasLabs MN01-11Labs EV01-12Labs TX01-099349 W Broadway Ave. Brooklyn Park, MN 55445 (612)-638-51366775 NE Evergreen Pkwy #400 Hillsboro, OR 97124 



## **PRODUCT DESCRIPTION**



### **Client and Equipment Under Evaluation Information**

Company Name:	Inspire Medical Systems
Address:	5500 Wayzata Blvd., Suite 1600
City, State, Zip:	Golden Valley, 55416
Evaluation Requested By:	Charles Steaderman
EUT:	Inspire Remote Model 2580
Date of Evaluation:	Friday, May 21, 2021

#### Information Provided by the Party Requesting the Evaluation

#### **Functional Description of the Equipment:**

The Inspire Model 2580 Patient Remote is a battery-powered (two AA) handheld "Remote" device used to start/stop/configure sleep apnea therapy sessions of an implantable device (in the upper chest area of a patient). The Remote is intended for in-home use by a patient. The radio for data communications with the implantable device is low duty cycle 175kHz near-field inductive and the Remote must be held over the patient's implant during this communication. The Remote device will communicate with a patient's smartphone over Bluetooth Low Energy (BLE) to retrieve/configure diagnostic information.

Largest product dimension: 12 cm.

#### **Objective:**

To demonstrate compliance with FCC RF exposure requirements for 2.1093 portable devices.

## **RF Exposure Condition**



The following RF Exposure conditions were us	sed for the assessment documented in this report:
Intended Use	Portable
Location on Body (if applicable)	Head/Torso
How is the Device Used	The Inspire Model 2580 is used at a distance of less than 20
	cm from the user.
Radios Contained in the Same Host Device	Bluetooth LE
	Inductive
Simultaneous Transmitting Radios	Bluetooth LE, Inductive
Body Worn Accessories	None
Environment	General Population/Uncontrolled Exposure

#### Duty Cycle Information for the Bluetooth LE Radio:

The following information was provided by Ryan Striker, Electrical Engineer and consultant to Inspire Medical Systems.

The BLE radio transmits a maximum 328 bits at a minimum of every 15 ms. The data rate is 1 Mbps; duty cycle is less than 2.2%

#### **Duty Cycle Information for the Inductive Radio:**

The following information was provided by Ryan Striker, Electrical Engineer and consultant to Inspire Medical Systems.

The inductive radio radiates at most 13.2 ms every 250 ms.

# EXEMPTION FROM RF EXPOSURE EVALUATION



#### OVERVIEW

With respect to the limits on human exposure to RF emissions provided in 47 CFR §1.1310, if equipment can be shown to qualify for an exemption pursuant to 47 CFR §1.1307(b)(3), an evaluation is not required.

#### **COMPLIANCE WITH FCC 2.1093**

Per 1.1307(b)(3), (i) For single RF sources (*i.e.*, any single fixed RF source, mobile device, or portable device, as defined in paragraph (b)(2) of this section): A single RF source is exempt if:

- (A) The available maximum time-averaged power is no more than 1 mW, regardless of separation distance. This exemption may not be used in conjunction with other exemption criteria other than those in paragraph (b)(3)(ii)(A) of this section. Medical implant devices may only use this exemption and that in paragraph (b)(3)(ii)(A);
- (B) Or the available maximum time-averaged power or effective radiated power (ERP), whichever is greater, is less than or equal to the threshold *P<sub>th</sub>* (mW) described in the following formula. This method shall only be used at separation distances (cm) from 0.5 cm to 40 cm and at frequencies from 0.3 GHz to 6 GHz (inclusive). *P<sub>th</sub>* is given by:

$$P_{th}(mW) = \begin{cases} ERP_{20\ cm}(d/20\ cm)^{x} & d \le 20\ cm \\ ERP_{20\ cm} & 20\ cm < d \le 40\ cm \end{cases}$$

Where

$$x = -\log_{10}\left(\frac{60}{ERP_{20\,cm}\sqrt{f}}\right) and f is in GHz;$$

And

$$ERP_{20 cm}(mW) = \begin{cases} 2040f & 0.3 GHz \le f < 1.5 GHz \\ 3060 & 1.5 GHz \le f \le 6 GHz \end{cases}$$

(C) Or using Table 1 and the minimum separation distance (R in meters) from the body of a nearby person for the frequency (f in MHz) at which the source operates, the ERP (watts) is no more than the calculated value prescribed for that frequency. For the exemption in Table 1 to apply, R must be at least  $\lambda/2\pi$ , where  $\lambda$  is the free-space operating wavelength in meters. If the ERP of a single RF source is not easily obtained, then the available maximum time-averaged power may be used in lieu of ERP if the physical dimensions of the radiating structure(s) do not exceed the electrical length of  $\lambda/4$  or if the antenna gain is less than that of a half-wave dipole (1.64 linear value).

#### TABLE 1 TO §1.1307(b)(3)(i)(C)—SINGLE RF SOURCES SUBJECT TO ROUTINE ENVIRONMENTAL EVALUATION

RF Source frequency (MHz)	Threshold ERP (watts)
0.3-1.34	1,920 R <sup>2</sup> .
1.34-30	3,450 R <sup>2</sup> /f <sup>2</sup> .
30-300	3.83 R <sup>2</sup> .
300-1,500	0.0128 R <sup>2</sup> f.
1,500-100,000	19.2R <sup>2</sup> .

# EXEMPTION FROM RF EXPOSURE EVALUATION



- (ii) For multiple RF sources: Multiple RF sources are exempt if:
- (A) The available maximum time-averaged power of each source is no more than 1 mW and there is a separation distance of two centimeters between any portion of a radiating structure operating and the nearest portion of any other radiating structure in the same device, except if the sum of multiple sources is less than 1 mW during the time-averaging period, in which case they may be treated as a single source (separation is not required). This exemption may not be used in conjunction with other exemption criteria other than those is paragraph (b)(3)(i)(A) of this section. Medical implant devices may only use this exemption and that in paragraph (b)(3)(i)(A).
- (B) in the case of fixed RF sources operating in the same time-averaging period, or of multiple mobile or portable RF sources within a device operating in the same time averaging period, if the sum of the fractional contributions to the applicable thresholds is less than or equal to 1 as indicated in the following equation.

$$\sum_{i=1}^{a} \frac{P_i}{P_{th,i}} + \sum_{j=1}^{b} \frac{ERP_j}{ERP_{th,j}} + \sum_{k=1}^{c} \frac{Evaluated_k}{Exposure\ Limit_k} \le 1$$

Where:

- a = number of fixed, mobile, or portable RF sources claiming exemption using paragraph (b)(3)(i)(B) of this section for  $P_{th}$ , including existing exempt transmitters and those being added.
- b = number of fixed, mobile, or portable RF sources claiming exemption using paragraph (b)(3)(i)(C) of this section for Threshold ERP, including existing exempt transmitters and those being added.
- *c* = number of existing fixed, mobile, or portable RF sources with known evaluation for the specified minimum distance including existing evaluated transmitters.
- *P<sub>i</sub>* = the available maximum time-averaged power or the ERP, whichever is greater, for fixed, mobile, or portable RF source *i* at a distance between 0.5 cm and 40 cm (inclusive).
- P<sub>th,i</sub> = the exemption threshold power (P<sub>th</sub>) according to paragraph (b)(3)(i)(B) of this section for fixed, mobile, or portable RF source *i*.
- *ERP*<sup>*j*</sup> = the ERP of fixed, mobile, or portable RF source *j*.
- $ERP_{m,j}$  = exemption threshold ERP for fixed, mobile, or portable RF source *j*, at a distance of at least  $\lambda/2\pi$  according to the applicable formula of paragraph (b)(3)(i)(C) of this section.
- *Evaluated*<sub>*k*</sub> = the maximum reported SAR or MPE of fixed, mobile, or portable RF source *k* either in the device or at the transmitter site from an existing evaluation at the location of exposure.
- *Exposure Limit*<sub>*k*</sub> = either the general population/uncontrolled maximum permissible exposure (MPE) or specific absorption rate (SAR) limit for each fixed, mobile, or portable RF source *k*, as applicable from §1.1310

# EXEMPTION FROM RF EXPOSURE EVALUATION



#### ASSESSMENT

The only assessment option available for a device operating at 175 kHz is the 1 mW exemption found in 1.1307(b)(3). This is based upon the maximum time averaged power delivered to the matched radiating structure. The near-field measurement of electric and magnetic field strength at the use distance is used here as a measure of the maximum level of RF energy delivered to the user.

An FCC inquiry was submitted to apply the approach outlined in 1.1307(b)(3)(ii)(B), using the field strength measurement approach. In this case, the BTLE radio maximum time averaged power is compared to the SAR exemption threshold and the inductive radio peak magnetic and peak electric field strength values are compared to the field strength limits shown in FCC KDB 660106 D01 v03 r01 section 3.(a)(2.).

The exemption from RF exposure evaluation is summarized in the following table(s):

Radio	Transmit Frequency (MHz)	Rated Output Power + Manufacturing Tolerance	Duty Cycle	Antenna Assembly Gain (dBi)	Minimum Separation Distance (mm)	Maximum Time Averaged Power	Limit (mW)	Ratio
BTLE	2480	7 dBm	2.2%	2.5	5	1.20 mW erp	2.79	0.430
							Max Ratio	0.430

The information in the table above was obtained from:

Customer supplied information and Element test report # INSP0027. A 1 dB tolerance was added to the rated power.

Radio	Transmit Frequency (MHz)	Measured Field Strength	Duty Cycle	Minimum Separation Distance (mm)	Limit	Ratio
Inductive	0.175	1.88 A/m	5.3%	5.0	80 A/m	0.0235
Inductive	0.175	1.97 V/m	5.3%	5.0	93 V/m	0.0212
					Max Ratio	0.0235

The information in the table above was obtained from:

Customer supplied information and test data from the attached Appendix A. The measured value is considered the maximum field strength, including manufacturing tolerances.

Sum of Maximum Ratios	Limit	Compliant
0.454	1	Yes



Testing was performed using the mode(s) of operation and configuration(s) noted within the report. The individuals and/or the organization requesting the test provided the modes, configurations and settings used to complete the evaluation. The actual test parameters are specified in the test data, this includes items such as investigated frequency range (scanned) and test levels. The testing methods and performance specifications, as well as the test site used for the evaluation are indicated in the test data.

#### TEST EQUIPMENT

Description	Manufacturer	Model	ID	Last Cal.	Cal. Due
Probe	WaveControl, Inc.	WP400	IPU	2019-04-06	2022-04-06
Meter - Magnetic/Electric Field	WaveControl, Inc.	SMP2	MFG	2019-04-06	2022-04-06

#### TEST DESCRIPTION

Field strength probes capable of 3-axis measurements of both electric and magnetic fields were placed at the distances away from the transmitter specified in the data sheet. The distances were chosen based on how the manufacturer specifies the transmitter is used. Although not required, the measurement was done in a semi-anechoic chamber to minimize ambient noise.

The transmitter was then rotated so a different face of the transmitter was facing the probe for all 6 faces of the device. The highest overall value of each distance across all of the 6 faces was recorded. This process was performed for both electric and magnetic fields. A reading of the ambient noise was also taken and documented.

The values were compared against the limit specified in FCC KDB 660106 D01 v03 r01 section 3.(a)(2.).



								Ann 2020. 12.00.0
EUT: Ins	spire Remote Model 25	80				Work Order	: INSP0035	
Serial Number: RE	EM000098					Date	: 19-May-21	
Customer: Ins	spire Medical Systems					Temperature	: 21.9 °C	
Attendees: To	om Haider					Humidity	: 53.6% RH	
Project: No	one				E	Barometric Pres.	: 1018 mbar	
Tested by: Ch	hris Patterson		Power: Battery			Job Site	: MN05	
TEST SPECIFICATION	IS		Test Method					
FCC 2.1093:2021			FCC KDB 680106 D01					
COMMENTS								
EUT Transmitting at 1	75 kHz, measurements	taken in worst case orientation. The	e ruler in the test setup photos was included	for referen	ce only and was not p	resent during th	e actual measurem	ents. Photos were
taken at 3 cm separati	ion distance for referer	ice purposes.						
		• •						
DEVIATIONS FROM TH								
DETICINONITIE	EST STANDARD							
None	EST STANDARD							
None	EST STANDARD							
None Configuration #	EST STANDARD		e Ptt					
None Configuration #	EST STANDARD	Signature	e Ptt					
None Configuration #	EST STANDARD	Signature C	Highest Measurement		Hig	ghest Measurem	ent	
None Configuration #	EST STANDARD	Signature	Highest Measurement A/m	Limit	Hiç Result	ghest Measurem V/m	ent Limit	Result
Configuration #	EST STANDARD	Signature	Highest Measurement A/m 1.88	Limit 90	Hig Result PASS	ghest Measurem V/m 1.97	ent Limit 83	Result PASS
None Configuration #	1	Signature	Highest Measurement A/m 1.88 1.34	Limit 90 90	Hig Result PASS PASS	<b>Jhest Measurem</b> V/m 1.97 0.87	ent Limit 83 83	Result PASS PASS
None     Configuration #     .5 cm Separation     1 cm Separation     3 cm Separation	1	Signature	Highest Measurement A/m 1.88 1.34 0.51	Limit 90 90 90	Hig Result PASS PASS PASS	<b>Jhest Measurem</b> V/m 1.97 0.87 0.61	ent Limit 83 83 83	Result PASS PASS PASS
Configuration #	1	Signature	Highest Measurement A/m 1.88 1.34 0.51 0.16	Limit 90 90 90 90 90	Hig Result PASS PASS PASS PASS	ghest Measurem V/m 1.97 0.87 0.61 0.15	ent Limit 83 83 83 83 83	Result PASS PASS PASS PASS

























### **Configuration INSP0035-1**

EUT						
Description	Manufacturer	Model/Part Number	Serial Number			
Inspire Remote	Inspire Medical Systems	2580	REM000098			

Peripherals in test setup boundary						
Description	Manufacturer	Model/Part Number	Serial Number			
Battery Pack	Unknown	None	None			

Cables							
Cable Type	Shield	Length (m)	Ferrite	Connection 1	Connection 2		
Battery Leads (x2)	No	0.1m	No	Battery Pack	Inspire Remote		



End of Test Report