User Manual

FCC ID: 2AGFWB80
Model Name: B80

1. Usage and requirements

A：Long press bracelet's touch screen to power on.

B：Touch screen to switch bracelet's interfaces.

Time interface: Show the current time.	**Pedometer interface:**Show the current steps.
Calories intertace: Show the current calories.	**Distance page:**Show the current sport distance.
Blood pressure measurement interface: Stay in this interface for 1 cecond and green light on the back of bracelet will light, about 10 seconds later, bracelet's shocking remind measurement to end.	**Finding interface:**When bracelet is connected with mobile phone,long press touch key for 3 seconds, mobile phone will ring.
Power off page: Long press for 3 seconds,then it will show”Yes”,and then click it for 3 seconds more,it for 3 seconds more,it will show ”Byebye” to power off,long press to power on.	**Heart rate:**Stay in this interface for 1 secoud,it will measure heart rate and light on the back of bracelet will light, measurement will stop about 10 second later.
stopwatch interface: Press screen 3 seconds and wake up stopwatch function.Turn on device with short press,and pause with short press again, exit with long press.	**Brightness**：Long press to brightness level setting mode， short press to set up different level and long press again to exit.

Precautions：

※ Can wear this fitness tracker to wash hands, face,short time swimming in shallow water, can't touch hot water and for deep diving.

※ Don't throw and collide which would easy to crash r damage the device.

※ Don't disassemble the device by yourself which would cause it doesn't work.

※ Don't throw it in fire, easy to explode!

※ Please use it in -5℃ to 45℃.

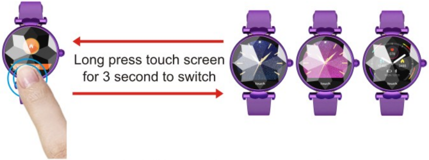
※ Use soft cotton flannel or glasses cloth to clean the screen, don't use soap shower gel or other detergents to clean.

※ This product can't use as disease diagnosis, treatment and prevention. Just for reference only.

※ Don't let kids or pets to touch this device in case of damage.

1.1 Time Page

Switch time interface, As following pictures:


Long press touch screen
for 3 second to switch

Long press to select different watch-face in watch interface, short press touch screen to switch and long press to confirm exit.

(After your cellphone connected with the APP, time will be sync with your smartphone's time.)

1.2 APP download/Connect the bracelet

Compatible for mobile phones :
Android system 4.4 version or iOS system 9.0 version or above ;
Compatible for blue-tooth version :
Bluetooth 4.0 version above.
Use mobile phone scan QR code on users' manual or search "Hero band Ⅱ" APP by APP store or Google Play to download and install it .

*It is suggested to use mobile browser to scan the two-dimensionalcode to download APP, and can not be downloaded directly by WeChat scan.

iOS

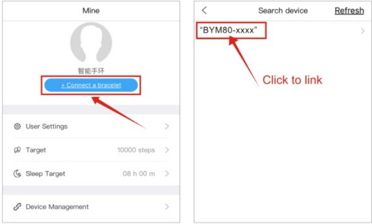
Android

2.Bracelet connection

Before using bracelet ,users need register APP on mobile phone firstly .Chinese users support using mobile phone numbers to register ,foreign and Hong Kong, Macao and Taiwan regions support using e-mail to log in.
Open APP, enter into “Mine” and click “connect a bracelet” to search a bracelet named“Hero band Ⅱ” , keep mobile phone 's blue-tooth on when they are connected .

Note: When the phone is connected to the bracelet, it needs to keep the bluetooth of the phone open, and there is no other matching device in the bluetooth of the phone. Don’t connect your android phone directly to your mobile phone in bluetooth.

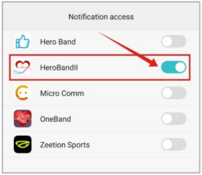
In the APP 【Mine】page to connect:

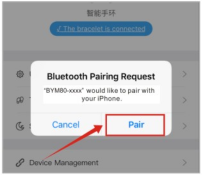

Mine
智能手环
+ Connect a bracelet
User Settings
Target
10000 steps
Sleep Target
08 h 00 m
Device Management
Search device
Refresh
"BYM80-xxxx"
Click to link

* After use this smart bracelet for a period of time, if the bracelet can't connect with the APP in a sudden, please in you cellphone bluetooth to delete all the match devices, and then go to the APP to link with the device.

2.1 Notification settings

When finished connection, users enter into 【Mine】 by APP, click 【Device Management】, and Android mobile phones to enter into this function firstly, APP will give a tips for allowing it could read mobile phone's notification permission, click confirm, then on 【Notification access】 users need turn "Hero band Ⅱ" on; When iOS mobile phone connected with bracelets, it will give a tip for gairing, please allow it, otherwise bracelet will not receive notification. **As below:**


Notification access
Hero Band
HeroBandII
Micro Comm
OneBand
Zeetion Sports


智能手环
√ The bracelet is connected
Cancel
Pair
Device Management

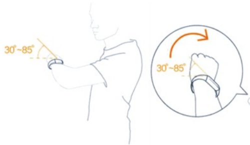
Bluetooth Pairing Request

"BYM80-xxxx" would like to pair with your iPhone.

2.2 Lift wrsit to light up screen

Enter into 【Device Management】 turn on"Lift the wrist brighten screen" or "Turn the wrist brighten screen":

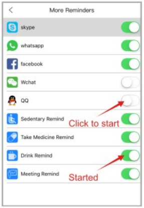
Lift the wrist brighten screen:
Let bracelet watching position, keep bracelet surface in 30-85 angle to brighten screen.



2.3 Message Reminder

Bracelets support message notification showingon screen of Skype/ Whatsapp/Facebook/We-chat/QQ/SMS and so on.Long press bracelet screen for 3 second to back into main interface when bracelets received messages.

As pictures:

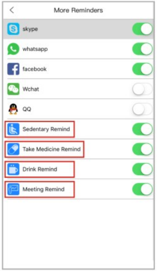

More Reminders
skype
whatsapp
facebook
Wchat
QQ
Sedentary Remind
Click to start
Take Medicine Remind
Drink Remind
Meeting Remind
Started

Click the page to view the contents of the message.Long press bracelet screen for 3 second to back into main interface.

2.4 Reminder settings

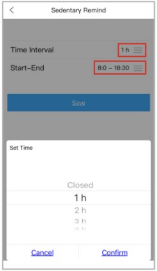
Turn sedentary / Take medicine / Drink / Meetings remind on and Set their working time as user's need.

As following pictrures:



More Reminders

skype ●
whatsapp ●
facebook ●
Wchat ○
QQ ○
Sedentary Remind ●
Take Medicine Remind ●
Drink Remind ●
Meeting Remind ●



Sedentary Remind

Time Interval: 1 h
Start–End: 8:0 – 18:30

Save
Set Time
Closed
1 h
2 h
3 h
Cancel
Confirm

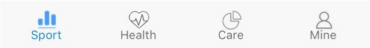
2.5 Firmware upgrade

When mobile phone was connected with bracelet, click "Firmware upgrade":

If it upgrade failed, users need charge the bracelet and try it again.

3.1 APP Sport / Health / Care

Sport / Health / Care three parts:

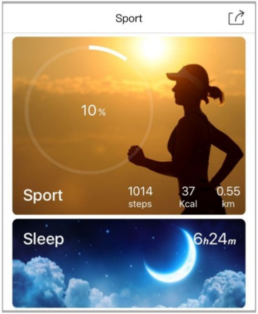


Sport
Health
Care
Mine

3.2 Sport

On this function,there two data of sport/sleep.

As picture:

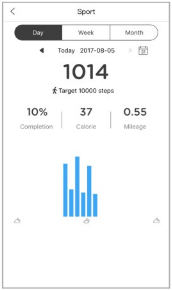


Sport
10 %
Sport
1014 steps
37 Kcal
0.55 km
Sleep
6h24m

3.2.1 Sport (Steps / Distance / Calories)

Sport / Sleep: Record the sport data and sleep time and sleep history. Click picture to enter into more detail data interface. Click calendar icon to check history data.

As following pictures:


Sport
Day
Week
Month

Today 2017-08-05

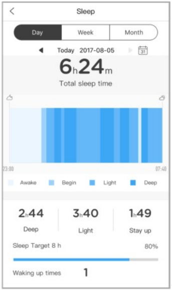
1014

Target 10000 steps

10% Completion

37 Calorie

0.55 Mileage


Sleep
Day
Week
Month
23:00
07:40
Awake
Begin
Light
Deep

Today 2017-08-05

6h24m

Total sleep time

2h44 Deep

3h40 Light

1h49 Stay up

Sleep Target 8 h 80%

Waking up times 1

3.3 Health

On this inteface there are two healthy data of heart rate,blood pressure.

3.3.1 HR-Heart rate monitor

Normal heart rate value is 60-100 times/min,there will be a little difference between people with different age,gender and other factors.

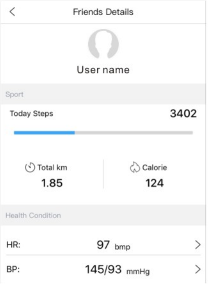
3.3.2 BD-Blood pressure monitor

Normal blood pressure value:Systolic blood pressure 90-139mmHg, diastolic blood pressure 60-89mmHg.

3.4 Care/Remote view

Search friends and add them to check or share the sport data with them.

Click and check friend's sport healthy data:


Friends Details
User name
Sport
Health Condition

Today Steps 3402

Total km 1.85

Calorie 124

HR: 97 bmp

BP: 145/93 mmHg

FCC Caution.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.