

80x65mm

英

Color Screen Bracelet User Manual

Model: P2  
FCC ID: 2AGFW-P2

P1-V 1.0

1.Appearance Explain



A: Long press bracelet's touch screen to power on.  
B: Touch screen to switch bracelet's interfaces.

1.1 Usage and requirements

A: Long press bracelet's touch screen to power on.  
B: Touch screen to switch bracelet's interfaces.

Time interface, Sports data interface, Blood pressure measurement interface, Findings interface, Heart rate, and other interface descriptions.

Swagatch interface, Brightness, and other settings.

Precautions: Can wear this fitness tracker to wash hands, face, short time swimming in shallow water, can't touch hot water and for deep diving.

1.2 APP download/Connect the bracelet

Compatible for mobile phones: Android system 4.4 version or iOS system 9.0 version or above. Includes QR codes for iOS and Android.

2. Bracelet connection

Before using bracelet, users need register APP on mobile phone firstly. Chinese users support using mobile phone numbers to register.

In the APP 【Mine】 page to connect:

\*After use this smart bracelet for a period of time, if the bracelet can't connect with the APP in a sudden, please in you cellphone bluetooth to delete all the match devices, and then go to the APP to link with the device.

2.1 Notification settings

When finished connections, users enter into 【Mine】 by APP, click 【Device Management】 and Android mobile phones to enter into this function firstly.

2.2 Lift wrist to light up screen

Lift bracelet watching position, keep bracelet surface in 30-85 degree to brighten screen.



2.3 Message Reminder

Bracelets support message notification showing screen of Skype/WhatsApp/Facebook/SMS and so on. Long press bracelet screen for 3 second to back into main interface.

2.4 Reminder settings

Turn secondary/Take medicine/Drink/Meetings remind on and Set their working time as user's need.

2.5 Firmware upgrade

When mobile phone was connected with bracelet, click "Firmware upgrade".

3.1 APP Sport/Health/Care

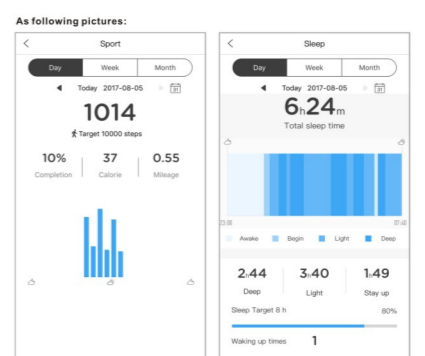
Sport/Health/Care three parts: Sport, Health, Care.

3.2 Sport

On this function, there two data of sport/sleep. As picture: Sport, Sleep.

3.2.1 Sport(Steps/Distance/Calories)

Sport/Sleep Record the sport date and sleep time and sleep history. Click picture to enter into more detail data interface.



3.3 Health

On this interface there are two healthy data of heart rate, blood pressure.

3.3.1 HR-Heart rate monitor

Normal heart rate value is 60-100 times/min, there will be a little difference between people with different age, gender and other factors.

3.3.2 BD-Blood pressure monitor

Normal blood pressure value: Systolic blood pressure 90-139mmHG, diastolic blood pressure 60-89mmHG.

3.4 Care/Remote view

Search friends and add them to check or share the sport data with them. Click and check friend's sport healthy date.

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彩屏手环使用说明书

P1-V 1.0

1.外观说明



A: 长按手环触摸屏开机。  
B: 轻触触摸屏可以切换手环界面。

1.1使用及要求

时间主界面, 运动数据界面, 血压测量界面, 关机界面, 运动数据界面, 查找手机界面, 心率测量界面, and other interface descriptions.

秒表界面, 静音模式, and other settings.

注意事项: 可以佩戴洗手、洗澡、短时间游泳, 不可接触热水及蒸汽。

1.2 软件下载/连接手环

手机系统要求: Android 4.4及以上版本, iOS 9.0及以上版本。Includes QR codes for iOS and Android.

2.连接手环

打开手机下载好的APP, 请先注册私有账户。打开APP, 进入【我的】页面点击连接 "hero band II" 手环。

在APP里【我的】页面进行连接:

\*如遇绑定使用一段时间后, 手环连接不上, 请对手机蓝牙里面取消所有的配对, 再到APP页面连接手环即可。

2.1 提醒设置

连接手环后, 在【我的】页面找到【手环管理】, 安卓系统手机首次进入【手环管理】。

2.2 抬腕亮屏

在【手环管理】里, 打开或关闭抬腕亮屏功能。



2.3 信息推送

手环支持微信/QQ/短信等内容推送及显示, 手环需在接收消息后, 长按3秒返回主界面。

2.4 提醒设置

久坐/吃药/喝水/会议提醒需根据自己的需求点击APP上对应条目进行手动设置。

2.5 手环端的固件升级

当手机连接设备后点击设备升级。

3.1 APP运动/健康/关爱功能介绍

"运动-健康-关爱" 三大功能版块: 运动, 健康, 关爱。

3.2 运动

运动页面数据: 运动, 睡眠, 如图: Sport, Sleep.

3.2.1 运动(步数、距离、卡路里)

运动/睡眠: 记录用户每天的步数, 睡眠时间和历史数据。



3.3 健康

健康页面显示人体健康数据: 心率, 血压。

3.3.1 心率

心率是指正常人在安静状态下每分钟心跳的次数, 也叫安静心率。

3.3.2 血压

人的血液输送到全身各个部位需要一定的压力, 这个压力就是血压。

3.4 关爱/远程查看

通过添加通讯好友, 实时监控及共享家人及亲友健康。

## FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

\* RF warning for Portable device:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.