

MPE Calculation Method

$$E \text{ (V/m)} = (30 \cdot P \cdot G)^{0.5} / d$$

$$\text{Power Density: } P_d \text{ (W/m}^2\text{)} = E^2 / 377$$

E = Electric Field (V/m)

P = Peak RF output Power (W)

G = EUT Antenna numeric gain (numeric)

d = Separation distance between radiator and human body (m)

The formula can be changed to

$$P_d = (30 \cdot P \cdot G) / (377 \cdot d^2)$$

From the peak EUT RF output power, the minimum mobile separation distance, $d=0.2\text{m}$, as well as the gain of the used antenna, the RF power density can be obtained.

Calculated Result and Limit (WORSE CASE IS AS BELOW)

WIFI:

Directional Antenna Gain (Numeric)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
2.67 (1.25+10log2=4.26dBi)	277.332 (24.43dBm)	0.147	1	Compiles

Zigbee:

Antenna Gain (Numeric)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
1.33 (1.25 dBi)	2.84 (4.54dBm)	0.000752	1	Compiles

BLE:

Antenna Gain (Numeric)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
1.33 (1.25 dBi)	0.352 (-4.54dBm)	0.000093	1	Compiles

Simultaneously transmission: $0.147+0.000752+0.000093 \approx 0.15 < 1$