



post-op comfort

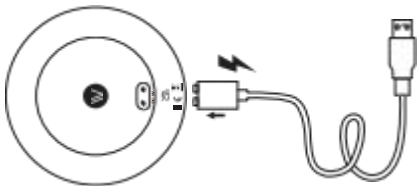
user manual

Before you get started

Before first use, charge your device for approximately 120 minutes.

The USB charging cable can be plugged into any USB port or USB / power adapter (not included).

- Charging = LED Light Flashing
- Charged = LED Light Solid



Placing the device

1. When using the device for the first time, remove the protective film on the device.
2. Place the device on your breast or chest, near the painful area.
3. You may remove the white backing to reveal the tacky silicone that will enable direct contact with the skin. Alternatively, you may keep the backing on and move the device as needed.

Using the Device

1. Once the device is in place, start the vibrations by pressing the power button on the device for three seconds to turn it on (a blinking red indicator will light up.)
2. A short press will start a constant vibration; a second short button press will start a gradual intensity vibration; a third press will start a pulsation pattern. Pressing the button again will resume the constant vibration.

Relievr App

1. Download the Relievr app by searching for “Relievr” on the Apple Appstore or Google Playstore.
2. Follow in-app instructions to connect and pair. The app will prompt you to connect the device, which should be easily paired.
3. Once the device is in place, start the vibrations by pressing the “On” button on the app. You can control the intensity, duration and pressure through the app, so adjust these as required.
4. The app will display different vibration modes and options. Choose the mode and intensity that is best suited to your needs and adjust the settings as required.
5. Battery levels of your Relievr device can be seen in the app once paired.

Care and maintenance

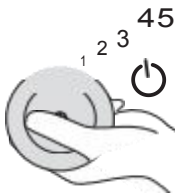
1. The device should be cleaned after every use. Wipe it down with a damp cloth and store it in a cool, dry place.
2. The device should be charged after every use, so ensure that it is connected to a power source for a minimum of two hours.
3. The adhesive layer can be reused after rinsing with water. If the tackiness is no longer sufficient, the backing can be replaced with the provided swaps.

*Caution: do not use the device until you are cleared to do so by your physician. The device is made from silicone and intended for external use only. Do not use it if you are allergic to silicone. Do not use the adhesive component if you have an adhesive allergy.

The device is not intended to be used as a medical device and is not a substitute for professional medical care or advice. Users should always consult with a qualified healthcare provider for any medical concerns or conditions.

Additional Features

1. Travel Lock
 - a. This prevents the device from accidentally switching on when not in use.
 - b. Press and hold the power button for five seconds to lock. The LED will flash red twice.
 - c. Repeat for five seconds to unlock the device.
 - d. Alternatively, charging the item while locked will also deactivate the travel lock.
2. Auto-Power Off: The device will turn off automatically if left in standby mode for ten minutes, to conserve battery. Alternatively, you can press and hold the power button to your device.



Vibration Pattern

Pattern 01



Pattern 02



Pattern 03



Specifications

Material	Body-safe Silicone
Size	79 (H) x 79 (W) x 13 (D) mm
Weight	70 g
Charging Time	≤ 90 mins
Running Time	≥ 100 mins
Battery	330mAh

EC Declaration of Conformity

In accordance with EN ISO 17050-1:2004

We: RELIEVR, LLC
of: 1 Store Hill Road, Unit 82, Old Westbury, NY 11568

In accordance with the following directive (s)

2014/53/EU Radio Equipment Directive (RED)

Hereby declare that:

Equipment: Wireless remote control massager

Branded:  Relievr Rose patent pending

Model No: RLVR-001

Is in conformity with the applicable requirements of the above directives and the following documents

ETSI EN 301 489-1 V2.2.0 (2017)

ETSI EN 300 220-1 V3.1.1 (2017)

ETSI EN 300 220-2 V3.1.1 (2017)

EN 62479 (2010)

Signed:



Name: Jonathan Bank, MD
Position: President, Relievr, LLC
Date: 4/1/23



Supplier's Declaration of Conformity

Brand name:  Relievvr

Product name: Relievvr Rose

Model number: RLVR-001

This device complies with part of 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Supplier's Name: Relievvr, LLC

Supplier's Address: 1 Store Hill Road, Unit 82, Old Westbury, NY 11568

Supplier's E-mail address: info@relievvr.com

FCC Statement

This equipment has been tested and found to comply with limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and (2) this device received, including interference that may cause undesired operation.

*RF warning for Portable device:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

WARNINGS

The appliance should not be used by individuals who have reduced physical, sensory, or mental capabilities, or who lack experience and knowledge, unless they are under supervision or have received instruction. Any person who is unable to operate this product by themselves should not use this product.

Any person who is pregnant, has a pacemaker, suffers from diabetes, phlebitis and/or thrombosis, who has an increased risk of developing blood clots, as pins, screws or artificial joints or other implanted medical devices should consult a medical professional before use.

Instructions for class III appliances state that it must only be supplied at SELV.

Do not use on skin that is swollen, inflamed, blistered or broken.

Do not use on head, face, stomach or osseous body parts. Do not use around throat.

This is not a medical device. No medical claims are warranted or implied by the use of this product.

If you experience any discomfort during use, discontinue use immediately and consult your health care professional.

Children should not be allowed access to the appliance.

This appliance contains batteries that are non-replaceable.

The instructions for appliances incorporating a battery:

- the battery must be removed from the appliance before it is scrapped.
- the appliance must be disconnected from the supply mains when removing the battery.
- the battery is to be disposed of safely.

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**Cet appareil,
ses accessoires
et cordons se
recyclent**

**À DÉPOSER
EN MAGASIN**



OU

**À DÉPOSER
EN DÉCHÈTERIE**



points de collecte sur www.quefairedemesdechets.fr