

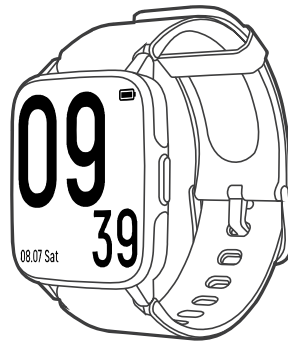
WATCH 1

MANUFACTURER

Shenzhen SoundSOUL Information Technology Company Limited
Room 1308-1309, Building B, Hulhai Square, Chuangye Road,
Longhua District, Shenzhen, China. 518109
support@soundpeatsaudio.com
www.soundpeatsaudio.com

FC CE RoHS 018-190408
FCC ID: 2AFTU-DD008 MADE IN CHINA

WATCH 1



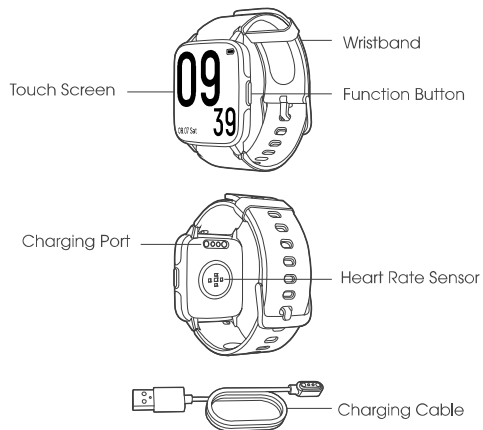
USER MANUAL | Manuel d'Utilisation | Bedienungsanleitung |
Manual de Instrucciones | Manuale di istruzioni | 取扱説明書 | 说明书

Contents

English	1 - 10
Deutsch	11 - 19
Français	20 - 28
Español	29 - 37
Italiano	38 - 46
日本語	47 - 54
中文	55 - 62

Introuce

English



Package Content:

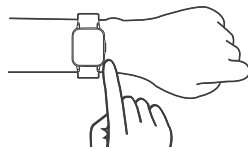
- 1x SOUNDPEATS WATCH 1 Sports Watch
- 1x USB Charging Cable
- 1x User Manual

1

English

Wearing

Wear the watch at the position of one finger distance from the carpus, and adjust the wristband till it fits snugly on your wrist.
Tips: It may affect the data collection of the heart rate sensor if you wear the watch too loosely.



Connection and Binding

1) Long Press the watch operation button to start the machine and scan the QR code on the watch screen with the mobile phone to download and install the APP. You can also scan the below QR code or download it and install it in the mobile phone application market.

2



Prompt:

The actual operation may be slightly different from the description, please follow the guidelines in the APP to operate.

2) Open the SOUNDPEATS SPORTS APP and select (Add Device) in the device page and follow the on-screen instructions



3

English

Prompt:







1. During the pairing process, please confirm that the Bluetooth of the mobile phone is turned on to ensure that the connection between the watch and the mobile phone is normal.
2. If you cannot find the device during the process of adding a device, or if you cannot connect the device during use, please try to press and hold the power button of the watch for 3 seconds and select Restore Factory on the watch system operation interface, and then add the device again.





Operation

- 1) Slide down from the top edge on the dial home page: open the quick settings
- 2) Swipe up from the bottom edge of the dial home page: open the control panel
- 3) Swipe left and right on the dial homepage: switch to the first level page
- 4) Swipe right from the left edge on other pages: return to the previous level
- 5) Press and hold on the dial home page for 3 seconds: quickly enter the dial replacement page
- 6) Press and hold for 3 seconds to turn on / off

- 7) Tap to return to the dial home page (first-level page)
- 8) Tap to return to the previous page (secondary page)
- 9) Tap to pause/continue the movement (during the movement)

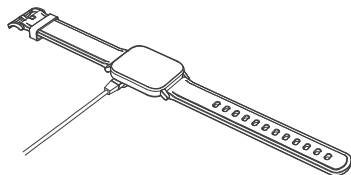
Function Introduction

 Sports	12 sports modes (outdoor running, walking, riding, mountaineering, spinning, yoga, indoor running, free training, gymnastics, basketball, football, rowing)
 Heart rate	Continuous heart rate monitoring throughout the day. You can view historical heart rate data
 Sleeping	Record sleep time and sleep status in detail
 Weather	View the weather conditions and real-time temperature of the last 3 days
 Music	Control the music playback on the phone (watch cannot store music)
 Breathing Training	Help you regulate your breathing and relax

 Stopwatch	Accurately record to one-hundredth of a second
 Countdown	Watch becomes Countdown timer
 Alarm clock	Set, view, turn off or turn on the alarm clock
 Sedentary reminder	Remind you to stand up when time is up

Charging

- 1) Place the watch on the charging head so that the charging contact piece on the back of the watch is fully attached to the metal contact of the charging head.
- 2) Connect the charging line to a standard USB charger purchased through regular channels, with an output voltage of 5V and an output current of 0.5A or above.
3. If the watch cannot be turned on after being left for a long time, it needs to be recharged for about 1 minute and the charging icon will display again.
- 4) Please wipe the charging contact piece of the charging wire, avoid sweat or moisture residue



Precautions

- 1)The company reserves the right to modify the contents of this manual without any notice, Some functions are different in specific software versions, which is normal.
- 2)Please charge for more than 2 hours before using the product.
- 3)This product supports IP68 waterproof, but it is not suitable for corrosive liquids such as hot water and tea and diving more than 3 meters. The above behavior may cause water intrusion, which is destructive use and does not enjoy product warranty and free maintenance.
- 4)Avoid wearing the watch too tightly in daily use. Please keep the contact parts dry and clean the wristband regularly with water. If the contact area is red or swollen, stop using it immediately and consult a doctor.
- 5)The function button and touch screen don't support operation underwater. Please wipe the surface with a soft cloth to operate if the watch gets wet.

Basic parameter

Body size	45,3 x 11,4mm
Strap size	22mm
Watch weight (including watchband)	54g
Display	1.4 inches
TFT LCD Display Resolution	320*320
Bluetooth connection	Bluetooth V5.0
Sensors	Heart Rate Sensors
Acceleration sensor battery capacity	260mAh
Battery life	15 days (heart rate on all day)
Dustproof and waterproof grade	IP68
Operating temperature	-20 C -45 C
Synchronous Data Platform	SOUNDPEATS SPORTS
Paired phones	Android 4.4 and above, ios 8.0 and above

Warranty regulations

When purchasing products from the original buyer, we begin to guarantee watches for a period of 12 months, and the warranty scope is limited to manufacturing defects.

- ✉ support@soundpeatsaudio.com
- 🌐 www.soundpeatsaudio.com

Scan the QR code to view the detailed PDF format manual:



<https://soundpeatsaudio.com/downloads/>

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.