

# PRODUCT **MANUAL**

Model: ZW1VBS

 Posture & Activity Coach  
**ZIKTO** walk





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**ZIKTO Corp**

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## Getting Started

### What's included

ZIKTO Walk, Cradle, USB Cable, Brief Manual



### How to secure your Walk

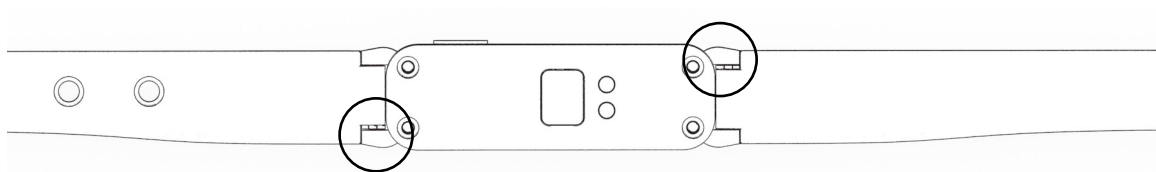
Put on your Walk and align both ends of the straps so that they overlap each other with the clasp. Make sure it best fits your wrist.

Squeeze the clasp and the straps until you hear a smooth click to make sure your Walk is securely fastened.

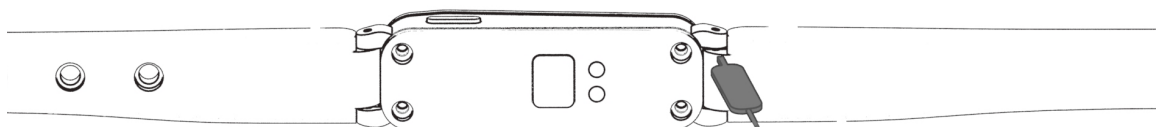
### Changing straps

Put off your Walk and place it on a table.

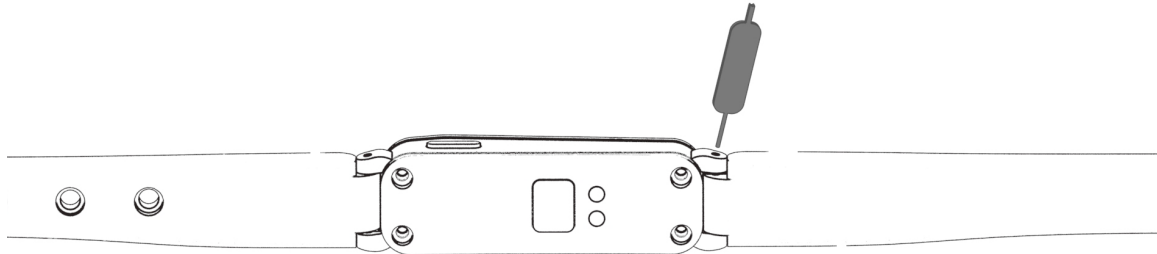
Locate small \*gaps at the end of the straps. (*\*near the adjoining part of the straps and the device.*)



1. Try carefully forcing spring bars with a \*tool until they are completely separated from the device. Make sure you hold your Walk securely with the other hand while putting it on a table. (***\*It comes with optional strap packages.***)



(Or hold your \*tool the opposite way and carefully stick it into the hole until the strap pops up by the spring bar.)



2. Other optional straps come with \*Quick Release Spring Bar that allows you to easily replace straps without the tool.

## Care and wearing tips

Wear your Walk loosely enough to allow air circulation.

Keep your Walk dry and clean on a regular basis.

If you experience any types of irritaion on your skin or feeling discomfort, please discontinue use.

## Size guide(\*wrist size)

ZIKTO Walk comes with a pair of silicon straps that gives you ultimate comfort. And of course, we have straps interchangeable to appeal a wide range of personal style. We have leather straps and MOREE braided straps available for you.

Since they are different material with distinct properties, each of them needs different scale for measuring size.

The followings are our recommended size guide based on your \*wrist size:

<b>Silicon</b>	<b>Leather</b>	<b>MOREE</b>
150mm - 210mm (5.9" - 8.2")	170mm - 205mm (6.7" - 8.0")	130mm ~ 190mm (5.1" - 7.5")
120mm - 165mm (4.7" - 6.5")	155mm - 180mm (6.1" - 7.0")	120mm ~ 180mm (4.7" - 7.0")

## Setting up your Walk on a mobile device

### Mobile device requirements(iOS)

ZIKTO Walk is capable of setting up and syncing with select mobile devices that support \*Bluetooth 4.0(BLE) technology.

iOS 8 and above / Bluetooth 4.0(BLE) devices

### Installing the app

You can find the ZIKTO app on the iOS App store by searching for "ZIKTO".

If you already have the app installed, please check out for our available updates to make sure you have the latest version to enjoy.

### Pairing

Unlike other Bluetooth devices, your Walk must be paired directly through the ZIKTO app.

\*NOT through the setting app on your iOS device.

### Syncing

Your Walk syncs to supported iOS devices via Bluetooth.(Bluetooth 4.0 BLE)

Enable Bluetooth on your mobile device and start syncing by pressing a sync button on your app.



## Mobile device requirements(Android)

ZIKTO Walk is capable of setting up and syncing with select mobile devices that support \*Bluetooth 4.0(BLE) technology.

Android 4.3 and above / Bluetooth 4.0(BLE) devices

## Installing the app

You can find the ZIKTO app on Google play store by searching for "ZIKTO".

If you already have the app installed, please check out for our available updates to make sure you have the latest version to enjoy.

## Pairing

Unlike other Bluetooth devices, your Walk must be paired directly through the ZIKTO app.

\*NOT through the setting app on your Android device.

## Syncing

Your Walk syncs to supported Android devices via Bluetooth.(Bluetooth 4.0 BLE)

Enable Bluetooth on your mobile device and start syncing by pressing a sync button on your app.

## Phantom LED Display <sup>TM</sup>

[Check the key(button) on the side of your Walk before you go on.]

Your Walk features the Phantom LED Display that consists of 119(7x17) micro holes with LED indicator lights behind. it provides different types of icons and indications depending on the following:

### ***1. Interaction***

#### Power On

Once your Walk goes off, you can turn it on by docking your Walk on a provided charging cradle. Once it is successfully docked, an icon pops up to tell you it is turned on.

#### Watch

With the first press, Your Walk tells time.



#### Step Count(Pedometer)

With the second press, it shows how many steps you have made.



#### Sound Walking

With the third press, it shows your Sound Walking score on the basis of 99 points.



## Call

With the fourth press, it tells how many phone calls you have missed.



## SMS

With the fifth press, it tells how many messages you have missed.



## Remaining Battery

With \*quickly pressing the button twice, it tells remaining battery.



## Level of Achievement

## Weather

With pressing the button for 3-4 seconds, Your Walk tells today's updated weather information.



## Sync

When you try syncing your Walk to your mobile device it shows sync icon on the display to tell you that sync is in progress.

## ***2. Notification***

### Out of battery

When the battery starts dying, it gently alerts you with a battery(remaining) icon.

### Call

When you are getting a phone call, a simple LED animation with a call icon pops up to notify you.

### SMS

Once you receive a message, a simple LED animation with a SMS icon pops up.

## ***2. Charging***

### Once docked

Once your Walk is securely docked on a provided charging cradle, it shows how much battery life your Walk has left with.

### While charging

After showing how much battery life your Walk has left with, it starts telling time and shows how much battery life has been charged at the same time with a simple gauge bar. (The gauge bar will blink, meaning that your Walk is in the middle of charging.)

### fully charged

It tells time with a simple gauge bar. (The gauge bar stops blinking as it is fully charged)

### Once docked(with the battery dead)

It shows a simple animation to tell you have your Walk back!

## Safety Notices

### Important Safety instructions

- Read these instructions.
- Keep and follow these instructions.
- Do not attempt to open your Walk. Substances contained in this product and/or its battery may damage the environment and/or human health if handled and disposed of improperly.
- Do not use abrasive cleaners to clean your Walk.
- Do not place your Walk in a Dishwasher, Washing Machine or Dryer.
- Do not expose your Walk to extremely high or low temperature.
- Do not use your Walk in a sauna or steam room.
- Do not leave your Walk in direct sunlight for an extended period of time.
- Do not leave your Walk near open flames.
- Do not dispose of your Walk in a fire. The battery could explode.
- Do not attempt to disassemble your Walk, it does not contain serviceable components.
- Do not allow children to play with the Walk.

## Health disclaimer

\*WARNING: ZIKTO WALK IS NOT A MEDICAL DEVICE.

ZIKTO Walk and its associated applications should not be used to diagnose, treat, or prevent any disease or medical condition. Always seek the advice of a qualified medical professional before making any changes or decisions to your exercise, sleep or nutrition, as doing so many cause severe harm or death.

## Built-in battery care

- Do not attempt to replace your Walk's battery. It is built-in and NOT meant to be replaced with any kind.
- Charge the battery in accordance with the instructions supplied with this guide.
- Use only the charger that shipped with your product to charge the battery.
- Charge your Flex using a certified computer, powered hub or power supply
- Do not attempt to force open the built-in battery

## Other Notes

- Please use with the USB cable provided.
- Dispose of ZIKTO Walk and its battery, and the USB cable in accordance with local regulations. Do not dispose of the battery with regular household waste.
- Recycle your package in accordance with local regulations.

## Features

### Walking Posture Adjustment

ZIKTO Walk gives a gentle reminder with a vibration on your wrist. when you have such bad walking postures as looking at a mobile phone, putting hands in a pocket, and hunching your back.

You can monitor your walking postures, scores and progresses on the app.

### Body Balance analysis

ZIKTO Walk tracks your body balance by comparing the swings of left and right arms. It tells you which part of your body is out of shape by telling your balance score. It also recommends a personalized workout routine in accordance to your balance score.

### Biometric Authentication

ZIKTO Walk allows you to unlock your mobile devices(or PC and MAC) with unique walking pattern.(Size of arc, tempo, angle and frequency of your arm swing are the key factors for biometrics.)



## Activity Tracker + Sleep Monitoring

ZIKTO Walk tracks everything from steps taken, distance traveled, calories burned to hours slept. You can monitor your daily activities and analyze weekly/monthly trends on downloaded app.

## Call/SMS Notification

ZIKTO Walk gives you a gentle vibration on your wrist when you get a call or a message.

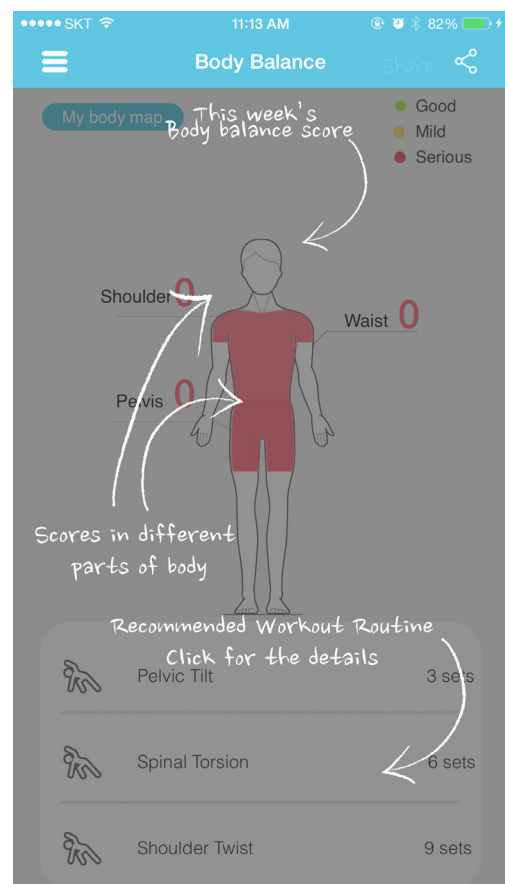
## Interchangeable Strap

ZIKTO Walk comes with a pair of silicon straps that gives you ultimate comfort. And of course, we have straps interchangeable to appeal a wide range of personal style. We have leather straps and MOREE straps(wish bracelet) available for you.

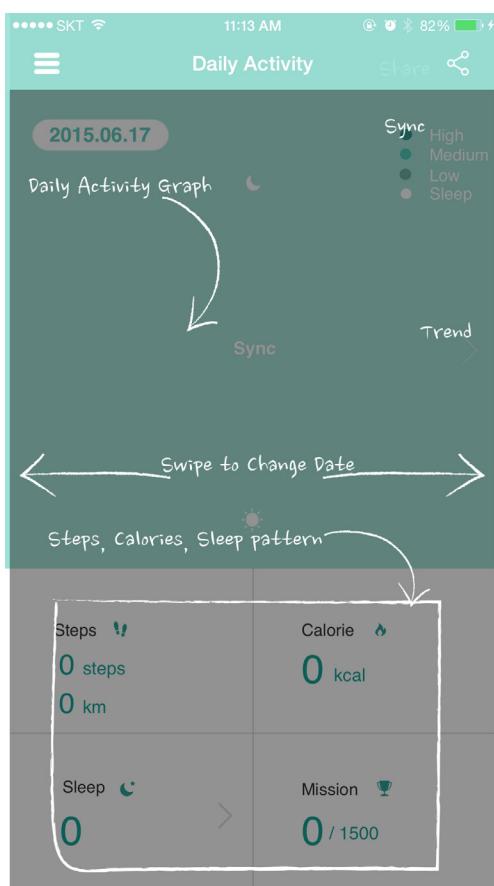
## Mobile Application(iOS)



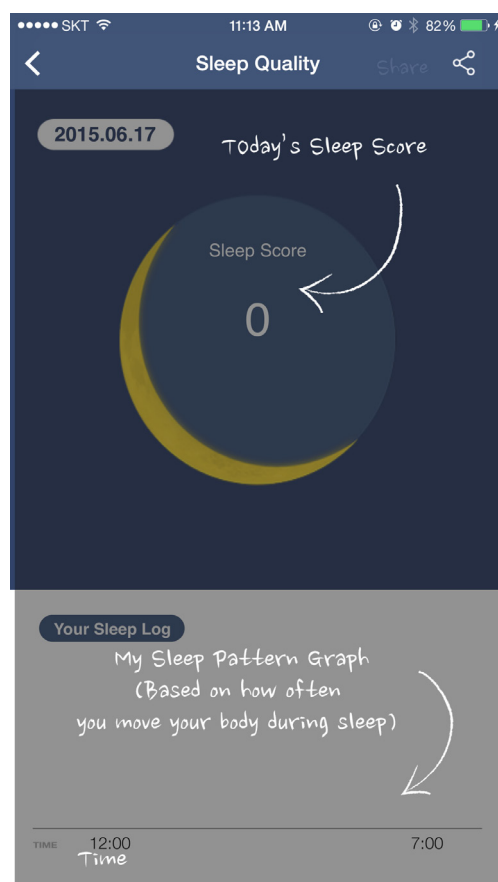
Walking Posture Adjustment



Body Balance Analysis



Activity Tracker

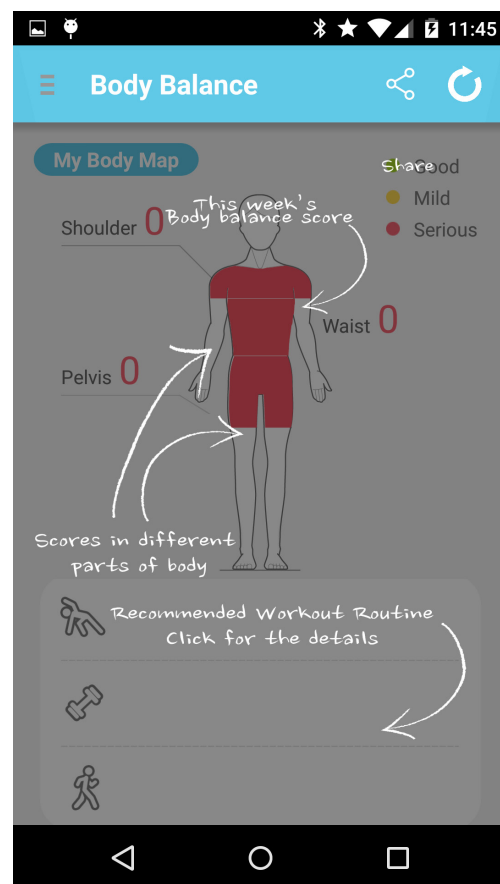


Sleep Monitoring

## Mobile Application(Android)



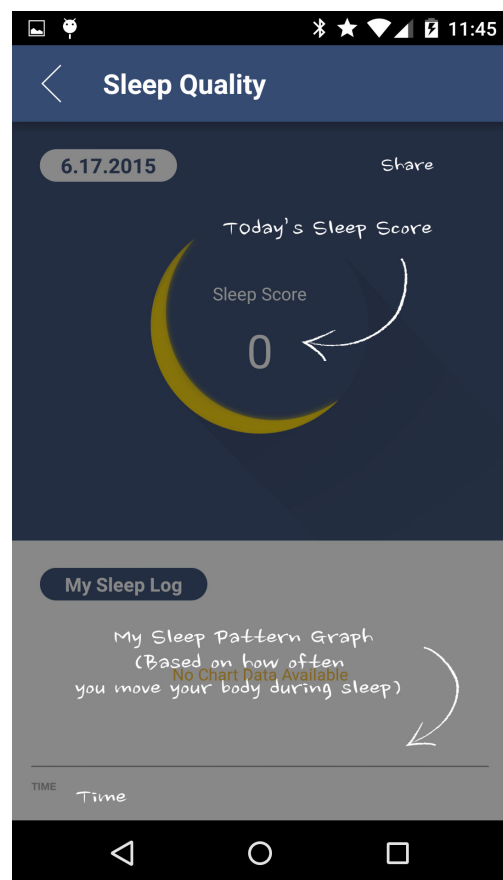
Walking Posture Adjustment



Body Balance Analysis



Activity Tracker



Sleep Monitoring

## Specification

- Size

13.58 x 47.33 x 11.05 (W x L x H)

- Weight

17.5g

- Color

ZIKTO Walk : Black, Grey

Strap : Black

- Size Guide(wrist)

Small: 120 - 165mm (4.7" - 6.5") / Large: 150 - 210mm (5.9" - 8.2")

- Material

Device: Anodized Aluminium, PC / Strap: Silicon

- Display

Phantom LED Display ™

- Battery

50mAh Lithium polymer, 2 hours of charging via Micro USB

- Battery Life

3~5 days (Varies depending on use case)

- Water Resistance

Water Resistant (No worries about rain or sweats, but NO SHOWER and SWIMMING)

- O/S

iOS 8 and above / Android 4.3 and above

- Bluetooth

Bluetooth 4.0 (BLE)

- Hardware

6-Axis Accelerometer/Gyroscope, Vibration Motor, Proximity Sensor, LED matrix (7x17), etc

- Country of Manufacture

South Korea

## Warranty

Your product is warranted by ZIKTO to be free of defects in materials of workmanship, for a period of one year from the date of purchase, under the normal use. This limited warranty excludes damage resulted from improper care of handling, accident, modification, unauthorized repairs, normal wear or other causes which are not defects in materials and workmanship. If your product is defective, return it to the store where you purchased the product with the receipt. If there is a covered defect, we will repair or replace the product free of charge or issue a refund at our discretion. The product is provided "AS IS AND WITH ALL FAULTS" and ZIKTO hereby disclaims all other warranties, conditions and the provision of or failure to provide support or other services, information, software, and related content through the product or otherwise arising out of the use of the product.





## Notice

### FCC Part 15.105(b):

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

### FCC Part 15.19(a):

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

### FCC Part 15.21:

Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

Hereby, 'VISIONSCAPE CO., Ltd.' declares that this ZW1VBS is in compliance with the essential requirements and other relevant provisions of directive 1999/5/EC.)