

# Smart bracelet manual

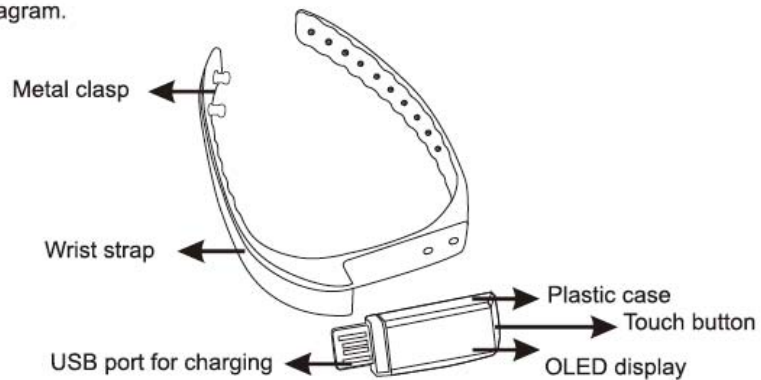
Prior to using the Smart App Bracelet, please read the instructions carefully for the proper use and care of the device. First, synchronize data with your mobile device before using the wristband. The description is based on the default settings of the Smart App Bracelet.

## Package content:

Pedometer host, wrist strap, metal clasp, manual

## Instructions

- the host structure diagram.



- Insert the USB stick of the host device into the wrist band; lock the clasp, (as shown). The wrist band can be adjusted to conform and fit to the desired requirements.

Assemble the host device  
Insert the host along the arrows



Press button to lock with the wrist strap



Disassemble the host device  
Bend wrist band along arrows

take out host along arrows



- Insert the USB connection of the bracelet into a USB compatible computer or power bank for charging. Charging time is about 2-hours with a 5V, 300mA power source.

**Note: If the battery is completely drained, the charging symbol will appear one minute after**

### Main functions:

- The pedometer records the steps you take during your walks and workouts; this information can be recorded for up to seven days. When syncing with your mobile device, data from the Smart App Bracelet will be uploaded to the cloud and will be accessible on your mobile device.
- Calories are calculated from the recorded steps during exercise.
- Touch the screen buttons to display the current time.
- The Smart App Bracelet has a built in reminder function that alerts you via vibration. This is set in the alarm clock settings and can be synchronized from the App.
- Press and hold the touch button to enter the temporary mode to calculate related data.
- The Smart App Bracelet will vibrate with an incoming call when in App mode. (IOS Background does not support this function).
- The Smart App Bracelet will vibrate with an incoming Text Message when in App mode. (IOS Background does not support this function).
- The Smart App Bracelet will calculate your sleep data and analyze the quality of sleep time in the App.
- Share: Wechat, Weibo, QQ and so on to share exercise data with friends.

## Synchronous Data

- Iphone and Android device
- The mobile device can be sync with ActiveBand-BT Smart  
iphone4S, 5, 5S, ipod touch5, etc. (IOS6.0 or later);  
Samsung S4, Not3, etc. (OS must be Android4.3 or later).

### The mobile device can be synced with Charming Smart

- System requirement: iOS 7.0 or above  
Android 4.3 or above  
Compatible with: iPhone 4S, iPhone 5/5C/5S, iPhone 6/6plus, New iPad, iPad mini1/2, iPad Air1/2 Samsung GALAXY S3, S4, S5, Note2, Note3, Mi3, Mi4, MEIZU MX3
- Iphone: Go to App store, download this APK: "Charmingring" then install. Open APK charmingring to make sure your mobile device connect with internet via wifi or 3G, 4G.  
Android: Download APK "Charmingring" directly then install.
- Or enter our website [www.apexercise.com/download/](http://www.apexercise.com/download/) to install.  
Or scan the qr code into the download page



Android App



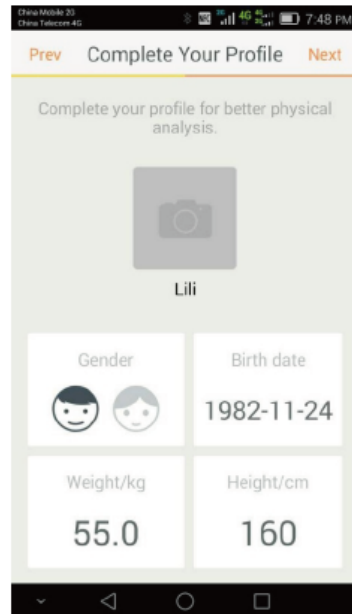
iOS App

- Account set up: Login if have an account, or register a new account (As pic.1)



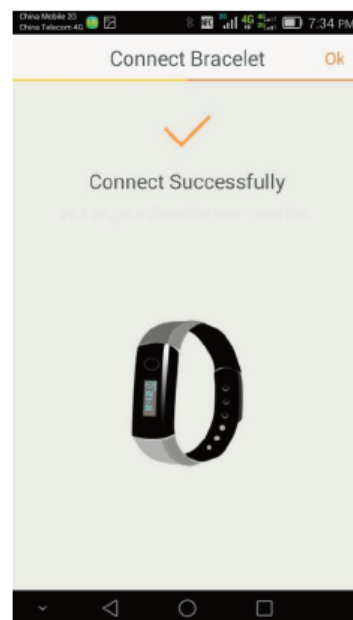
Pic.1

- Please input your personal information when registering for the first time: Gender, Weight, Age, Height, etc...Click finish. The system will analyze your data based off of what entered. (As pic.2)



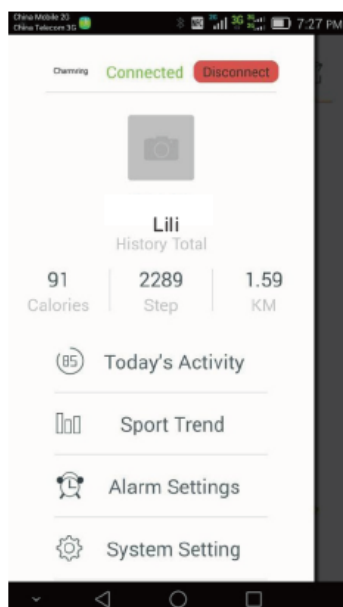
**Pic.2**

- Binding: System shows “search wristband” or “I do not have bracelet” after login, please press touch button key to activate the wristband to make sure the display is on, then click “search wristband”, after 30-60 sec it will show a wristband sign with bracelet code. Please click the code to finish the bind. (As pic.3). If you did not find bracelet code after 60 sec, repeat this step.



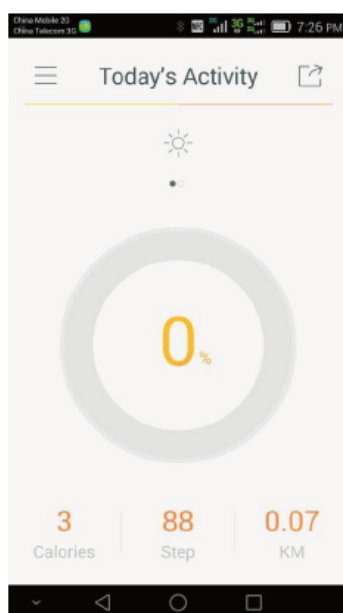
**Pic.3**

- The system will go to the “personal” page. Press the touch key on the host again until the step data in the APK is the same as the step data in the wristband. You are now finished binding (As pic.4). If you want to bind with other wristband, click “settings”—“my wristband”—“Cancel Binding”.



**Pic.4**

- Go to the App page shows exercise data. Click the button of the top right corner to share exercise data with friends; click on the top left of the icon to go to the setting page. (As pic.5)



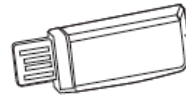
**Pic.5**

## Instruction of using smart bracelet:

- Press and hold the touch key for 3 sec, the wristband will pass into "temporary" mode (as below pic.). Press and hold the touch key for 3 sec again to transfer back to normal mode.

- Normal mode.

12:45<sup>AM</sup><sub>T</sub>



Touch key

## Main Icon as below:

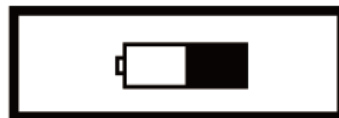
AM ; PM time; !! steps; 🔥 Calories; ⌚ Alarm clock; 📞 call comes; ✉ SMS comes.

temporary mode

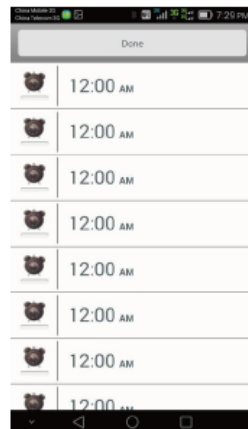
12:45<sup>AM</sup><sub>T</sub>

!! steps; 🔥 Calories; 📏 distance, in meters.

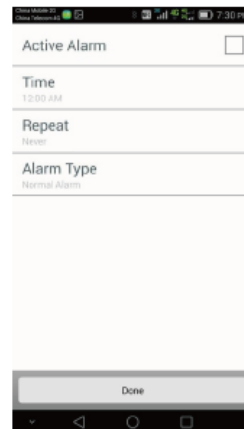
- Charge: Insert the wristband host into PC or power bank USB port directly, charge time around 2 hours, charger must be standard good quality charge at this spec: 5V—300mA. Charging display is as below:



- Alarm Clock setting: Reminding via vibration  
Mobile side: Click "More" -- "My bracelet" -- "Alarm clock setting" (As pic.6)

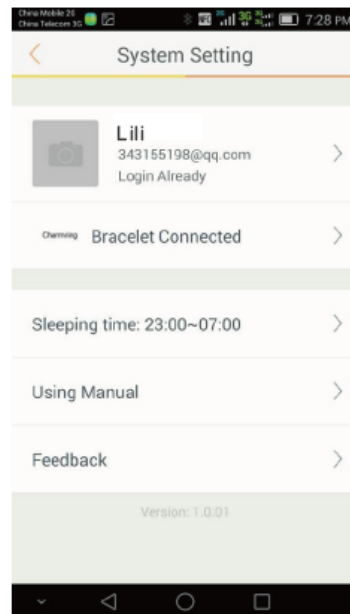


Pic.6



Pic.7

- **Sleeping mode setting:**  
Mobile side: Click "More" -- "My bracelet" -- "Sleeping setting" (As pic.7)  
The bracelet will detect data automatically upon the sleeping time user set.



**Pic.8**

## **Warning**

- Keep the Smart App Bracelet and accessories out of children and pets.
- Although the bracelet is water resistant, keep the bracelet in a dry environment whenever possible. Prolonged exposure to water/humidity may damage the unit.
- Avoid storing the bracelet in extreme hot or cold temperatures.
- Rugged use of the bracelet may damage the internal components; please use with care.
- Do not use chemicals or detergents on the bracelet, as it may damage the device. Lightly clean the bracelet with a small amount of soap and water with the electronic USB portion removed.
- If the bracelet is flashing, avoid direct, close up, eye contact.
- If the bracelet or charging device fails to work correctly, please check with your nearest service center to evaluate the problem.

**FCC Caution:** Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

FCC RF Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be collocated or operating in conjunction with any other antenna or transmitter.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.