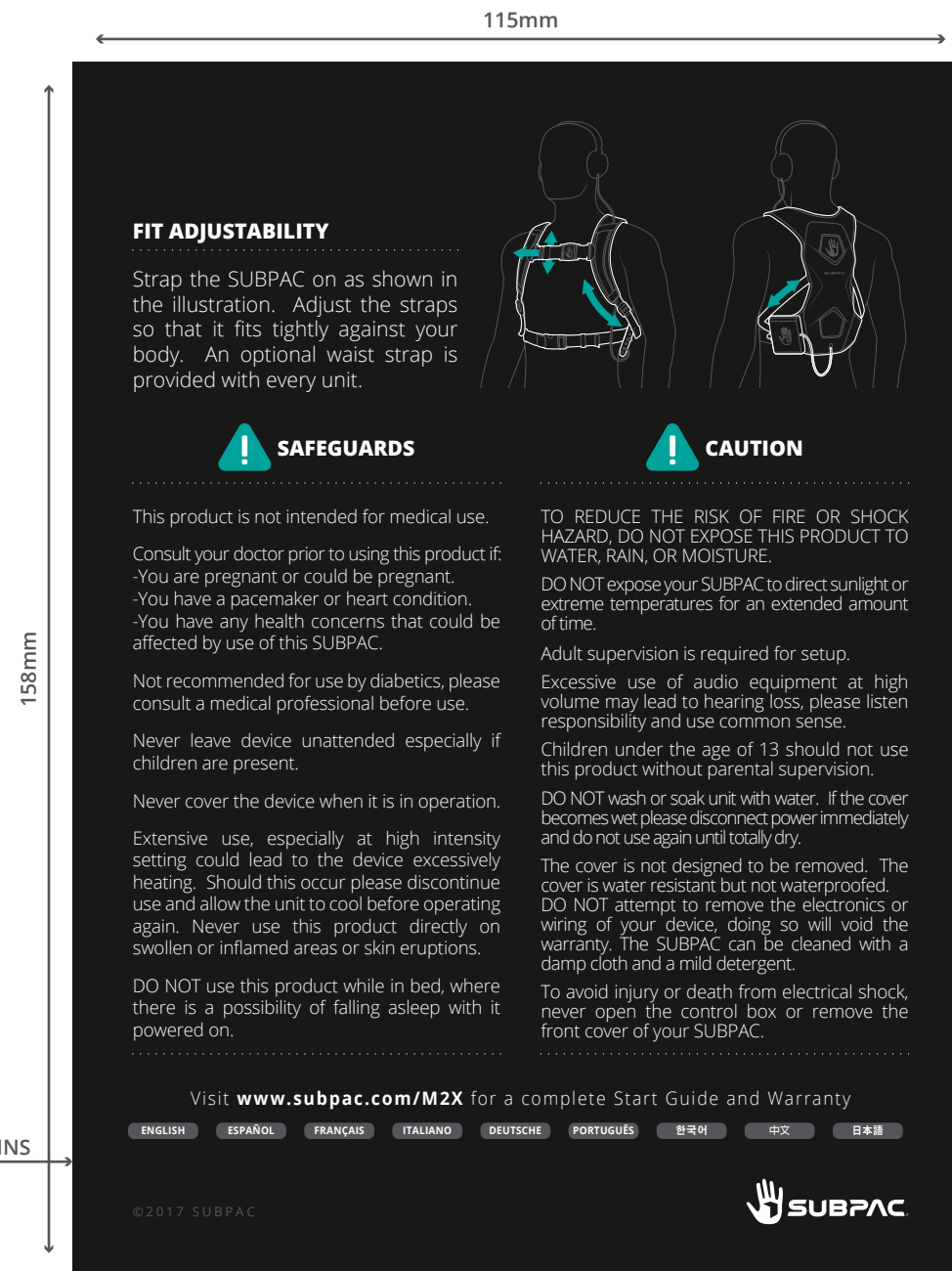


## FRONT SIDE



## BACK SIDE

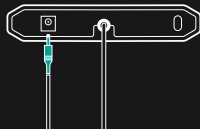
# QUICK START GUIDE

# M2<sup>x</sup>



## CHARGE

SUBPAC is powered by an internal battery pack. Use the provided power supply to plug into power outlet for a full charge. A full charge should take up to 4 hours.



## INTENSITY

Prior to turning on, make sure that the intensity knob is set at the lowest level. WARNING: IF LED FLASHES RED, LOWER INTENSITY TO AVOID POTENTIAL DAMAGE.



## WIRED AUDIO SOURCE

Connect your listening device/output source to the "LINE IN" port on the control box using the supplied 3.5mm audio cable. Then slowly increase the intensity to your desired level.



## HEADPHONE

Plug your headphones into the headphone port on the control box. Bluetooth headphones not supported.



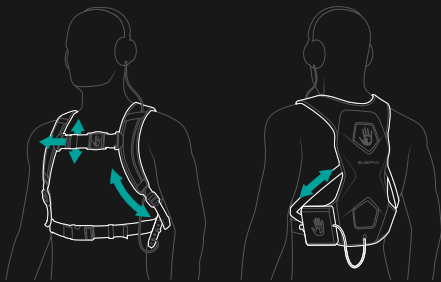
## BLUETOOTH AUDIO SOURCE

For Bluetooth pairing, power off the device, unplug the audio cable, and then hold down the power button for 4 seconds to make your SUBPAC visible to devices. The Bluetooth LED will turn solid blue. Search for "SUBPAC M2X" in your transmitting device's Bluetooth settings and pair with it as per the manufacturer's recommendations. When paired the blue LED will flash until audio is played where it will turn solid again. Note that plugging in the "LINE IN" cable will automatically turn off Bluetooth.



## FIT ADJUSTABILITY

Strap the SUBPAC on as shown in the illustration. Adjust the straps so that it fits tightly against your body. An optional waist strap is provided with every unit.



## SAFEGUARDS

This product is not intended for medical use.

Consult your doctor prior to using this product if:

- You are pregnant or could be pregnant.
- You have a pacemaker or heart condition.
- You have any health concerns that could be affected by use of this SUBPAC.

Not recommended for use by diabetics, please consult a medical professional before use.

Never leave device unattended especially if children are present.

Never cover the device when it is in operation.

Extensive use, especially at high intensity setting could lead to the device excessively heating. Should this occur please discontinue use and allow the unit to cool before operating again. Never use this product directly on swollen or inflamed areas or skin eruptions.

DO NOT use this product while in bed, where there is a possibility of falling asleep with it powered on.



## CAUTION

TO REDUCE THE RISK OF FIRE OR SHOCK HAZARD, DO NOT EXPOSE THIS PRODUCT TO WATER, RAIN, OR MOISTURE.

DO NOT expose your SUBPAC to direct sunlight or extreme temperatures for an extended amount of time.

Adult supervision is required for setup.

Excessive use of audio equipment at high volume may lead to hearing loss, please listen responsibly and use common sense.

Children under the age of 13 should not use this product without parental supervision.

DO NOT wash or soak unit with water. If the cover becomes wet please disconnect power immediately and do not use again until totally dry.

The cover is not designed to be removed. The cover is water resistant but not waterproofed. DO NOT attempt to remove the electronics or wiring of your device, doing so will void the warranty. The SUBPAC can be cleaned with a damp cloth and a mild detergent.

To avoid injury or death from electrical shock, never open the control box or remove the front cover of your SUBPAC.

Visit [www.subpac.com/M2X](http://www.subpac.com/M2X) for a complete Start Guide and Warranty

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