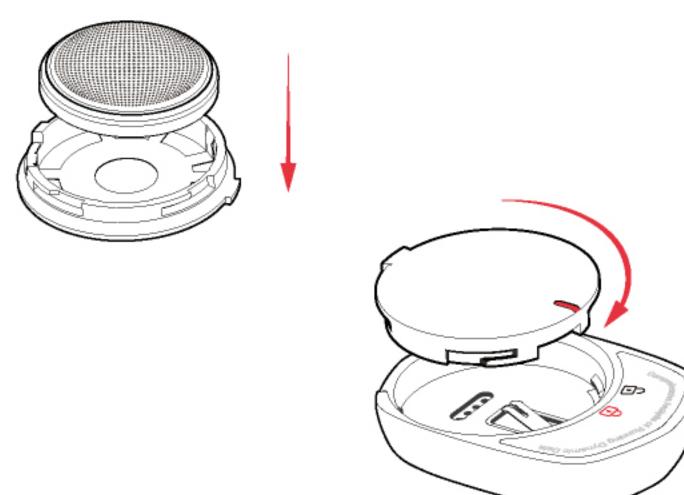
# BATTERY INSTALLATION

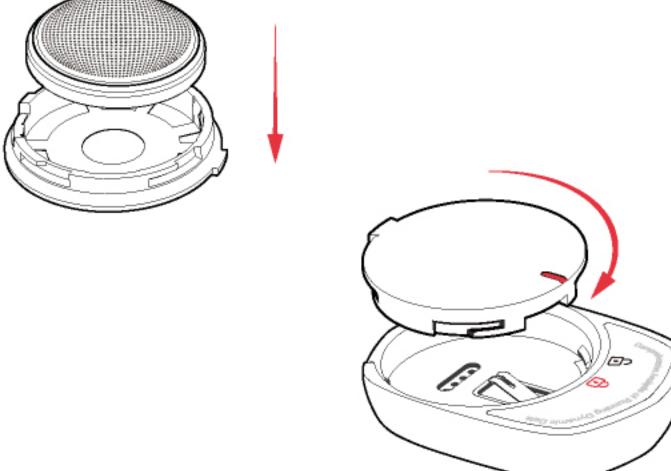
- positive (+) facing downwards as shown below



Place the battery inside the battery cover with



 Secure the device in the silicone case and make sure the C in COROS is at the top





www.coros.com

## **DEVICE PAIRING**



Please pair the device with your phone with Bluetooth BLE 4.2 before using for the first time and follow the instructions on the COROS app. Removing and reinstalling the battery will manually set it to pairing status for 2 minutes.

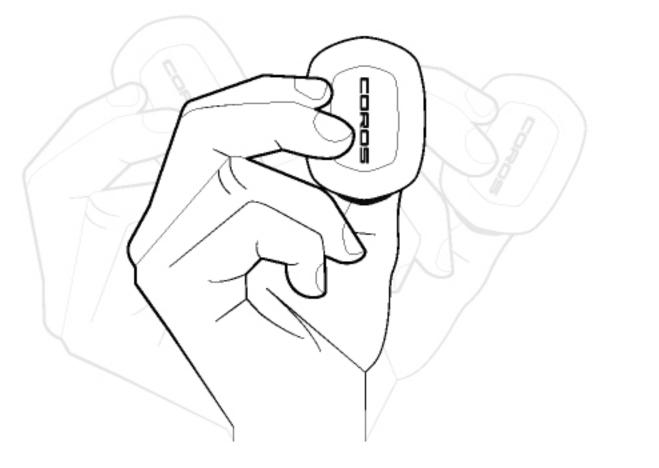
Here's how to connect with the COROS app. Device page > Add New Device > Select COROS Pod > Search and add the device to the app. Please check the COROS website for other compatible smartphone apps.



COROS Pod uses ANT+ wireless technology to connect to your watch. Here's how to connect your Pod to your COROS Watch before using for the first time. System > Accessories > Add ANT+ > Search and add the device. Once your Pod is added to your watch, your COROS watch will connect automatically to your COROS Pod in running workouts and will sync data to the COROS app.

# DEVICE ACTIVATION

Shake or clip on the device and start running, the pod will activate automatically.



# BATTERY INDICATOR LIGHT

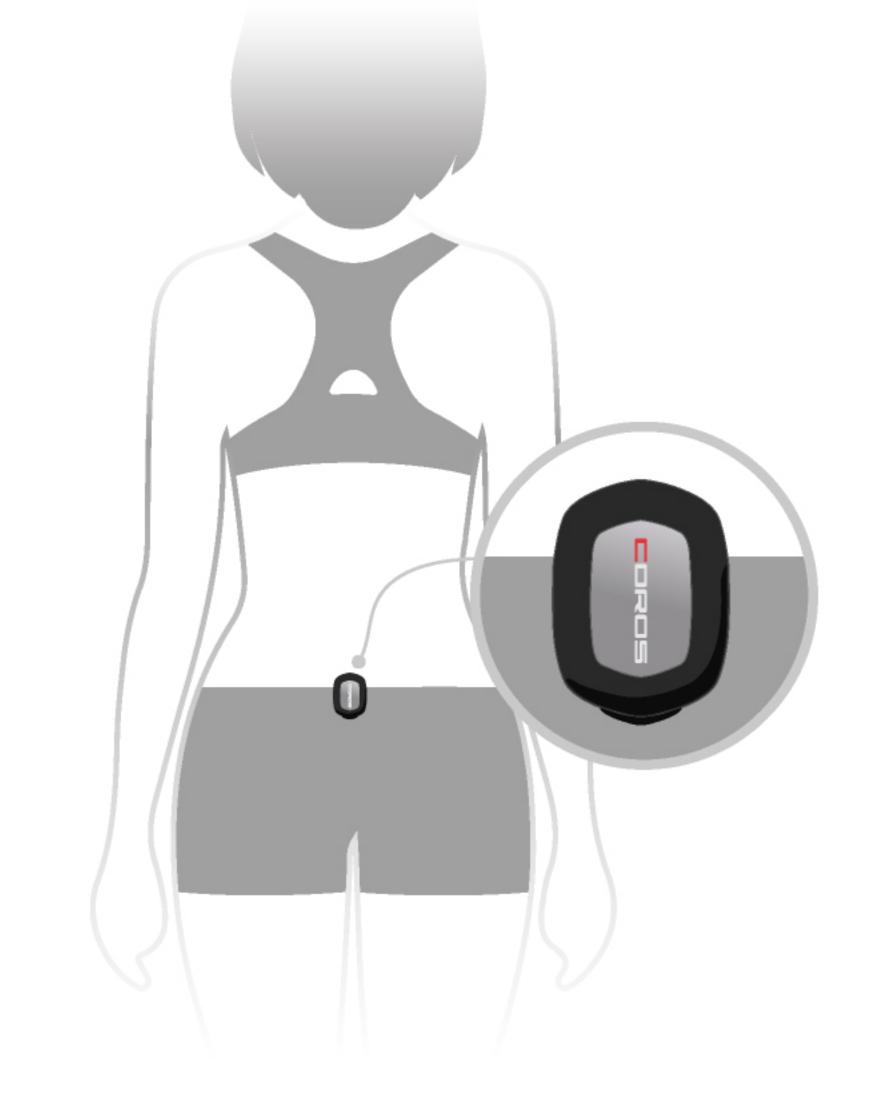
Once the COROS Pod is activated, battery indicator light will provide remaining battery information.

When the device sits still for 2 minutes it will enter into Sleep Mode. To better extend battery performance, please remove the device after training and allow it to remain in Sleep Mode.

Indicator light remains solid for 2 seconds	Device is activated and the remaining battery life is above 10%.
Indicator light flashes for 2 seconds	Device is activated and the remaining battery life is below 10%. Please replace the battery immediately.

# WEARING INSTRUCTIONS

Clip onto the middle of the back of your shorts/pants with the C in COROS at the top.



# PRODUCT SPECS

Battery Specs	CR2032
Wireless Technologies	BT4.2 (BLE), ANT+
Working Temperature	-10°C to 55°C (14°F to +131°F)
Storage Temperature	-20°C to 65°C (-4°F to +149°F)
Waterproof Rating	1ATM / 10 Meters (32.8 Feet)

# FCC STATEMENT

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

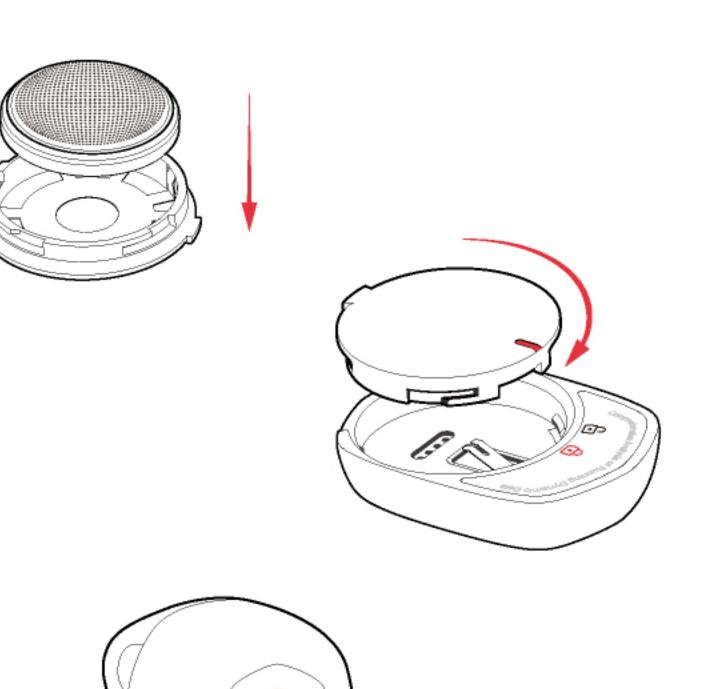
- (1) This device may not cause harmful interference, and (2) this device must accept any interference received,
- including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.



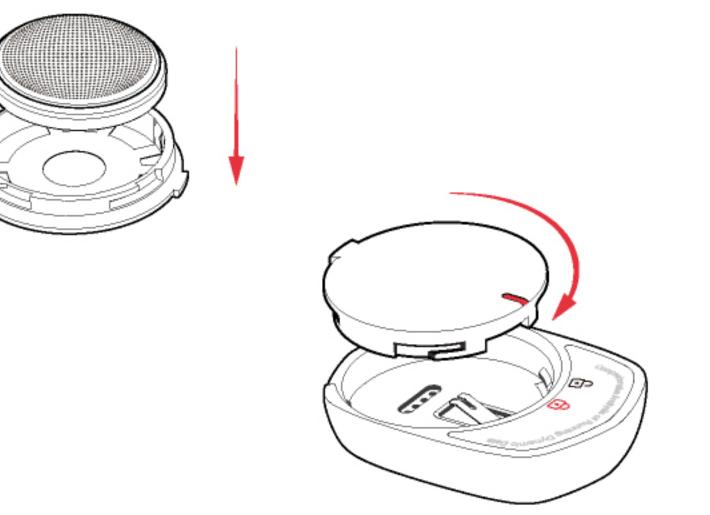
# 安装电池

- 将电池盖平放桌面,正极朝电池盖方向装入 电池
- 装回电池盖并顺时针锁紧



COROS POD 动态传感器

- 放回硅胶套中,注意字母 C 位于正面并指向 上方





### 配对传感器



传感器通过蓝牙 4.2 (BLE) 无线技术与手机 连接,首次使用须为两者进行配对,请参照 APP中的添加配件指引进行设置;取出并重新 安装电池,可主动设置传感器进入"等待配对" 状态,请在2分钟内完成配对连接。

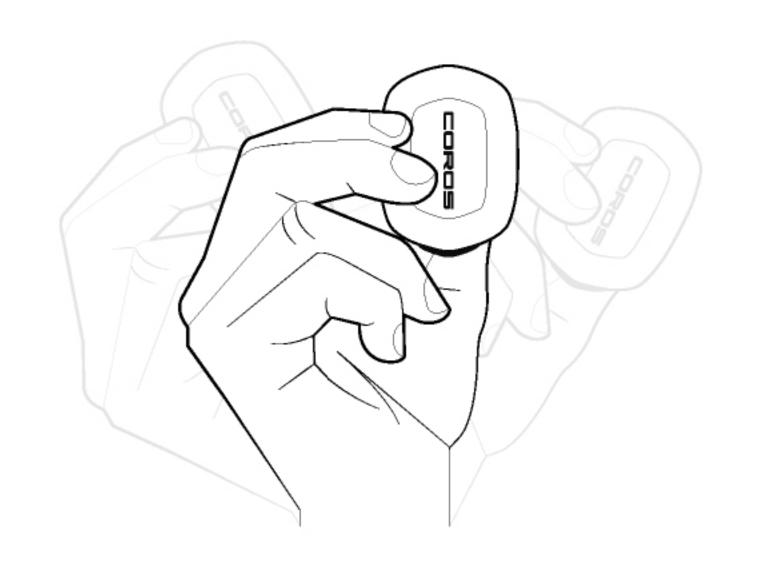
以连接 COROS APP 为例: 进入设备页 > 添加 设备>选择COROS Pod>搜索并完成添加。(其 它兼容的 APP 以 COROS 官网最新公布的目录 为准)



传感器通过 ANT+ 无线技术与手表连接,首次 使用请进入手表设置 > 配件 > 添加 ANT+ 进行 搜索连接。后续每次进入跑步模式后,手表将 主动连接传感器获取数据。

# 激活传感器

晃动传感器或佩戴好直接跑步,将自动开启传 感器。



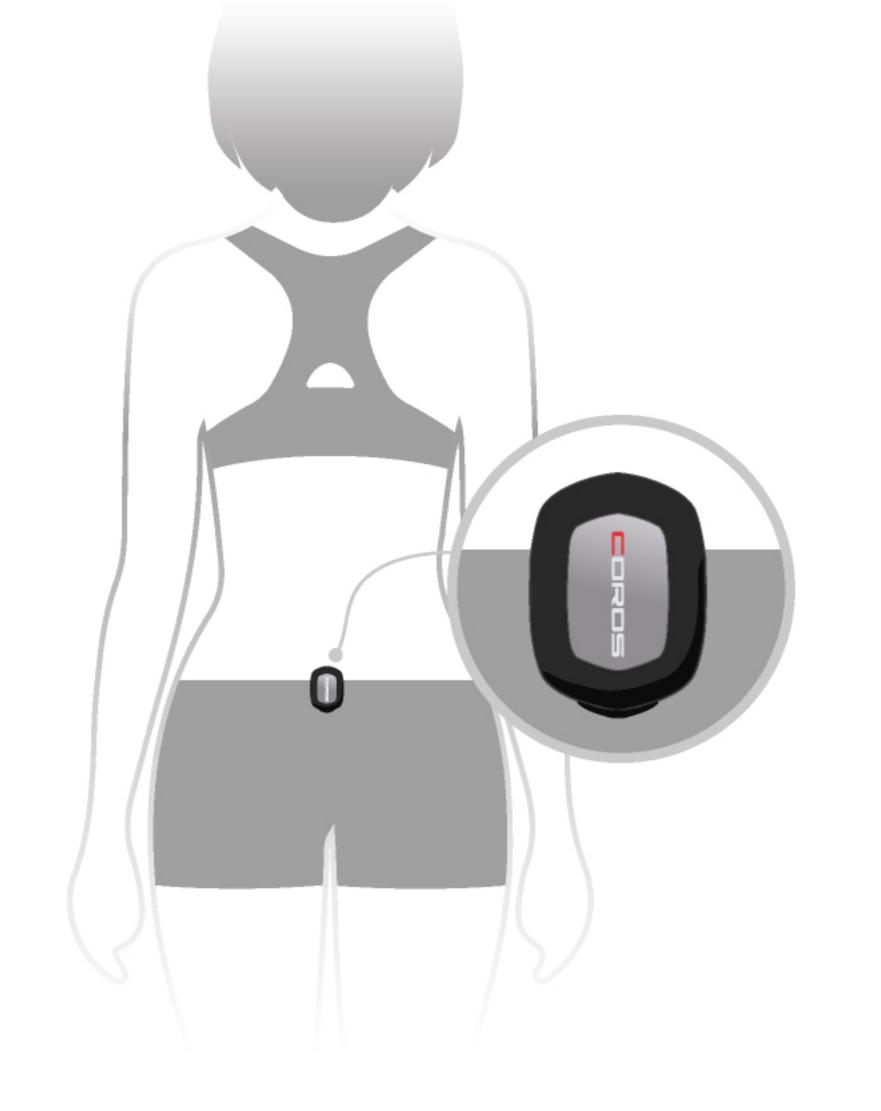
# 电量指示灯

每次激活传感器时,将亮灯提示剩余电量。 传感器静置 2 分钟后将自动进入休眠状态,为 了延长电池使用时间,建议在跑步结束后摘下 并静置传感器。

示灯长亮 2 秒	成功激活,电量≥10%
示灯连续闪烁 2 秒	成功激活,电量<10%, 请及时更换电池

# 佩戴 须知

请佩戴于身体后方,夹在裤腰中间,确保字母 C垂直指向上方。



### 产品规格

电池规格 CR2032可更换式电池 无线技术 BT4.2 (BLE), ANT+ 工作温度 -10°C to 55°C (14°F to +131°F) 存储温度 -20°C to 65°C (-4°F to +149°F) 防水等级 1ATM / 10米(32.8 Feet)

# 产品中的有害物质说明

	有毒有害物质或元素								
				六价铬 (Cr(VI))	联苯				
机	X	0	0	0	0	0			
套	0	0	0	0	0	0			
池	X	0	0	0	0	0			

### FCC声明

本设备经过测试证实符合 FCC 通则第 15 部分 所定义的B级数位设备限制。该限制是为了提

供住宅设备对有害干扰的合理保护。本设备可 产生、使用及发射射频能量。若未依照指示进 行安装及使用,可能对无线电通讯引起有害干 扰。然而,在某些设备上无法保证不会发生干 扰现象。若本设备对于无线电或电视机接收确 实引起有害干扰(可将设备关闭再开启进行判 定),建议您采用以下方式对干扰进行修正:

- 将接收天线调整方向或改变放置地点。
- 加大设备与接收器之间的距离。
- 分开设备及 GPS 设备所使用的插座,使其 不在同一电路。
- 洽询经销商或有经验的无线电 /TV 技师请求 协助。

本设备符合 FCC 通则第 15 部分。设备操作将 受限于以下两个条件:

- 1.设备不得引起有害干扰。
- 2. 设备必须能接受任何接收到的干扰,包括引 起无用操作的干扰。

经非授权之检修或修改可能造成设备永久性损 坏,且将丧失您产品保修及第15部分法规下 授权给您的本设备操作权利。