

# User Guide

# Welcome to IDO ONE world

Operate and check all data on IDO ONE by “ONE” key

Including:

Activity & Sleep

Remote camera control

Remote music control

APP available for:

Call reminder/ SMS reminder/ Alarm reminder/ Sedentary  
reminder/ Email reminder/ Note reminder/ Anti-lost reminder

# What you will get

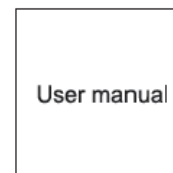
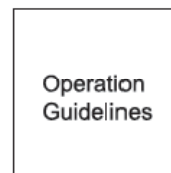
- Watch \*1



- Charging cable \*1



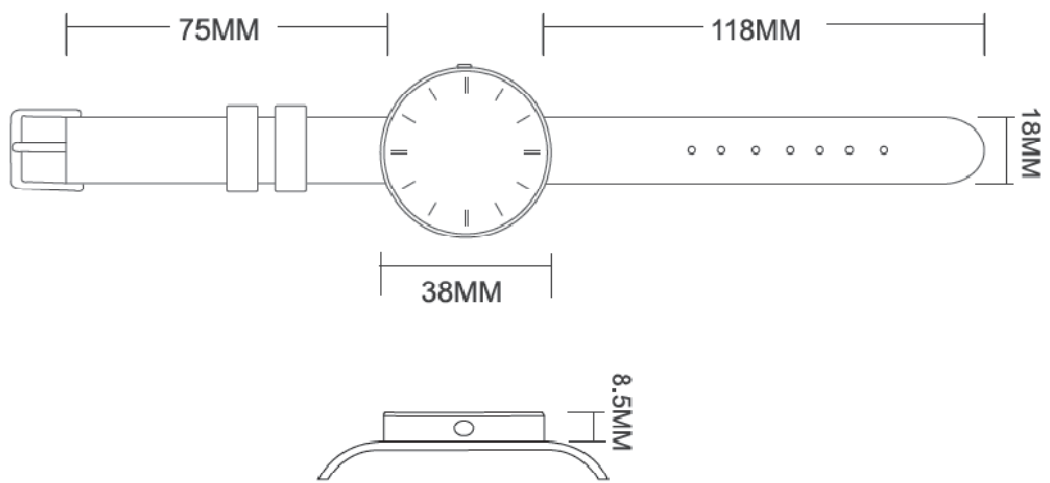
- User manual\*1



- Warranty Card \*1



# Appearance Specification



# Functions

- **Reminder function**

Call reminder、SMS reminder、Email reminder

Alarm reminder、Note reminder、Anti-lost reminder

Sedentary reminder

- **Auto-recognition**

Step, calories, distance, sleep monitor, sleep quality,  
wake-up times

- **Control function**

Camera control, music control

# Get the APP



Get the latest version of the App by scanning this QR code.

# APP Direction

- **Connect IDO ONE through Bluetooth**

IDO ONE support smart phone with Android 4.3 and above & iOS 7.0 and above/ Bluetooth 3.0

Connecting IDO App with IDO ONE watch to help you check all data and health report.

Download IDO App free from App Store, Google play or other App platform.

- **Supporting models Compatibility**

For iOS 7.1 and above

IPhone4s/5/5c/5s/6/6 Plus

For Android 4.3 and above

Galaxy S4/Galaxy Note2/Nexus 5/Nexus 6/HTC 820

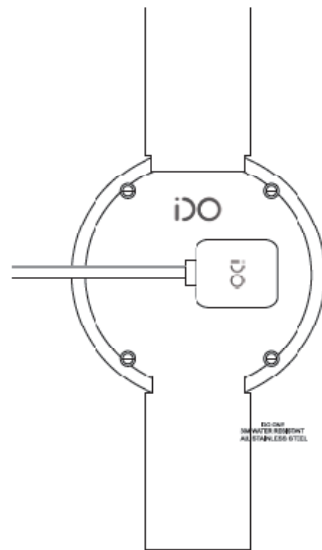
HTC One M8/OnePlus/Xiaomi 3/Xiaomi 4...

# Charging

IDO ONE use new technology by magnetic suction charge,

Adsorb dial can be fully charged with only 20mins.

2 weeks of long standby time, no longer worry about out of battery.





# Specificationt

Material: 316 biomedical stainless steel + Cow Genuine Leather strap + sapphire glass lens

Color: Black Gold Silver

Standby time: 30 days

Usage Times: 20 days

Battery: 80 mAh Lithium battery

Charging Time: 30 minutes

Charging: Magnetic suction contact recharging

Display: 12 LED indicator light, LED display

Waterproof: 30m

Dimension: 38\*38\*8.8mm

Screen: 0.66" OLED screen

Weight: 39g

Data Sync / Bluetooth: BT3.0+EDR

Application system: IOS 7.0 above

\*All technical information are for reference only, they are subject to actual performance, IDO reserves the right of final interpretation.

# Precautions

Please pay attention and read carefully of this chapter.

1. Please put this watch on the place out of children's and pets' reach. Otherwise, children and pets might destroy the device or swallow the accessories.

2. Please keep the watch dry. This watch is for life waterproof, like daily hands washing, rainy drops. Please avoid wearing it in water or any professional occasions like swimming or showering.

3. Please keep the watch away from high temperature. High temperature will shorten the life span of the PCB, destroy the battery, wrap or melt some accessories.

4. Please keep the watch away from low temperature. Otherwise, the watch will gather humidity inside when the watch heats (reach a normal operating temperature), thus, the humidity will destroy the PCB.

5. Avoid using harsh chemicals to clean the watch. Wipe the watch with a soft cloth that dip the soap water without contain harmful substances.

6. Don't place watch around heating devices. Such as, the inside and upside of the microwave, oven or radiator. When the watch overheating is possible to explode.

7. If the watch, battery, the charger and any accessory not operating properly, please contact the sales for consultation, we will get back to you to solve immediately.

8. Related after-sale service please refer to after sales policy.



Wechat



Weibo

**FCC Caution:** Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

**FCC RF Radiation Exposure Statement:**

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be collocated or operating in conjunction with any other antenna or transmitter.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.