



Instructions For Use

Read this completely prior to using your NIRA BEAUTY Skincare Laser

Part number: 820-001, Rev A

WELCOME TO NIRA BEAUTY

Your journey to beautiful, younger-looking skin.

The NIRA BEAUTY Skincare Laser is a breakthrough in anti-aging skincare treatment, delivering professional laser results, easily and conveniently in your own home. With just a few minutes each day, your NIRA BEAUTY Skincare Laser visibly reduces the appearance of fine lines and wrinkles to restore smooth, radiant skin.

Collagen is a protein naturally produced by the body to give skin youthful elasticity and firmness. As we age, the production of collagen slows, which can result in wrinkles and imperfections, especially around the eyes and mouth. The NIRA BEAUTY Skincare Laser is specially designed to boost collagen stores and rejuvenate skin cells for the healthy, beautiful skin you deserve.

The NIRA BEAUTY Skincare Laser starts working immediately to reverse the signs of aging using advanced dermatologist-tested technology to produce noticeable results in as little as 4 to 8 weeks.

















Before using your device for the first time, it is important to read the instructions and safety information in this booklet to ensure proper use, and to achieve your best results. We recommend saving these instructions for future reference.

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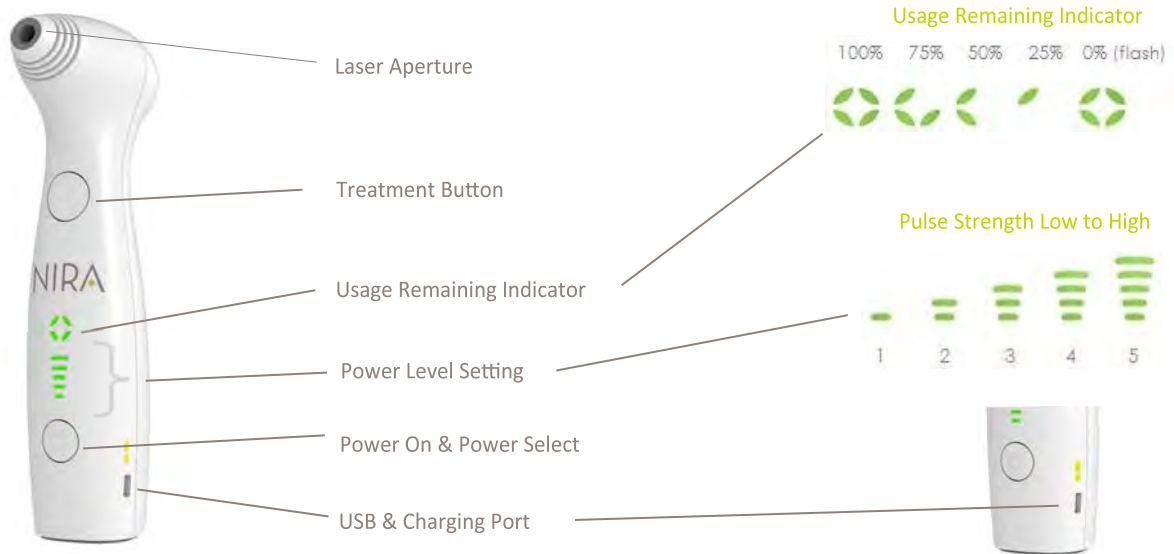
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SYMBOLS

The following symbols are used within this manual or on the NIRA BEAUTY Skincare Laser and its packaging:

	Consult Accompanying Documents		Serial Number		Non-ionizing Radiation
IP22	Protection against finger-sized objects. Protected against dripping water. The device is not submersible.		Date of Manufacture		Use only with NIRA BEAUTY Supply Unit
	Type BF Applied Part, IEC Class 1 Medical Device		Fragile, Handle with Care		Read Operator's Manual
Temperature Range			Keep Dry		Laser Radiation Warning
			This symbol appears next to information about possible safety risks.		WARNING: Do not use this appliance near bathtubs, showers, basins or other vessels containing water.
Relative Humidity Range			Standby & Ready		
			Class II Double Insulation Electrical Appliance		
Pressure Range					
					

ABOUT NIRA BEAUTY SKINCARE LASER



Contents: NIRA BEAUTY Skincare Laser, USB cable, wall plug adaptor, plug adaptor blades, Instructions for Use, Quick Reference Guide

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SAFETY INFORMATION

Read all important safety information on pages 7 and 8 prior to using the NIRA BEAUTY Skincare Laser.

WHEN TO USE (INDICATIONS)

The NIRA Beauty Laser is an over-the counter device intended to treat:

- periorbital wrinkles—wrinkles around the eyes
- perioral wrinkles—wrinkles around the mouth
- mild to moderate acne

WHEN NOT TO USE (CONTRAINDICATIONS)

- Do not use on skin that is cut, burned, or infected. Only use on skin that is intact.
- Do not use to treat moles, warts, open sores, cancerous lesions, or any skin condition other than periorbital wrinkles, perioral wrinkles and acne.
- Do not use if you have severe acne, including large acne lesions and cysts.
- Do not use if you have a history of diseases stimulated by heat, such as recurrent herpes simplex (cold sores) in the treatment area, unless treated by following a preventive regimen.
- Do not use if you have any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash and rosacea.
- Do not use if you have a history of significant post-inflammatory hyperpigmentation at the sites of acne lesions.
- Do not use if you have a history of skin cancer, or any other type of cancer, or pre-malignant moles.
- Do not use if you are using isotretinoin (Accutane/Roaccutane, Amnesteem, Claravis) or any other systemic retinoid.
- Do not use if you are pregnant, nursing or undergoing fertility treatments.

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SAFETY INFORMATION - WARNINGS

To prevent serious injury, you must follow these Instructions for Use when using the NIRA BEAUTY Skincare Laser.

Changes or modifications not expressly approved by Dermal Photonics Corporation could void the user's authority to operate the equipment.

If you experience skin color darkening, discontinue use and check with your doctor.

Do not treat if you have tanned skin. Tanned skin is at an increased risk of adverse effects with light-based devices.

Avoid sun tanning bed exposures and apply SPF 30 or greater when outside within 6 weeks of treatment.

The NIRA BEAUTY Skincare Laser is not intended for use by individuals (including children) with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instructions concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure they do not play with the appliance.

For use only with adolescents 12 and over.

Do not point or place the treatment tip over your eye or eyelid; serious or permanent eye damage may result.

Do not place or drop your device or charger near or into water or liquid. Do not use the device while bathing. Doing so could result in serious injury.

Always keep the cord away from heated or wet surfaces to prevent damage to the device.

Ensure the skin and treatment tip are dry before treatment. The device may not operate properly if the treatment tip is wet. Such failure to operate properly may cause serious side effects or device malfunction.

Do not treat the same spot more than once within a 1 minute period and do not treat more than twice within a 1 hour period. Multiple immediate treatments may result in discomfort or increased side effects.

Do not share the NIRA BEAUTY Skincare Laser with other people. Sharing the device could transfer bacteria or other pathogens from one person to another and may cause harmful infection.

Use only with the power supply unit and USB cable provided.

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SAFETY INFORMATION - WARNINGS

Do not use the NIRA BEAUTY Skincare Laser if the device or the charger is visibly damaged. Never attempt to open or repair the device or charger; doing so could result in a serious eye or skin injury, or possibly fatal electrical shock.

Stop using the device and consult your doctor if you feel pain or your skin gets uncomfortably hot during treatment. Continued use of the device could result in serious skin injury.

Stop using the device if you see unwanted hair growth. Application of lasers and IPL for hair reduction to the lower face, particularly near the side burns, has been associated with a risk of paradoxical hair growth. This risk is proposed to arise from low level heating of the hair follicles.



SAFETY INFORMATION - PRECAUTIONS

If you have a skin condition or are undergoing professional cosmetic treatments such as injectable toxins or fillers, please check with your doctor or clinician prior using the NIRA BEAUTY Skincare Laser.

Only use the charger and USB cord supplied to recharge the device. Using a different charger or USB cord could cause device malfunction or serious injury.

Do not drop the device on hard surfaces as the device could be damaged.

The NIRA BEAUTY Skincare Laser complies with all standards regarding electromagnetic fields (EMF). If handled properly and according to the instructions in this booklet, the device is safe to handle based on scientific evidence available today.

Store the NIRA BEAUTY Skincare Laser in the supplied box to prevent lint or dust collection inside the laser aperture. Lint or dust inside the laser aperture may degrade the performance. Clean the device periodically as instructed on page 18.

Store the NIRA BEAUTY Skincare Laser in the supplied box in a secure location away from household animals and children.



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WHO SHOULD USE NIRA—ANTI-AGING

When used as directed, the NIRA BEAUTY Skincare Laser visibly smoothes and diminishes fine lines and wrinkles around the eyes and mouth.

TREATMENT GUIDELINES - ANTI-AGING

- The NIRA BEAUTY Skincare Laser is intended to treat peri-orbital wrinkles and perioral wrinkles.
- Typically 2-3 rows of treatment are needed for each eye, moving the device slightly lower for each row of use, until the entire area is covered. Overlap each pulse slightly to ensure complete coverage. 50 pulses per eye area are recommended. Use a mirror when treating around the eyes.
- Treat the mouth area in a similar way until all the skin in the zone is treated. 50 pulses for the mouth region are recommended.
- See the illustration to the right for clear treatment area definition.
- If you would like to accelerate your results, we recommend waiting 1 minute and retreating each area. Do not treat more than twice within an 1 hour period.

Wrinkle Type	Use the NIRA?	Description	Example
Periorbital Wrinkles	Yes	Wrinkles around the eye	
Perioral Wrinkles	Yes	Wrinkles around the mouth	







WHO SHOULD USE NIRA—ACNE

There are many types of acne. Use this chart to see if the NIRA BEAUTY Skincare Laser is right for you.

TREATMENT GUIDELINES—ACNE

- Treat your acne wherever it breaks out on your face.
- Keep in mind that some areas of your face are more sensitive than others, so start at a lower level then gradually increase until the power level is right for the area you are treating.
- Move the device across the area you are treating. The number of pulses needed for each treatment will depend on the size of the area selected.
- If you would like to accelerate your results, we recommend waiting 1 minute and retreating each area.
- Do not treat more than twice within a 1 hour period.

Acne Type	Use the NIRA?	Description	Example
Mild Acne	Yes	Several inflamed pimples (red and sensitive bumps)	
Moderate Acne	Yes	Many inflamed pimples and pustules (red and sensitive bumps filled with white or yellow pus)	
Severe Nodular or Cystic Acne	No	Many pimples and pustules with several nodules (solid masses of skin, like knots, either raised or felt under the skin) or cysts (closed, bag-like structures under the skin, containing liquid)	
Comedonal Acne	No	Blackheads and whiteheads (small bumps on the skin with a white or black center, not inflamed)	







CHARGING INSTRUCTIONS

- First, connect the USB cable to the charging port of the device.
- If using your computer to charge, connect the large end of the USB cable to the USB port of your computer.
- Alternately, connect the large end of the USB cord to the wall plug adaptor and plug into a wall outlet.
- When your NIRA BEAUTY Skincare Laser is connected to a power source, the battery indicator lights will flash until the battery is fully charged. Once the battery is fully charged, the battery indicator lights will stop flashing. It should take no longer than 5 hours to fully charge the device.
- A fully charged device will last approximately 4 hours of continuous use. This time will vary with settings and will lessen as the battery ages.



Note:
Treatment is disabled during charging.

Treatment is dis-

Charger State	Battery Indicators	Condition
Charger disconnected	 Top is ON Bottom is ON	Normal operation—Battery over half charge
	 Top is OFF Bottom is ON	Normal operation—Battery less than half charge
	 Top is OFF Bottom is Blinking	Very low charge. May stop functioning.
Charger connected	 Top is OFF Bottom is Blinking	Still charging. Less than half charge.
	 Top is Blinking Bottom is ON	Still charging. More than half charge.
	 Top is ON Bottom is ON	Charge complete. Disconnect and treat.

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PRE-USE INSTRUCTIONS

- Be sure battery is charged. If the battery is charged, unplug battery charger prior to use. The NIRA BEAUTY Skincare Laser will not operate while the device is connected to the USB.
- Turn on the device by pressing the power button located on the lower end of the device. Press the power button again to increase power from levels 1 to 5, then back to 1 until you find the highest level that where you feel warmth from the device without pain. This setting will vary by treatment location.
- First, test on your forearm and adjust power setting to get familiar with the sensation experienced at each level.

Note: you may use different power settings on different parts of your body depending on the sensitivity of the treatment area. For example, areas such as under the eye should be treated starting at the lowest level to test the area then gradually increase the power level if desired.



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