

- Regularly clean your wrist and the smart wristband, especially after sweating during exerise or when exposed to substances such as soap or detergent which may attacth to the inside of the wristband.
- O Do not wash the wristband with household cleanser.Please use soapless detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.
- For spots or stains that are not easy to remove, scrub with alcohol and then follow the above steps.

FAQ

- The device doesn't charge, is it defective? If your device doesn't charge, please check if you charge it in a
- correct way by following steps: ① Find the charging USB port(should be the side which with built-in
- aolden chip). Please put the built-in USB charging plug (where the white round icon and the metal strips are located) into a standard USB port. When it is charging, the battery symbol will display on the screen and last about 5 seconds. When you press the touch key, the battery symbol will show
- ③ If nothing shows when you press touch key, flip it over, turn the device's charging plug in the opposite direction. If the battery icon is running when you press the watch's touch key, it means it is charging successfully.

Can't find device when pairing?

① Please make sure the smart phone Bluetooth is ON and smart phone OS is Android 4.4 & above or iOS 8.0 & above. 2) Please make sure the device is near the smart phone when pairing (approximately 0.5m) and within the normal Bluetooth communication distance range (within 10m).

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- problem after full charge, please contact us. ◆ Can't connect the device with App?
- Some smart phone Bluetooth services will be abnormal when rebooting the phone. Try restarting the Bluetooth or reboot the smart phone when pairing the device.
- ◆ Failed to connect with Bluetooth occasionally.
- ① Caused by the abnormality of Bluetooth service when it restated on the phone. ② Reboot mobile phone or re-start the Bluetooth service, then it works
- normal.
- ♦ Why the step counting is not accurate?
- ① Walking for less than 30 steps: To reduce step counting errors, like wrist phone at the same time. But you could connect them one at a time.
- The step counting is related to your age, sex, height and weight etc. Therefore, before initial use, please go to the "VeryFitPro" app to input your personal information.
- 3) Steps will be reset to zero when a new day begins (00:00 AM), so please make sure the time of the wirstwatch is accurate.
- How does the sleep tracker function work? ① The sleep tracker is implemented through an acceleration sensor. It will
- The sleep tracker is implemented unuger an according to your body movements. If you deduce your sleeping pattern according to your body movements. If you ♦ Why can't the straps be removed? are in a deep sleep, then your body should be moving less, otherwise, ou will be lightly sleeping or awake. D The tracker will save your sleeping data only when your continuous
- sleeping time is over 4h at night (your daytime sleeping will not be tracked). bend them down or pull them up. For example, if you go to sleep at 11:00 PM, wake up at 1:00 AM and go to sleep again, the continuous sleeping time is less than 4h, then the watch will not record your sleeping data during 11:00 PM to 1:00 AM. 15

- The heart rate monitor function uses a Photoplethysmography (PPG) method to detect your heart rate. The green light on the heart rate sensor can tell you the heart rate according to your blood flow. There are some factors may affect the accuracy of the heart rate monitoring. There are some factors that may affect the accuracy of the heart rate monitoring. There are some factors that may affect the accuracy of the heart rate monitoring. There are some factors that may affect the accuracy of the heart rate monitoring. There are some factors that may affect the accuracy of the heart rate monitoring. There are some factors that may affect the accuracy of the heart rate monitoring. There are some factors may affect the accuracy of the heart rate monitoring. There are some factors may affect the accuracy of the heart rate monitoring. There are some factors may affect the accuracy of the heart rate monitoring. There are some factors may affect the accuracy of the heart rate monitoring. There are some factors may affect the accuracy of the heart rate monitoring. There are some factors may affect the accuracy of the heart rate monitoring. There are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate monitoring. The may are some factors may affect the accuracy of the heart rate may are some factors may affect the accuracy of the heart rate may are some factors may affect the accuracy of the heart rate may are some factors may affect the accuracy of the heart rate monitoring. There are some factors that may affect the accuracy of the heart rate monitor:
- D Wearing it too loose will affect the accuracy of your testing results, so Changes or modifications not expressly approved by the party responsible heart rate.
- from your blood vessels, so it will affect the testing results.
- You cannot connect two or more fitness trackers to the same one particular installation.
- Walking for less than 30 steps: to reduce step counting entries, the wind shaking while not walking, "steps" will be reset automatically if you take
 A can I use the tracker seperately without connecting
 If this equipment does cause harmful interference to radio or television
 Can I use the tracker seperately without connecting with the phone and Bluetooth? It has to be connected to a smart phone via the "VeryFitPro" app

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before initial use. Because the date and time of the fitness tracker can only changed by connecting with a smart phone. After being connected to a smart phone once, it can be used on its own to check your steps, heart rate, distance traveled and active minutes. The activity data can be showed on the display of the fitness tracker, but which the receiver is connected. the information of sleep quality can only be found in the app.

Removing the straps may be hard at the beginning, but they shall not break. You just need to pull them in a parallel direction, and not

③ Please make sure the device is not under low battery. If there is still + How does the heart rate monitor function work? This device complies with Part 15 of the FCC Rules. Operation is subject CAUTION RISK OF EXPLOSION IF BATTERY IS REPLACED

we suggest you wear it a little tighter than normal when testing your for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a ② Wearing position is not correct, for example, if the device is just sitting Class B digital device, pursuant to Part 15 of the FCC Rules. These limits is a Class B digital device, pursuant to Part 15 of the FCC Rules. on the bone of your wrist, the sensor can not receive the reflected light are designed to provide reasonable protection against harmful interference is responsible to bring the appliances to the in a residential installation. This equipment generates, uses and can radiate (i) Sweat, water, imputies, skin color, weather and humidity, etc. will all affect the results as well. The step counter is implemented through a Three-axis Sensor, it records steps according to your displacement and wrist shaking. The following situations may cause the inaccurate steps counting:

> reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: -- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to

- Consult the dealer or an experienced radio/TV technician for help. The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

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Old electrical appliances must not be dispo with the residual waste, but have to be disp separately. The disposal at the communal c via private persons is for free. The owner of points or to similar collection points. With t personal effort, you contribute to recycle va

materials and the treatment of toxic substar

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ne is switched ON.		1.2.1 Data Reading Sub-Mode	1.4.1 Sports Starting mode	1.4.4 Exit Sports Ongoing Mode	1.4.6 Matters Prompt in Sports Mode	4) Sports Mode Inaccessible Due To Low Battery Prompt	1.5.2 Stopwatch Timekeeping Mode	2. More Prompts	5) Target Completion Prompt	Basic Specifications
h for the device vice name and	56 12460 Run Stopwatch 15:00AM	Tap the touch key] to enter the next 2036 345 sub-mode	3 2 1 GO After the 3-2-1-GO countdown ends, Sports Underway mode	1) If your exercise lasts less than 1 minute, you will be reminded that your data will not be saved. Short training	1) Prompt to exit sports mode after a period of inactivity. N0 action	[Tap the touch key] to accept the prompt stating that sports mode is inaccessible due to the device having low battery.	49 [Tap the touch key] : [Press and hold the touch key for 2a] :	1) Call Prompts Tap the touch key to remove the call	When certain goals are achieved, shake the device to display the target completion prompt. Tap the touch key to quit.	Model No.: Vigor Working temperature: -20 C - 40 C Battery Capacity: 90mAh Waterproof: IP68
ight band from the ide the screen of o the device and	Image: state state State state State state State state State state State state State state state State state state state State st	Note: Go back to Data Reading Mode by tapping the touch key on the final interface of Data Reading Sub Mode Sub Mode.	1.4.2 Sports Ongoing Mode	[Tap the touch key] to enter the main interface of sports mode (the data reading interface of sports data display mode is not displayed) Notsave	[Tap the touch key] to remove the prompt to automatically quit quit sports mode. in 15 s	15% tow Note: The prompt will appear when a user tries to start battery sports mode when the device's battery is too low.	diate Return to stopwatch mode.	Long press Long press to hang up.	Achieve gools 6) Low Battery Prompt	Sync: Bluetooth 4.2 Working Time: 7days Working Voltage: 3.7V Product frequency band: 2402-2480MF
onnection.	Function Introduction	1.3 Heart Rate Mode	* ° • • • • • • • • • • • • • • • • • •	2) If your exercise lasts more than 1 minute, a Sports	Note 1. If there is no activity for a period of 15 minutes, a prompt will be displayed for 15s before it stops.	5) Abnormal Operation During Sports	00:00 [Tap the touch key] :	Note: Call Prompts must be switched ON in the app. 2) Message Prompts	[Tap the touch key] to cancel the prompt.	Declaration of toxic and hazardous substances in
	1.1 Time Mode		Steps KM BPM → → 345 8'45" 11:34.35 Kml Pros	End Reminder will be displayed.	 New activity will remove the prompt for automatically quitting sports mode. If there are not any new operation before the countdown ends of quitting from sports mode automatically, it will quit sports mode 	The prompt will be available soon.	Section 2012 Constraints and hold the touch key for 2s : Control to continue	In case of multiple messages, tap the touch key to let's have read the excess ones. dinner Note: The relevant settings need to be switched ON	15% law battery	electronic information products
		→ On your Off your wrist Wrist	Sports main Steps/Calories Distance/Pace Real-time heart rate	[rep the rouch key] to once the sports data display mode Good job!	automatically. 2) Full Memory Force Quit Prompt	mode.	1.6 Alarm Clock	tonight in the app.	7) Ultra-low Battery Prompt 23:45 Once on this page, other modes become inaccessible.	The device meets the EU ROHS criterion. Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.
cm away from		Before Data After Data	Interface [Tap the touch key] to enter the next sub-mode. [Press and hold the touch key for 2s] to exit the sports mode.	1.4.5 Sports Data Display Mode	Memory in- [Tap the touch key] to confirm the full memory force quit.	1.5 Stopwatch Mode [Tap the touch key to enter the next mode] : If act in the gap and suppressived with the glore glock	Image: Tap the touch key to return to time mode 16:00AM Alarm Clock: The relevant settings need to	3) Alarm Clock	Please ch-	RoHS
	Instructions The way the time is displayed can be switched in the app as follows:	Note: When the Heart Rate interface is opened for longer than 1s, the device begins to measure your heart rate. The symbol will be	Note: The speed and distance of riding can be displayed, but the App must be connected and the riding & App must start at the same time.time.	21036 6.8 96 Steps K/M BPM	Synchro- nize and try again Note: When the wrist strap's memory becomes full with sports data, the user will be reminded to exit sports mode.	it will enter alarm dock mode. Otherwise, it will return to time mode. [Press and hold the touch key for 2s] :	Mon torgress on off	6.00xm 10:00xm 14:00 m 19:00m Non	 8) Device Error Notification Note: When an error is detected with the device, it will 	Wearing and Maintenance
default, and	Lap the touch key to enter the next mode: 1.2 Data Mode	displayed while data is being monitored. When enough data is gathered, the BPM will be displayed. 1 4 Sports Mode	1.4.3 Sports Pause mode	400 400 345 8'45'' 68 Kcal AVS Pace Min	3) Low Battery Force Quit Prompt	Enter stopwatch timekeeping ready mode.	1.7 Camera Mode Control Entry method: Start the camera via the app, and the device will enter camera mode.	Alarm Clock Mode: The relevant settings need to be switched ON in the app. You can set up to 10 alarm clocks.	display the following and will pop up each time the device is turned ON.	
e exercising.	[Click the touch key] to enter the next mode:	[Press and hold the touch key for 2s] to enter Sports Starting mode	10:30 [Press and hold the touch key for 2s] Exit sports ongoing mode	Steps/Calories Distance Average heart rate /Average pace //Duration	[Tap the touch key] to accept the force quit from sports mode.	1.5.1 Stopwatch Timekeeping Ready Mode	Photo taking methods: Shake/Wrist lifting/Tap the touch key	4) Long Time Sitting Prompt Long Time Sitting Prompt The relevant settings need to be	ster-site Status Code:	
	12460 ic enter the sub-mode of "Data Reading"	[Tap the touch key] to enter the next mode: Sports Mode. Note: The sports mode type can be selected in the App. There are a total of 14 types of sports activities in the App. but you can pouly select 3 knoss of sports at the same	Image: The water only ras an extreme only available through the App.	[Tap the touch key] to enter the next sports data display. Tapping the final interface once will return you to the first sports mode interface.	Note: During sporting activities, when the power is too low, sports mode will pause, and a prompt will appear to announce the force quit from sports mode.	00 [Press and hold the touch key for 2s] : Return to stopwatch mode.	Exit methods: 1. Press and hold the touch key to exit from the camera mode 2. Exiting through the app will make the wrist strap quit from the	Time to Time to move! move! switched ON in the app. Tap the touch key to remove the prompt.	 01 means there is an error with the acceleration sensor 02 means there is an error with the heart rate sensor 03 means there is an error with the touch key IC 04 means there is an error with the flash 	Our products are designed for you to wear throughout the day. So please follow a few brief instructions when you are wearing and maintaining your smart devices. To keep your wristband clean and your skin comfortable, we put forward the following the:
	04	time. 05	06	07	08	Clicktostart 09	camera mode. 10	11	12	13
		1	1	1	1					
posed of together	This device was tested for typical body-worn operations. To comply with RF exposure requirements, a minimum separation distance of 0mm must be maintained between the user's body and the handset, including the antenna. Third-party belt-clips, holsters, and similar accessories used by this device should not contain any metallic components. Body-worn accessories that do									
isposed of al collecting point of old appliances	and should be avoided. Use only the supplied or an approved antenna. This device in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU. All essential radio test suites have been carried out.									
hese collecting this little valuable raw	1. The device complies with RF specifications when the device used at 0mm form your body Max RF outputpower:-4.52 dBm	Scan here to download VeryFitPro								
tances.										

