FCC RF Exposure Evaluation

1. Product Information

FCC ID : 2ADEQ7005
Product name : FitBark GPS

Test Model : 7005

Power supply : DC 3.7V by Rechargeable Li-ion Battery, 200mAh

Bluetooth : 2402MHz ~ 2480MHz

2412MHz ~ 2462MHz

Channel Number : 40 channels for Bluetooth V5.0(DTS)

11 Channels for 20MHz bandwidth (2412~2462MHz)

Channel Spacing : 2MHz for Bluetooth V5.0(DTS)

Modulation Type : GFSK for Bluetooth V5.0(DTS)

IEEE 802.11b: DSSS (CCK, DQPSK, DBPSK)

IEEE 802.11g: OFDM (64QAM, 16QAM, QPSK, BPSK)
IEEE 802.11n: OFDM (64QAM, 16QAM, QPSK, BPSK)

Bluetooth Version : V5.0

Antenna Type : External Antenna Antenna Gain : -4.0dBi(Max.)

Hardware version : 2 Software version : 0.3

LTE Frequency Band : LTE FDD Band 12, Band 13

LTE Antenna Description : External Antenna:

For LTE Band 12, -4.5dBi(Max.) For LTE band 13, -4.5dBi(Max.)

Exposure category : General population/uncontrolled environment

EUT Type : Production Unit

Device Type : Mobile Devices

2. Evaluation Method

Systems operating under the provisions of FCC 47 CFR section shall be operated in a manner that ensures that the public is not exposed to radio frequency energy level in excess of the Commission's guidelines. In accordance with 47 CFR FCC Part 2 Subpart J, section 2.1091 this device has been defined as mobile device whereby a distance of 0.2m normally can be maintained between the user and the device, and below RF Permissible Exposure limit shall comply with.

In accordance with KDB447498D01 for Simultaneous transmission MPE test exclusion applies when the sum of the MPE ratios for all simultaneous transmitting antennas incorporated in a host device, based on the calculated/estimated, numerically modelled or measured field strengths or power density, is ≤ 1.0. The MPE ratio of each antenna is determined at the minimum test separation distance required by the operating configurations and exposure conditions of the host device, according to the ratio of field strengths or power density to MPE limit, at the test frequency. Either the maximum peak or spatially averaged results from measurements or numerical simulations may be used to determine the MPE ratios. Spatial averaging does not apply when MPE is estimated using simple calculations based on far-field plane-wave equivalent conditions. The antenna installation and operating requirements for the host device must meet the minimum test separation distances required by all antennas, in both standalone and simultaneous transmission operations, to satisfy compliance.

3. Limit

3. 1 Refer Evaluation Method

ANSI C95.1–1999: IEEE Standard for Safety Levels with Respect to Human Exposure to Radio Frequency Electromagnetic Fields, 3 kHz to 300 GHz.

<u>FCC KDB publication 447498 D01 General 1 RF Exposure Guidance v06:</u> Mobile and Portable Devices RF Exposure Procedures and Equipment Authorization Policies.

FCC CFR 47 part1 1.1310: Radiofrequency radiation exposure limits.

FCC CFR 47 part2 2.1091: Radiofrequency radiation exposure evaluation: mobile devices

3. 2 Limit

Limits for Maximum Permissible Exposure (MPE)/Controlled Exposure

Frequency	Electric Field	Magnetic Field	Power Density	Averaging Time				
Range(MHz)	Strength(V/m)	Strength(A/m)	(mW/cm²)	(minute)				
	Limits for Occupational/Controlled Exposure							
0.3 - 3.0	614	1.63	(100) *	6				
3.0 - 30	1842/f	4.89/f	(900/f ²)*	6				
30 – 300	61.4	0.163	1.0	6				
300 – 1500	/	/	f/300	6				
1500 - 100,000	/	/	5	6				

Limits for Maximum Permissible Exposure (MPE)/Uncontrolled Exposure

Elitiles for Maximum refinissible Exposure (Mi E// Official Exposure							
Frequency	Electric Field	Magnetic Field	Power Density	Averaging Time			
Range(MHz)	Strength(V/m)	Strength(A/m)	(mW/cm²)	(minute)			
Limits for Occupational/Controlled Exposure							
0.3 - 3.0	614	1.63	(100) *	30			
3.0 – 30	3.0 – 30 824/f		(180/f ²)*	30			
30 – 300 27.5		0.073	0.2	30			
300 – 1500	/	/	f/1500	30			
1500 - 100,000	/	/	1.0	30			

F=frequency in MHz

^{*=}Plane-wave equivalent power density

4. MPE Calculation Method

Predication of MPE limit at a given distance Equation from page 18 of OET Bulletin 65, Edition 97-01

 $S=PG/4\pi R^2$

Where: S=power density

P=power input to antenna

G=power gain of the antenna in the direction of interest relative to an isotropic radiator

R=distance to the center of radiation of the antenna

5. Antenna Information

External Antenna can only use antennas certificated as follows provided by manufacturer;

Internal Identification	Antenna type and antenna number	Operate frequency band	Maximum antenna gain	Note
Antenna	External Antenna	2400MHz-2500MHz	-4.0dBi	WIFI Antenna
Antenna	External Antenna	2400MHz-2500MHz	-4.0dBi	BLE Antenna
Antenna	External Antenna		For LTE Band 12,	
		600MHz-800MHz	-4.5dBi(Max.)	LTE Antenna
		DUUIVINZ-8UUIVINZ	For LTE band 13,	LIE AIILEIIIIa
			-4.5dBi(Max.)	

6. Conducted Power

[BLE]

Mode	Channel	Frequency (MHz)	Peak Conducted Output Power (dBm)
BLE 1M	0	2402	0.14
	19	2440	1.25
	39	2480	0.94
	0	2402	-0.8
BLE 2M	19	2440	-0.44
	39	2480	-0.73

[2.4GWIFI Max Conducted Power]

Mode	Channel	Frequency	Max Conducted
ivioue	Chamilei	(MHz)	Power(dBm)
	1	2412	1.72
11B	6	2437	1.37
	11	2462	1.55
	1	2412	1.34
11G	6	2437	1.26
	11	2462	1.07
	1	2412	1.37
11N20SISO	6	2437	1.21
	11	2462	0.88

7. Manufacturing Tolerance

[BLE]

BLE 1M (Peak)							
Channel	Channel 0	Channel 19	Channel 39				
Target (dBm)	0	1.0	0				
Tolerance ±(dB)	1.0	1.0	1.0				
	BLE 2M	(Peak)					
Channel	Channel Channel 0 Channel 19 Channel 39						
Target (dBm) 0		0	0				
Tolerance ±(dB)	1.0	1.0	1.0				

[2.4GWIFI]

[=::::::]						
	11B (Peak)					
Channel	Channel 1	Channel 6	Channel 11			
Target (dBm)	1.0	1.0	1.0			
Tolerance ±(dB)	1.0	1.0	1.0			
	11G (Peak)					
Channel	Channel 1	Channel 6	Channel 11			
Target (dBm)	1.0	1.0	1.0			
Tolerance ±(dB)	1.0	1.0	1.0			
	11N20	SISO (Peak)				
Channel	Channel 1	Channel 6	Channel 11			
Target (dBm)	1.0	1.0	0			
Tolerance ±(dB)	1.0	1.0	1.0			

8. Measurement Results

8.1 Standalone MPE

As declared by the Applicant, the EUT is a wireless device used in a fix application, at least 20 cm from any body part of the user or nearby persons; from the maximum EUT RF output power, the minimum separation distance, r =20cm, as well as the gain of the used antenna refer to antenna information, the RF power density can be obtained.

<BLE>

		RF output power		Antenna Gain	MPE	MPE
	Band/Mode	dBm	mW	(dBi)	(mW/cm2)	Limits (mW/cm2)
	GFSK	2.0	1.5849	-4.0	0.0001	1.0000

<2.4G WIFI>

	RF output power		Antenna Gain	MPE	MPE
Band/Mode	dBm	mW	(dBi)	(mW/cm2)	Limits (mW/cm2)
IEEE 802.11b	2.0	1.5849	-4.0	0.0001	1.0000
IEEE 802.11g	2.0	1.5849	-4.0	0.0001	1.0000
IEEE 802.11n HT20	2.0	1.5849	-4.0	0.0001	1.0000

<LTE - CAT M1>

Band/Mode	RF output power		Antenna	Antenna MPE3	
	dBm	mW	Gain (dBi)	(mW/cm2)	Limits (mW/cm2)
LTE Band 12	23.0	199.5262	-4.5	0.0141	0.466
LTE Band 13	23.0	199.5262	-4.5	0.0141	0.520

<LTE - NB loT>

		RF o	utput power	Antenna	MPE3	MPE
	Band/Mode	dBm	mW	Gain (dBi)	(mW/cm2)	Limits (mW/cm2)
	LTE Band 12	24.0	251.1886	-4.5	0.0177	0.466
ſ	LTE Band 13	24.0	251.1886	-4.5	0.0177	0.518

The sample support one BLE&2.4GWLAN antenna and another LTE transmit antenna, so need consider simultaneous transmission;

Simultaneous transmission MPE

According to KDB447498 for Transmitters used in mobile exposure conditions for simultaneous transmission operations;

∑∑of MPE ratios ≤ 1.0

Mode	BLE (mW/cm2)	2.4G WIFI (mW/cm2)	LTE (mW/cm2)	∑MPE ratios	Limit	Results
BLE+LTE	0.0001	/	0.0177	0.0178	1.0	PASS
2.4G WIFI+LTE	/	0.0001	0.0177	0.0178	1.0	PASS

Remark:

- 1. Output power including turn-up tolerance;
- 2. Output power is burst average power;
- 3. MPE evaluate distance is 20cm from user manual provide by manufacturer;
- 4. MPE values = $PG/4\pi R^2$

8.2 Simultaneous Transmission MPE

9. Conclusion

The measurement results comply with the FCC Limit per 47 CFR 2.1091 for the uncontrolled RF Exposure of Mobile device.