

MPE Calculator	Model: 7004	Test Number: 180712		
	RF Exposure uses EIRP for calculation. EIRP is based on TX power added to the antenna gain in dBi.			
	dBi = dB gain compared to an isotropic radiator.			
	S = power density in mW/cm ²			
	Transmitter maximum Output power operating at 100% (Watts)	0.0160		
	Percent Duty Cycle operation (%)	0.2	Antenna Gain (dBi)	1.5
	Output Power for 100% duty Cycle operation (Watts)	0.0032	Antenna Gain (Numeric)	1.41
Tx Frequency (MHz)	2437	Calculation power (Watts)	0.0032	dBd + 2.17 = dBi
				dBi to dBd
				Antenna Gain (dBd)
				-0.67
Cable Loss (dB)	0.0	Adjusted Power (dBm)	5.05	Antenna minus cable (dBi)
				1.50
	Calculated ERP (mw)	2.74	0.00	EIRP = Po(dBm) + Gain (dB)
	Calculated EIRP (mw)	4.52	0.00	Radiated (EIRP) dBm
				6.551
				ERP = EIRP - 2.17 dB
				Radiated (ERP) dBm
				4.381
	<div style="border: 1px solid black; padding: 5px; width: fit-content;"> $\text{Power density (S) mW/cm}^2 = \frac{\text{EIRP}}{4 \pi r^2}$ <p>r (cm) EIRP (mW)</p> </div>			
	Occupational Limit			
	FCC radio frequency radiation exposure limits per 1.1310			
		Frequency (MHz)	Occupational Limit (mW/cm ²)	Public Limit (mW/cm ²)
5	mW/cm ²	30-300	1	0.2
50	W/m ²	300-1,500	f/300	f/1500
	General Public Limit	1,500-10,000	5	1
1	mW/cm ²			
10	W/m ²			
	Occupational Limit			
	IC radio frequency radiation exposure limits per RSS-102			
		Frequency (MHz)	Occupational Limit (W/m ²)	Public Limit (W/m ²)
0.6455f ^{0.5}	W/m ²	100-6,000	0.6455f ^{0.5}	
39.7	W/m ²	6,000-15,000	50	
	General Public Limit	48-300		1.291
0.02619f ^{0.6834}	W/m ²	300-6,000		0.02619f ^{0.6834}
5.4	W/m ²	6,000-15,000	50	10
f = Transmit Frequency (MHz)			f (MHz) =	2437
P _T = Power Input to Antenna (mW)			P _T (mW) =	16.0000
Duty cycle (percentage of operation)			% =	0.2
P _A = Adjusted Power due to Duty cycle or Cable Loss (mW)			P _A (mW) =	3.20
G _N = Numeric Gain of the Antenna			G _N (numeric) =	1.41
S ₂₀ = Power Density of device at 20cm (W/m ²)		S ₂₀ =(P _A G _N)/(4πR ₂₀) ²	S ₂₀ (W/m ²) =	0.01
S _L = Power Density Limit (W/m ²)			S _L (W/m ²)=	5.404
R _C = Minimum distance to the Radiating Element for Compliance (cm)		R _C =√(P _A G _N /4πS _L)	R _C (cm) =	0.8
S _C = Power Density of the device at the Compliance Distance R _C (W/m ²)		S _C =(P _A G _N)/(4πR _C) ²	S _C (W/m ²) =	5.40
R ₂₀ = 20cm			R ₂₀ =	20
	For Compliance with Canada General Population Limits, User Manual must indicate a minimum separation distance of			0.82 cm
	Or in Meters for Compliance with Canada General Population Limits, a minimum separation distance of			0.01 Meters

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Revision 1

FitBark Inc.
Model: 7004
Test: 180712
Test to: CFR47 15C, RSS-Gen RSS-247
File: FitBark 7004 MPE Exclusion

SN: ENG1 / ENG2
FCC ID: 2ADEQ7004
IC: 12329A-7004
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