





100mm



142mm

Get Free App "Wellness" on






BODY COMPOSITION ANALYZER
USER MANUAL
 CF7/BLE

Please visit the following URL to learn more about the app:

APP OVERVIEW
 The app is designed to help you track your body composition and health metrics. It provides real-time data and insights to help you achieve your fitness goals.

KEY FEATURES
 - Real-time body composition analysis
 - Personalized health recommendations
 - Data tracking and reporting
 - Integration with other health apps

GETTING STARTED
 1. Download the app from the App Store or Google Play.
 2. Create a new profile and set your personal information.
 3. Connect the device to the app via Bluetooth.

HEALTHY LIFESTYLE
 Maintaining a healthy lifestyle is essential for overall well-being. This includes regular exercise, a balanced diet, and adequate sleep.

WORKING THEORY
 The device uses advanced sensors to measure body composition. It provides accurate readings of fat percentage, muscle mass, and bone density.

OPERATING MODES
 - Normal Mode: Standard body composition analysis.
 - Sports Mode: Enhanced accuracy for athletes.
 - Rest Mode: Low power consumption for extended battery life.

PREPARATION BEFORE USE
 1. Charge the device fully before use.
 2. Clean the sensors with a soft cloth.
 3. Remove any jewelry or accessories that may interfere with the sensors.

CAUTIONS
 - Do not use the device in wet or humid environments.
 - Avoid using the device on damaged or cracked skin.
 - Do not use the device if you are pregnant or have a medical condition.

HOW TO USE THE APP
 1. Open the app and log in to your account.
 2. Tap on the "Measure" button to start a new measurement.
 3. Follow the on-screen instructions to complete the measurement.


APP SETTINGS
 1. Go to the "Settings" menu.
 2. Select "Profile" to update your personal information.
 3. Select "Units" to choose between metric and imperial units.

DATA EXPORT
 1. Go to the "Reports" menu.
 2. Select "Export Data" to save your measurement history as a PDF or CSV file.

CONNECTING TO THE APP
 1. Turn on Bluetooth on your smartphone.
 2. Open the app and tap on "Connect Device".
 3. Select the device from the list of available devices.

HOW TO USE THE BLE (WIRELESS) APP?
 The BLE app allows you to use the device without a cable. Simply connect the device to your smartphone via Bluetooth.

WHAT SHOULD YOU BE AWARE OF?
 - The device is not a medical device and should not be used for medical diagnosis.
 - The accuracy of the measurements may vary depending on the user's body composition and the device's calibration.



PROBLEMS, ASK QUESTIONS AND SOLUTIONS
 If you encounter any issues while using the device or the app, please refer to the following solutions:

PROBLEMS
 - The device does not power on: Check the battery level and ensure the power button is pressed correctly.
 - The device does not connect to the app: Ensure Bluetooth is turned on and the app is installed.

QUESTIONS
 - How accurate are the measurements? The device uses advanced sensors and provides accurate readings within a margin of error.
 - Can I use the device in the shower? No, the device is not waterproof and should be kept dry.

APP OVERVIEW
 The app provides a comprehensive overview of your health and fitness data. It includes a dashboard with key metrics and detailed reports.


REPORTS
 The app generates detailed reports of your body composition and health metrics. You can view these reports in the "Reports" section of the app.



FAQ - BATTERY
 - How long does the battery last? The battery typically lasts for several days of regular use.
 - How do I charge the device? The device is charged using a standard USB-C cable.

FAQ - APP
 - Why is the app not working? Check your internet connection and ensure the app is updated to the latest version.
 - How do I delete my account? Go to the "Settings" menu and select "Delete Account".

MEASUREMENT RESULTS
 The app displays your measurement results in a clear and easy-to-understand format. You can view the results in the "Measurements" section.



MEASUREMENT RANGE
 The device is designed to measure a wide range of body composition metrics, including fat percentage, muscle mass, and bone density.

INDICATION SYSTEM
 The device features a color-coded LED indicator system to show the status of the device and the accuracy of the measurements.