ACCURO

HEART RATE MONITOR
USER MANUAL

Thank you for selecting this product as your heart rate monitor of choice. This product will track your data in real time during your Fitness Work out and is also compatible with a variety of fitness apps on your smart phone.

IMPORTANT: This product is for recreational sports purposes only and it is not meant to replace any medical device.

This manual contains important safety and care information, and provides step-by-step instructions for using this product. Read this manual thoroughly, and keep it in a safe place for any future reference.

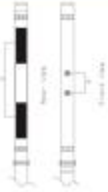## DEVICE OVERVIEW:

A. Heart Rate Transmitter Pod

FRONT VIEW   REAR VIEW

1. Left & Right Connector Snaps
2. Battery Door

B. Chest Strap

3. Conductive Pads
4. Snap-On Button Connectors

GETTING STARTED

A. Unpacking the Product

In this box, you will find:

A. 1 - Heart Rate Transmitter
B. 1 - Adjustable elastic strap
C. 1 - CR2032 battery [installed]
D. 1 - User Manual

B. How to Wear The Chest Strap

A. Wet the conductive pads on the strap with a few drops of water or conductive gel to ensure direct contact to the skin.

B. Secure the strap across your chest. To ensure an accurate heart rate signal, adjust the strap until it fits snug below your chest (pectoral muscles).

C. Attach the transmitter to the strap. Make sure the Fitness logo is facing right side up and the "L" mark on the back of the transmitter is connected to the left most snap when the strap is being worn.

To Use the Heart Rate functions on the Accuro Health App:

1. If you have already registered with the App, please sign-in with your email address and password and go directly to step 4. Otherwise, you will need to click the button "create an account" to create a new account.

2. Input a Username, Password, First Name, and Last Name and then click "Submit".

3. On the next page, you will be asked to input your verification code from the email that gets sent to your email address that you registered with. Put in your code and click "verify" to complete the account creation process.

4. Once you are logged in, you should be defaulted to the Heart Rate dashboard. To immediately start using your new HRM with the App, select "Find HRM" on the Heart Rate dashboard screen.

5. Put on your new Heart Rate Monitor, then click on "Tap to choose your device" from the Current Heart Rate screen. This should then scan for your HRM. Once your HRM is found, select it from the list.

6. If the connection is established successfully, you will see the battery status and the real time heart rate begin recording on the graph immediately.

7. If the connection is not established, please repeat steps 4 & 5, or remove and reinstall the battery of the heart rate monitor.

DATA TRANSMISSION

This ANT+ & Bluetooth transmitter pod is designed to acquire and transmit heart rate data.

To pair with a Bluetooth device:

A. This device is compatible and applicable with iOS and Android devices, including:

- iPhone 4S / 5 / 5S / 6 / 6Plus
- iPad 3 / 5 / mini
- iPod Touch 5
- Other Android Smart

To install the Accuro Health App on your Mobile Device:

1. Open iTunes or the Google Play Store. Or visit accurofit.com/app
2. Search for "Accuro" or "Accurofit" from within either App store
3. Once the store finds the App, select it and then click "Install"

B. Remove the old battery and insert the new battery with the + (plus) side facing up.

C. Install the battery cover back into place by twisting it clockwise until it is firmly in place.

IMPORTANT

1. Batteries must be disposed of properly. Please check your local waste disposal guidelines for proper battery disposal procedures.

2. Batteries are extremely dangerous if swallowed. Therefore, keep batteries and any small articles included with this product away from children. If a battery or small article has been swallied, seek immediate medical attention.

3. The battery supplied should not be recharged, reactivated, or dismantled. Keep batteries away from fire.

BATTERIES

The transmitter pod uses one CR2032 3V battery. The battery is already installed, and typically lasts one year. If you need a new battery, we recommend that you contact your studio to purchase a replacement.

REPLACING YOUR BATTERY

A. Using a coin, twist counter clockwise to open the battery cover. Remove the battery cover and set aside.

WARNING

A. Do not clean the transmitter pod and strap in a washing machine or dryer.

B. Before hand washing the strap, detach the transmitter pod from the snaps.

C. The transmitter pod should not be washed. To clean the pod, wipe with a damp cloth. Ensure that the pod is fully dry before using.

>86°

D. While washing the strap, make sure water is no warmer than 86° F.

E. Ironing, bleaching, or heating will damage the strap and pod.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.