

SR428 说明书中英

颜色：单色印刷

材料：105克铜版纸

切线：_____

折线：- - - - -

78mm

120mm

蓝牙跳绳快速入门

版本：2016-5-23

1 跳绳部件

- 手柄 A *1
(以装入CR2032电池)
- 手柄 B *1
- 长绳 *1
- 短绳 + 配重 *2
- 快速入门 *1
- CR2032电池 *1

2 安装绳子

- 1.将绳子从没有凹槽面的孔中穿入。
- 2.在凹槽面孔中穿回来绳子，拉紧绳子。

3 调节绳子

- 1 双脚并拢踩着绳子。
- 2 双手握着手柄拉直，调整绳子长度使手柄刚好在膝下。
- 3 试跳几次以确保每次跳跃时绳子能够刚好触碰到地面，可对绳子长度做微调使其适合自己的运动。

4 下载App

从App商店搜索“跳绳+”找到“Jump+”下载,或者扫描以下二维码安装App.

4-1 连接App

第一次连接App

- 1 打开蓝牙：设置-蓝牙-打开蓝牙。
*不要尝试在本页面寻找设备或配对。
- 2 打开App注册并登陆。
- 3 进入App主页点击右上角的“头像”标识。
- 4 设备中心-->添加设备--蓝牙跳绳--搜索设备(同时转动手柄A5继续蓝牙开始工作)，点击搜索到的“SR428-000XXXX”自动进行配对,配对成功后，返回主页就可以开始训练了。

5 更换电池

- 1 用硬币推开手柄底部的电池盖。
- 2 取出旧电池，并把新电池装入，请确保“+”标志的一面朝上。
- 3 将电池门装回主机，电池门上的标记与主机上的标记对准，扭紧电池盖。

! 旧电池，请按所在地的法规正确处理处置，请勿让儿童接触电池，以免发生危险。

6 常见问题

同步失败或连接不稳定？

1. 重启手机设备，重新连接跳绳。
2. 你可能处于大量杂乱的电磁信号环境中，这可能导致数据不稳定，请检查四周的环境，并远离干扰源。
3. 电池电量即将耗尽，请更换电池。

为什么有时会闪退？

1. 手机内存不足，建议您定期清理手机内存。

7 免责声明

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Bluetooth Jump Rope Quick Instruction

Version: May 23 2016

1 Parts

- Handle A *1
(CR2032 battery installed)
- Handle B *1
- Long Rope *1
- Short Rope + Weight *2
- Quick Instruction *1
- CR2032 Battery *1

2 Assembly

1. Choose the surface hole the grooves to start reeving the rope in.
2. Reeve the rope back in through the hole with grooves and tighten it.

3 Adjust the Rope

- 1 Stand on the rope with your feet as shown.
- 2 Hold the handles with both of your hands and pull the rope, adjust the length so that the handles are positioned right under your armpit.
- 3 Jump a few times to make sure the rope is just touching the ground when jumping. You may change the length according to your needs.

4 Download the App

Search "coospo" and find "Jump+" from the App store or scan the following QR code to install the App.

4-1 Connect to the App

First Time Connection

- 1 Turn on the Bluetooth: Setup - Bluetooth - Turn on the Bluetooth
* Do not try to find or pair with the device on this page.
- 2 Open the App, register and log in.
- 3 Enter the home page, touch the upper left corner profile icon.
- 4 Enter device center - add new device - Bluetooth Jump Rope - Search device (and rotate the handle A twice). Select the device name "SR428-000XXXX" to start pairing. After succeed, you may start your training by going back to the home page.

5 Change the Battery

- 1 Open the battery door using a coin.
- 2 Take out the old battery and insert the new one; Please make sure that the "+" side is up.
- 3 Put the battery door back to the main body, the mark in the battery door and the main body should be aligned, tighten the battery door with a coin.

! old battery. Please dispose the used battery according to local regulations. To avoid danger, please keep batteries out of children's reach

6 FAQ

What if.....?

.....Sync failed or connection is unstable?

- 1.Restart your mobile device and reconnect to the rope.
- 2.You might have been in a strong electromagnetic environment. Strong electromagnetic signals can cause erratic readings. Please check the environment and stay away from the interference.
- 3.The battery is running out, please change the battery immediately.

.....The program crashed?

- 1.The cell phone might be out of memory, please clean up the memory.

Disclaimer

- The product it describes are subject to change without prior notice, due to the manufacturer's continuous development program.
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- Our company shall not be liable for any damages, losses, costs or expenses, direct, indirect or incidental, consequential or special, arising out of, or related to the use of this material or the products described herein.

6 Technical Specifications

Model number: SR428
Wireless transmission: Bluetooth 4.0
Transmission distance: 10 meters
Battery type: CR2032
Battery life: 12 months
Rope length: 3 meters
Compatibility: iPhone 4s/5/5c/5s/6/6 Plus
iPod touch 5
iPad 3/4/ Air /mini
Any android device with Bluetooth 4.0 and operation system of android 4.3 or later.

FCC Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.