



*Congratulations on your purchase of a Bluetooth Smart heart rate monitor! Your new BLUE DUO is a user-friendly fitness tool to keep track of your personal fitness level. This device communicate with Smart Phone that equipped with Bluetooth Smart (BLE 4.0), as well as normal fitness equipment / Heart rate monitor watch that linked with their normal chest belt at 5.3K frequency. To develop basic understandings and gain maximum benefit from BLUE DUO, please read this user manual carefully. BLUE DUO wishes you an enjoyable workout with your new Chest belt.*

**QUICK START**

**Wearing the Chest Belt**

Follow steps 1 through 5 to wear the chest belt and go for a run.

- 1. Push tab through slot on one side of the chest belt
- 2. Press down until the tabs are secure under surface and flush so they do not wiggle.
- 3. Attach the other side around chest. Position on rib cage under the chest. Make sure the chest belt is positioned in the right direction and worn directly against the skin.
- 4. Lift the belt slightly from the skin and wet both grooved areas on the back to ensure strong connection between your pulse and the chest belt.
- 5. Start the Bluetooth device, and search for the ID of the chest belt. It will automatically connected when it found.

**Battery Installation**

- 1. Use a coin to unscrew the battery hatch by turning it counter-clockwise.
- 2. Remove old battery and insert a CR2032 3V Lithium battery with the writing facing you.
- 3. Replace the battery hatch.

WE STRONGLY RECOMMENDS TAKING YOUR WATCH TO A LOCAL RETAILER OR JEWELLER TO HAVE THE BATTERY REPLACED TO AVOID THE POSSIBILITY OF PERMANENTLY DAMAGING THE WATCH.



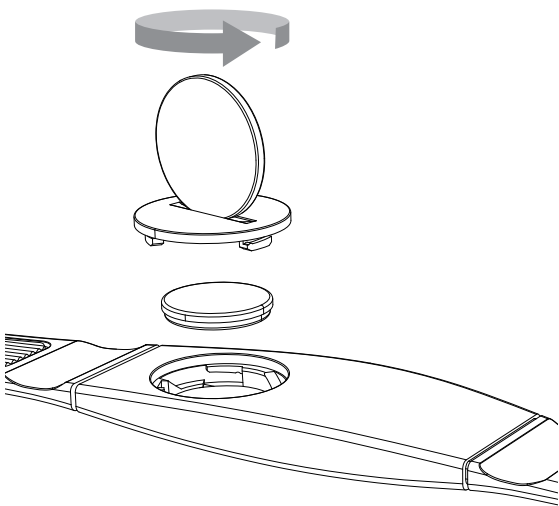
**TROUBLE SHOOTING + CARE & MAINTENANCE**

- Heart rate doesn't display on Phone / Device
- The chest belt may not be positioned correctly.
  - The grooved sensors may not be wet enough, we and try again.
  - It is recommended that the grooved sensors are directly on your skin.
- Heart rate reading on Phone / Device is inconsistent or stops
- The battery may need to be replaced in the Chest Belt.
  - Sources of electromagnetic fields can cause interference. (Appliances, computers, and power lines)

Avoid extreme force, shock, dust, temperature, or humidity. Such conditions may cause malfunctioning, a shorter electronic life span, damaged batteries, or distorted parts.  
Rinse the Chest Belt with fresh water to avoid materials building up that can interfere with the reception of the pulse.

Do not use abrasive or corrosive materials to clean the chest belt. Abrasive cleaning agents may scratch the plastic parts and corrode the electronic circuit.

Avoid tampering the internal components of the watch. Doing so will terminate the sensors warranty and may cause damage.



**FCC Statement:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which thereceiver is connected.

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

**Note: Modifications to this product will void the user's authority to operate this equipment.**

260mm

325mm