User Manual

Home Button

Multifunction Button

Product Overviev



Buttons and Touch

Tap: Open app list / Back to watch face Double tap: Most Recent App (Default) Touch and hold for 1 s: Google Assistant (Default) Multifunction Button

Tap: Open Workouts app (Default) Double tap: Open Google Wallet (Default) Touch and hold for 3 s Power on / Open power menu

- If the power on fails after touching and holding for 3 seconds, please charge it and
- Touch and hold Home button and Multifunction button simultaneously for 12

Touch and holds

Swipe down: View Control Center

witch / Edit watch face

Swipe left or right

Data transmission via Bluetooth

Charging

Connecting a watch

Pair and connect a watch:

Download app

When connected to the phone, the watch will instantly synchronize some data with the phone via Bluetooth, including

contacts, call history, notification information, sports health data The data will not be synchronized if the connection is disconnected or Bluetooth is disabled.

Align and fit the watch's charging port with the metal contacts on the charging base until the battery level indication appears on the watch screen.

Please use the charging base and USB-C charging cable provided with the device to charge the device.

to charge the device. Watch VOOC flash charge: if the battery temperature is between 20 - 40° C (68- 104° P) and the rated output of the adapter is 5V = 2 A or above and it meets the requirements, the watch will flash charge.

we requirements, the watch will flash charge.

To avoid corrosion of metal contacts or any other undesirable effects caused by residual sweat, please ensure that the charging port is clean and dry before charging is begun.

prolong the battery life, please charge your device promptly before the battery completely depleted.

If the device is stored for a long time, it should be recharged every 3 months to

Search for the "OHealth" app in Google Play on your phone,

successful connection, check the connection status, manage

After the device is powered on, select the system language and view the device name as instructed;

corresponding device, select the device name displayed on

the watch, and follow the screen prompts to complete the

Only supports smartphones with Android 8.0 and above, which should also have a GMS version of 23.45.23 and above. IOS and Android (Go edition) devices are and

Before pairing, please ensure that the watch's battery level is above 20% to avoid pairing failure due to insufficient battery level.

During the pairing connection, please make sure that your phone's Bluetooth is enabled and the distance to the watch is within the effective connection range.

@ Tap "Device > Add Device" in "OHealth" app, select the

download and install it. Pair and connect the watch. After

the watch face and view the health information in the ann

NFC Description

This product is equipped with NFC chip and supports Google Wallet. You can open Google Wallet on your watch and follow the instructions to add bank cards and public transportation cards.

Notes on using the watch's NFC function:

- (1) Comply with the requirements of the "Catalog and Technical Requirements for Micronower Short-range Radio requirements for Micropower Short-range Hadio Transmitting Devices' for general-purpose micropower devices, Class C devices, with an antenna type of coil. NFC can be enabled via the following path: tap Home button to enter the app list, and tap 'Settings' Connection > NFC'.
- (2) There shall be no unauthorized changes in the scene of use or conditions of use, expansion of the range of transmitting frequencies, increase in transmitting power (including additional installation of RF nower amplifiers) or
- (3) It shall not cause harmful interference to other lawful radio stations (stations), nor shall it request protection from harmful interference;
- (4) It shall withstand interference from industrial, scientific and medical (ISM) application devices that radiate RF energy or other legitimate radio station (stations) interference:
- (5) If harmful interference is caused to other legitimate radio y in real-influi interrerence is caused to other legitimate radio stations (stations), the use shall be stopped immediately and measures shall be taken to eliminate the interference before continued use;
- (6) The use of micropower equipment in aircraft and in the of the use of micropower equipment in an cart and in order electromagnetic environmental protection areas of radio astronomy stations, meteorological radar stations, satellite earth stations (including measurement and control, ranging, earth stations (including measurement and control, ranging, receiving and navigation stations) and other military and civilian radio stations and airports designated in accordance with laws, regulations, state regulations, and standards shall comply with the electromagnetic environmental protection and the provisions of the competent authorities in respect of the relevant industries;
- (7) It is prohibited to use all types of model remote controls within a radius of 5000 meters from the center of the airport runway;
- 0-35°C (32°F-95°F). Battery voltage: 3.89 V.
- Some features in Google Wallet are only available in certain countries or recions 4

Packing list

Watch body × 1 USB-C charging cable ×1 Stran v 1 Hear Manual v 1 Charging base ×

Performance Parameters Product name: Smart Watch

Model: OPWWF234 475 x 46.6 x 12.1 mm (Excluding Optical Health Sensor Area) 270.5 × 47.5 × 13.7 mm (Including strap and sensor area

Display screen: 143 inches

Battery type: rechargeable lithium-ion battery packs Battery capacity: 500 mAh

Input: 5 V == 2 A

IP rating: 5 ATM + IP68

Software version: Go to watch "Settings > Other > About watch" to view

Sensor: acceleration sensor, gyroscope sensor, geomagnetic sensor, optical heart rate sensor, blood oxygen sensor, ambient light sensor, barometric pressure sensor

Bluetooth: BT5.0 Wi-Fi: Wi-Fi 5G / 24G 80211 a/b/n/n

Satellite location: Beidou, GPS, Galileo, GLONASS, QZSS

SAR

ECC/ISED SAR Limbs SAR: 0.69 W/Ka Front of face SAR: 0.34 W/Kg (Head SAR limit is also applicable for the front of face SAR)

X Front of face SAR test for the face approaching scene has been carried out at a distance of 1 cm from the front of the device, and limbs SAR test of the west-we scene has been carried out under the condition of factor contact with the back the device. To comply with RF exposure guidelines during the face approaching use, the device should be positioned guidelines during the face.

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The SAR values above are the highest values reported for this device

Safety instructions

Read all information before using the device to ensure safe and

- This smart watch is suitable for working in an environment of 0°C (32°P) to 35°C (95°F). Temperature for storage should be between -10°C (14°F) and 50°C (122°F). Excessively high or low temperatures may damage the smart watch or reduce the battery's lifespar
- When charging, please keep the device in a well-ventilated area. Please charge this smart watch in an environment between 5°C (41°F) and 35°C (95°F). If the smart watch has a flash charging function, it may not be able to enter the flash charging mode when the temperature is below 20°C (68°F) or over 40°C (104°F)
- The adapter, as the disconnect device from the mains, shall be installed near the device and easily accessible
- Use manufacturer-approved chargers, data cables, batteries and other accessories to prevent potential electric shock, fire, explosion or other hazards.
- Back cover can't be removed.
- Do not place the device or battery directly in sunlight, near/inside sources of heat or in a low air pressure location, which may lead to an explosion or battery leakage.
- To prevent damage to your device's parts or internal circuits. do not use it in dusty, smoky, damp or dirty environn near magnetic fields.
- Power off your device in any area with a potentially explosive atmosphere, in blasting areas/near blasting caps and comply with all signs and instructions.
- If any part of the product is cracked or damaged, discontinue use immediately and contact the OnePlus Service Center
- The battery can be charged and discharged hundreds of
- times at least but it will eventually wear out Do not charge the battery over 12 hours.
- Do not replace, disassemble, modify, mechanically crush or cut the battery, as it may cause battery leakage, overheating explosion or fire.
- Precautions for using the device: Observe all safety instructions for any places, especially in hospital/health care facilities, service stations, schools, professional garages and in an aircraft.

Some people may experience skin irritation if they are allergic to certain substances. If you notice any signs of skin redness

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or swelling, please discontinue use and consult a physician Persons with electronic implants (pacemakers, insulin pumps, neurostimulators, etc.) are recommended to place the device 15 cm away from the implant or on the opposite side of the

Do not use your device and adhere to all safety warnings/regulations regarding mobile device usage while

Pregnant women should keep the mobile device away from their abdomen and teenagers should keep the mobile device away from their lower abdomen. Your device supports water and dust resistance. Follow these

tips carefully to maintain the water and dust resistance of your device. Failure to do so may result in damage to your device: Splash, water, and dust resistance are not permanent conditions and resistance might decrease as a result of normal wear. Do not charge your device in wet conditions. Do not use your device while diving into the water, playing watersports or moving in fast-flowing water, it is designed for regular use in normal swimming conditions, such as for swimming pools or beaches.

Some features such as the touchscreen may not work properly if the device is used in water

To prevent hearing damage by high sound pressure, do not listen at high volume levels for long periods.

- . Listening to a portable device at high volume may damage the user's ears and cause auditory disorders (temporary of permanent deafness, buzzing in the ears, tinnitus or hyperacusis). It is therefore strongly recommended not to use the portable device at full volume or more than one hour a day at medium volume.
- Your device contains small parts with sharp edges that may cause an injury or which could become detached and create a choking hazard.
- . Do not leave your device and its accessories within the reach of small children or allow them to play with it. They could hurt themselves or others, or may damage the device accidentally.
- All personal information may be removed during or after the product software upgrade. Please back up your personal information before upgrading. The operating system of this product supports official system updates. If the user rooted the ROM system of any third party or modified the system file by cracking, it may lead to security risks of the system. OnePlus Will not provide any support nor take any responsibility for the final use in these cases

. To better understand how we protect your personal information please see the privacy policy at OnePlus official

FCC Regulatory Conformance

FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference; and

(2) This device must accept any interference received, including interference that may cause undesired operation.

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications or changes to this equipment. Such modifications or changes could void the user's authority to operate the equipment. NOTE: This equipment has been tested and found to comply

with the limits for a Class B digital device, pursuant to part 15 of with the limits for a class B algital device, pursuant to part is of the FCC Rules. These limits are designed to provide reasonable protection against harmful to part interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, find installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver Connect the equipment into an outlet on a circuit different
- from that to which the receiver is connected. - Consult the dealer or an experienced radio/TV technician for

FCC Caution

- . Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
- The antenna(s) used for this transmitter must not be collocated or operate in conjunction with any other antenna or
- The country code selection is for non-US model only and is

not available for all US models. Per ECC regulation, all Wi-Fi products marketed in US must be fixed to US operation

RE Exposure Information (SAR)

This product complies with general public RF exposure quidelines. Front of face SAR limit is 1.6W/kg, and Limbs SAR limit is 4.0W/kg. And please see the "User Manual" to find the

In the human exposure compliance assessment, Front of face SAR test for the face approaching scene has been carried out at a distance of 1 cm from the front of the device, and limbs SAR test of the wrist-worn scene has been carried out under the condition of direct contact with the back of the device. To comply with RF exposure guidelines during the face approaching use, the device should be positioned at least 1 cm

If you are using medical or similar devices such as cardiac pacemakers, hearing aids, cochlear implants, etc., please use this product according to the instructions of your doctor.

ISED Regulatory Conformance

Licence conformes aux norms RSS(s) applicables aux appareils radio exempts de licence d'Innovation. Sciences et Développemen nement est soumis aux deux conditions suivantes:

- (1) L'appareil ne doit pasprovoquer d'interférences.
- (2) L'appareil doit accepter toute interférence, y compris les interferences susceptibles d'en compromettre le fonction

Cet appareil est conforme aux spécifications canadiennes ICES-003 concernant la classe B. CAN ICES-003(B)/ NMB-003(B).

Cet équipement est conforme aux limites d'exposition aux radiations RSS-102 établies pour un environnement non contrôlé.

Restrictions in 5GHz band

The device could automatically discontinue transmission in case of absence of information to transmit, or operational failure. Note that this is not intended to prohibit transmission of control or signaling information or the use of repetitive codes where or signaling information or the use of repetitive codes where required by the technology. The device for operation in the band 5150-5250MHz is only for indoor use to reduce the potential for harmful interference to co-channel mobile satellite

RLAN devices

Devices shall not be used for control of or communications with unmanned aircraft systems

RF Exposure Information (SAR)

This product complies with general public RF exposure guidelines. Front of face SAR limit is 1.6W/kg, and Limbs SAR limit is 4.0W/kg. And please see the "User Manual" to find the highest SAR value.

In the human exposure compliance assessment, Front of face SAR test for the face approaching scene has been carried out at a distance of 1 cm from the front of the device, and limbs SAR at a distance of 1 cm from the front of the device, and imps SAI test of the wrist-worn scene has been carried out under the condition of direct contact with the back of the device. To comply with RF exposure guidelines during the face approaching use, the device should be positioned at least 1 cm from the face.

If you are using medical or similar devices such as cardiac pacemakers, hearing aids, cochlear implants, etc., please use this product according to the instructions of your doctor.

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Regulatory

Steps to search Regulatory: Settings > Other > Regulatory info

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This manual is for informational purposes only and does not constitute a commitment of any kind. Company Information:

Company Intormation: OnePlus Technology (ShenZhen) Co., Ltd. Address: 18C02, 18C03, 18C04, and 18C05, Shum Yip Terra Building, Binhe Avenue North, Futian District, ShenZhen, GuangDong, P.R. China.

Service and Support

Please contact OnePlus Customer Support to request a return at oneplus.com/support For user manuals, please visit

https://service.onenlus.com/global/user-manual

OnePlus Device Warranty Information

OnePlus devices purchased on oneplus.com or authorized sales channels come with a limited warranty. The duration of this warranty is dependent on the original country or region of warranty is dependent on the original country or region purchase and is only redeemable within the original country or region. Unless otherwise specified, this warranty covers the hardware components of the product as originally supplied and does not cover, or partially covers, software, consumable items, or accessories, even if packaged or sold together with the product. The limited warranty only covers functional defects of product caused by workmanship or build materials. For more details, please contact OnePlus Customer Support by visiting

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- 3. Defects or damage resulting from excessive force or use of metallic objects on the touch screen
- emoved, defaced, damaged, altered or made illegible.
- 7. Any physical feature defects or damage resulting from improper testing, operation, maintenance, installation service, or adjustment not furnished or approved by
- Defects or damage resulting from external causes such as collision with an object, fire, flooding, dirt, windstorm, lightning, earthquake, exposure to weather conditions, theft, blown fuse, or improper use of any electrical source.
- introduced into the product. 10. Free warranty replacements and repairs are only valid in the

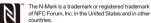
Note: The above warranty is only valid for the products placed on market in this country or region

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The Limited Warranty Does Not Cover

- Defects or damage resulting from accidents, neglect, misuse, or abnormal use; abnormal conditions or improper storage; exposure to liquid, moisture, dampness, and or dirt; unusual physical, electrical or electromechanical stress.
- 2. Scratches, dents and cosmetic damage, unless caused by
- 4. Devices that have the serial number or the IMEI number
- 5. Ordinary wear and tear.
- Defects or damage resulting from the use of the product in conjunction or connection with accessories, products, or ancillary/peripheral equipment not furnished or approved by OnePlus.
- 9. Defects or damage resulting from cellular signal reception or transmission, or viruses and 3rd party software problems
- country or region of purchase. Please contact OnePlus
 Customer Support for more details.

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