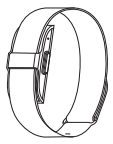










2208A说明书

80g哑粉纸_90x90mm_风琴折页

<h3>Smart Health Bracelet</h3> <p>2208A</p>  <p>User Manual</p>	<h3>Product Introduction</h3> <p>2208A is a smart health bracelet which can monitor multiple body vital signs all day and night.</p>  <p>Note: The 2208A is not a medical device and is not intended to diagnose or monitor any disease or medical condition.</p>	<h3>What's Included in the Box</h3> <p>(1) Smart bracelet (2) Magnetic USB charger (3) User manual</p>   <p>Home Button LED Indicator Skin Temperature Sensor HR & SpO2 Sensor</p>	<h3>Instruction</h3> <h4>1. Download the APP</h4> <ul style="list-style-type: none"> Scan the QR code below or search JCWear on Google Play or IOS App Store to download JCWear App. Make sure the Bluetooth of your mobile device is on. Choose device identified in App and connect to your 2208A smart bracelet.  <p>Note: Please ensure that your Android version is 5.0 or later, IOS version is 10.0 or later. The 2208A supports Bluetooth 5.0 connection.</p>	<h3>2. Charge Before Use</h3> <p>Please do not charge the device to activate for first use. If after factory reset on the App, please charge to power on.</p> <p>Simply place your device on the magnetic USB charger, and plug it into a wall outlet or USB 2.0 port using the charging cable. The red light flashes red and green alternately during charging, and the green light is lit when fully charged. After removing the device from the charger, the indicator light will glow green for 2 seconds and then goes off.</p>  <p>Power Indicator</p> <p>Short press the home button to wake up the device. The indicator lights up in different colors to indicate different power levels, as follows: Red light for 1 second, indicating that the current power is 10%-45%. Blue light for 1 second, indicating that the current power is 25%-49%. Green light for 1 second, indicating that the current power is 25%-100%. When the power is lower than 5%, Bluetooth will be disconnected. Please charge in time. If power is less than 10 hours left, charge supports about 1-2 days.</p>	<p>For normal use and about 10 days for standby. Battery life changes depending on the activated features, type and frequency of device use.</p> <p>Note: Please avoid the USB charge port from coming into contact with conductive materials, such as liquids, salt, metal powders and pencil leads.</p> <h3>3. App & Function Operation</h3> <p>Once the bracelet is activated, please set it with the "JCWear" App for operation and use. If it lights up with for 2 seconds when Bluetooth is connected, and the light goes off for 2 seconds to indicate different power levels.</p> <p>Home</p> <p>View your detailed health data and report for one week, 15 days, 1 month, 3 months, 6 months, 1 year, women's health, exercise, etc.</p> <p>You can make manual health measurement on App if required. It is convenient to make both manual and automatic health vital signs measurement on the device or App.</p> 	<h3>Manual Health Vital Signs Measurement</h3> <p>SpO2</p> <p>There are 2 manual SpO2 measurement methods in standby mode: (1) Turn on/off the measurement directly on App. (2) Short press home button twice to start measurement. During the measurement, the blue light will flash. If your hand moves, the blue light will flash quickly to remind you to keep still. After the measurement is finished, the green light will be on for 2 seconds if the result is normal, and the red light will be on for 2 seconds if it is abnormal.</p> <p>Note: If you press the button once during the measurement, it will return to the standby mode and end the measurement.</p> <p>Blood Pressure / HRV / Stress</p> <p>Make manual blood pressure / HRV / stress measurement through App only. After starting measurement, the device shows once with the blue light will flash for 3 seconds and the blue light will be on for 2 seconds after the measurement is finished.</p> <p>Skin Temperature</p> <p>Make manual skin temperature measurement through App only. After starting measurement, the device shows once with the blue light will flash for 3 seconds and the blue light will be on for 2 seconds, indicating the end of measurement.</p>	<p>Device</p> <p>Check current device's basic information (Battery level, HR, Stress, exercise, Blood SpO2) on your mobile device.</p> <p>Get Auto Health Monitor (HBM)</p> <p>Turn on/off automatic heart rate (SpO2) (Blood pressure) / HRV / stress / skin temperature monitor via the App. You can change the interval according to your needs. The shorter the interval is, the faster the battery will drain.</p> <p>Blood Pressure Calibration</p> <p>Before measuring your blood pressure, you can calibrate it by entering your true value on the App to improve the accuracy to some extent.</p> <p>Goal Setting</p> <p>Personalize your goals for steps, distance, calories and sleep hour per day.</p> <p>Alarm Clock</p> <p>Set the alarm on the App according to your needs.</p> <p>Device Settings</p> <p>1. Includes settings for Bluetooth disconnect reminder, smart notifications, emergency call, firmware updates and factory reset.</p>															
<h3>Smart Notifications</h3> <p>Different notifications have different lighting and vibrating indication, as follows:</p> <table border="1"> <thead> <tr> <th>Frequency of Light Light Vibration</th> <th>Indication</th> <th>Shows (Alarm/Calendar/Reminder)</th> </tr> </thead> <tbody> <tr> <td>Constantly flash</td> <td>Emergency call</td> <td>Yes</td> </tr> <tr> <td>Flash 3-5 Times</td> <td>Push App (Message, Reminder, Alarm, etc.)</td> <td>Yes</td> </tr> <tr> <td>Flash</td> <td>Calendar/Reminder</td> <td>Yes</td> </tr> <tr> <td>Flash</td> <td>Alarm Clock</td> <td>Yes</td> </tr> </tbody> </table> <p>Note: When the above notifications can be displayed, please refer to the manufacturer's notes.</p> <p>Firmware Update (OTA)</p> <p>When you find a new firmware version has been released, if you click on the update icon, the update will be downloaded to the device and the update will be installed. The light will glow in different colors to indicate different power levels.</p> <p>Factory Reset</p> <p>After factory reset, the device data will be deleted. Please charge to reboot.</p>	Frequency of Light Light Vibration	Indication	Shows (Alarm/Calendar/Reminder)	Constantly flash	Emergency call	Yes	Flash 3-5 Times	Push App (Message, Reminder, Alarm, etc.)	Yes	Flash	Calendar/Reminder	Yes	Flash	Alarm Clock	Yes	<h3> SOS</h3> <p>To enable SOS feature, first, you need to set emergency contact info (name & phone number) on the App, up to 3 emergency contacts can be added. The SOS feature can only be effectively triggered when the device is connected to the APP. An SOS message will be sent to the emergency contact, including your name and GPS location.</p> <p>If standby mode, long press home button for 3 times to trigger SOS message. If the white light flashes quickly for 3 times, it indicates successful sending of the red light. Please standby for 3 times, if indicates Bluetooth is not connected. Please connect Bluetooth first.</p> <p>Emergency</p> <p>You can turn on exercise mode on the device or App.</p> <p>Turn on from the device: First, press on exercise mode on the App. Short press the home button 3 times to start the exercise. The green light will be on for 2 seconds, then flashing. You can press the home button 3 times to pause the exercise. If you pause the exercise, it will flash the light. You can short press the home button 3 times to end the current exercise. The green light will be on for 2 seconds and then go off.</p> 	<p>During exercise, different lights indicate different exercise heart rate zones. If you enter normal, fat burn and aerobic exercise, the green light will flash. If you enter anaerobic and fitness exercise, the red light will flash. At the same time, the device will vibrate 3 times for high heart rate.</p> <p>Turn on from the App: there are 54 exercise modes in total and you can choose any 10 modes to be displayed on the 54 exercise panel. Turn on/off exercise mode on the App according to your needs.</p> <p>SW</p> <p>Check basic App settings, personal information, data sync, light device management, App background, about us, feedback support, App version updates, etc.</p> 	<h3>Specifications</h3> <p>Warranty: 12 months BT Version: BLE 5.2 BT Range: 100meters Size: 4.92*24.67*12.5mm Battery: 30mAh rechargeable lithium polymer battery, non-removable Data Memory: 30 days Waterproof: IP68 Activity Time: 30-60mins Calories Burned: Max 999,99kcal Running & Walking Distance: Max 999,99kcal</p>	<h3>Troubleshooting</h3> <p>If the device doesn't pair with your smartphone</p> <ol style="list-style-type: none"> Make sure your device is turned on. Check your smartphone to ensure Bluetooth is on. Check the App to make sure Bluetooth permissions are turned on. This should be in your Bluetooth settings. Restart the app and/or the app's home screen. The device battery should be full on your app's home screen. <p>If the device isn't measuring any data</p> <p>Please contact our support team.</p> <p>If the device battery is draining too quickly</p> <ol style="list-style-type: none"> Calibrate your battery by charging it for at least three hours. Start using your device again as you normally would. Contact our support team if the problem persists. <p>If the device causes an allergic reaction</p> <p>Please stop using the device right away, in the rare event of an allergic reaction, consult your medical doctor immediately.</p> <p>If the issue isn't mentioned in these tips</p> <p>Please contact our support team or report the issue in detail.</p>	<h3>Safety Notices</h3> <p>Please follow these safety instructions carefully to avoid electric shock, injury or damage to the device or other property. Read all the safety information below before using the device.</p> <p>Not a Medical Device</p> <p>It is not a medical device and should not be used as a substitute for professional medical judgment. It is not designed or intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of any condition or disease. Please consult your healthcare professional for making any decisions related to your health.</p> <p>Handling</p> <p>Handle the device with care as it contains sensitive electronic components and can be damaged if dropped, burned, punctured, or crushed. Don't use a damaged device. Wear the skin firmly cause injury, avoid heavy exposure to dust or sand. The device should not be allowed to play with the device without supervision.</p> <p>Battery</p> <p>Do not attempt to replace the device battery yourself; you may damage the battery, which could cause overheating and injury. The internal battery in the device should be replaced only by manufacturer or an authorized service.</p>	<p>proceed. Batteries must be recycled or disposed of separately from household waste. Do not recharge the battery. Do not dispose of the device in domestic waste. If you have any questions, please contact us.</p> <p>Operating Temperature</p> <p>This device is designed to work in ambient temperatures between 32°F and 113°F (0°C and 45°C) and be stored in temperatures between -4°F and 158°F (-20°C and 70°C). It can be damaged and battery life shortened if stored or operated outside of these temperature ranges. Avoid exposing this device to dramatic changes in temperature or humidity.</p> <p>Prolonged Heat Exposure</p> <p>Do not expose the device to extreme temperatures or extreme temperature fluctuations. Prolonged heat exposure to the device from direct sunlight, or if the device is charging or the power button is pressed into a power source, do not place it on a surface that causes it to overheat, such as a car seat or a radiator. Take special care if you have a physical condition that affects your ability to detect heat against the body.</p> <p>FCC Requirement</p>	<p>This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.</p> <p>Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential environment. This equipment generates, uses, and can radiate radio frequency energy, and if not used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in particular circumstances. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. - Consult the dealer or an experienced radio/TV technician for help.</p> <p>FCC RF exposure statement:</p> <p>This device has been evaluated to meet general RF exposure requirements. The device can be used in portable operation without restrictions.</p>
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