etekcity Balance Smart Personal Scale



User Manual





Thank you for purchasing the Balance[™] Smart Personal Scale by Etekcity.

If you have any questions or concerns, please reach out to our helpful Customer Support Team at support@etekcity.com.

We hope you enjoy your new smart personal scale!

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Package Contents

1 x Smart Personal Scale1 x USB-C Charging Cable1 x Quick Start Guide

Specifications

Model	EFS-661-PUS
Weight Capacity	400 lb / 180 kg / 28 st
Increments	0.1 lb / 0.05 kg
Weight Units	lb/kg/st
Platform	Tempered Glass
Battery	3.7V, 300mAh Li-ion Battery
Input	5V=300mAh (USB-C Charging)
Auto-Off	30 seconds (after displaying body metrics)
Dimensions	13.4 x 11.5 x 1.1 in / 34.0 x 29.2 x 2.8 cm
Operating Systems	iOS® 12.0+ or Android™ 6.0+

Questions or Concerns?

Mon-Fri, 9:00 am-5:00 pm PST/PDT support@etekcity.com • 1-855-686-3835

READ AND SAVE THESE INSTRUCTIONS

Safety Information

Please read and follow all instructions and safety guidelines in this manual.

MEDICAL

WARNING: This scale uses a harmless electrical current to measure body fat. Consult a healthcare professional before using the smart scale if you use electronic medical equipment such as a pacemaker.

- This scale should not be used to diagnose or treat any medical condition
- Scale data should not be used as a substitute for medical advice from a healthcare professional.

GENERAL USE

- Check the scale before using. Do not use the scale if it is damaged in any way.
- Do not strike or bang on the scale.
- Do not use the scale if there is a crack on the glass. While tempered glass is stronger and fractures more safely than ordinary glass, it may shatter unexpectedly after developing a slight crack. If you see a crack, contact Customer Support (see page xx).
- The glass platform is slippery when wet. Always make sure the platform and your feet are dry before stepping on for measurement.

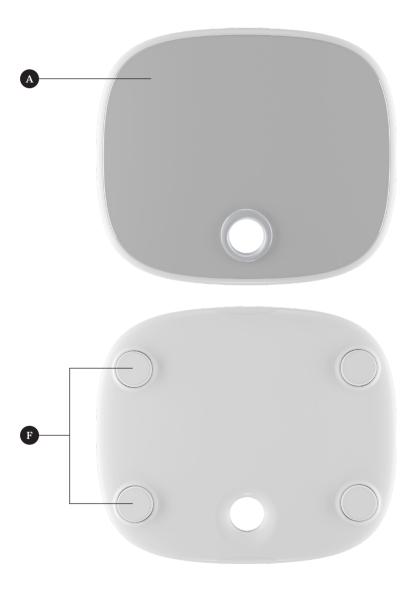
- Place the scale on a hard, flat surface to avoid tippina.
- To weigh safely and accurately, stand with your feet shoulder-width apart while on the scale.
- Do not stand on the edge of the scale or jump on the scale.
- Avoid standing on the scale for a long period of time, or when not measuring yourself.
- Do not overload the scale. Maximum weight capacity is 400 lb / 180 kg / 28 st.
- Keep the scale in a cool area with low humidity.
- Keep the scale away from heat sources, such as ovens or heaters.
 Avoid temperature fluctuations.
- Store the scale in a horizontal position, not a vertical position.
- **Do not** use while charging. Remove the charging cable before using.
- This scale is not to be used by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- · Handle with care.
- Not for commercial use.
- Household use only.

SAVE THESE INSTRUCTIONS

Getting to Know Your Smart Personal Scale

- A. Weighing Platform
- B. Non-Conductive Areas
- **C.** LCD Display

- D. USB-C Charging Port
- E. Reset Button
- F. Anti-Skid Padding



Display Diagram

A. Bluetooth® Indicator F. Measurement Unit B. Biometric G. No Pressure Mode Indicator C. Battery Indicator H. Zero-Current Mode Indicator D. Increase/Decrease Indicators I. Display Lock Indicator E. Measurement **Display Messages**

Using the Smart Scale

Note:

- Fully charge before first use.
- Turning on Zero-Current Mode in the VeSync app will turn off the scale's electrical current and will only provide measurements for weight. This mode can be helpful for users who are pregnant or who have implanted medical devices, such as pacemakers.
- This scale is not recommended for children under the age of 6 because data may be inaccurate.
- Placing the scale on soft surfaces such as shaggy carpet may cause inaccurate measurements or tipping. If necessary, this scale can be used on low-pile carpet with a fiber length of 0.4 inches / 10 mm or less.

Weighing Without the VeSync App

- 1. Place the scale on a hard, flat surface (not a carpet or mat).
- 2. Step on the scale, then step off. Wait for the screen to display "0.00" before weighing.
- Place dry, bare feet on the scale's conductive areas. Stand on the scale until the display flashes several times, then shows your final measurement.

Weighing With the VeSync App

VESYNC APP SETUP

Note:

- The VeSync app is continually being improved and may change over time.
 If there are any differences, follow the in-app instructions.
- Requires device to run app, Wi-Fi or mobile data, and iOS version 12 or Android version 6 (or above). Standard data and messaging rates may apply. Registration is required.
- To download the VeSync app, scan the QR code or search "VeSync" in the Apple App Store® or Google Play Store.

Note: For Android[™] users, choose "Allow" to use VeSync.







Open the VeSync app. Log In or Sign Up.

Note: You must create your own VeSync account to use third-party services and products. These will not work with a guest account. With a VeSync account, you can also allow your family and friends to control your smart scale.

3. Follow the in-app instructions to set up your smart scale.

Note: Your phone must have Location turned on while your phone is connecting to your smart scale. This is required to establish the Bluetooth® connection. You can turn Location off after your smart scale is finished connecting to the VeSync app.

Wi-Fi® Connection:

- To disconnect Wi-Fi, use a safety pin or paper clip to press the Restart button near the charging socket. This will restore the scale's default settings and disconnect it from the VeSync app.
- To reconnect, please follow the instructions in the VeSync app for adding a device.

CREATING A USER

Important: Entering inaccurate information will make the scale's measurements less accurate.

If you are a new user, you will need to enter physical information before weighing yourself for the first time so the scale can calculate your body metrics.

Note: If you don't identify with the available gender options (or are unsure), pick the option that you think best physically matches you. This choice is used for physical measurements, such as body fat percentages.

SWITCHING UNITS

- Tap on the scale and open the VeSync app (see VeSync App Setup, page xx)
- Follow the in-app instructions to connect your smart scale if you have not already.
- Select your connected scale, go the settings menu ([gear]), and choose lb, kg, or st.
- After changing units, the scale will display the selected unit of measurement

Note: The default measurement unit is pound.

WEIGHING MODES

- No Pressure Mode: Uses the Increase/ Decrease Indicators to show your progress by comparing your previous result to your current result. This mode does not show the actual measurement value.
- Zero-Current Mode: Turns off the scale's electrical current and only provides measurements for weight and BMI. This mode can be helpful for users who are pregnant or who have implanted medical devices, such as pacemakers.
- Baby Mode: To weigh your baby or pet, tap [Baby Mode] and follow the in-app instructions for weighing. Baby Mode will not measure other body metrics and will only measure weight and BMI.

Maintenance

CLEARING THE SMART SCALE

If the scale has been moved or flipped upside down, it must be cleared to ensure accurate results.

- Place the scale on a hard, flat surface.
- 2. Step on the scale until digits appear on the display, then step off.



CLEANING THE SMART SCALE

- Use a slightly damp cloth to clean the surface of the scale, followed by a soft, dry cloth to wipe away any remaining moisture.
- **Do not** use chemical or abrasive cleaning agents to clean the scale.

CHARGING THE SCALE

"LO" will show on the display when the scale needs to be charged. The battery indicator will also show [low battery icon].

- 1. Insert the USB-C charging cable into the charging port.
- Plug the USB charging cable into a DC 5V adapter and plug into an outlet. You can also plug the cable into a powered USB outlet.
- The bars of the battery indicator will continuously fill as the scale charges. When completely charged, the battery indicator will be filled.

Note: Charging the smart scale with the original cable will provide the best results.

Troubleshooting

The scale doesn't turn on.

• The scale may need to be charged. Plug in the scale and charge for 3 hours.

Information flashes on the display and then disappears.

 The scale's battery is low and may need to be charged. Plug in the scale and charge for 3 hours.

The smart scale can't connect to the VeSync app.

Please confirm the following before pairing:

- Make sure your phone's operating system is running on iOS® 12.0+ or Android 6.0+.
- Close and relaunch the VeSync app. Make sure you're using the latest version.
- Make sure to allow VeSync's Bluetooth® permission and turn on your phone's Bluetooth®.
 For Android users, please allow the app to access nearby devices in your phone's settings.

Note: If your Android phone system is lower than Android[™] 12.0+, please authorize the location (GPS) permission of the VeSync app in your phone settings.

- Make sure your scale and phone are within 30 ft / 10 m of each other.
- Make sure the scale is not currently connected to any other phone or app.
- The scale may need to be restarted. Use a safety pin or paper clip to press the Restart button near the charging port to reset the scale.
- The scale should only be connected to your phone via the VeSync app. Do not connect
 the scale to your phone's Bluetooth settings.
- Make sure any VPN apps are turned off.
- Tap "Disconnected" on the top of the weigh-in screen to detect Bluetooth® errors.

Troubleshooting (cont.)

My scale will only measure my weight, not other biometrics.

If you're wearing shoes or socks, the scale cannot measure biometrics such as body fat.
 Step on the scale with bare feet.

- Make sure the scale is connected to the VeSync app (see VeSync App Setup, page xx).
- Make sure you entered your age, weight, and height in your account so the scale can
 make calculations for your other biometrics.
- Wait about 15 seconds for the weighing process to finish.
- If your feet are too dry or too wet, the biometrics may not be detected. Skin can become
 very dry during winter, apply moisturizer to your feet when it cannot measure other
 measurement values.
- Check if Zero-Current Mode is on. If it is, the scale will only provide measurements for weight and BMI, not other biometrics.

If your problem is not listed, please contact Customer Support (see page xx).

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Federal Communication Commission Interference Statement – Part 15

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1. This device may not cause harmful interference, and
- This device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- · Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.