

SOUL[®] fitness band

USER GUIDE

ENGLISH

SB80-UG-EN-1

Table Of Content

- | | |
|---------------------------|----------------------------------|
| 1: Getting Started | 8: Sleep Mode |
| 2: Features / Contents | 9: Bluetooth Connection |
| 3: Charging The Battery | 10: Data Synchronization |
| 4: Operations | 11: Silent Alarm |
| 5: Low Battery Indicator | 12: Set Goal |
| 6: Activity Mode | 13: Waterproof Levels / Warnings |
| 7: Display Modes Sequence | 14: Specifications |
| | 15: Wear And Care |

1 Getting Started



1) Put on the Band



3) Download "Jaha" App



2) Press and Hold the SOUL touch key for 2 seconds to activate



4) Set your goal (go to point 12)



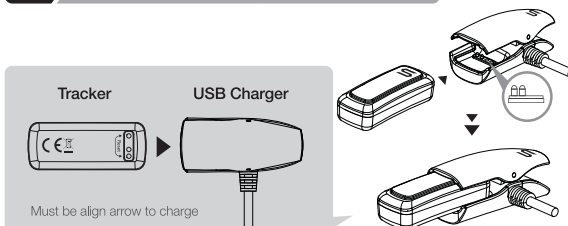
Compatibility : Required iOS 7 or above.
Compatibility : iPhone 4s/5/5c/5s/6/6 Plus.
iPhone is a trademark of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc.

2 Features / Contents



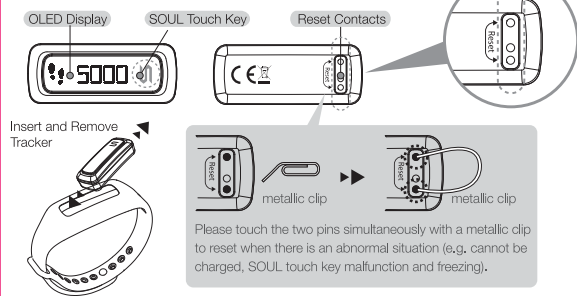
* The Standard Metabolic Equivalent

3 Charging The Battery



Please charge the battery of tracker to full charge before using.
Full charge takes approx : 1.5 hours

4 Operations



Please touch the two pins simultaneously with a metallic clip to reset when there is an abnormal situation (e.g. cannot be charged, SOUL touch key malfunction and freezing).

5 Low Battery Indicator

When the battery is low, the low battery indicator will be shown on the clock display. Charge the tracker in order to avoid lost data.

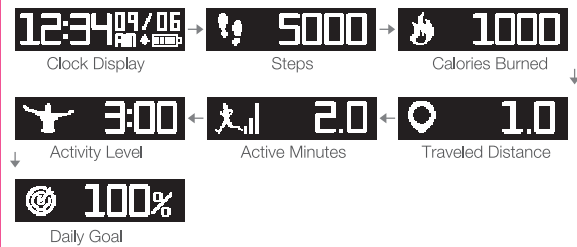


6 Activity Mode

Measures daily steps taken, calories burned, distance traveled, active minutes, activity level and sleep patterns.

Steps, calories, distance, active minutes, activity level and sleep patterns are recorded for 14 days.

7 Display Modes Sequence



Note: When goal is not set in Jaha App, daily goal mode will be disabled. The daily goal mode will appear once your goal is set in the Jaha App.

8 Sleep Mode



In activity mode (except clock mode), press and hold SOUL touch key for 3 secs to enter the sleep mode, and sleep timer will start to count when "GOOD NIGHT" is shown.

Press SOUL touch key once to view clock mode.

Press SOUL touch key twice to view sleep timer.



Join #SOULNATION

Please follow us on our social media platforms for news and updates!





Press and hold SOUL touch key for 3 secs to exit sleep mode. it will display "MORNING" and then back to the clock mode to indicate that sleep mode is deactivated.



If sleep duration reaches 24 hours, tracker will automatically exit sleep mode.

9 Bluetooth Connection

To connect between the tracker and iPhone, first open Jaha App.

- 1) On the homepage, click the 'MORE' tab -> 'Settings'.
- 2) On the settings page, click 'Wearable Settings' -> 'Device', and then click the "SOUL Fitness Band".
- 3) If connection successful, a check mark will show on the right hand side.



14 Specifications

Bluetooth Version: V4.0

Range: 8 meters (26 feet)

Charging Time (Full charge):
Approx. 1.5 hours

Display: SOUL Touch key and OLED Display

Working Time: up to 7 days for normal usage

Real Time Clock Mode: 12 Hr

Memory: Tracks the most recent 14 days

Sensors and Motors: MEMS 3-axis
accelerometer; vibration motor

Battery Type: 40mAh Lithium Polymer

Dimensions: Tracker: 40 x 16 x 12 (mm)
Wristband: 25 x 17 x 13 (mm)

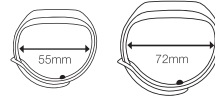
Weight: Tracker: 7g / Wristband: 13g

Environmental Requirements:
Operating Temperature (-20-45 degree);
Non-Operating Temperature (-30-60 degree)

Waterproof Standard: IPX5 & IPX8

Wristband Material: Silicon Rubber

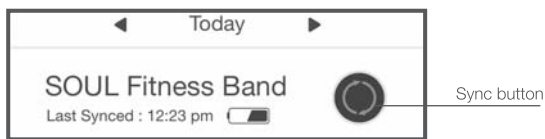
Sizing: Min 55mm - Max 72mm



10 Data Synchronization

There are two ways to synchronize data between the tracker and Jaha App.

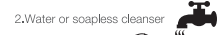
- 1) When the tracker is paired, the Jaha App will synchronize data automatically.
- 2) In Jaha App, go to 'Stats' tab, press the sync button to synchronize data with tracker.



15 Wear And Care

How To Clean:

With the tracker removed, regularly clean your Fitness Band with water or soapless cleanser, rinse and dry off with a towel.



Dry Is Better:

While your Fitness band is waterproofed, it's still important to keep it dry especially after sweating and showering. Follow the cleaning steps above before putting it back on.

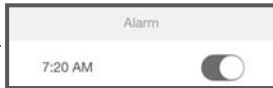


11 Silent Alarm

The silent alarm can be set by the Jaha App.



- 1) On the homepage, click the 'MORE' tab -> 'Settings'.
- 2) On the settings page, click 'Wearable Settings' -> 'Alarm', then click the time clock to set the time and switch control ON/OFF to set the alarm.

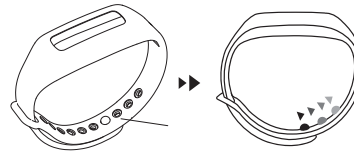


During vibrating alarm, press SOUL touch key to stop the alarm.

* Please make sure the tracker is paired with Jaha App.

How To Wear

Do not wear your band too tight, we recommend wearing it at a comfortable level where there is enough room for it to move around your wrist.



Tips:

If you have eczema, allergies or asthma you may be more likely to experience skin and allergy reaction from wearable products. Please contact a dermatologist if the symptoms persist longer than 2-3 days after the product has been removed from your wrist.

12 Set Goal

- 1) On the homepage, click the 'MORE' tab -> 'Settings'.
- 2) On the settings page and click 'Wearable Settings' -> Goal, and then input your daily goal.



* Please make sure the tracker is paired with Jaha App.

When daily goal is achieved, the vibration and goal celebration message flashes for 10 seconds.



LIMITED WARRANTY

SOUL ELECTRONICS ("Company") provides a limited warranty to the original retail purchaser of this product that should the product or any part thereof be proven defective in material or workmanship within 1 year from the date of original purchase, such defects will be repaired or replaced, at the Company's option, without charge for parts or labor. For European Union only. Company will give a Limited Warranty of 2 years on this product. To view the complete warranty, please visit www.soulelectronics.com/support.

Built-in Battery Precautions

- Do not attempt to replace battery. It is built-in and not changeable.
- Charge the battery in accordance with the instructions supplied with the User Guide.
- Use only the charger that shipped with your product to charge the battery.
- Charge your Fitness Band using a certified computer, powered hub or power supply.
- Do not attempt to force open the built-in battery.

Important Safety Instructions

- Do not attempt to open the tracker. Substances contained in this product and/or its battery may damage the environment and/or human health if handled and disposed of improperly.
- Do not use abrasive cleaners to clean your Fitness Band.
- Do not place your Fitness Band in a Dishwasher, Washing Machine or Dryer.
- Do not expose your Fitness Band to extremely high or low temperatures.
- Do not use your Fitness Band in a sauna or steam room.
- Do not leave your Fitness Band in direct sunlight for an extended period of time.
- Do not leave or dispose the Fitness Band near open flames and Fire. The battery could explode.
- Do not attempt to disassemble your Fitness Band.
- Do not let children to play with the Fitness Band; the small components may be a choking hazard!

13 Waterproof Levels And Warnings

The Fitness Band is waterproofed to a degree equivalent to the IPX5 and IPX8 waterproof specifications which means it can be submerged up to 2 meters under water.



Swimming



Washing Your Hands



Shower And Bath



DO NOT DIVE



Do Not Use Under Water Over 2m

* SOUL touch key will be disabled when the tracker is under water.

Compliance with FCC rules (U.S.A., only)

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Warning

Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

www.soulelectronics.com

SOUL[®]