Adjust the strap length to fit around your chest snugly and comfortably, just below the pectoral muscles.



4. Check that the wet electrode areas are firmly against your skin and that the logo of the Transmitter is in a central, upright position

TROUBLESHOOTING AND CARE

Troubleshooting of the Transmitter

- If you are not getting a good connection to the host, please
- (a) Check the Transmitter and make sure it's not worn too high or too low on the chest. Adjust the position of the Transmitter on the chest to see if satisfactory connection has been achieved.
- (b) Apply some ECG gel on the electrodes to get better performance.
- (c) Check if the battery is installed properly or change a new battery.
- (d) Repeat HOST CONNECTION section.
- The Transmitter will not detect heart rate when operated under water.
- The effective range of the whole system is 10 meters. If the host is away by a greater distance than this, it might not receive a heart rate

Care of the Heart Rate Transmitter

- After every use, you should clean the electrodes in warm fresh water and dry with a dry cloth.
- DO NOT store the Transmitter wet; it must be stored in a cool and dry place, and kept out of extremely cold and hot.
- The Transmitter should be stored flat rather than folded and should never be bent or stretched, as this may damage the electrodes.
- Never lay the Transmitter on a metal surface or near magnet.
- Avoid the Transmitter from direct exposure to sunlight.
- Electrodes and gel should never be applied over broken skin.
- Trim (don't shave) your body hair where electrodes are going to be put.
- Clean skin before and after wearing the Transmitter.

LifeVisa WIRELESS HEART RATE TRANSMITTER **HRS-2200 User Manual**



COMPONENTS



TRANSMITTER BATTERY INSTALLMENT

This Transmitter includes a 3V CR2032 lithium battery. Please follow below steps to install the battery.

Insert the battery (CR2032) with the positive (+) side up Make sure the battery is hooked by the contact spring.



Step 2. Put on the O-Ring in the groove to ensure water resistance.

Make sure to place the O-Ring properly in order to prevent battery composition from being spoiled by sweat and moisture.

Step 3.

Place Battery Cover with convex face up.

Step 4.

Tighten 4 screws properly.

1>

2.4GHz



- ☆ Open the battery cover only when changing the battery to ensure a long life, and make sure the O-Ring is not damaged, in which case you should replace it with a new one.
- Keep battery away from children. If swallowed, contact a physician at once. Batteries should be disposed of in compliance with applicable laws and regulations

HOST CONNECTION

This Transmitter must be recognized to the host before being used for the first time. Please follow below instructions to complete the connection.

1. Turn on the host and enter connection mode. The host will wait the signal for 1 minute. If not receiving the signal, the host will exist the connection mode automatically



- ☆ The effective distance/range is within 10 meters. Be sure no other devices are within this distance making the same approach.
- 2. Use Magnetic Key to startup the host connection function in the Heart Rate Transmitter by sliding on the top of Transmitter.





4. The host should begin to display a reading, showing the connection has been done and you can start your workouts.



NOTE:

- ☆ This step only has to be done at the first time of use with the same Transmitter and host. Afterwards, even changing battery, you don't need to reconnect to the host.
- ☆ See TROUBLESHOOTING AND CARE section if you are experiencing

HOW TO WEAR THE TRANSMITTER

The Heart Rate Transmitter consists of two conductive electrodes. The electrodes sense the heart beat.



- 1. For best performance, before wearing the Transmitter, please moisten the electrodes on the back of the Transmitter using clean tap water or ECG gel. This makes it easier for the electrodes to detect the electrical signal.
- 2. Attach one side of the strap to the Transmitter. Then wear it over your chest and meet the strap with the Transmitter at the other side.

Federal Communication Commission Interference Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- . Reorient or relocate the receiving antenna.
- . Increase the separation between the equipment and receiver.
- . Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- . Consult the dealer or an experienced radio/TV technician for help.

FCC Caution: To assure continued compliance, any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment. (Example - use only shielded interface cables when connecting to computer or peripheral devices).

FCC Radiation Exposure Statement

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.