Koogeek-S1



Function

View 8 Groups of Body Composition Data via the app.

Weight: Check your weight trends

Lean Mass %: Track muscle gain

Fat Mass%: Measure body fat percentage, track fat loss

BMI: Check your healthy range

Bone Mass %: Check your bone mass percentage

Body Water %: Check your body water percentage

BMR: Check your basal metabolic rate

Visceral Fat %: Check your visceral fat percentage

Warning

This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities of lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and any understand the hazards involved. Children shall not be play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.

This product will send the measurement data only after the completion of the human body measurement

How to use

- 1. Make sure the power supply is normal before using the smart health scale.
- 2. When a user stands barefoot on the smart health scale (face the direction of smart health scale display with each foot stepping on the ITO film of the smart health scale), once the body weight is more than 5kg, the smart health scale will start measuring weight and body resistance and display weight on the screen. The smart health scale will automatically turn off five seconds after the user stepping off the scale.
- 3. When the smart health scale is on, switch weight unit (kg, lb, St) by pressing the Reset button on the back of the scale .
- 4. When the smart health scale is off, press and hold the Reset button for 5 seconds or more, the smart health scale enters configuration status, and then the user can bind smart health scale to the app.

Specifications

Name: Bluetooth Wi-Fi Smart Scale

Model: Koogeek-S1 Users: Up to 16 users

Measuring Range: 5kg-150kg

Function: Measuring weight, BMI, body fat, body water, lean mass, bone mass, visceral fat, BMR

Power Supply: 4 * AA Battery Size: 315mm * 315mm * 29 mm

Weight: 2.5kg

Wireless: Bluetooth 4.0, Wi-Fi Display Screen: LED (Blue)

Color: White

Supported System: Android, iOS

Compatible iOS devices: iOS 8.0 or above

Compatible Android devices: Android 4.3 or above

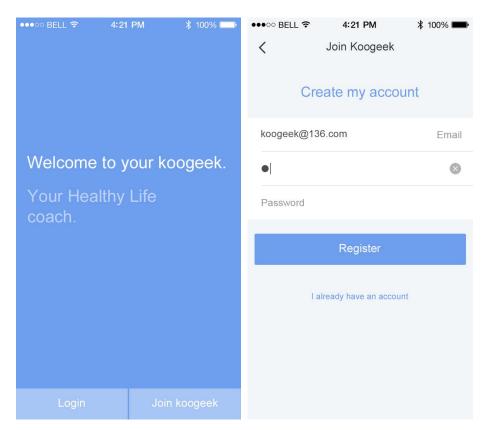
Operating Temperature: $0 \, \text{C}$ to $56 \, \text{C}$

Relative Humidity: 0-95%

Material: ITO tempered glass + ABS

APP Introduction

- 1. APP Download Website: www.koogeek.com
- 2. APP Installation: For Android mobile phones, please download the app through the official web site, and install directly on the phone; For iOS mobile phones, please download through app store and install the app.
- 3. APP Instructions
- 3.1 When installing the app for the first time, the user needs to register a new user account and log in.
- 3.2 Choose the smart health scale in the device list on the app, when a user stands on the smart hea lth scale, it can be connected via Bluetooth with the app on the smart phone and the app can get m easuring results and calculate the eight groups of health data.





BMI	Fat Mass	
21.7	10.5	
Standard	%	
The last weight	82.1kg	
My target weight	86kg	

POWER

Battery: 4xAA batteries

SWITCH OFF OR AUTO OFF

1. After finish weighing or if no any operation of the scale, the scale will automatically switch off after approximate 30 seconds.

LOW BATTERY INDICATOR

When the battery power is low, scale will display "Lo", please replace the battery in time.

ATTENTION

- 1, Place the scale on a hard and flat surface to ensure the greatest accuracy and reliability.
- 2. Do not use any chemical cleanser to clean the scale. Clean your scale with a damp cloth, but do not immerge your scale into any liquid, as this can damage the inner parts.
- 3. To ensure that the scales of life, please do not over-heat scale placed in the environment.
- 4. Remove the batteries if the scale is not being used for a long time.
- 5. Treat your scale with care. It's a precision instrument, do not drop it or jump on it. Don't put the object over 150% of the max capacity on the plate.
- 6. If the scale doesn't work, check whether the battery contact well with the contactor. If the scale has been used for a long time, check whether the batteries need to be replaced. If necessary, please contact the distributor or call our company.
- 7. This scale is only used in household for body weight measurement, not for commercial or other use

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment and it also complies with Part 15 of FCC RF Rules.

CAUTION

To comply with the limits of the Class B digital device, pursuant to Part 15 of the FCC Rules, this device is comply with Class B limits. All peripherals must be shielded and grounded. Operation with non-certified peripherals or non-shielded cables may results in interference to radio or reception.

MODIFICATION

Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the device.

Annex of Report

Manufacturer's Declaration of the EUT

(altogether 5 pages)

Guidance and manufacturer's declaration – electromagnetic emission – for all EQUIPMENT AND SYSTEMS

1	Guidance and manufacturer's declaration – electromagnetic emission				
2	The SF-371 body fat scale is intended for use in the electromagnetic environment specified below. The				
	customer or the user of SF-371 body fat scale should assure that it is used in such an environment.				
3	Emissions test	Compliance Electromagnetic environment - guidance			
4	RF emissions	Group 1	The SF-371 body fat scale uses RF energy only for its internal		
4	CISPR 11	Group 1	function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.		

5	RF emissions CISPR 11	Class B	The SF-371 body fat scale is suitable for use in all establishments, including domestic establishments and those
6	Harmonic emissions IEC 61000-3-2	N/A	directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.
7	Voltage fluctuations / flicker emissions IEC 61000-3-3	N/A	

$\label{lem:condition} \textbf{Guidance and manufacturer's declaration} - \textbf{electromagnetic immunity} - \textbf{for all EQUIPMENT and SYSTEMS}$

Guidance and manufacturer's declaration – electromagnetic immunity

The SF-371 body fat scale is intended for use in the electromagnetic environment specified below. The customer or the user of the SF-371 body fat scale should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Electrostatic discharge (ESD) IEC 61000-4-2	± 6 kV contact ± 8 kV air	± 6 kV contact ± 8 kV air	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30 %.
Electrostatic transient / burst IEC 61000-4-4	± 2 kV for power supply lines ± 1 kV for input/output lines	N/A	Mains power quality should be that of a typical commercial or hospital environment.

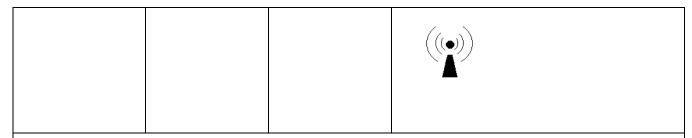
IEC 61000-4-5	mode ± 2 kV common mode	N/A	a typical commercial or hospital environment.
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	< 5 % U _T (>95 % dip in U _T) for 0.5 cycle 40 % U _T (60 % dip in U _T) for 5 cycles 70 % U _T (30 % dip in U _T) for 25 cycles < 5 % U _T (>95 % dip in U _T) for 5 sec	N/A	Mains power quality should be that of a typical commercial or hospital environment. If the user of the SF-371 body fat scale requires continued operation during power mains interruptions, it is recommended that the SF-371 body fat scale be powered from an uninterruptible power supply or a battery.
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.

$\label{lem:condition} Guidance\ and\ manufacturer's\ declaration-electromagnetic\ immunity-for\ EQUIPMENT\ and\ SYSTEM\ that\ are\ not\ LIFE-SUPPORTING$

Guidance and manufacturer's declaration – electromagnetic immunity

The SF-371 body fat scale is intended for use in the electromagnetic environment specified below. The customer or the user of the SF-371 body fat scale should assure that it is used in such an environment.

Immunity test	IEC 60601 test	Compliance level	Electromagnetic environment - guidance
	level		
			Portable and mobile RF communications equipment
			should be used no closer to any part of the SF-371 body
			fat scale , including cables, than the recommended
			separation distance calculated from the equation
			applicable to the frequency of the transmitter.
			Recommended separation distance
Conducted RF	3 Vrms	N/A	$d = \left[\frac{3.5}{V_1}\right]\sqrt{P}$
IEC 61000-4-6	150 kHz to 80 MHz		
			$d = \left[\frac{3.5}{E_1}\right] \sqrt{P} 80 \text{ MHz to } 800 \text{ MHz}$
Radiated RF	3 V/m	3 V/m	$d = \left[\frac{7}{E_1}\right]\sqrt{P} 800 \text{ MHz to } 2.5 \text{ GHz}$
IEC 61000-4-3	80 MHz to 2.5 GHz	3 V/III	where p is the maximum output power rating of the
120 01000 4 5			transmitter in watts (W) according to the transmitter
			manufacturer and d is the recommended separation
			distance in metres (m). ^b
			Field strengths from fixed RF transmitters, as determined
			by an electromagnetic site survey, a should be less than the
			compliance level in each frequency range. ^b
			Interference may occur in the vicinity of equipment
			marked with the following symbol:



NOTE 1 At 80 MHz and 800 MHz, the higher frequency range applies.

NOTE 2 These guidelines may not apply in all situations. Electromagnetic is affected by absorption and reflection from structures, objects and people.

- Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the SF-371 body fat scale is used exceeds the applicable RF compliance level above, the SF-371 body fat scale should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the SF-371 body fat scale .
- Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3V/m.

Recommended separation distances between portable and mobile RF communications equipment and the EQUIPMENT or SYSTEM for EQUIPMENT and SYSTEMS that are not LIFE-SUPPORTING

Recommended separation distances between portable and mobile RF communications equipment and the SF-371 body fat scale

The SF-371 body fat scale is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the SF-371 body fat scale can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the SF-371 body fat scale as recommended below, according to the maximum output power of the communications equipment

	Separation distance according to frequency of transmitter m		
Rated maximum output of transmitter	$150 \text{ kHz to } 80 \text{ MHz}$ $d = \left[\frac{3.5}{V_1}\right] \sqrt{P}$	80 MHz to 800 MHz $d = \left[\frac{3.5}{E_1}\right] \sqrt{P}$	800 MHz to 2.5 GHz $d = \left[\frac{7}{E_1}\right] \sqrt{P}$
W			
0.01	/	0.12	0.23
0.1	/	0.38	0.73
1	/	1.2	2.3

10	/	3.8	7.3
100	/	12	23

For transmitters rated at a maximum output power not listed above the recommended separation distance d in metres (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.