



MY X KRONOZ 

SMARTWATCH

DESIGNED IN SWITZERLAND

ZeWatch⁴ HR

— ENGLISH —

Quick start guide

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OVERVIEW



To get the most accurate data we recommend wearing ZeWatch⁴HR on your non-dominant hand and not too loose

NAVIGATE THE TOUCHSCREEN

SWIPE UP OR DOWN, LEFT OR RIGHT to navigate through the screens

LEFT button

PRESS + HOLD activate pairing mode
PRESS 1 x volume -

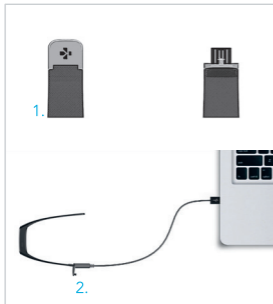
RIGHT button

PRESS + HOLD power ON / OFF
PRESS 1 x light up the screen,
exit, volume +



To reset ZeWatch⁴HR to original settings, press and hold the **RIGHT** button for at least 7 seconds.

1. CHARGING



Charge ZeWatch^{4HR} for two hours before your first use.

1. Gently push the clasp of your ZeWatch^{4HR}
2. Plug the USB end into the USB port of a computer

Tip: To easily connect ZeWatch^{4HR} to a power source, we recommend using the USB extension cable provided

3. A battery indicator will fill to indicate charging is in progress
4. Once ZeWatch^{4HR} is charged, the battery indicator will be full



A full charge takes 1h30. When the battery level gets low, a low battery indicator will appear

2. PAIRING

The first time you use ZeWatch⁴HR a **SET UP** message will prompt you to set up your ZeWatch⁴HR using a mobile device.

GET APP

[iOS & Android users] Search for App on the App store or Google Play Store.

[Windows Phone users] Search for App on the Windows Phone Store.



System Requirements

iOs

iOS 8+ devices with Bluetooth 4.0 BLE
iPhones 4s, 5, 5c, 5s, 6, 6 Plus, 7 and newer, iPad (3rd, 4th and 5th gen), iPad Mini, iPod touch (5 gen)

Android



Select Android 4.3 + devices that support Bluetooth 4.0 BLE

Windows Phone

Select Windows Phone 8.1+ that support Bluetooth 4.0 BLE

Visit www.mykronoz.com to get the latest compatibility list

Step 1 : Pairing through the application (Bluetooth Low Energy - BLE)

1. Enable Bluetooth on your mobile device
2. Open **APP** on your mobile device. [Sign up](#) if you are a new member or [Log in](#) with your existing account. After entering your personal information, select your ZeWatch model and tap Set up
3. Make sure ZeWatch⁴HR is nearby and select [ZeWatch⁴HR BLE](#) in the list of devices
4. You will receive a pairing request on your mobile device. Press Pair to accept it
5. Then, a pairing request will appear on your ZeWatch⁴HR display. Press ZeWatch⁴HR **LEFT** button to accept the pairing 
6. When ZeWatch⁴HR is successfully paired, you will be notified on ZeWatch⁴HR and on your mobile device's screen 

This operation will allow you to synchronize time, date, activity and sleep data, reminders and notifications.

i If pairing fails repeat the same steps. Pairing is a one-time process. If you want to pair your ZeWatch⁴HR with another account, you first need to unpair from the current one. On App, go to **Settings > Set up ZeWatch⁴HR > Unpair**. Tap **Set up ZeWatch⁴HR** to pair a new device

Step 2 : Manual Pairing (Bluetooth Classic)



1. From ZeWatch4HR homescreen page, hold and press the **LEFT** button until a phone icon appears



2. Go to your mobile device's Bluetooth settings and select **ZeWatch4HR** in the list of devices



3. When ZeWatch4HR is successfully paired, you will be notified on ZeWatch4HR screen

This operation will allow you to make and receive calls with ZeWatch4 HR



If pairing fails repeat the same steps.

3. WALLET

To start using [MyKronoz Pay contactless payment service](#), open [App](#) and press the [wallet](#) tab. Sign up if you are a new member, choose a plan, and follow the instructions on screen to set up and top-up your wallet with the funding methods of your choice (Mastercard, Visa, Amex, PayPal).

To make fast and secure payment with your watch, press the contactless payment icon to enable payment mode, and bring your watch close to the payment terminal. Contactless Payment limits may vary depending on local regulations.



MyKronoz Pay works at any retailer accepting Mastercard contactless payment. MyKronoz Pay may not be available in your country yet, for more information, visit: www.mykronoz.com/mykronoz-pay/

4. TECH SPECS

Dimensions	47*32*12.3 mm
Min	152 mm
Max	223 mm
Weight	38 gr
Bluetooth	2.1 + 4.0 BLE
NFC	
Battery type	Li-ion 200mAh
Standby time	up to 3 days
Charging time	1 to 2 hours
Memory	5 days of activity
Display	TFT Color Touchscreen 1.3 inches/ 240*240 pixels
Sensors	3-axis accelerometer, optical HR sensor
Operating temperature	-20°C to +40°C
Water resistance	IP66
International Warranty	1 year
Contactless payment service powered by Mastercard	



If you have any question or require assistance regarding our product, please visit www.mykronoz.com/support

SAFETY INSTRUCTIONS

Before using the device, read these instructions carefully.

- ZeWatch^{HR} has one built-in battery. Do not disassemble the battery on your own. KRONOZ LLC is not responsible for any damage or personnel injury caused by the removal of the battery or any component.
- This device is not waterproof so keep it away from all sources of heat or humidity. Do not use it near sink or other wet areas. Do not immerse the product in any liquid other than water. Do not immerse the product in salt water. Do not swim wearing this product. Do not use the product underwater.
- Charge the battery in a cool, ventilated room. Excessive temperature during charging could cause heat, smoke, fire or deformation of the battery or even explosion.
- Avoid excessive temperatures. Do not expose this device to excessive smoke, dust sand, or direct sunlight for an extended period of time.
- Do not open, crush, bend, deform, puncture or shred secondary cells or batteries. In the event of a battery break or leak, prevent battery liquid contact with skin or eyes. If this happens, immediately flush the areas with water (do not rub the eye) or seek medical help.

- Do not short-circuit. Short-circuiting can occur when a metallic object, such as coins, causes direct connection of positive and negative terminals of the battery. Short-circuiting may damage the battery.
- Do not use batteries that have been damaged or have been exhausted.
- Keep the batteries out of children's reach and in a safe place to prevent danger.
- Do not dispose of batteries in fire as they may cause explosion. Dispose of used batteries in accordance with your local regulations (such as recycling). Do not dispose as household waste.
- Use only the USB cable supplied to charge this battery. Do not charge for more than 24 hours.
- KRONOZ LLC is not responsible for any damage caused by improper use of the device.

REGULATORY NOTICES

USA



FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

CAUTIONS

Any changes or modifications not expressly approved by the party responsible for compliance could void your authority to operate the equipment.

FCC NOTICE

This equipment complies within the limits of a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against radio and TV interference in residential areas. However, even during normal operation, this equipment may cause TV or radio interference. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try one or more of the following corrective measures:

- Reposition the receiving antenna
- Increase the distance between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from which the receiver is connected
- Consult the dealer or an experienced radio/TV technician for help.

FCC ID: 2AA7D-ZEWH4

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

EUROPEAN UNION CE DIRECTIVE

Declaration of conformity with regard to the EU Directive 1999/5/EC.

Kronoz LLC hereby declares that this device is in compliance with the essential requirements and other relevant provisions of the R&TTE Directive 1999/5/EC. The complete declaration of conformity is available on request via our customer service: <https://www.mykronoz.com/support>

Déclaration de conformité à l'égard de la directive européenne 1999/5/CE.

Kronoz LLC déclare que cet appareil est conforme aux exigences essentielles et aux autres dispositions pertinentes de la directive R&TTE 1999/5/CE. La déclaration de conformité complète est disponible sur demande auprès de notre service client: <https://www.mykronoz.com/support>



CANADA

INDUSTRY CANADA (IC) STATEMENT

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Cet appareil est conforme à la norme CNR d'Industrie Canada applicable aux appareils radio exempts de licence. Son utilisation est soumise aux deux conditions suivantes: (1) cet appareil ne doit pas provoquer d'interférences et (2) l'utilisateur de cet appareil doit accepter toute interférence, y compris les interférences qui peuvent causer un fonctionnement indésirable du dispositif.

This device complies with the ISED RSS-102 RF exposure limit set forth for an uncontrolled environment and are safe for intended operation as described in this manual.

Déclaration d'exposition aux radiations Cet appareil est conforme aux limites d'exposition aux rayonnements Canada établies au pour un environnement non contrôlé et ne présente pas de risque dans le cadre d'une utilisation conforme à celle décrite dans ce manuel.

IC : 12131A-ZEWH4

DISPOSAL AND RECYCLING INFORMATION

After the implementation of the European Directive 2002/96/EU in the national legal system, the following applies: Electrical and electronic devices may not be disposed of with domestic waste. Consumers are obliged by law to return electrical and electronic devices at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. This symbol on the product, the instruction manual or the package indicates that a product is subject to these regulations. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

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Designed in Switzerland - Made in China

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MORE THAN TIME

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