



MY X KRONOZ 

Smart Watch

DESIGNED IN SWITZERLAND

Administrative Regulations on Low Power Radio Waves Radiated Devices

warning:

Article 12

Without permission granted by the NCC, any company, enterprise, or user is not allowed to change frequency, enhance transmitting power or alter original characteristic as well as performance to a approved low power radio-frequency devices.

Article 14

The low power radio-frequency devices shall not influence aircraft security and interfere legal communications; If found, the user shall cease operating immediately until no interference is achieved.

The said legal communications means radio communications is operated in compliance with the Telecommunications Act.

The low power radio-frequency devices must be susceptible with the interference from legal communications or ISM radio wave radiated devices.

ZeFit⁴ HR

— ENGLISH —

Quick start guide

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OVERVIEW



WAKE THE DEVICE

- Double tap the touchscreen.
- ZeFit4HR screen turns off when not use.

EXIT A MENU

- Double tap the touchscreen.

MOVE BETWEEN SCREENS

- Swipe left or right, (horizontal mode)
up or down (vertical mode).



To ensure ZeFit4HR is responding accurately to your taps, we recommend using your fingertips and not your nail.

CHARGING



Charge ZeFit⁴HR for one and a half hours before your first use.

1. Put ZeFit⁴HR on the magnetic charging dock.
2. Make sure the pin on the charging dock fit correctly onto the charging terminals on the back of ZeFit⁴HR.
3. Plug the small end of the USB cable provided into the charging's dock USB port.
4. Plug the big end of the USB cable into a power source.
5. A battery indicator will fill to indicate charging is in progress. Once ZeFit⁴HR is charged, the battery indicator will be full.

i

A full charge takes 1:30 hour. When the battery level gets low, a battery indicator will appear.

PAIRING

The first time you use ZeFit⁴HR, a **SET UP** message will prompt you to set up your ZeFit⁴HR using a mobile device.

GET ZeFit⁴ APP

To set up your ZeFit⁴HR using your mobile device, you first need to get ZeFit⁴ App. Search for ZeFit⁴ App in the App store or Google Play, download and install the App on your mobile device.



System Requirements

iOS

iOS 8+ devices with Bluetooth 4.0 BLE
iPhone 4s, 5, 5c, 5s, 6, 6 Plus, 7, 7 Plus, iPad
(3rd, 4th and 5th gen) iPad Mini, iPod touch (5th gen)

Android

Select Android 5.0 + devices that support
Bluetooth 4.0 BLE

Visit www.mykronoz.com to get the latest compatibility list

1. Enable Bluetooth on your mobile device.
2. Open ZeFit⁴ App on your mobile device. **Sign up** if you are a new member or **Log in** with your existing account. After entering your personal information, tap **Set up**.
3. Make sure ZeFit⁴HR is nearby and select ZeFit⁴HR in the list of devices.
4. You will receive a pairing request on your mobile device. Press **Pair** to accept it.
5. Then, a pairing request will appear on your ZeFit⁴HR display.



Tap on your ZeFit⁴HR to accept the pairing.

6. When ZeFit⁴HR is successfully paired, you will be notified on ZeFit⁴HR and on your mobile device's screen.



If pairing fails, repeat the same steps. Pairing is a one-time process. If you want to pair ZeFit⁴HR with another account, you first need to unpair it from the current one. Open ZeFit⁴ App, go to Settings > Connect ZeFit⁴HR > Unpair ZeFit⁴HR . Tap Connect ZeFit⁴HR to pair a new device.

TECH SPECS

| | |
|---------------------------|---|
| Size & Circumference | 45.5 x 18.6 x 9.8mm Min: 150 mm Max: 222 mm |
| Weight | 18 g |
| Bluetooth | 4.0 BLE |
| Bluetooth operating range | Up to 5 meters |
| Battery type | Li-ion 80mAh |
| Battery life | Up to 5 days |
| Charging time | 1.5 hours |
| Memory | 7 days of activity |
| Display | TFT color touchscreen 1.06 inches/ 160*64 pixels |
| Sensor | 3-axis accelerometer, optical HR sensor |
| Operating temperature | -20°C to +40°C |
| Water resistance | IP67 |
| International warranty | 1 year |

REGULATORY NOTICES

USA



FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

CAUTIONS

Any changes or modifications not expressly approved by the party responsible for compliance could void your authority to operate the equipment.

FCC NOTICE

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from which the receiver is connected
- Consult the dealer or an experienced radio/TV technician for help.

RF exposure statements

This Transmitter must not be co - located or operating in conjunction with any other antenna or transmitter.

FCC ID:2AA7D-ZEFT4H

CANADA

INDUSTRY CANADA (IC) STATEMENT

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Cet appareil est conforme à la norme CNR d'Industrie Canada applicable aux appareils radio exempts de licence. Son utilisation est soumise aux deux conditions suivantes: (1) cet appareil ne doit pas provoquer d'interférences et (2) l'utilisateur de cet appareil doit accepter toute interférence, y compris les interférences qui peuvent causer un fonctionnement indésirable du dispositif.

IC:12131A-ZEFT4H

This device complies with the ISED RSS-102 RF exposure limit

set forth for an uncontrolled environment and are safe for intended operation as described in this manual.

Déclaration d'exposition aux radiations Cet appareil est conforme aux limites d'exposition aux rayonnements

Canada établies au pour un environnement non contrôlé et ne présente pas de risque

dans le cadre d'une utilisation conforme à celle décrite dans ce manuel.