

**ELO PRO**

# We are Elo

## **Powerful recovery, no compromises.™**

Elo started with a simple vision to make professional-grade muscle recovery and relaxation experiences accessible to everyone. We combine breakthrough technologies with minimal design rooted in nature to help people recover and feel their best.

## **Professional grade, accessible to everyone.**

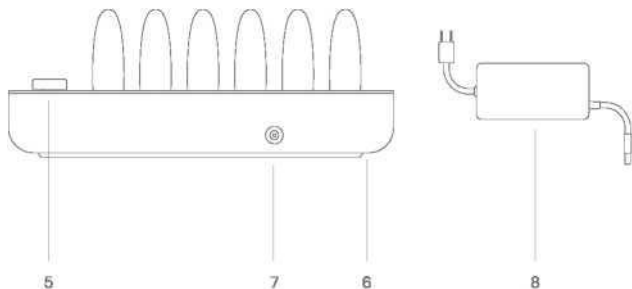
Our products are trusted by professionals everywhere in recovery, mental relaxation or pain relief. We are confident that this is the very best thermotherapy technology available that will make it easy to lead a happier, healthier lifestyle.

# Elo Pro



- 1 **Organic LED display.** View temperature readouts and manage settings
- 2 **High-power light therapy ring.** Dynamic light therapy featuring illumination-class LEDs producing 16 million possible colors
- 3 **Stone selectors.** Select individual stones to check and customize temperatures
- 4 **Heating indicators.** View heating progress for each individual stone

# Elo Pro



**5 Selection dial.** Select temperatures, light patterns and other settings

**Liquid overflow outlet.** Accidents happen -we've got your covered. Liquids that spill into the stone ports exit here

**7 Low-voltage connector.** ELO PRO uses low

voltage for added safety

**8 120W power adapter.** Gives ELO PRO the juice



## PRO Stone with SenseiQ™

### SenseiQ™ interface

Temperature measured 10x per second

### Internal heating

Heats inside-out for maximum consistency

### Inspired by tradition, ready for the future

Elo pays respect to a thousand-year-old practice. We fuse modern heating and sensing technology with the smooth, gentle curves of dense, volcanic-inspired stones.

ELO PRO features 6 PRO Stones that heat from

the inside out in about 1 minute each. SenseiQ™ by ELO enables accurate temperature readings, taken 10x per second for maximum safety;

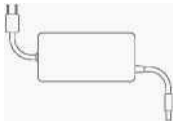
## **Glide without oil**

The surface of our stones contain special microscopic grooves that wick moisture away from the skin to reduce drag. Aeroglide™ enables superior glide without the use of oil, enabling a cleaner treatment experience.

# Getting started

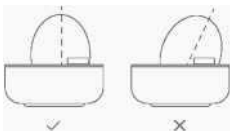
## Step 1 Connect power.

Connect the power adapter and plug the power cable into an outlet.



## Step 2. Place stones.

Remove the stone tray and place stones into the dock. Note: purple lights signal proper stone contact



## Step 3. Power On.

Press and hold the dial to Power ON. ELO PRO will automatically begin to preheat. To select a temperature, turn the dial ELO PRO monitors temperature 10x per second for maximum safety.



# Status lights



## Heating indicators show you the way

ELO PRO heats stones fast. As stones heat, progress is shown on each stone's heating indicator light.

## Breathing purple light

Stone is heating

## Steady white light

Stone is fully heated

## Steady orange light

Watch out! Stone is hot



# Multiple stone temperatures

## Set different temperatures for different stones

Press and hold any stone selector to activate multi-select mode. When stone lights flash, select the stones required and then turn the dial to set a temperature. Repeat for other stones if needed.

100° F

110° F

120° F

130° F

140° F

### Temperatures by treatment style\*

#### <-Placement

Isolated treatments that saturate muscles

**Holding**  
For holding  
in the palms

Gliding Careful  
it's hot!

A Expert  
Professional use only

#### Introduction

Start at this temperature

,Warning: temperatures in .this

guide are approximate and vary by

user. ELO temperature readouts can also vary depending on factors like room temperature. Always use caution when touching a stone and test the temperature in your hands before applying to the body.

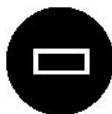
### Access features by pressing the selection dial

Press the selection dial to enter the system menu. Turn the dial to select the desired setting and press again to enter a submenu.

### Power OFF

Press and hold the dial to to Power OFF ELO PRO will automatically power down after an hour of no interaction.

## Settings



Light  
Therapy



Lamp



Temp.  
Mode



Bluetooth  
Pairing



System  
Reset

# Light Therapy

Experience a world of calm

Navigate to the light ring menu to select any of ELO's 6 soothing light patterns.

ODD

Balance

Align

Reset

ODO

Release

Energize

Unite

### **Illumination when you need it**

ELO PRO is equipped with Lamp Mode. To quickly access the lamp while the device is OFF simply turn the selection dial to activate the lamp and turn to adjust brightness. The lamp will automatically turn OFF after 4 hours if no interaction is detected.

### **Activate warm, soothing light**

ELO PRO'S light ring is equipped with illumination class LEDs that produce spa-grade light at 3 calming temperatures. Navigate to the Lamp menu to make a selection.

# Lamp

E m b e r

G l o w

P u r i f y

# Smart Features

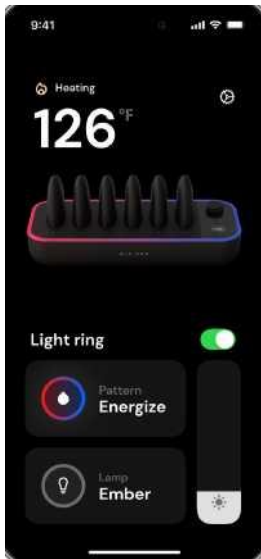
Use the ELO App for quick access to many of ELO PRO'S features and firmware updates for your device.

## Download and install the ELO App

Control light patterns, brightness, device settings and get access to device firmware updates.



Coming 2023



GET IT ON  
Google Play



Download on the  
AppStore

# Caring for your device

A **Important:** Never heat wet or oily stones. Ensure stones and dock are completely clean and dry before heating or reheating.

## Stone cleaning

Wash stones with a mild detergent and warm water. Completely dry stones before returning them to the dock.

## Dock cleaning

To minimize bacterial growth, we recommend cleaning stones before placing them back in the dock.

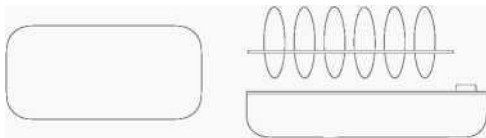
If you **return** used stones to the dock you may need to clean ELO PRO.

**Pro tip:** Avoid cleaning the dock by using clean stones every time.

1. Unplug the device
2. Spray a few pumps of natural all-purpose cleaner into a lint-free cloth
3. Wipe down the dock's surfaces, using a finger inside the cloth to gently

clean stone cavities

## Protection while travelling



When travelling with ELO PRO, it's important that the stones are placed in the provided protective tray inside of the protective carry case. Stones placed directly in the dock while travelling may damage ELO's power pins.



# Compatible stone types



## PRO Stone

### High-density Gliding Stone

Included with your ELO PRO device. Fastheating, high density stones used for gliding and holding.



## Ultra-high density Placement Stone

### GRAVITY Stone

Ultra-high density stones used for grounding placement treatments. These stones store ~3x more heat than PRO Stone.

## ELO Safety Instructions

Do not use ELO PRO or any thermotherapy device without first obtaining approval from your physician if any of the following apply:

- , Pregnancy diabetes with complications such as neuropathy or retinal damage, wear of pacemakers, recent surgery or injury epilepsy or migraines, herniated disks,

spondylolisthesis, spondylolysis, or spondylosis, recent joint replacements or IUD, metal pins or plates or any concerns about your physical health. Frail individuals and children should be accompanied by an adult when using any thermotherapy device. These contraindications do not mean that you are not able to use a thermotherapy device but we advise that before doing so you consult your physician.

, These indications do not mean that you are not able to use a thermotherapy device but we do advise you to consult a doctor first.

, The product is designed for external use only and not for direct application to skin. If you decide to use the product against direct skin, we recommend only using the lowest temperature setting.

- Remove the product from your body at the first indication of any discomfort.

, Use only on the body's soft tissue as desired without producing pain or discomfort.

, Only use with the supplied 120W ELO Power Supply.

- A device should never be left unattended when ON.

- Do not reach for a device that has fallen into water. Unplug immediately

- Do not place or store device where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid

- Do not operate under blanket or pillow.

, Use this device only for its intended use as described in this manual. Do not use stones or attachments not recommended by the manufacturer.

, Never operate this device if it has a damaged cord or plug, if it is not working properly if it has been dropped or damaged, or if it has gotten wet. If your device isn't working properly; please connect with customer service.

- Do not carry this device by supply cord or use cord as a handle.
- , Keep fingers, hair, or any other body parts away from pins inside of stone cavities while plugged in.
- , Never drop or attempt to force a stone or any object into stone cavities or any opening.
- , Do not remove screws or attempt to disassemble.
- Do not attempt to heat ELO brand stones with any other heating device including a microwave, toaster; heating plate, oven, or stone heaters made by any other manufacturer.
- , Always unplug this device from the electrical outlet before cleaning.

## **ELO Manual**

TO REDUCE RISKS OF ELECTRIC SHOCK, FIRE, AND PERSONAL INJURY, OR PROPERTY DAMAGE, THIS DEVICE MUST BE USED IN ACCORDANCE WITH THE FOLLOWING WARNINGS, CAUTIONS, AND SAFETY INSTRUCTIONS.

### **IMPORTANT SAFETY INSTRUCTIONS - ORIGINAL INSTRUCTIONS**

Read all instructions before using ELO.

## **Danger**

To reduce the risk of electric shock:

- , Always unplug this device from the electrical outlet immediately after using and before cleaning.
- , Do not reach for a device that has fallen into water. Unplug immediately.

- Do not use while bathing or in a shower.
- Do not place or store device where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

## **Warning**

- To reduce the risk of burns, fire, electric shock, or injury to persons:
- A device should never be left unattended when plugged in. Unplug from outlet before cleaning.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Do not use the product with an infant, a child, an incapacitated or immobile person, a paraplegic, a quadriplegic, a diabetic, one sensitive to heat such as a person with poor blood circulation or anyone who cannot clearly understand instructions and/or operate the controls.
- Use this device only for its intended use as described in this manual. Do not use stones or attachments not recommended by the manufacturer.
- Never operate this device if it has a damaged cord or plug, if it is not working properly if it has been dropped or damaged, or if it has gotten wet. Return the device to a service center for examination and repair.
- Do not carry this device by supply cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- Never drop or attempt to force a stone or any object into stone cavities or any opening.
- Do not remove screws or attempt to disassemble.
- Do not attempt to heat ELO brand stones with any other heating device including a microwave, toaster; heating plate, oven, or stone heaters made by any other manufacturer.

## **FCC statements should be displayed in the user manual:**

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

1. Reorient or relocate the receiving antenna
2. Increase the separation between the equipment and receiver.
3. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
4. Consult the dealer or an experienced radio/TV technician for help.

The equipment complies with FCC Radiation exposure limits set forth for uncontrolled environment This equipment should be installed and operated with minimum distance 20cm between the radiator and your body.

IC statements should be displayed in the user manual:

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

- (1) L'appareil ne doit pas produire de brouillage;
- (2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment. Cet équipement est conforme aux limites d'exposition aux radiations IC CNR-102 établies pour un environnement non contrôlé.

This equipment complies with IC RF radiation exposure limits set forth for an uncontrolled environment.

This equipment should be installed and operated with a minimum distance of 20 centimeters between the radiator and your body."

Ce matériel est conforme aux limites d'exposition aux rayonnements radiofréquences dans

un autre environnement

Ce matériel doit être installé et exploité à une distance minimale de 20 cm entre le radiateur et votre corps.