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折线:					先.	上下	再左右				
正面	60mm				;						
80mm	SUNNYFIT HEART RATE MONITOR HR200 USER MANUAL	1. PRODUCT INTRODUCTION Thank you for choosing the SunnyFit Heart Rate Monitor. Our product was developed to transmit real-time heart rate data through Bluetooth or ANT+ to fitness apps or your device, to help you manage your exercise intensity scientifically. Please keep this user manual for future reference. NOTE: This product is for recreational use only and is not intended to replace any medical device. 2. PRODUCT ACCESSORIES SunnyFit Heart Rate Monitor Charging Cable User Manual	3. PRODUCT SPECIFICATIONS Product Size: 1.81x1.47x0.51 INCHES Net Weight: 0.042 lbs Battery type: 90mAh Rechargeable lithium battery Battery Life: Continuous use for 16Hrs Connectivity: ANT+/ Bluetooth Water Rating: IPx7 Working temperature: -14~122 °F Color: Black For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).	4. FUNCTION AND OPERATION 4.1 Turn-on: Press the start-up button, the LED light will flash blue quickly until the heart rate is found. 4.2 Turn-off: Hold the start-up button for 2 seconds, the LED will flash red light and vibrates, then enters the shutdown state. Start-up Button Start-up Button	5. HEART RATE INDICATOR *Max Heart Rate (MHR) = 180 (default) Below 60% MHR: Soft green light will flash once every 5 seconds without Bluetooth connection. When Bluetooth is connected, it will flash once every 3.4 seconds like a breathing light. 60%~70% MHR: Dark green light will flash once every 5 seconds without Bluetooth connection. When Bluetooth is connected, it will flash once every 2.4 seconds like a breathing light. 70%~80% MHR: Yellow light will flash once every 5 seconds without Bluetooth connection. When Bluetooth is connected, it will flash once every 2.4 seconds like a breathing light.	背面	Select Equipment HR200 Select Retry	8.7 You can now check your heart rate data. 148 BPM 240 148 BPM 175 130 00:00 00:05 00:10 00:15 00:20	8.8 After connecting the device, you can enter the "Equipment" panel from the "Me" tab. Favorites	The state of the s	8.10 Once the connection between the Heart Rate Monitor and Sunnyfit app is established, your heart rate will be displayed where available depending on the module and type of workout session you select. 9. DISCLAIMER 9.1 The information in this manual is for reference only. The product may be subject to change based on manufacturer's research and development without notice. 9.2 We shall not make any statement or warranty about this manual or the product. 9.3 We shall not bear any legal responsibility for any direct or indirect, accidental or special damages, losses and expenses arising from or in connection with this manual or the contained product.
	80% ~ 99% MHR: Red light will flash once every 5 seconds without Bluetooth connection. When Bluetooth is connected, it will flash once every 1.4 seconds like a breathing light. Exceed 100% MHR: Red light will flash once every 5 seconds without Bluetooth connection. When Bluetooth is connected, it will flash once every 1.4 seconds like a breathing light and the sensor will vibrate 3 times continuously. Soft Green Dark Green Wellow Red WHR80% ~ 99% MHR70%~80% MHR80% ~ 99% MHR70%~80% MHR80% ~ 99% MHR > 100%	and green alternately and vibrates once. 6.2. How To Charge: Put the Charging Cable on the Charging Terminals, then connect the USB to a power source. 6.3. Charging: LED will flash green when charging and will stay green when fully charged. Heart Rate Sensor Charging Terminals	worn snug enough not to move on your arm, but NOT so tight that it restricts arm circulation. Wearing position				Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with Part 15 of the FCC Rules and Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Le présent appareil est conforme aux CNR d' Industrie Canada applicables aux appareils radio exempts de licence. L' exploitation est autorisée aux deux conditions suivantes: (1) l' appareil ne doit pas produire de brouillage, e(2) l' utilisateur de l' appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d' en compromettre le fonctionnement.	found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.		This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter. The property of th	Track your fitness progress & join FREE workout courses! Download SUNNYFIT* today! Combass on the App Store Find us on social media @sunnyhealthfitness @ @sunnyhealthfitness
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