

Q30T
智能手表使用说明书
Smartwatch User Guide

01 产品介绍

Product Introduction

功能键 显示屏 快捷键 传感器 充电口

Functional key Display screen Shortcut key Sensor Charging port

使用产品前请仔细阅读本说明书，并妥善保管。

In order to use it better, please read this operation guide carefully before using the watch and keep it properly.

提示:

Note:

说明书中的产品、配件、用户界面等插图均为示意图，仅供参考。由于产品的更新与升级，产品实物与示意图可能略有差异，请以实物为准。

Product pictures such as products, accessories, user interfaces shown on the operation guide are for illustration purpose only and actual product may vary due to product update and enhancement.

02 佩戴

Wearing

将手表佩戴至距腕骨约一指处，调整腕带松紧，以确保心率传感器能够正常采集数据。

Wear your watch one finger from the wrist bone and adjust the strap tightness to ensure the heart rate sensor collects data properly.

提示:

Note:

手表佩戴得松可能影响心率监测数据。

Too loose wearing may affect the accuracy of heart rate monitoring data.

03 连接

Connection

扫描二维码或进入各大应用市场下载并安装“GloryFit”

Scan QR code or search "GloryFit" in AppStore (iOS) or Google Play (Android) to download and install the app

打开手机客户端设置个人信息

User can set personal information on the mobile phone

切换至“设备”页面，点击绑定设备

Switch to "Device" screen and click to bind the device

在扫描到的设备列表点击你的设备

Click your device on the scanning list

绑定完成

Bind successfully

微信扫描

WeChat scan

手表上的二维码

QR code on the watch

04 使用

Usage

屏幕操作

Screen operation

1、打开快捷菜单。Enable shortcut menu.

2、打开信息通知。Enable message notifications.

3、切换功能卡片。Switch functional card.

4、进入功能菜单。Enter functional menu.

5、返回上一级。Return to the last level.

6、选择其他表盘设置。Select other watch face setting.

06 充电

Recharging

手表是磁吸式充电，将充电线的充电触点对准手表充电口进行充电，直到手表屏幕出现充电电量提示。

The watch is magnetic charging. Please match the charging pins of the charging cable to the watch's charging port until the watch screen shows the recharging reminder.

1. 充电时，为了保证充电稳定，手表会息屏充电，点击按键可以唤醒手表，当手表电量过低时，需要充电 3~5 分钟才会唤醒手表，这属于正常情况，请等待 5 分钟后再查看手表充电情况。

When charging, to ensure stable charging, the watch screen will be off and users can click the button to wake up the screen. When the watch power is too low, it will take 3 to 5 minutes to charge before waking up the watch, which is normal. Please wait for 5 minutes and then check the watch charging status.

2. 请使用手表专用充电线充电，充电方式为单方向充电，请注意充电方向，正确充电会吸附，错误方向则会排斥，请勿强行充电。

Please use the exclusive charging cable to charge. The charging way is unidirectional, so please pay attention to the charging direction, correct charging will absorb, while wrong direction will repel, please do not force charging.

3. 请使用额定输出电压 5V、额定输出电流 0.5A 的充电器或者电脑 USB 接口为手表充电。当手表提示电量低时，请及时充电。

Please connect charging socket to power adapter (5V/0.5A) or PC with USB cable. Please recharge the watch when the power is low.

07 调整/拆装表带

Strap adjustment and disassembly

调整表带

Strap adjustment

根据手腕周长自行调整表扣的位置，使表带和手表贴合手腕。

Adjust the watch buckle according to your wrist to ensure the strap and watch cling to your wrist.

拆卸和安装表带

Strap disassembly and assembly

1、拔动表带弹簧扣，提起表带将其取出。

1. Pull the buckle of the strap and lift the strap to remove it.

2、将表带一侧插入表耳中，拔动表带弹簧扣，另一侧对准表耳并释放表带弹簧扣，听到“咔嗒”一声，表带已安装。2. Insert one side of the strap into the lugs, pull the buckle of the strap, align the other side with the lugs and release the buckle, then the strap is fitted with a click.

3、拉拽表带，确保表带安装成功。3. Pull and tug the strap to ensure it is well-installed.

拆卸表带 Disassemble the strap

安装表带 Assemble the strap

【产品名称】智能手表

[Product name] Smartwatch

【产品型号】Q30T

[Product model] Q30T

【制造商】深圳市优创亿智能有限公司

[Manufacturer] Shenzhen Ultra Easy Intelligence Co., Ltd.

【地址】深圳市宝安区西乡街道劳动社区西乡大道和宝源路交汇处中央大道 D 座 6E

[Address] 6E, Block D, Central Avenue, Intersection of Xixiang Avenue and Baoyuan Road, Labor Community, Xixiang Street, Baoan District, Shenzhen

【无线连接】蓝牙 BLE 5.2

[Wireless connection] Bluetooth BLE 5.2

说明书版本号：V1.0

User Guide version no. V1.0

手表支持蓝牙通话、日常活动监测、运动模式监测，健康管理数据监测、离线支付、消息提醒等功能。

The watch supports such functions as Bluetooth calling, daily exercise monitoring, sports mode monitoring, healthy management data monitoring, offline payment and notification reminders.

手表可通过蓝牙与智能手机连接，还能在手表端接听，拒接电话，查看通话记录、联系人。

The watch can be connected to mobile phone through Bluetooth, and users can answer, reject calls and check call logs and contacts on the watch end.

蓝牙通话功能
Bluetooth calling function

日常活动监测功能
Daily exercise monitoring function

运动模式监测功能
Sports mode monitoring function

手表支持多功能运动模式及数据记录。锻炼支持 20 多种运动模式：户外跑步、户外骑行、跳绳、羽毛球、乒乓球、网球、登山、健走、篮球、足球、棒球、排球、板球、橄榄球、曲棍球、跳舞、动感单车、瑜伽、仰卧起坐、室内跑步、体操、划船、开合跳、自由训练。

The watch supports multi-functional sports modes and data recording. More than 20 workout modes are supported, such as outdoor running, outdoor cycling, skipping, badminton, table tennis, tennis, mountaineering, walking, basketball, football, baseball, volleyball, cricket, rugby, hockey, dancing, spinning, yoga, sit-ups, indoor running, gymnastics, rowing, jumping jack and free training.

手表佩戴在手腕上可以监测并记录日常活动的步数、距离、卡路里。
Wear the watch to the wrist can monitor and record daily steps, distance and calories.

08 核心功能
Core function
健康管理监测功能
Healthy management monitoring function

手表支持心率、血氧、睡眠等健康数据监测及显示（所提供的健康数据仅供参考，不作为医疗诊断数据）。

The watch supports healthy data monitoring and display, such as heart rate, blood oxygen, sleep and so on (all the healthy data provided are for reference only and should not use as medical diagnose).

信息、天气、音乐、低电提醒、闹钟、来电提醒、找手机、久坐提醒、抬腕亮屏、12/24 时间制、手电筒、秒表、计时器、计算器等（因手表各型号之间存在功能性差异，具体以实物为准）。

Message, weather, music, low power reminder, alarm clock, incoming call reminder, find my phone, sedentary reminder, wrist awake, 12/24 hour system, flashlight, stopwatch, timer, calculator and so on (the actual product may vary due to the functional differences of the watch models).

其他功能
Other functions

09 注意事项

Precautions

1. 请避免手表遭受强烈撞击、极度高温和暴晒。Protect the watch from strong impacts, extreme heat and exposure to the sun.

2. 请勿自行拆卸、修理或改造本机。Please do not disassemble, repair or modify the watch yourself.

3. 本机使用环境为 0° C~45° C, 禁止将其扔进火中, 以免引起爆炸。Please use the watch in an environment of 0°C to 45°C. It is forbidden to throw it into the fire to avoid explosion.

4. 手表沾水时请用软布擦干后方可进行充电操作, 否则会腐蚀充电接触点, 导致充电故障。Please use a soft cloth to dry the watch before charging, otherwise it will corrode the charging pins and lead to charging failure.

5. 请勿接触汽油、清洁溶剂、丙醇、酒精或驱虫剂等化学物质。Please do not expose to chemicals such as petrol, cleaning solvents, propanol, alcohol or insect repellents.

6. 请勿在高压高磁环境中使用本产品。Please do not use this product in high voltage, high magnetic environments.

7. 请及时擦干手腕上的汗滴, 表带长时间接触皂类、汗水、过敏源或污染成分, 可能造成皮肤过敏瘙痒。Please dry your wrist timely. Prolonged exposure of the strap to soap, sweat, allergens or polluting ingredients may cause skin irritation and itching.

8. 如果经常佩戴, 建议每周清洁手表, 用湿布擦拭, 用温和的肥皂祛除油污或灰尘。在洗脸洗手时可以佩戴, 在洗澡、游泳时不建议佩戴。If worn regularly, it is recommended to clean the watch weekly by wiping it with a damp cloth and using a mild soap to get rid of any oil or dirt. It can be worn when washing your face and hands, but is not recommended when bath or swimming.

9. 请使用本机随附的充电线和获得认证的电源适配器进行充电。
Please use the charging cable supplied with the unit and certified power adapter for charging.

FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the follow two condition:

(1) This device may not cause harmful interference.

(2) This device must accept any interference received, including interference that may cause undesired operations.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or a licensed radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirements.

The device can be used in a portable exposure condition without restrictions.

10 基本参数

Basic parameters

蓝牙: Bluetooth5.2

Bluetooth: Bluetooth5.2

兼容系统: Android5.0+IOS8.0

Compatible system: Android5.0+IOS8.0

包装清单: 主机、充电线、说明书

Packing list: watch, charging cable and user guide

主控芯片: Realtek 8763EWE

Master control chip: Realtek 8763EWE

显示屏尺寸: 1.39" TFT

Display screen size: 1.39" TFT

续航时间: 5-15 天

Standby time: 5-15 days

分辨率: 360*360

Resolution: 360*360

工作温度: 0° C~45° C
Working temperature: 0°C~45°C

产品尺寸: 46.7*54.2*11.4mm
Watch size: 46.7*54.2*11.4mm

腕带材质: 硅胶
Strap material: silicon

产品名称: 智能手表
Product name: smartwatch

产品型号: Q30T
Product model: Q30T

电池容量: 300mAh
Battery capacity: 300mAh

产品重量: 约 38g
Product weight: about 38g

11 保修说明

Warranty Notice

本产品售后服务严格依据《中华人民共和国消费者权益保护法》、《中华人民共和国产品质量法》实行售后三包服务，服务内容如下：

The after-sales service of this product is strictly by the Law of People's Republic of China on Protection of Rights and Interests of Consumers and the Law of the People's Republic of China on Product Quality and it provides three-guarantee service as follows:

一、保修期限 Warranty Period

1、产品自您签收次日起 7 日内，发生非人为性能故障，消费者可以选择退货、换货或修理。
Within 7 days from the day after you sign for the product, the consumer has the option of returning, replacing or repairing the product in the event of a non-human performance failure.

2、产品自您签收次日起 8 日-15 日内，发生非人为性能故障，消费者可以选择换货或修理。
Within 8 to 15 days from the day after you sign for the product, the consumer has the option of replacing or repairing in the event of a non-human performance failure.

3、产品自您签收次日起 12 个月内，发生非人为性能故障，消费者可享受免费质保。
Within 12 months from the day after you sign for the product, the consumer has the option of free warranty in the event of a non-human performance failure.

二、非保修条例 Non-warranty regulation

1、未经授权的维修、误用、碰撞、疏忽、滥用、进液、事故、改动、不正确的使用非本产品配件，或撕毁、涂改标贴、防伪标记；2、已超过三包有效期；3、因不可抗力造成的损坏；
4、不符合《产品性能故障表》所列性能故障的情况；5、因人为原因导致本产品及其配件产

生《产品性能故障表》所列性能故障。

1. Unauthorized maintenance, misuse, collision, negligence, fluid penetration, accident, modification, incorrect use of non-product accessories, or torn or altered labels and anti-counterfeit markings; 2. It has exceeded the expiry date of the three-guarantee service; 3. Damages caused by force majeure; 4. Does not meet the failures listed in the Product Performance Failure List; 5. Performance failures of the product and its accessories listed in the Product Performance Failure List due to human causes.

三、产品性能故障表 Product Performance Failure List

名称

Name

性能故障

Performance failure

手表主体

Watch body

显示屏显示异常

Abnormality of display screen

振动失效

Vibration failure

显示屏触摸失效

Operation failure of display screen

无法与指定设备同步

Failed to sync the designated device

无法开机

Can not boot

充电线

Charging cable

无法正常给手表充电

Failed to charge the watch

1、用户信息 User information

2、产品资料 Product data

3、维修记录 Maintenance record

电子邮箱:

E-mail

姓 名:

Name

电 话:

Tel.

联系地址:

Contact address

邮政编码:

Postal code:

主机机身 SN 号:

Device SN number

受理日期

Date of acceptance

故障现象

Failure phenomenon

处理方案

Solution

维修员签字

Signature of repairer

12 三包凭证

Three-guarantee certificate