

英文

S320B User Manual	1. Appearance Description TFT Display, Button, Flashlight, Sensors, Speaker, Charging Contacts, Microphone	2. Charging Instructions Thank you for purchasing our fitness smart watch, please read the instructions carefully before use... 3. APP Download and Wireless Pairing Install APP Scan QR code to download the app	1. APP Wireless Pairing 1. Turn on the watch for the first time... 2. Change Dial Turn to the smart dial, long press the dial over to touch the dial... 3. Operating Method Upper Button: 1. Long Press: Turn on/off the smart watch. 2. Short Press: Light up the screen/turn on the necessary theme. Swipe to Left: Move to the next interface. Swipe to Right: Shortcut returns to the previous interface. Slide Up: Slide up the home screen to view the message. Slide Down: Slide down the home screen to enter the settings menu.	4. Product Information Chip: RTL8782SE Display: Screen Color 2.0 TFT Resolution: 320*320 Main Battery Capacity: 400mAh Working Temperature: 15°C~50°C Compatibility: For iPhone 12/Android 8.0 and above	8. Main Functions Heart Rate, Blood Pressure, SpO2, Sleep, Pedometer, Call, Message, Music, etc.
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西班牙文

Instrucciones de uso S320B	1. Descripción de la apariencia Pantalla TFT, Botón, Antena, Sensor, Puntos de Carga, Micrófono	2. Instrucciones de Carga Gracias por elegir nuestro reloj inteligente para la salud... 3. Descargar la APP y Emparejamiento Wireless Instalación de la APP Escanea el código QR para descargar la aplicación	4. Selección de la interfaz principal En la pantalla principal, mantenga presionada la pantalla durante 1 segundo para elegir entre diferentes interfaces principales... 5. Cómo Operar Botón de arriba: 1. Mantenga presionado para encender/apagar el reloj. 2. Pulse brevemente para iluminar la pantalla o para iniciar la pantalla de bloqueo. Deslizar a la izquierda: Mover a la siguiente pantalla. Deslizar hacia arriba: Deslizar hacia arriba para ver el mensaje. Deslizar hacia abajo: Deslizar hacia abajo para entrar en el menú de configuración.	6. Especificaciones del Producto Controlador Principal: RTL8782SE Pantalla: Pantalla de color TFT 2.0 Resolución: 320*320 Capacidad de la Batería: 400mAh Temperatura de trabajo: 15°C~50°C Compatibilidad: iPhone 12/Android 8.0 y superior	8. Funciones Principales Frecuencia cardíaca, Presión arterial, SpO2, Sueño, Pasos, Llamadas, Mensajes, Música, etc.
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意大利文

Manuale di istruzioni S320B	1. Descrizione dell'aspetto Display TFT, Pulsante, Torcia elettrica, Sensore, Contatti di ricarica, Micrófono	2. Istruzioni per la ricarica Grazie per aver acquistato il nostro orologio intelligente per la salute... 3. Download dell'APP e accoppiamento Wireless Installazione dell'APP Scansiona il codice QR per scaricare l'app	4. Selezione dell'interfaccia principale Premere a lungo lo schermo per 1 secondo intorno a un'interfaccia principale per selezionare diverse interfaccie principali... 5. Metodi di funzionamento Pulsante Su: 1. Mantenere premuto per accendere/spegnere il telefono. 2. Premere brevemente per illuminare lo schermo o per avviare la schermata di blocco. Scorrere verso sinistra: Muoversi alla prossima schermata. Scorrere verso l'alto: Scorrere verso l'alto per visualizzare il messaggio. Scorrere verso il basso: Scorrere verso il basso per accedere al menu delle impostazioni.	6. Parametri del Prodotto Controllore principale: RTL8782SE Display: Schermo a colori 2.0 TFT Risoluzione: 320*320 Capacità della batteria: 400mAh Temperatura di lavoro: 15°C~50°C Compatibilità: iPhone 12/Android 8.0 e superiore	8. Funzioni principali Frequenza cardiaca, Pressione sanguigna, SpO2, Sonno, Passi, Chiamate, Messaggi, Musica, ecc.
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法文

Manuel d'utilisation S320B	1. Apparence Ecran TFT, Bouton, Lampe de poche, Capteur, Haut-parleur, Contacts de charge, Microphone	2. Instructions de charge Nous vous remercions d'avoir acheté notre montre intelligente... 3. Téléchargement de l'APP et appariement Wireless Installation de l'APP Scannez le code QR pour télécharger l'application	4. Sélection de l'interface principale Appuyez à long sur l'écran pendant 1 seconde pour sélectionner différentes interfaces principales... 5. Instructions d'utilisation Bouton Haut: 1. Appuyez longuement pour allumer/éteindre le téléphone. 2. Appuyez brièvement pour allumer l'écran ou pour accéder à l'écran de verrouillage. Glissez vers la gauche: Déplacez-vous vers l'écran suivant. Glissez vers le haut: Faites défiler vers le haut pour voir le message. Glissez vers le bas: Faites défiler vers le bas pour accéder au menu des paramètres.	6. Paramètres du produit Contrôleur principal: RTL8782SE Écran: Écran couleur TFT 2.0 Résolution: 320*320 Capacité de la batterie: 400mAh Température de travail: 15°C~50°C Compatibilité: iPhone 12/Android 8.0 et supérieur	8. Fonctions principales Fréquence cardiaque, Pression artérielle, SpO2, Sommeil, Pas, Appels, Messages, Musique, etc.
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S320B Benutzerhandbuch	1. Aussehen TFT-Display, Taste, Taschenlampe, Sensor, Lautsprecher, Ladekontakt, Mikrofon	2. Ladeanleitung Danke für den Kauf unserer Gesundheits- und Fitness-Smartwatch... 3. Download der APP und Wireless-Pairing Installation der APP Scannen Sie den QR-Code, um die App herunterzuladen	4. Auswahl der Hauptoberfläche Halten Sie den Bildschirm für 1 Sekunde gedrückt, um zwischen verschiedenen Hauptoberflächen auszuwählen... 5. Bedienmethode Tastendruck: 1. Langzeitdruck: Schaltet das Smartwatch ein/aus. 2. Kurzzeitdruck: Leuchtet das Display auf oder schaltet das Sperrbildschirm ein. Wischen nach links: Wechseln Sie zur nächsten Seite. Wischen nach oben: Scrollen Sie nach oben, um Nachrichten zu sehen. Wischen nach unten: Scrollen Sie nach unten, um das Einstellungs-Menü zu öffnen.	6. Produktparameter Hauptcontroller: RTL8782SE Display: 2.0 TFT Farbschirm Auflösung: 320*320 Hauptbatteriekapazität: 400mAh Arbeitsbereich: 15°C~50°C Kompatibilität: iPhone 12, Android 8.0 und höher	8. Hauptfunktion Herzfrequenz, Blutdruck, SpO2, Schlaf, Schritte, Anrufe, Nachrichten, Musik, etc.
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S320B ユーザーマニュアル	1. 外観説明 TFTディスプレイ、ボタン、懐中電灯、センサー、スピーカー、充電端子、マイク	2. 充電手順 ご購入いただきありがとうございます。スマートウォッチの使用方法を詳しく説明いたします... 3. APPダウンロードとWi-Fiペアリング アプリのインストール QRコードをスキャンしてアプリをダウンロードしてください	4. メインインターフェースの選択 ホーム画面を長押しして1秒間維持すると、異なるメインインターフェースを選択できます... 5. 操作方法 上部ボタン: 1. 長押し: スマートウォッチの電源をオン/オフします。 2. 短押し: ディスプレイを点灯させたりロック画面を開いたりします。 左にスワイプ: 次の画面に移動します。 上にスワイプ: メッセージを確認するために画面をスクロールします。 下にスワイプ: 設定メニューを開くために画面をスクロールします。	6. 製品パラメータ 主要コントローラ: RTL8782SE ディスプレイ: 2.0 TFTカラーディスプレイ 解像度: 320*320 メインバッテリー容量: 400mAh 動作温度: 15°C~50°C 互換性: iPhone 12/Android 8.0以上	8. 主な機能 心拍数、血圧、SpO2、睡眠、歩数、通話、メッセージ、音楽、など
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FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.